

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Agenda – October 7, 2025

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI:

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

Attendance:

Mitchell Henderson	Recovery Center Director, White Horse Recovery mitchell@whitehorseac.com
Rachel Miller	Business Development Representative, Sobriety Centers of NH RachelN.Miller@SobrietyCentersofNH.com
Carrie Burkett	MaineHealth Memorial Hospital, Senior Program Manager for Community Health carrie.burkett@mainehealth.org
Cathy Livingston	Children Unlimited Family Connections Resource Center clivingston@childrenunlimitedinc.org
Jennifer Smith and Isabel	Director of Addiction Medicine- Memorial Hospital, with Isabel- Tufts Medical Student
Ellie Masson	Recovery Friendly Advisor, Recovery Friendly Workplace ellie@recoveryfriendlyworkplace.com
BJ Parker	Town of Conway Welfare Director, 603-447-3811 Ext 214 or bjparker1@conwaynh.org
Pam Carbee	Recovery Friendly Advisor, NH Recovery Friendly Workplace, GUW Pam@RecoveryFriendlyWorkplace.com
Crystal Sawyer	Executive Director, Carroll County Adult Education csawyer@nhadulthood.org
Matthew Plache	Executive Director, White Horse Recovery
Angelic Macut	Medical Assistant, MaineHealth Memorial Addiction Medicine
Troy Barnes	Manager at North Conway White Horse Recovery Center
Daiyana Frechette	Recovery Coach, White Horse Recovery
Cheryl Frankowski	Social Worker and Care Coordinator, White Mountain Community Health Center
Maggie Padgett	Deputy Director, SOS Recovery, mpadgett@sosrco.org
Logan Miner	Family Advocate, SOS Recovery lminer@sosrco.org
Richard Melilo	Mobile Crisis Director, Northern Human Services
Wendy Chase	Community Engagement Coordinator, New Futures wchase@new-futures.org
Joy Burrill	White Horse Recovery
Joelyn Drennan	Assistant Director of Impact, Granite United Way OACGP@graniteuw.org

Caleb Gilbert	Director of Public Health, C3PH caleb.gilbert@graniteuw.org
Jen Thomas	Prevention Coordinator, C3PH jennifer.thomas@graniteuw.org
Catalina Kirsch	Continuum of Care Facilitator, C3PH catalina.kirsch@graniteuw.org
Emily McArdle	Outreach, C3PH u25carrollcounty@outlook.com

Objectives	Updates	Follow up items, By Who
Stakeholder assistance in information dissemination -	See CC Responds to SUD Flyers Folder here and add your own flyers, event/service announcements. Take a look in the Google Folder. Lots of valuable info!	
Advocacy	Follow these organization pages and social media sites for opportunities to speak up for access to behavioral health services, prevention, intervention, treatment and recovery: 1. https://new-futures.org/ 2. https://www.naminh.org/take-action/ Wendy/New Futures Updates: - Working on 988 bill and Medicaid Wrap Around Services - 988- Have two years left of services for now, trying to gather stories from people or family members who have used the services. - Here are the priority areas New Futures focuses on. As you know not all LSRs have been assigned a bill number yet, so we are still waiting to see what "bills" we will be advocating for. Please sign up for our newsletter and let us know what areas you are interested in, so we can keep you UpToDate with our 1 page updates. https://new-futures.org/policy-priority-areas - Another great landing page to help your communities know what is going on with Medicaid and possible coverage changes. https://www.nhneedsmedicaid.com/ - See more updated in addendum section	C3PH will be doing advocacy work in partnership with New Futures and NH Charitable Foundation- Welcome some ideas: - Advocacy 101 training? - Legislative Advocacy Committee 10/9 New Futures and NH Fiscal Policy Institute doing a webinar A Conversation on SUD Services in NH: https://nhfpi.org/events/ 988 Stories- Contact Wendy: wchase@new-futures.org
Strategic Prevention Model: assessment, capacity	Update on Prevention objectives for 2024-2025	Sign up for the Youth Wellness Team:

	Southern in Wakefield and Wolfeboro. Looking for partnerships- E.g. organizations that provide services, so they have knowledge about what services are available for the children the diversion program will serve. Please reach out about the services you offer or anyone you know that they should connect with. Aiming to start taking cases in January. White Horse Recovery has offices in Conway and Ossipee that could serve as drop in offices. Crystal would like info on the meeting as well, has students that need these services. It would also be good to present this info to the Police Chiefs meeting in Carroll County. - Upcoming trainings - o Oct 9 -Responding to Addiction, Memorial Hospital - o Oct 21 A.I.D. (Awareness, Interaction, Direction) virtual - o Nov 21 Youth Mental Health First Aid, blended/virtual - o Naloxone – contact to schedule - o Dec 11 CONNECT Suicide Prevention Updates: Troy, Matt/White Horse Recovery- - Had a successful Open House at North Conway center - Focusing on strengthening cross organizational partnerships and connections with the community in North Conway - Will be having a new building for clinical offices in Ossipee, one of the current buildings will be freed up to be a Recovery House for adult men, hoping to have it open by early 2026 - Thrift store will be staying open - Congrats Daiyana for completing the CRSW training! Ellie, Pam/Recovery Friendly Workplace - No updates - Pam is interested in Youth Wellness Team BJ/Town of Conway: - The Peer Support Center and Town of Conway are partnering to provide Wrap Around Wednesdays at 6 Main Street across from town hall. We are seeking people to join us in the afternoons. From 9-11, there is a welfare orientation for anyone interested in learning more; 11-12 I meet	Reach out to Maggie or Logan about your organization's services: mpadgett@sosrco.org lminer@sosrco.org White Horse Recovery/Matt and Maggie will connect about White Horse serving as drop in spaces, also offers wrap around services, CRSWs, and clinicians Youth Wellness Team link: https://www.c3ph.org/nwsevents/events Providers can reach out to BJ or Rose to come provide services for Wrap Around Wednesdays: BJ: 603-447-3811 Ext 214 bjparker1@conwaynh.org
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	with people one on one; free lunch at noon; providers in the afternoon to work with folks who have questions or need help with forms/access. Seeking other providers to come help, can reach out to BJ or Rose. - Please follow HB348...It will be disastrous for our houseless /SUD/MH population if it's passed as amended. Cathy/Children Unlimited - Busy with play groups in North Conway and Ossipee and virtual kinship groups (for those taking care of children not biologically theirs) - Daiyana from White Horse Recovery is coming to meet the Family Resource Center staff - Rachel/Sobriety Centers of NH - New facility in Tilton - Accepts Medicaid Carrie/Memorial Hospital- - Focusing on expanding the community health program, will be hiring a new Community Health Worker soon that will be working with pregnant, postpartum, or childbearing age with SUD or at risk for SUD Crystal/Carroll County Adult Ed - Dec 11- NAMI Connect Suicide Prevention Training. - Healthy Relationships class on Nov. 5, 2-4pm with Starting Point - CPR for ages 16+ on Nov 13, 5-7pm (\$50 but scholarships available) - Sign up for workshops/trainings here - Enrollment is good - Serves ages youth and adults 16+ Caleb/C3PH- - C3PH has a Community Health Worker as well, Soyla, serving Carroll County, working with NH Care Connections to expand her role to the whole state. Contact Soyla at chwreferrals@graniteuw.org - Talked with a few local executive counselors regarding Rural House Transformation grants that the state will be putting in an application for, a lot of interest in social drivers of health, transportation, healthcare workforce, and recovery housing	Rose: 447-1765 rosemary@northcountrypsa.org
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	Emily/C3PH - Attended 11 open houses throughout Carroll County to share resources and info with parents/caregivers and students - Red Ribbon Week prevention activities - October is Substance Use & Misuse Prevention Month - Follow us on social media for resources & information- C3PH on Facebook and Instagram, Under 25 Network of Carroll County on Facebook and Instagram, Carroll County Veterans Coalition on Facebook	
10:00am Special Presentation: Granite United Way Opioid Abatement Community Grants Program	A presentation by Joelynn Drennan of Granite United Way. Opioid Abatement Community Grants Program (OACGP) Overview Granite United Way (GUW) has been selected by the New Hampshire Department of Health and Human Services (NH DHHS) on behalf of the NH Opioid Abatement Advisory Commission to manage a new statewide Opioid Abatement Community Grants Program. This program, approved by Governor Ayotte and the Executive Council on June 25, 2025, will provide \$10 million in funding over the next two years to support projects that help communities combat opioid misuse and its effects. Learn how community organizations can apply for funding in October 2025 • Press Release - Announcement of GUW as Facilitating Organization • Slides - Presentation to Opioid Abatement Commission • NH DHHS Opioid Abatement Commission - Learn more and apply: https://www.graniteuw.org/our-work/oacgp - Reach out to Joelynn with any questions or for help with your application: Joelyn Drennan AVP of Impact/OACGP Project Director Granite United Way Opioid Abatement Community Grant Program OACGP@graniteuw.org - Q &A - Could use grants to fund a larger project but recommends breaking it up into pieces and applying for funding for the smaller piece of the project - First round of funding will go out at the end of this year, then next cycle will open up. Funding must be spent in a year, will have reporting requirements.	FMI: OACGP@graniteuw.org

	- Larger grants probably opening up in the winter	
Addendum- Additional Updates/ Announcements	Recovery Jobs for Beginners: - Leading with Lived Experience: FREE, online training for emerging healthcare providers (including volunteers) in New Hampshire, Maine, and Vermont who bring lived experience of substance use and/or mental health challenges: Thursdays, November 6 – December 11, 2025, 5:30 – 7:00 PM (ET) (No session the week of Thanksgiving) Virtual (Zoom) Registration Link: www.mcd.org/rjb This program helps providers: - Strengthen professional identity and confidence as providers with lived experience - Understand peer and clinical roles and how to collaborate as an interdisciplinary team - Set career goals and build practical action steps - Connect with mentors, hiring managers, and other seasoned professionals working in the field - Participants even receive a free laptop and career backpack with resources after completing the program! We've also applied for continuing education accreditation for New Hampshire Social Workers, Alcohol and Drug Counselors, and Certified Recovery Support Workers. Wendy Chase/New Futures (wchase@new-futures.org) - I'm looking forward to advocating with you for sustainable funding for the New Hampshire Rapid Response Access Point (part of the national 988 Suicide & Crisis Lifeline network). - When individuals reach out to 988 in NH, a crisis operator listens, provides support, and/or connects folks with one of NH's ten Rapid Response Teams. In 2024 alone, the Granite State's two call centers assisted individuals over 46,000 times via phone, text, and/or chat. - Unfortunately, the bill we worked on last winter and spring to permanently fund the Granite State's behavioral health crisis care system didn't make it through budget negotiations. General funds will be used for	

	the next two years, but we need a more reliable plan. - Here's how you can help this campaign succeed in 2026: - Contact your elected officials in Concord and ask them to prioritize crisis care — we have an easy email template for you! - Contribute to our storybook to share with lawmakers. Please share your experience if you, a loved one, or a client/patient has accessed: - The 988 Suicide & Crisis Lifeline and/or the NH Rapid Response Access Point (NH988.com) via call, text message, or online chat A mobile rapid crisis response team One of NH's two crisis stabilization centers (Derry and Laconia) - Reach out to me if you're interested in learning more about getting involved — advocates will be needed to testify at State House hearings, write letters to the editor, and more!	
Flyers/Announcements	Click here to access flyers folder and get information about current resources and upcoming events	

10:30 Adjourn.

Happy Fall Foliage! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, continuum@c3ph.org

You are invited to a Zoom meeting.

When: Oct 7, 2025 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/joining/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.



(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS

1

PCP needs support managing a pediatric behavioral health concern

Support needs may be patient-specific or more general and include diagnosis, medication, and other treatment options.

2

PCP or support staff call the Access Line at (603) 650-4741 to schedule a provider to provide phone consultation

Be prepared to provide patient demographic data, a direct line to the PCP (back office or cell), and scheduling availability.

3

Child & Adolescent Psychiatrist returns call at scheduled time to complete consult

Most consults are scheduled within 1-3 business days and last about 15 minutes. PCPs can bill for time spent preparing and completing the consult.

4

Consult recommendations are e-faxed to PCP

A summary of the consult is sent to include in the patient chart.



**Institute for Health
Policy and Practice**



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(603) 650-4741

Provider-to-provider
child psychiatry support



Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care | Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.



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We want to hear from YOU!



Are you or a partner currently pregnant or postpartum? We want to hear about your experiences and input about care and resources in the Mt. Washington Valley area!



What is working well? What could be better?

Please consider taking this brief survey to help inform what the Mt. Washington Valley Perinatal Coalition works to improve for perinatal care!



Scan or click the QR code



You will be entered into a raffle for one of ten \$100 gift cards!



Questions? Please contact NHPQC@hitchcock.org

White Mountains Pride &
Carroll County Youth
Wellness Team present



Culturally Responsive Engagement with LGBTQ+ Youth, Families, & Communities

This free, virtual interactive training will cover:

- ✿ Foundational LGBTQ+ terms and concepts
- ✿ The role of bias (and the protective role of support) on well-being & safety
- ✿ Practical strategies to support LGBTQ+ folks in both your work & broader community



Nov. 12, 2025 on zoom



5:30-7:00pm

*Register
Now* →



REGISTER NOW



**CARROLL COUNTY COALITION
FOR PUBLIC HEALTH**
An Initiative of Granite United Way

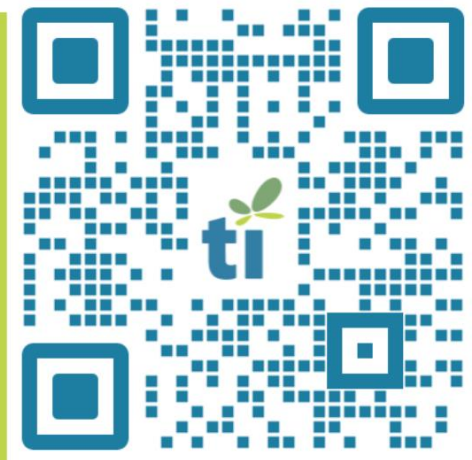


NH TEEN INSTITUTE'S 2026 SUMMER LEADERSHIP PROGRAM REGISTER TODAY



2026 RETREATS ARE SUNDAY-FRIDAY! CHOOSE FROM
JUNE 28TH-JULY 3RD OR AUGUST 2ND-AUGUST 7TH
@ LIONS CAMP PRIDE IN NEW DURHAM, NH

SCAN THE QR CODE TO REGISTER
SCHOLARSHIPS AVAILABLE!
TO LEARN MORE ABOUT THE PROGRAM
VISIT WWW.NHTEENINSTITUTE.ORG/SLP



CARROLL COUNTY YOUTH WELLNESS TEAM

PRESENTS

**NOV
3RD**

**YOUTH AND YOUNG ADULT
HOMELESSNESS IN RURAL NEW
HAMPSHIRE**

This session will provide an overview of YYA homelessness, cover its signs, and offer best practices for building positive relationships with youth experiencing homelessness.

**1:30-
3PM**

Location:

Tri-County CAP
448 White Mountain Highway
Tamworth, NH 03886



**YOUTH
SUCCESS
PROJECT**

in collaboration with

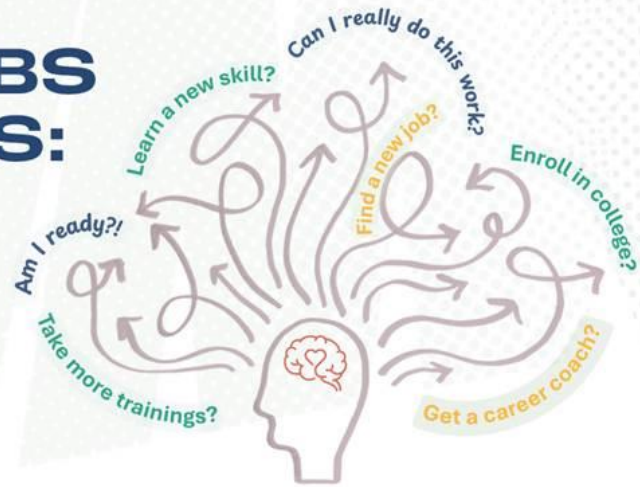


TRI-COUNTY
COMMUNITY ACTION

RECOVERY JOBS FOR BEGINNERS:

Leading with Lived Experience

Free, 5-week professional development series for providers with lived experience in Maine, New Hampshire & Vermont.



**Thursdays,
Nov 6 – Dec 11
5:30 PM - 7:00 PM**
No class Nov 27



5 Virtual Sessions
Free

Explore Team Roles



Learn the difference between peer & clinical roles; and how they can work together.

Plan Your Career Path



Create a plan for developing your professional identity & achieving your career goals.

Get a Mentor Who's Been There



Get paired with a mentor who can answer questions & connect you with supports across the region.

Who should attend?

- Healthcare workers in ME, NH & VT with lived experience of substance use and/or mental health challenges
- Anyone in the healthcare field (including volunteers) with an interest in behavioral health
- Providers who want to grow their skills



Build skills.
Strengthen care.
Advance your career.

CEUs Available!
See back for info

**REGISTER
NOW**

Scan or visit
www.mcd.org/rjb



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