

GLS Youth Suicide Prevention

Implementation Team – Be the 1 Carroll County – May 15, 2024, 12:00-1:30pm

Register in advance for this meeting:

<https://us02web.zoom.us/joining/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health

Garett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team members around the table

Mckenzie Webb	NAMI GLS Care Liaison at Northern Human Services, mwebb@northernhs.org
Chris Lalmond	Northern Region Hub Developer at ApprenticeshipNH, clalmond@ccsnh.edu
Susan Ward	GLS Grant Project Manager at NAMI NH, sward@naminh.org
Sara Brown	Director of Counseling at Brewster Academy, sbrown@brewsteracademy.org
Heather Souther	Counselor of Wellbeing at Brewster Academy, hsouther@brewsteracademy.org
Jillian Andrews Dubois	Early Childhood and Childhood/Youth Behavioral Health Community Engagement Coordinator at New Futures, jdubois@new-futures.org
Kerry Ali	Carelon/NH Rapid Response Access Point- Mobile crisis team, virtual crisis center, and 988, kerry.ali@carelon.com
Catalina Kirsch	Continuum of Care Facilitator at Carroll County Coalition for Public Health, catalina.kirsch@graniteuw.org
Emily McArdle	Young Adult Outreach at Carroll County Coalition for Public Health, u25carrollcounty@outlook.com

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
May is Mental Health Awareness Month	<ul style="list-style-type: none">- Find a toolkit of resources at https://mhanational.org/- Shall we do something as a team to recognize Mental Health Month? Article? Letter to the Editor? Info table? Other?	<p>If anyone has ideas about recognizing Mental Health Month, reach out to Catalina.</p> <p>Follow C3PH/U25 on social media and feel free to share posts for Mental Health Month:</p> <p>C3PH https://www.facebook.com/nh.c3ph https://www.instagram.com/nh.c3ph/ U25- https://www.facebook.com/U25CarrollCountyNH</p>

		https://www.instagram.com/u25carrollcountynh/
Education and Training - NAMI Update – Susan Ward	<ul style="list-style-type: none"> - Connect Prevention Training and Planning Sessions. May 30 & June 6 at Runnells Hall in Chocorua, NH, 8:30am-4pm. May 30 is the training- open to everyone who is interested in a training or hasn't participated in one (if your organization has new hires, you're welcome to invite them). Day 2 is the planning session, for administrators, leaders, and decision-makers in different community sectors that will look at best-practices and make goals. If you know someone who you think should be there or if you have questions, reach out to Susan or Catalina. - Connect Prevention and Postvention Training and Planning Sessions. Fall 2024. - Connect Prevention Train the Trainers - Connect Youth Leader (North Country) - Connect Young Adult Leader - Connect Young Adult National Guard - Survivor Voices training (date possibly in August)- For loss survivors to learn how to tell their story safely and can help them become a speaker. Open to those ages 17/18-26 throughout NH. More details/flyer coming soon. <ul style="list-style-type: none"> - Discussion about how to bring up this opportunity to someone who may be interested- Can share the flyer when it's available, have broad conversation about mental health/Mental Health Month, share how you're involved in mental health awareness and then bring up opportunities about sharing your story and making a difference. - Connect eLearning Training Slots - CALM Training. Deliver? 	<p>More info and how to register for the Connect Prevention Training and Planning Sessions coming soon. Save the date- May 30 and June 6.</p> <p>Would love to have a representative from Brewster at the Training and Planning session- let Catalina know if interested.</p> <p>Still have slots available for the Connect eLearning Training- if Brewster or ApprenticeshipNH have staff members interested, reach out to Catalina. Heather Souther and Sara Brown completed it and thought it was great and easy to use.</p> <p>Catalina and Mckenzie are aiming to deliver a Counseling on Access to Lethal Means (CALM) training to Carroll County in the fall. Could use ideas on how to go about providing that training.</p> <ul style="list-style-type: none"> - Catalina and Mckenzie will follow up with Elaine de Mello at NAMI about delivering a CALM training. - Kerry Ali can get Elizabeth's contact info, who is involved in CALM trainings this summer.
Strategic Planning – Identify needs, gaps & high-risk populations	<p>Focus on Upper Elementary & Middle School LGBTQ+</p> <ul style="list-style-type: none"> - White Mountains Pride- C3PH will have a presence there and an information table. - Statement from NH Suicide Prevention Council on anti-lgbtq legislation: <p>Veterans</p> <ul style="list-style-type: none"> - Veterans Conference update - Good turnout, lots of discussions/networking. Suicide prevention 	

	<p>training on site. Discussion feedback regarding behavioral health challenges and needs will be shared and posted on our website www.carrollcountyveteranscoalition.org</p> <p>YRBS</p> <ul style="list-style-type: none"> - DHHS/BDAS has brief YRBS needs/barriers anonymous survey for youth, to be posted in schools. To be able to help overcome the barriers to taking the YRBS. Flyer available with QR code. - YRBS workgroups facilitated through BDAS still going on and working on materials and how to improve statewide participation. 	<p>Brewster Academy doesn't participate in YRBS- reach out for more info if interested.</p>
<p>Strategic Planning – Establish Protocols and Evidence Based Practices within/across systems</p>	<p>Share what the team has done for this objective or make a plan for activities related.</p> <ul style="list-style-type: none"> - Jen – Alternative Peer Groups Update. For those youth and young adults intersecting with substance use. APG South at Kingswood Youth Center has started. Referral process being developed, self-referral an option too. APG North is not ready yet. Flyer with contact information available. Please reach out to Catalina or Jen with questions. See flyer below for more info. <p>Updates from Schools/NH DOE?</p> <p>Updates from Healthcare/Mental Health Center?</p>	
<p>Strategic Planning - Engage in regional, state and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.</p>	<ul style="list-style-type: none"> - May 9- Ossipee Roundtable Event update- successful resource fair with 30 organizations represented and people of all ages, plus state legislators participated. - Teen Institute Summer Leadership Program Aug 4-9. Info Sessions by Zoom. Scholarships available. See flyer. FMI: https://www.nhteeninstitute.org/slp - Magnify Voices Expressive Art Contest – Celebration Event at New England College. See flyer below for Magnify Voices Celebration, Wednesday, May 	<p>Magnify Voices: https://nhcsoc.org/magnify-voices/participate/</p>

	<p>22nd, 5 pm, New England College, Henniker, NH, Register by 5/8: tinyurl.com/CelebrateMV2024</p> <ul style="list-style-type: none"> - YRBS Video and Prevention Week. See Flyer. The NH Youth Risk Behavior Survey helps us understand how young people in NH are doing. Submit your questions about it at https://www.surveymonkey.com/r/9ZYNC59 - Recording. April 11. Exploring the Mental Health Impact of Modern Marijuana - May 29, 2024 Youth Mental Health First Aid Training Course - May 29, 2024 9:00am - 3:30pm, ONLINE ONLY register by May 15, contact sue.meatley@unh.edu - NH Suicide Prevention Council 	
Advocacy – New Futures	<ul style="list-style-type: none"> • Thu May 16, last day to report all Senate Bills • Thu May 23, last day to act on all Senate Bills • https://new-futures.org/anti-lgbtq-bills • https://new-futures.org/Youth-Mental-Health • https://new-futures.org/ways-to-advocate • Jillian/New Futures • 5 upcoming anti-LGBTQ+ bills left (sports ban, ban on medically necessary care, rollback on anti-discrimination protections). • WMUR story featuring Tom Huckman of Ossipee: https://www.wmur.com/article/conservative-fathers-trans-youth-nh-51424/60793668 • https://indepthnh.org/2024/05/14/dads-of-transgender-teens-urge-lawmakers-to-vote-down-discriminatory-bills/ • https://www.unionleader.com/news/politics/state/fathers-of-transgender-kids-make-final-plea-on-eve-of-senate-showdown/article_7fd8aa1e-1236-11ef-bf46-1bac2817824e.amp.html • This one would be good for folks to contact their Representatives about-Senate Bill 411. It goes to the House floor on May 23. It originally dealt with some youth behavioral health private insurance coverage issues, some of 	<p>https://new-futures.org/childrens-behavioral-health</p> <p>https://new-futures.org/anti-lgbtq-bills</p> <p>From the National Association of Social Workers: Contact your senator today to oppose the following bills:</p> <ul style="list-style-type: none"> - Sports Ban for Transgender Girls: HB 1205 would ban transgender girls from playing on school sports teams that align with their gender identity at public middle and high schools. It is unclear how this bill would be enforced, which could lead to intrusive and damaging inquisitions on any student-athlete. - Censorship in Schools: HB 1312 attempts to silence discussions of gender and sexuality in the classroom by implementing a two-week advance notice of any curriculum including those topics. When LGBTQ+ youth feel support, acceptance, and open representation within their homes, schools and communities, they have much better mental health, educational and social outcomes. - Restricting Access to Medical Care for Transgender Teens: HB 1660 would ban Medicaid insurance plans from covering some types of gender-

	<p>which have been addressed through the NH insurance dept., but now would establish a study committee to look into other issues with emergency mental health services for youth. https://new-futures.org/Youth-Mental-Health</p>	<p>affirming care for transgender youth. HB 619, as amended, would ban gender-affirming surgery for transgender youth and prohibit doctors from referring care for transgender youth to out-of-state doctors. Transgender youth, like all youth, have the best chance to thrive when they are supported and can get the doctor-prescribed medical care they need when they need it. Gender-affirming care is evidence-based and supported by medical authorities like the American Academy of Pediatrics and the American Medical Association.</p>
Community Awareness	<ul style="list-style-type: none"> - NH Prevention Newsletter May 2024. Take a look! - Broad targeted dissemination of 988/NSPL materials to reach vulnerable 18–24-year-old population <p>Youth Employment in NH, FAQs</p> <ul style="list-style-type: none"> - https://www.nh.gov/labor/faq/youth-employment.htm <p>Young Adult 18+ employment training and opportunities</p> <ul style="list-style-type: none"> - https://nhworksjobmatch.nhes.nh.gov/vosnet/Default.aspx - Workforce Innovation & Opportunity Act (WIOA) provides eligible adults with professional career counseling and access to a wide range of employment and training related services. This can include up to \$6,500 of tuition assistance and \$1,500 of support services that can help eliminate various barriers to employment. https://www.snhs.org/services/wioa <p>Summer Camps</p> <ul style="list-style-type: none"> - NH DOE ReKINDling Curiosity Camps SUMMER 2024 - APPLICATIONS NOW OPEN; Up to \$775 in camp fees* covered; Our goal for New Hampshire students is that they return to learning in the fall with rekindled curiosity, rejuvenated energy, excitement and anticipation. FMI: 	<p>https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables</p> <p>C3PH Folder of 988 Shareables: https://drive.google.com/drive/folders/1EF4t54wpglU5akkOGKEIRu4pWmlf6BKZ?usp=sharing</p>

	<p>https://rekindlingcuriosityeducation.nh.gov/</p> <ul style="list-style-type: none"> - MWV School to Career Summer Camps https://www.mwvschooltocareer.org/camps-registration/ 2024 Summer Camps View the selection of summer camps and visit each camp's listing for information and online registration. If you have any questions or need help with registration, please view the FAQs or contact us. Important Note: All camps, with three exceptions, are for middle school youth entering grades 7, 8, or 9. - UNH 4H Mental Wellness Pathway and Teen Camps 2024 and NH 4H Teen Conference 2024 https://extension.unh.edu/new-hampshire-4-h/pathways/healthy-living/mental-wellness - NH Camp Directors Association https://nhcamps.org/ <p>Recreation Departments:</p> <p>Conway Recreation Department (603) 901-1139</p> <p>Ossipee Parks and Recreation Department (603) 539-1307</p> <p>Tamworth Recreation Department (603) 323-7582</p> <p>Wolfeboro Recreation Department (603) 569-5639</p> <p>North Conway Community Center (603) 356-2096</p>	
Tobacco and Nicotine Use Prevention	<ul style="list-style-type: none"> - Tobacco Prevention & Cessation: https://www.dhhs.nh.gov/programs-services/population-health/tobacco-prevention-cessation - The next Prevention Community of Practice is June 10, 2024! Save the date now and be on the lookout for more information coming soon. The next CoP will welcome <i>Tobacco Prevention and Cessation Program (TCPC)</i>! Fmi https://nhtac.org/community-of-practice/prevention-cop-resources/ - My Life, My Quit™ is the free and confidential way for NH teens to quit 	

	<p>smoking or vaping. Text "Start My Quit" to 36072 or click to chat with a Coach. We are here for you every step of the way. It's YOUR LIFE and we're here to help you live it YOUR WAY.</p> <p>https://nh.mylifemyquit.org/en-us/</p>	
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SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates	<p>Brewster Academy- No new updates, working on creating protocols.</p> <p>Chris Lalmond- ApprenticeshipNH is doing a focus group next week (deadline to apply is this Friday)- offers \$100 for young people to join for a 90-minute virtual and confidential focus group. The goal is to build equitable apprenticeships in NH- trying to gauge experiences and reduce barriers among Black, Indigenous, and people of color, LGBTQIA+ population, young adults, and people who engage with the mental health care system. The focus group will help inform the next generation of apprenticeships in NH.</p> <p>ApprenticeshipNH summer opportunities- Pre-apprenticeship opportunities, including a carpentry pre-apprenticeship at NHTI, open to Carroll County and will get credentials for it. ApprenticeshipNH is working on transportation assistance for it. If pre-apprentices go on to a registered apprenticeship, there are several carpentry apprenticeships available in NH and they would be able to complete the apprenticeship quicker.</p>	<p>Catalina- Add ApprenticeshipNH Focus Group flyer to minutes.</p> <p>If you have any questions about apprenticeships or know of individuals that are interested/have questions, reach out/connect them to Chris- clalmond@ccsnh.edu</p>
Healthcare Updates – Memorial Hospital Community Health Need Assessment	<p>Mckenzie Webb- Has capacity for new referrals- can see youth/young adults for up to 90 days who have recently experienced a suicidal incident and can connect them to services. Will be doing outreach to local summer camps.</p>	<p>Kerry Ali will connect Mckenzie to Ann who ran the sequential mapping in the northern area- identified gaps in the services. Can also connect her with law enforcement to get referrals that way too. Mckenzie's email- mwebb@northernhs.org</p> <p>FMI: https://www.c3ph.org/intitiatives/youth-suicide-prevention/Care-Liaison-Program</p>
First Responder Updates	<p>This team is interested in trends in NH/Carroll County and can be a resource for this area for NH Rapid Response and Mobile Crisis Team /Kerry Ali.</p>	

Social Services, Other		
Faith Community Updates		
Awareness Campaigns	<p>May</p> <ul style="list-style-type: none"> - MENTAL HEALTH AWARENESS MONTH - May 12-18 is National Prevention Week <p>June</p> <ul style="list-style-type: none"> - LGBTQ+ Pride Month - National Safety Month <p>July/Aug</p> <ul style="list-style-type: none"> - CDC Tips for a healthy summer https://www.cdc.gov/chronicdisease/resources/infographic/healthy-summer.htm - MHFA Summer Mental Health Tips https://www.mentalhealthfirstaid.org/external/2018/07/15-activities-for-your-summer-self-care-checklist/ 	<ul style="list-style-type: none"> - Mental Health America May Mental Health Awareness Month Toolkit - National Prevention Week Toolkit
Other	Emily/C3PH- Will be having a table Kingswood High School for Mental Health Month with mindfulness activities and mental health resources. Sharing evidence-based content on social media about mental health, self-care, vaping/alcohol/substance use prevention, and opportunities for young adults in Carroll County.	Follow the Under 25 Network of Carroll County and share with teens and young adults- https://www.facebook.com/U25CarrollCountyNH https://www.instagram.com/u25carrollcountyNH/

Next Steps for the Implementation Team-

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: BE THE 1 CARROLL COUNTY - Youth Suicide Prevention Team

You are invited to a Zoom meeting.

When: June 19, 2024 12:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/join/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting. Thank you!

Jennifer Thomas

Jennifer.thomas@graniteuw.org

Catalina Kirsch

catalina.kirsch@graniteuw.org

Upcoming Webinars

NHADACA

May 22, 2024 12pm-1:30pm

Better Suicide Risk Detection with the Columbia Protocol: Reducing Workload, Redirecting Scarce Resources and Saving Lives

Remote via Zoom

for more info or to register: <https://nhadaca.org/event-5678443>

June 5, 2024 8:30am-1:30pm

Connect Suicide Postvention: Reducing Risk and Promoting Healing After a Death by Suicide

NHADACA

130 Pembroke Road, Suite 150

Concord, NH 03301

For more info or to register: <https://nhadaca.org/event-5678858>

Please reach out to training@nhadaca.org if you have any questions.

NAMI Family-to-Family is a free, 9-session education program for family, friends, loved ones, and significant others of adults with mental health conditions. NAMI Family-to-Family provides information about anxiety, depressive disorders, schizophrenia, bipolar disorder and other mental health conditions. Other topics covered include communication, problem solving, treatment, and recovery.

The course is designed to increase understanding and advocacy skills while helping participants maintain their own well-being. The program is taught by trained family members who have a loved one with a mental health condition. NAMI Family-to-Family is an evidence-based program (EB). For information on the research base for the program, visit nami.org/research.

NAMI NH offers the NAMI Family-to-Family Education Program free of charge to participants. Monday evening classes start April 8, 2024 from 6pm to 8:30pm, classes will be held on Zoom.

Registration is required, please contact:

Pam Burns at 603-345-5304 or NashuaNAMINH@gmail.com



Participant Perspectives

"This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers...it has helped me to understand better and communicate more effectively with my brother."

"The course has helped me to realize that my son is still inside the body that is often times hidden by the mental illness and that I am not alone in this."

Questions about the program?

Contact Martha Dorey

mdorey@naminh.org

(603) 573-1565

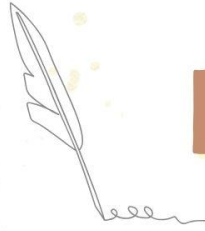
www.naminh.org/education/family-education/family-to-family/

About NAMI NH

NAMI New Hampshire is a grassroots organization working to improve the quality of life for all by providing support, education and advocacy for people affected by mental illness and suicide. Comprised of a network of affiliate chapters and support groups, staff and volunteers, NAMI NH provides information, education and support to all families and communities affected by mental illness and suicide.

JOIN THE 2024 ART & POETRY CHALLENGE

SUBMIT AN
ORIGINAL POEM
OR ARTWORK
INSPIRED BY
THIS YEAR'S
THEME:



CASH PRIZES IN FIVE CATEGORIES

K-2 | 3-5 | Middle School
| High School | Adult

**TOTALING
\$6,000!**



BELONGING

WHAT DOES IT FEEL LIKE TO BELONG? OR.. NOT BELONG?

Hosted by :



SUBMIT BY
AUGUST 31, 2024

For more information, visit:
racialunityteam.com/art-and-poetry-challenge.
A community-sponsored event



Poster by
James M. Manrud



"I've made
some of my
lifelong friends
here"

Interested in learning more
about our program? Join us
for zoom info sessions,
details below!



Do you want to know more about our Summer Leadership Program?
Want to talk to past participants? Join us for an info session to learn more!

Dates:

Wednesday nights @ 7pm - 6/5

Saturday afternoons @ 1pm - 5/18, 6/15

Sign up here: <https://linktr.ee/NHTeenInstitute>



2024 SUMMER LEADERSHIP PROGRAM



2024 happening
Sunday, August 4 -
Friday, August 9th
@ Lions Camp Pride,
New Durham, NH



SCHOLARSHIPS AVAILABLE!
for more information www.nhteeninstitute.org/slp



nami Peer-to-Peer

National Alliance on Mental Illness

FRIDAYS 2PM - 4PM STARTING JUNE 7, 2024 - VIRTUAL

NAMI Peer-to-Peer is an 8-session recovery-focused course for adults with mental health conditions.

- Free and Confidential.
- Held Weekly for 2 hours.
- Led by peers with mental health conditions.
- A great resource for information on mental health and recovery.
- Offers respect, understanding, encouragement and hope.
- Builds on the strength and resilience of participants.

Contact: Karen Privé kprive@NAMINH.org

Interested? Register at
tinyurl.com/NAMINH-2024P2P

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI New Hampshire and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

Participant Perspectives

"NAMI Peer-to-Peer is uplifting, life-saving and an eye-opening experience that changed how I see myself."

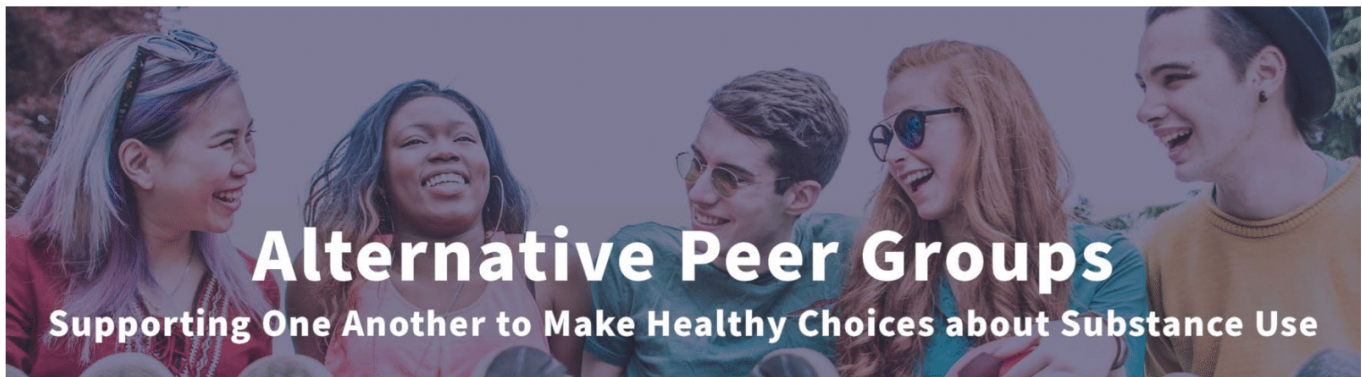
"The biggest thing I gained from this class was to become my own advocate and best friend."

"Seeing my peers' strength and dedication to their recovery was personally meaningful."



nami
National Alliance on Mental Illness
New Hampshire

www.NAMINH.org



What Are Alternative Peer Groups?

Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.

APGs Provide...

- Connection through a supportive peer environment
- Fun, substance free activities
- Sense of belonging
- Focus on health and wellness

More Than Just Meeting Up

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/ caregiver involvement

Connect with a Group Near You

Southern NH

Revive Recovery (Nashua)

reviverecovery.org | 888.317.8312

Seacoast Area

Safe Harbor Recovery Center (Portsmouth)

granitepathwaysnh.org | ph. 603.570.9444

Live Free Recovery (Dover, Somersworth)

livefreerecovery.com | ph. 603.702.2461

Franklin/ Tilton/ Concord/ Plymouth

Archways of Greater Franklin and Plymouth

archwaysnh.com | ph. 603.286.4255

Carroll County

Kingswood Youth Center (Carroll Cty. South)

zachary.porter@thekyc.org | ph. 603.569.5949

Terra Equine Center (Carroll County North)

ph. 603.487.6745



**University of
New Hampshire**



IOD.CBH@unh.edu



iod.unh.edu/creating-connections-nh

Creating Connections NH is a project of the UNH Institute on Disability (IOD).

The IOD promotes full access, equal opportunities, and participation for all persons by strengthening communities and advancing policy and systems change, promising practices, education, and research.

Supported by funding from the NH Department of Health and Human Services.

IT'S NATIONAL PREVENTION WEEK! MAY 12–18, 2024

National Prevention Week promotes the world we want to see—where prevention helps keep people and communities healthy & safe.

The NH Youth Risk Behavior Survey helps us understand how young people in NH are doing.

Remember taking the
Youth Risk Behavior
Survey last year?



RELATIONSHIP SAFETY
BULLYING
STRESS & ANXIETY
DEPRESSION &
SUICIDAL THOUGHTS
SUBSTANCE USE
SEXUAL HEALTH

Do you have
any questions
about it?

Scan here to submit
your questions!



Your questions are anonymous
and you can't be identified.



For more information,
Jennifer Thomas at Carroll County Public Health
jennifer.thomas@graniteuw.org 603.301.1252 x305



NH High School seniors are invited to an in-person workshop, "**Granite State Trails to Transitions**," which is designed to help them as they transition to college, the workforce or the military. The three-hour event is being offered in partnership with the National Governors Association, the New Hampshire Department of Health and Human Services, Choose Love New Hampshire and other state agencies.

CALLING ALL NH HIGH SCHOOL SENIORS!



Granite State Trails to Transitions can help you identify resources and supports as you move successfully to your next phase of young adulthood.

ATTEND A LIVE SESSION THAT FITS YOUR SCHEDULE

Boxed lunch will be provided at all locations.

Tuesday May 14th @ Keene State College 9am-12pm
Wednesday May 15 @ Plymouth State University 9am-12pm
Thursday May 23 @ University of New Hampshire 9am-12pm

CAREGIVERS VIRTUAL WORKSHOP

Tuesday May 21st 6:30-7:30pm

OneTrustedAdult

KEYNOTE SPEAKER: BROOKLYN RANEY



Sign Up





CALL TO ACTION

The Senate is scheduled to hold two sessions this week, on Wednesday afternoon, May 15 in the afternoon and all day on **Thursday, May 16**. Please make a call or send an email to your **SENATOR** today.

Anti-LGBTQ+ Legislation: There are five remaining anti-LGBTQ+ bills this session, and four of them will have votes in the Senate this week. These votes offer the last chance to advocate to your Senator before the bills go to the Governor's desk.

Now is the time to call or email your **SENATOR** to ask them to **oppose** these bills.

If you call your senator for bigger impact, you can find a **sample script** on New Future's website.

Remember - as mental health professionals we are content experts. We know how discriminatory and stigmatizing policies affect the mental health of our clients and communities.

- Sports Ban for Transgender Girls: **HB 1205** would ban transgender girls from playing on school sports teams that align with their gender identity at public middle and high schools. It is unclear how this bill would be enforced, which could lead to intrusive and damaging inquisitions on any student-athlete.
- Censorship in Schools: **HB 1312** attempts to silence discussions of gender and sexuality in the classroom by implementing a two-week advance notice of any curriculum including those topics. When LGBTQ+ youth feel support, acceptance, and open representation within their homes, schools and communities, they have much better mental health, educational and social outcomes.
- Restricting Access to Medical Care for Transgender Teens: **HB 1660** would ban Medicaid insurance plans from covering some types of gender-affirming care for transgender youth. **HB 619**, as amended, would ban gender-affirming surgery for transgender youth and prohibit doctors from referring care for transgender youth to out-of-state doctors. Transgender youth, like all youth, have the best chance to thrive when they are supported and can get the doctor-prescribed medical care they need when they need it. Gender-affirming care is evidence-based and supported by medical authorities like the American Academy of Pediatrics and the American Medical Association.

As always, if you have any questions or concerns do not hesitate to reach out. We are in the final stretch of our legislative session and I truly thank you for your advocacy. Together we have fought against some truly destructive and harmful legislation. We can't stop now!

Working together,
Lynn

Lynn Currier Stanley, LICSW she/hers, exec.naswnh@socialworkers.org 603.496.099

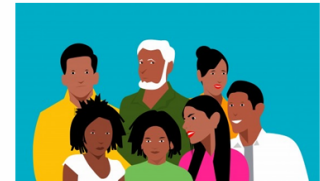
What are your experiences with job hunting, entering the workforce, or finding career training in New Hampshire?

JOIN US FOR A 90-MINUTE FOCUS GROUP ON

ZOOM! Share your views to help improve access to resources for diverse individuals and families.

- One 90-minute confidential discussion.
- This is NOT a research project.
- Participants will receive a \$100.00 honorarium.

These Focus Groups are part of a project about people's experiences trying to enter the workforce in New Hampshire. The goal of this project is to make recommendations for improving access to Registered Apprenticeship and pre-apprenticeship programs for all, especially those who identify as BIPOC, young adults aged 18-24 and adults who work with Youth, LGBTQIA+, English Language Learners, and people who use services that are part of the Behavioral Health system.



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T. L. HILL GROUP