Carroll County Coalition for Public Health

Carroll County
Public Health Advisory Council (PHAC) Annual Meeting

Caleb Gilbert, C3PH PHAC Coordinator
Camp Calumet, West Ossipee, NH
November 29th, 2018
Thank You to Our Event Sponsors!

Huggins Hospital
a member of GraniteOne Health

Memorial Hospital
MaineHealth
9:00-9:20am: Registration, Networking, Light Breakfast
9:20-9:30am: Welcoming Remarks
9:30-10:30am: State of Public Health in Carroll County
10:30-10:45am: CHNA Update
10:45-11:00am: Break
11:00-12:00pm: Keynote
12:00-1:00pm: Lunch
1:00-2:00pm: MWV Age Friendly Initiative
The mission of the Carroll County Coalition for Public Health (C3PH) is to promote, protect, and improve the health and well-being of communities within Carroll County, New Hampshire through the proactive, coordinated, and comprehensive delivery of essential public health services.

Our Staff

- Caleb Gilbert: Public Health Advisory Council (PHAC) Coordinator
- Terri Fraser Hooper: Medical Reserve Corps Volunteer Coordinator
- Jeff Jones: Public Health Emergency Preparedness Coordinator
- Jennifer Selfridge: Prevention Resource Coordinator
- Catalina Kirsch: Continuum of Care Facilitator

Subcontracted Partner

- Schelley Rondeau, Central NH VNA: School-based Flu Clinics & Young Adult Services
NH DHHS Contract: Scopes of Services
(funded)

- Public Health Advisory Council
- Public Health Emergency Preparedness
- School-Based Vaccination Services
- Substance Misuse Prevention
- Continuum of Care for Substance Use Disorders
- Young Adult Strategies
- Young Adult Leadership
State of Public Health in Carroll County:

Update on Community Health Improvement Plan Priorities
Carroll County Promise 2020: Community Health Improvement Plan (CHIP)

6 Priorities:

- Early Childhood and Early Parenting Support
- Access to Comprehensive Behavioral Health Services
- Substance Misuse & Addiction
- Chronic Disease
- Aging with Connection and Purpose
- Public Health Emergency Preparedness Across the Lifespan
County Health Rankings Model of Population Health
(with C3PH Priority Areas)


- Substance Misuse & Addiction
- Chronic Disease

- Access to Comprehensive Behavioral Health Services
- Early Childhood and Early Parenting Support
- Aging with Connection and Purpose
- Public Health Emergency Preparedness Across the Lifespan
Priority Updates:

Public Health Emergency Preparedness Across the Lifespan:

Jeff Jones, Public Health Emergency Preparedness and Response Coordinator, C3PH
Priority Updates:

Access to Behavioral Health Care / Continuum of Care:

Catalina Kirsch, Continuum of Care Facilitator, C3PH
Priority Updates:

Chronic Disease:

Heather Phillips, Community Health Program Manager, Memorial Hospital
Priority Updates:

Aging with Connection and Purpose:

Sandy Ruka, Executive Director, Visiting Nurse, Home Care & Hospice of Carroll County and Western Maine
Priority Updates:

Early Childhood and Early Parenting Support:

Schelley Rondeau, Pediatric Program Coordinator, Central NH VNA
Priority Updates:

Substance Misuse and Addiction:

Jennifer Selfridge, Prevention Resources Coordinator, C3PH
Keynote Address:

A Trauma-Informed Approach to Public Health Problems

Liz Blackwell-Moore, Birch Lane Strategies

Link to Presentation: http://prezi.com/ojde7gghjysn/?utm_campaign=share&utm_medium=copy
Social Determinants of Health:

“The conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”

—Healthy People 2020
The Gibson Center’s Mt. Washington Valley Age Friendly Initiative

Charles Macomber, Gibson Center Board President
Marianne Jackson, Gibson Center Board VP
George Cleveland, Executive Director, Gibson Center
AARP Age-Friendly Communities

The AARP network of Age-Friendly Communities is an affiliate of the World Health organization’s Age-Friendly Cities and Communities program, an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization.

The program has participating communities in more than 20 nations, as well as 10 affiliates representing more than 1,000 communities.
2017 map of established Age Friendly Communities – Add 11 more – 10 in NH!
AARP’s role

AARP's participation in the program advances efforts to help people live easily and comfortably in their homes and communities as they age.

AARP’s presence encourages older adults to take a more active role in their communities and have their voices heard.

Initiatives focus on areas such as housing, caregiving, community engagement, volunteering, social inclusion and combating isolation among older citizens.
These are not retirement villages, gated developments, nursing homes or assisted living facilities.

Membership in the network does not mean that the community is, currently, "age-friendly" or a great place to retire.

Membership in the network is not an endorsement by AARP.
“What membership does mean is that a community's elected leadership has made the commitment to actively work toward making their town, city or county a great place for people of all ages.”

AARP Introduction to the Age-Friendly Community Network

• Notice the language around “elected” and town, city, or county and now state
MWV Age-Friendly Community
11 towns in 2 states

• **Our Mission:** Using the AARP Livable Community Framework, we combine the talents and resources from all of our 11 towns to further develop the Mount Washington Valley as a place for people of all ages and abilities to thrive.

• **Our Vision:** Citizens of all ages can say they would rather live here than anywhere else
The **AARP** Network of Age-Friendly Communities

and work within

**The 8 Domains of Livability**

help communities become great for people of all ages
Our History

• Tri-State Learning collaborative on Aging - webinar
• Augusta conference on Aging in Maine - panel discussion
• Visit with UNC/Orange County Director of Aging – good friend
• Gibson Long-Range Planning committee
• Consultations with Patricia Oh - Age-Friendly Consultant, AARP Maine/Livable and Todd Fahey of NH AARP
• *Application with Gibson Center taking coordinating role*
• Approach each towns elected officials to obtain letter of endorsement
• Approach pertinent Non-profits for similar letter of support
• Launch with Steering committee Sept. 9, 2018
MWV Domains and Working Groups

• Transportation – George Cleveland
• Housing – Marianne Jackson
• Health – Marianne Jackson
• Outdoor Spaces – Deborah Fauver
• Community Connections – Charlie Macomber
Our Process and Timeline

• Sept 20, 2018 - Launch of the Steering Committee – 25 members
• Initial Working Group meeting – What do we have, what is coming, what are the broad gaps, who else should be involved, what data do we have to support us.
• Sept – Dec. 13 – Working Groups meet to determine 3-5 primary goals
  What is underutilized, what has a waiting list, what needs a sustainability plan, what should be replicated, what needs to be created
• Dec. 13 – Steering Committee reconvenes to review all groups’ ideas
Moving to the Action Plan

- January 2019 – Working Groups refine their goals using SMART criteria: Specific, Measurable, Attainable, Relevant, Timely

- February 2019 – Steering committee reconvenes to finalize the Action Plan submission to AARP

- February-August 2019 – Work on the goals

- September 2019 – Reconvene, measure, evaluate, revise
Examples of Resources from AARP

1. **Better Together: A Comparative Analysis of Age-Friendly and Dementia Friendly Communities**
2. **HomeFit Guide**
3. **WHERE WE LIVE: Communities for All Ages 100+**
Your Turn
Goals for our Health Domain

• SMART- Specific, Measurable, Attainable, Relevant, Timely
• What is underutilized, overutilized, needs to be replicated, needs a sustainability plan, needs to be created?
Looking ahead to SFY 2019....

Across all CHIP Priorities and Scopes of Service we will:

• Revise the Community Health Improvement Plan, in coordination with CHNAs being conducted by Memorial and Huggins Hospitals.

• Consider the role the social determinants of health play in overall outcomes.

• Work to ensure health equity so all of our communities have equal opportunities for good health.

• Engage and educate the business community about the impact of public health issues on their workforce and productivity.
For more information:
C3PH Office Location:
1230 Route 16, Ossipee, NH 03864
Phone: 603-301-1252
E-mail: phac@c3ph.org
Website: www.c3ph.org

Thank you to our Funding Partners:

[Logos of NH Division of Public Health Services, NHBDAS, and New Hampshire Charitable Foundation]

CARROLL COUNTY COALITION FOR PUBLIC HEALTH
An Initiative of Granite United Way