C3PH Public Health Advisory Council Meeting Minutes

Date: Thursday 9-16-21
Time: 10:00 am – 11:30 pm
Meeting Leader(s): Caleb Gilbert, Director of Public Health, Carroll County Coalition for Public Health
Meeting Link: https://us02web.zoom.us/j/85790350790

Attendance: Gail Gettens, Dave Dube, Theresa Gallager, Stephanie Costello, Caleb Gilbert, Kim Perkinson, Sarah Skoglund, Kera Favorite, Victoria Paige, Damian Santana, Naci Carney, Nicole Jackson, Renee Wheaton, Catalina Kirsch, Alana Scannell

Presentation by Gail Gettens, NH Division of Public Health Services: Childhood Lead Poisoning in NH: Updates-Carroll County Public Health and North Country have stood out in Lead Poisoning prevention although did not receive grant. Reviewed Carroll County data on children with high lead test results. Reviewed affects of Covid on increased lead poisoning nationally. Reviewed nurse case management roles, they meet 23 families per year in Carroll Count as Carroll County is a “hot zone”. Increased BLL testing rates due to a machine in most pediatrician’s offices. However, there has been a substantial loss due to recall of supply kits effecting over 2200 NH Children who need to be retested. Documentary, Lead Poisoning...The Perfect Predator https://youtu.be/JSCMVGiNGjQ. There is a new book coming out in November for pediatricians to hand out to families, free of charge. Suggestion that hospital OB units may also be a good place to hand out books. 2018 NH became a required testing state, but parents can opt out of testing.

Updates

- Access to Comprehensive Physical Health Services
  - Kera Favorite, Huggins: Continuing with Covid testing and can access through Covid hotline. Continuing with Covid vaccine Mon-Fri 9-12. All information is on website. Coming up is flu vaccines, will not be able to do the drive up vaccine’s this year. Vaccine’s will still be provided through dr. offices. Collaborating with Victoria at C3PH for clinics. Providing 3rd dose boosters. The "no barriers" clinic we're working on with Victoria will hopefully be in the Ossipee area. Bed usage is up and ability to send patients out is limited.
  - Caleb Gilbert, C3PH- Memorial Hospital is still offering testing and vaccines at limited times.

- Access to Comprehensive Behavioral Health Services
  - Alana Scannell, Kennett High School Social Worker- New position at Kennett
  - Sarah Skoglund, SAU 49- New grant position through SAMSHA to focus on MTSSB interventions in school systems.
  - Catalina, C3PH- CoC -If anyone sees trend for community needs for SUD, please reach out to her. Next SUD meeting is Oct 5th through zoom. Working on work plan for next 2 years, please reach out with any questions or concerns seen within the community. Young Adult strategies are on going with a coach, please let her know if you know of any young adults that would benefit from coaching. Young Adult Wellness Coach free sessions https://www.c3ph.org/assets/pdf/Thrive_Under_25_Wellness_Chats_Sep_14_21_28_2021.pdf We partner with NH Food Bank which is coming to Conway November 3rd, need volunteers and have people spread the word about the mobile pantry. https://nhfoodbank.org/how-to-help/volunteer/ . https://nhfoodbank.org/next-mobile-food-pantry/ NH housing received 2.2 millions dollars for youth homelessness.
-Kim Perkinson, C3PH-Postvention training October 7th & 14th, recruiting for trainings and collaborating with DBHRT to identify DBHRT volunteers in Carroll County to participate in postvention trainings. There are still spots left for Connect E-learning on Suicide Prevention, contact Kim at kim.perkinson@graniteuw.org. Youth Substance Use Prevention Subcommittee 1st meeting is next week, invite to come out soon.
-Damian Santana, C3PH- Reach out for learning opportunities around Substance Use Disorders. Damian.Santana@graniteuw.org

- Healthy Aging

-Caleb Gilbert, C3PH- The MWV Age Friendly Community welcomes Ossipee as its 12th community. The Steering Committee met this past Wednesday and each domain presented its goals for the coming year (through Sep. 2022). Caleb heads the Health Domain, FMI: caleb.gilbert@graniteuw.org.
- Renee Wheaton: Senior Resource Coordinator for the town of Freedom. If you have any referrals for older adults who live in Freedom: coordinator03836@gmail.com. Working with Victoria to coordinate a community flu immunization clinic at the Freed Gen. Store.

- Healthy and Thriving Early Childhood Experiences

-Caleb Gilbert, C3PH: Children Unlimited was awarded Preschool Development Grant through the University of NH to coordinate regional early childhood coalitions. Caleb will facilitate the Southern Carroll Early Childhood Coalition. Children Unlimited facilitates the MWV ECC. We are also working with Coos Coalition for young children and families (we are part of ECC Region 7: Carroll, Coos, and Upper Grafton Counties).
- The Southern Carroll ECC will be hosting a training for EC professionals, with Dr. Cassie Yackley. This will take place in Late October and will be open to EC providers in Southern Carroll (and beyond). More info will be forthcoming.

- Public Health Emergency Preparedness Across the Lifespan

-Victoria, C3PH- C3PH has distributed over 5000 COVID vaccines. Monday there is a walk-in clinic at the Wolfeboro Inn downstairs in the Ballroom from 10-11, the J&J and Pfizer vaccines will be on hand, see C3PH facebook. Held volunteer meeting this week for our CERT and MRC if anyone is interested in becoming a volunteer please contact volunteer@c3ph.org for more information. We are providing a shelter training that is co-hosted with the Red Cross on September 30th 6-8pm, virtually if you are interested contact victoria.paige@graniteuw.org. We are looking to provide future training for volunteers and community members for the following; Stop the Bleed, CPR, Ham radio operations, DBHRT and Suicide Prevention more information to come. Working on school based clinics for October for students and faculty members these clinics are for flu vaccine and Covid 19 vaccine if needed. We are working with Huggins to support a public influenza clinic. Victoria is also working with Renee Wheaton Freedom Senior Resource Coordinator for a clinic for some time in October more info to follow. Regional Coordinating Council meeting was held for emergency preparedness in August, this council meets quarterly and discuss emergency preparedness needs for the community if you are interested in participating, contact Victoria. Victoria is working with town emergency managers on creating shelter in a kit for emergency needs if a town requires an emergency shelter, more info to follow. Granite state Healthcare coalition has provided us a LOSBERGER Tent for emergencies, this tent will be deployed if county hospitals require additional space for patients or for emergency shelter needs. This tent will be stored at the Action ambulance department in Tamworth.
4. Other Updates from Participants (as time permits)
   - Nanci Carney, Granite UW- They will be holding a benefit access training to help people understand what benefits they might be able to access.
   - Stephanie Costello, Hope House- People are getting their Section 8 housing vouchers within 3 months of entering system through Hope House.

Adjourn

Next Meeting: Next Quarterly PHAC Meeting: Thursday, December 9th at 10am. Eventbrite Registration will be sent prior.