

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER
**Setting Behavioral Health Priorities for the next 5 Year CHIP
 Agenda – December 2, 2025**

Prevention – Continuum of Care Workgroup
 Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI:

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

Attendance:

Pam Carbee	Recovery Friendly Advisory, Recovery Friendly Workplace
Carrie Burkett	Senior Program Manager of Community Health, Maine Health Memorial Hospital
Josie Romano	Outreach Coordinator, Northeast Recovery / Spring Hill & Bedrock Recovery Centers jromano@springhillrecovery.com
Jennifer Smith	Director of Addiction Medicine at Memorial, Jennifer.l.smith@mainehealth.org
Kim Ip	Community Engagement Coordinator, New Futures, kip@new-futures.org
Angelic Macut	Maine Health Addiction Medicine at Memorial
Chuck Henderson	Senator Shaheen's Office
Abbie Hickey	Community Health Worker, Maine Health Memorial Hospital
Katherine Leswing	Administrator of the Office of Student Wellness at NH Department of Education
Matt Plache	White Horse Recovery, matt@whitehorseac.com
Jen Thomas	Prevention Coordinator, C3PH, jennifer.thomas@graniteuw.org
Catalina Kirsch	Continuum of Care Facilitator, C3PH, catalina.kirsch@graniteuw.org
Emily McArdle	Outreach, C3PH, u25carrollcounty@outlook.com

Objectives	Updates	Follow up items, By Who
Stakeholder assistance in information dissemination -	See CC Responds to SUD Flyers Folder here and add your own flyers, event/service announcements. Take a look in the Google Folder. Lots of valuable info!	

<p>Advocacy</p>	<ol style="list-style-type: none"> 1. Upcoming Advocacy Training Dec 8, 12pm-1:30pm (after Public Health Advisory Council Annual Meeting at Camp Calumet, 8:30am-11:30am, register here) 2. Follow these organization pages and social media sites for opportunities to speak up for access to behavioral health services, prevention, intervention, treatment and recovery: <ul style="list-style-type: none"> • https://new-futures.org/ • https://www.naminh.org/take-action/ • Legislation <p>Advocacy Updates:</p> <p>Kim/New Futures-</p> <ul style="list-style-type: none"> - Bills to keep an eye on: - Recovery Housing bill (no number yet), would require mandatory certification of recovery houses - Bill to ensure quality treatment with mandatory licensure for treatment programs - Bill to reduce prescription drugs costs, there is a petition and if you have any stories or are interested in advocating, let Kim know. Petition: New Futures Support a Free, Privacy-First Prescription Discount Card - Advocacy vs Lobbying Training today, Dec. 2, 4pm-5:30pm: https://new-futures.org/Events/details/149/Lobbying-vs-Advocacy-Webinar - Full day in-person Advocacy Training in Concord on Dec. 11: https://new-futures.org/Events/details/147/Advocacy-101-Full-Day-Training <p>Chuck/Senator Shaheen's Office</p> <ul style="list-style-type: none"> - Expect there to be a vote on the two-year extension for the ACA tax credits by December 15 	<p>For more information and to get involved in advocacy: kip@new-futures.org</p>
<p>Strategic Prevention Model: assessment, capacity development, planning, implementation, evaluation - Jen</p>	<ol style="list-style-type: none"> 1. Monthly Youth Center Prevention Nights- Monthly prevention nights at the local youth center are going great. Covering all sorts of alcohol and other drugs and mental health topics the students are engaged and enjoying themselves as are the adults. 2. Middle School Health Curricula- Working on supplementing a local middle schools' health curricula regarding substances, we'll be doing that in the new year 	

	<p>3. Youth Wellness Team- Youth Wellness team has the established top five list of priority areas. See table below. We will be brainstorming and discussing those five priority areas in more detail in the coming months. We will be doing a SWOT analysis which assesses capacity. Also having great networking and assistance opportunities.</p> <p>4. Carroll County Veterans Coalition- Carroll County veterans coalition and the women veterans' coalition are working on providing trainings and building a trainings regarding service members, veterans and families and the continuum of care of substance use disorders.</p> <ul style="list-style-type: none"> a. SUD trainings b. Ask the Question trainings- Carroll County veterans coalition is working to promote the DMAVS Ask the Question campaign that helps identify service members and veterans and their families and get them connected to culturally appropriate military supports. c. Military Culture Presentations- Also working to provide military cultural presentations to support those civilian providers, who are supporting SMVF. For more information about offering to staff please reach out to me jennifer.thomas@graniteuw.org d. Carroll County Veterans Coalition has put together resource packets for military families and we'll be putting together informational packets for Civilian providers. e. Veterans Conference in the spring for all providers, including civilian providers, along with a presentation from the Women Veterans Coalition (working on SUD presentation for NHADACA) <p>5. Work Ready NH Online HS – Jan 2026</p> <p>6. NH Teen Institute 2026 Summer Leadership Program</p> <p>Other Prevention Updates:</p> <ul style="list-style-type: none"> - Katherine/Department of Education- Held MTSS-B training for school personnel in the fall, had 136 educators come, will be doing another training again in March and will share the flyer when it's ready. Promising 	<p>Jen will add/include priorities from Youth Wellness Team to the minutes</p> <p>Jen is looking for local recovery and treatment options for SMVF and first responders, if you know of any, please reach out: jennifer.thomas@graniteuw.org</p> <p>Katherine will share flyers for the next MTSS-B training</p>
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	Futures grants went through changes but are still available, can award funds of \$2,500 for prevention for schools	
<p>Other updates?</p> <p>Early ID & Intervention</p> <p>Treatment & Recovery</p>	<ul style="list-style-type: none"> - Carroll County Sequential Intercept Model (criminal justice and mental health collab)- Work will be passed down to the counties, Carroll Responds to SUD will take that on. - SIM initiative – Mental Health Court Progressing - Participant handbook being edited, partners have been established including Northern Human Services, SOS Recovery, White Horse Recovery, and District Court partners. Aiming for a pilot Run to start in March of 2026 in one or two towns, likely Wolfeboro. Team meets monthly to work on further details. - 2nd SIM Group was about strengthening local behavioral health workforce- Catalina can follow-up with Jen Smith- Hadn't met in a while, but doing education and recruiting is always important. A couple programs including Memorial can take in students, but many colleges may not know about that- Could gather info to share with the colleges who have established program. - Transitional housing workgroup- The group couldn't put a lot of time into that issue, but White Horse Recovery is looking to open Recovery Housing/Transitional Housing in Ossipee for people in early recovery, along with people leaving the Carroll County House of Corrections and the local drug courts. Looking at being open in February/March, in Center Ossipee where the RCO currently is. - Mental Health Training for 911 Dispatchers Group- C3PH collaborated with Capital Region Public Health and South Central Public Health plus funding from HCA Health Foundation, and trained ~75 dispatchers across NH, still have some funding available, may do a North Country training - Juvenile Diversion for Carroll County- SOS Recovery is looking at starting this program, Maggie Padgett was looking for a stakeholder group to help launch that - Upcoming trainings <ul style="list-style-type: none"> o Dec 11 CONNECT Suicide Prevention at Carroll County Adult Ed o Dec 16 A.I.D. Training virtual (mental health 101) 	<p>Jen will talk to the workgroup next time they meet that the Judicial Branch is stepping back from leadership and that Carroll County Responds to SUD will be sharing updates</p> <p>Catalina and Jen Smith follow up re. behavioral health workforce and sharing info to local colleges about hospitals that can take in students for training</p> <p>Catalina will follow up with Maggie Padgett about the Juvenile Diversion stakeholder group</p>

	<p>Updates from Treatment Providers</p> <ul style="list-style-type: none"> - Jen Smith/Addiction Medicine Memorial- No major updates, excited to have Abbie join us, piloted an art therapy group, working on advertising for that. Been meeting more with White Horse Recovery in North Conway and working closely with them. - Abbie Hickey/Memorial Hospital- Focused on childbearing age and pre- and post-natal women with or affected by SUD. May start a group at Conway Peer Recovery and trying to work with the population in the House of Corrections as well. Any support or sharing her info is helpful. - Carrie Burkett/Memorial- May be working on getting a free Narcan vending machine around Maine Health and looking for more info. <p>Updates from Recovery Providers</p> <ul style="list-style-type: none"> - Josie North East Recovery- Spring Hill Recovery is residential program in Ashby MA, and Bedrock is closer to Boston, recently acquired by Northeast Recovery so now cover western MA and NH. Offer inpatient programming, detox, residential for SUD and co-occurring SUD and mental health, and works with aftercare programs throughout NH for adults 18+ with co-occurring programs. 12-step aligned and provides different types of therapies along with family education series. Accepts admissions at any level of care, depending on clinical approval, provides transportation including for NH, accepts in-network and some out-of-network, along with TRI-Care and Veterans Care Community Network. Can send more info and happy to connect more. - Pam/Recovery Friendly Workplace- Offering a 211 Lunch and Learn on Dec. 10 at 12pm, Pam can share out the info. Providing a Workforce Development Program for job seekers in recovery to work on resumes, interview preparation, career exploration, and working with other workforce development programs. Offering a Train the Trainer series for people who work with people in recovery (recovery coaches, treatment providers, etc.) so that they can provide these services to people in recovery. FMI contact Pam. 	<p>Catalina and Carrie will connect about the free Narcan vending machine, will reach out to North Country Public Health Network who has one as well</p> <p>Josie will send info about their programs to Jen Smith at Memorial and will send info about veteran-related SUD treatment to Jen Thomas</p> <p>Pam will send Catalina info on 211 Lunch and Learn to share.</p> <p>FMI on Recovery Friendly Workplace and Workforce Development Train the Trainer: Pam@recoveryfriendlyworkplace.com</p> <p>Pam will reach out to Molly Greenwood at Maine Health to connect</p>
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	<ul style="list-style-type: none"> - Granite United Way is the administrator for the Opioid Abatement Funds, quarterly \$15,000 grant and \$75,000 2-year grant. FMI: https://www.graniteuw.org/our-work/oacgp or email OACGP@graniteuw.org - Matt/White Horse: White Horse Recovery typically receives funding from Carroll County for services, as they are a nonprofit and provides services regardless of ability to pay and covers all of Carroll County. White Horse may not be receiving any funding next year. Please reach out to your local reps and let them know about the importance of White Horse and raise awareness, commissioners need education and awareness too. 	<p>about education and trainings for Recovery Friendly Workplace: molly.greenwood@mainehealth.org</p> <p>Pam will connect Matt Plache to White Horse Recovery's new contact for Recovery Friendly Workplace (likely Sam Tarplin)- matt@whitehorseac.com</p> <p>C3PH and White Horse follow-up regarding education/awareness and commissioners?</p>
CHIP Priority Community Input Session – Behavioral Health & SUD	<ol style="list-style-type: none"> 1. Community Health Needs 2. Behavioral Health 3. Access to Care 4. Choosing Priorities 5. Meeting schedule for 2026? 	See questions below and please share your input with Catalina/Jen
Flyers/Announcements	<p>Click here to access flyers folder and get information about current resources and upcoming events</p> <p>December Awareness Campaigns</p> <ul style="list-style-type: none"> - National Grief Awareness Week: https://www.samhsa.gov/about/digitaltools/national-grief-awareness-week - Support During the Holidays: https://www.samhsa.gov/about/digitaltools/support-during-holidays <p>Attached below</p> <ol style="list-style-type: none"> 1. Dec 8 C3PH Annual Meeting plus Advocacy Training 2. CHIP Behavioral Health Priority Questions 3. Dec 11 CONNECT Training, Tamworth 4. Dec 12 Revolving Closet Parent Shopping Night 5. White Horse Recovery Family Support Groups 6. Strong as Granite Campaign shareable 7. MCAP Child Psychiatry Provider Access Line 8. MWV Perinatal Coalition Flyer 9. Work Ready NH HS Online Program 10. NH Teen Institute 2026 Summer Leadership Program flyer 	

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10:30 Adjourn.

Happy Holiday Season! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to catalina.kirsch@graniteuw.org .

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org

C3PH Carroll County is inviting you to a meeting series

[Register here](#)

Carroll County Responds to SUD

Description

Please find agendas for upcoming meetings and minutes for past meetings at this page:

<https://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders> Organizing the community for prevention, early identification, intervention, treatment and recovery related to substance use disorder across Carroll County, NH. Open to those who work in public safety, healthcare, education, human services, treatment, recovery, faith community, business, government, and concerned citizens.

Date & Time

- Dec 2, 2025 09:00 AM
- Feb 3, 2026 09:00 AM
- Apr 7, 2026 09:00 AM
- Jun 2, 2026 09:00 AM



Reminder: C3PH Annual Meeting on Monday, December 8th.

When: Monday, December 8, 2025, 8:30 to 11:30am

Where: Camp Calumet, 1090 Ossipee Lake Rd. , Freedom, NH

Register: <https://www.eventbrite.com/e/carroll-county-phac-annual-meeting-tickets-1829162567479?aff=oddtcreator>

-Advocacy Training Session Added-

The other is to let you know that we have added lunch an Advocacy training with New Futures as an afternoon session, for those who are interested and able to attend.

When: Monday, December 8, 2025, 11:30am to 1pm

Where: Camp Calumet, 1090 Ossipee Lake Rd. , Freedom, NH

Register Here: <https://AdvocacyTraining12-08-25.eventbrite.com>

We look forward to seeing you there!

Respectfully,

Caleb Gilbert | Director of Public Health

Carroll County Coalition for Public Health – An Initiative of Granite United Way | 1230 Route 16 | Ossipee, NH 03864

Office: 603.301.1252, ext. 307 | Cell: 207.376.6181 | www.graniteuw.org | www.c3ph.org

With additional offices in Berlin, Concord, Lebanon, Littleton, Plymouth, and Portsmouth

Community Health Improvement Plan – Behavioral Health subsection

We will be asking the following questions at our Dec 2 meeting. Unable to attend? Send us your input.

1. What are the most significant health challenges to Carroll County NH in general?
2. How would you rate the overall health of our community? Excellent, Good, Fair, Poor
3. When you think of behavioral health in our region, what issues stand out most to you?
4. What concerns do you have about alcohol and other substance misuse in our community?
5. What do you perceive as the biggest challenges related to suicide risk or prevention in our region?
6. When you think about the continuum of care - promotion, prevention, harm reduction, treatment, crisis response, recovery - where do you see the greatest gaps in our region?
7. How can we raise awareness of available services more effectively?
8. Where do you see opportunities for stronger communication and collaboration or partnerships between organizations?
9. Which groups face the biggest challenges in access to behavioral health and substance use services/supports and what barriers do you see affecting them?
10. If we could focus on only a one or two improvements in behavioral health over the next few years, what should they be?
11. What would meaningful progress look like to you?
12. Any other concerns you would like C3PH to consider as we draft our Community Health Improvement plan for 2026-2031?

ADVOCACY 101

FREE TRAINING

**IN-PERSON TRAINING:
FREEDOM, NH**



Monday, Dec. 8



12pm - 1:30pm



**Camp Calumet
Conference Center**
1090 Ossipee Lake Rd.
Freedom, NH

Following Annual Meeting of
Public Health Advisory Council

Register Now:
<https://AdvocacyTraining12-08-25.eventbrite.com>



CARROLL COUNTY COALITION
FOR PUBLIC HEALTH
A Division of Carroll County, NH


NEW HAMPSHIRE
CHARITABLE FOUNDATION

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SOLVING PROBLEMS THROUGH POLICY CHANGE





Recognize, Connect!

Helping Persons at Risk of Suicide
A CONNECT Training for Community Helpers

Empowering Communities. Saving Lives.

- CONNECT Community Helper training equips individuals of all types and roles (e.g., family, teachers, coaches, healthcare providers) within any community with skills to recognize suicide warning signs and offer support. It teaches how to identify at-risk individuals, engage in empathetic conversations, and connect them with resources. It aims to create a supportive network within the community, where people are empowered to intervene and prevent suicide.
- Recognized as a National Best Practice by the Suicide Prevention Resource Center (SPRC).

Key Topics Covered

- Warning signs, risk, and protective factors
- Safe messaging & communications
- How to connect with a person at risk and their families, caregivers, providers
- How to connect a person with resources
- Cross-system collaboration to keep people safe

Who Should Attend?

- Educators & school staff
- Social service providers
- Health & behavioral health professionals
- Businesses & organizations
- Community leaders, faith leaders, and concerned citizens

Date: Thursday, Dec. 11, 2025

Time: 9:30am-12:00pm

Location:

Carroll County Adult Education
680 White Mountain Highway, Unit #10
Tamworth, NH 03886

*Register
Now*



Join us. Get trained. Become part of the safety net.
Together, we can save lives.





**NORTH COUNTRY
CARES**

*The Revolving
Closet*

Located at the First Church of Christ Congregational

Across from Peach's Restaurant (back door & up the stairs)

603-520-8274 • 2521 White Mountain Hwy, North Conway, NH 03860

*'Tis The Season!
Happy Holidays are near,
Let us help you this year!*

Parent's Shopping Night
Friday, December 12th 4pm-6pm or by appt.

*To make it easier for you, we have the best Stockings and
Stuffers for boys and girls (naughty or nice).*

*We have been saving lots of new and verrrry gently
used clothing and gifts, just perfect for
young adults 12-18 years old.*



Shed Some Light

Family Support Meeting for Recovery



2nd and 4th Monday of every month

5:00 to 6:00 pm

Located at The Shed, 70 Rt. 16B Center Ossipee, NH 03814

We too need recovery as much as our loved ones. We provide support to adult family members with loved ones experiencing Substance Use Disorder.

- share experiences*
- wisdom*
- strength*
- most importantly, hope*

We value the confidentiality and privacy of our group members. It is our belief that we too need recovery as much as our loved ones given that self-care can be challenging in these circumstances.

Free • Structured • Peer to Peer • Non-Clinical Environment

603.651.1441



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NEW HAMPSHIRE.

Call or text 833-710-6477

NH RAPID RESPONSE

Call or text 988

SUICIDE & CRISIS LIFELINE

Call 211

YOUR LOCAL DOORWAY FOR
SUBSTANCE USE RESOURCES

dhhs.nh.gov/strongasgranite



NH MCAP

ACCESS LINE

(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS

1

PCP needs support managing a pediatric behavioral health concern

Support needs may be patient-specific or more general and include diagnosis, medication, and other treatment options.

2

PCP or support staff call the Access Line at (603) 650-4741 to schedule a provider to provide phone consultation

Be prepared to provide patient demographic data, a direct line to the PCP (back office or cell), and scheduling availability.

3

Child & Adolescent Psychiatrist returns call at scheduled time to complete consult

Most consults are scheduled within 1-3 business days and last about 15 minutes. PCPs can bill for time spent preparing and completing the consult.

4

Consult recommendations are e-faxed to PCP

A summary of the consult is sent to include in the patient chart.



**Institute for Health
Policy and Practice**



**Dartmouth
Health Children's**



**NH DIVISION OF
Public Health Services**
Department of Health and Human Services

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(603) 650-4741

Provider-to-provider
child psychiatry support



Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care | Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.



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We want to hear from YOU!



Are you or a partner currently pregnant or postpartum? We want to hear about your experiences and input about care and resources in the Mt. Washington Valley area!



What is working well? What could be better?

Please consider taking this brief survey to help inform what the Mt. Washington Valley Perinatal Coalition works to improve for perinatal care!



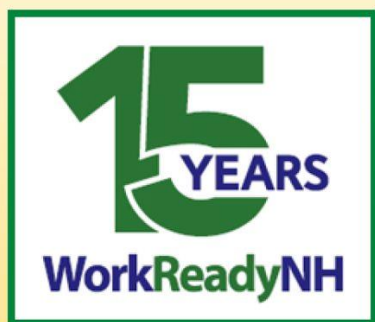
Scan or click the QR code



You will be entered into a raffle for one of ten \$100 gift cards!



Questions? Please contact NHPQC@hitchcock.org



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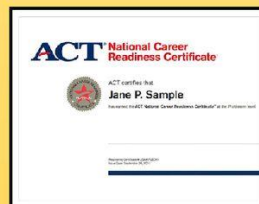
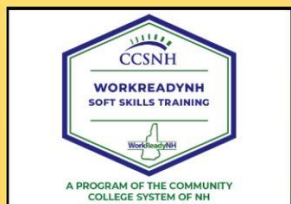
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High school students 16+ welcome!

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WorkReadyNH@ccsnh.edu
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@ LIONS CAMP PRIDE IN NEW DURHAM, NH

SCAN THE QR CODE TO REGISTER
SCHOLARSHIPS AVAILABLE!
TO LEARN MORE ABOUT THE PROGRAM
VISIT WWW.NHTEENINSTITUTE.ORG/SLP

