

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Minutes – August 5, 2025

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI:

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

Attendance:

Ed Talbot	Executive Director, NH Council on Problem Gambling, info@nhproblemgambling.org
Kate Ratka	Recovery Friendly Workplace Advisor, Recovery Friendly Workplace, kate@recoveryfriendlyworkplace.com
Jackie DiFonzo	Children Unlimited Family Resource Center, jdifonzo@childrenunlimitedinc.org
Jennifer Smith	Addiction Medicine, Maine Health Memorial Hospital, Jennifer.L.Smith@mainehealth.org
Angelic Macut	Addiction Medicine, Maine Health Memorial Hospital, Angelic.Macut@mainehealth.org
Sarah Cain	Community Engagement Coordinator, New Futures, scain@new-futures.org
Katherine Leswing	Office of Social and Emotional Wellness, NH Department of Education, Katherine.A.Leswing@doe.nh.gov
Matt Plache	Executive Director, White Horse Recovery, Matt@whitehorseac.com
Troy Barnes	White Horse Recovery, troy@whitehorseac.com
Caleb Gilbert	Director of Public Health, C3PH, caleb.gilbert@graniteuw.org
Catalina Kirsch	Continuum of Care Facilitator, C3PH, catalina.kirsch@graniteuw.org
Jen Thomas	Prevention Coordinator, C3PH, jennifer.thomas@graniteuw.org
Emily McArdle	Outreach Consultant, C3PH, u25carrollcounty@outlook.com

Objectives	Updates	Follow up items, By Who
Special Presentation: Building Bridges to Problem Gambling Solutions. Ed Talbot.	A presentation by Ed Talbot, founder of the NH Council on Problem Gambling. Understanding, Identifying and screening for problem gambling.	Reach out to Ed for outreach materials (magnets and rack cards):

	<p>Connections to substance use disorder and suicide risk, and resources to get help.</p> <ul style="list-style-type: none"> - See attached slides for more info - To learn more: https://www.nhproblemgambling.org/ - NH Council on Problem Gambling Helpline: 603-724-1605 - Find recovery meetings in NH at https://www.nhproblemgambling.org/get-help - Discussion about charitable gaming in NH- The Charitable Gaming Commission is reviewing legislation about charitable gaming, currently there is a limit of 18 locations in NH for the next 10 years. One piece of legislation is about making a centralized database for voluntary exclusion for charitable gaming/casinos (people can voluntarily put their names on a list to not be allowed to gamble or if they do, the casino can press trespassing violation charges, or their earnings will be confiscated). Question about whether the casinos are liable. - Discussion about sports betting and young males who are getting involved in that- Could focus prevention efforts on that, especially in high schools. - Discussion about protective factors and prevention for problem gambling- Trying to raise awareness about problem gambling, reduce stigma associated with it, protective factors are similar to protective factors for substance misuse. - Discussion about how the Governor's Commission on Alcohol and Other Drugs are also interested in including problem gambling- Debbi LaPlante and Heather Gray at Cambridge Health Alliance would be great to have on the board. The Commission may also be interested in having Ed do a presentation as well. The DOE could look at how to raise awareness on this issue for students. - See a copy of the presentation slides here or contact us for a copy. CC Responds to SUD Flyers Folder here 	<p>Ed Talbot NH Council on Problem Gambling (603) 724-1605 info@nhproblemgambling.org.</p> <p>Kate/Recovery Friendly Workplace and C3PH are interested in obtaining materials.</p> <p>Ed will look further into whether the casinos are liable at all for allowing people on the voluntary exclusion list to play and will follow-up with Matt.</p> <p>The NH Council on Problem Gambling is looking for board members (virtual meetings every other month)- If you know of anyone that would be a good fit, especially those with legal, educational, financial, or medical backgrounds, let Ed know.</p>
Stakeholder assistance in information dissemination -	See CC Responds to SUD Flyers Folder here and add your own flyers, event/service announcements. Take a	

	look in the Google Folder. Lots of valuable info!	
Advocacy	<p>Follow these organization pages and social media sites for opportunities to speak up for access to behavioral health services, prevention, intervention, treatment and recovery:</p> <ol style="list-style-type: none"> 1. https://new-futures.org/ 2. https://www.naminh.org/take-action/ 3. https://nhhungersolutions.org/take-action/ 4. https://drugfree.org/advocate-for-change/ 	
Strategic Prevention Model: assessment, capacity development, planning, implementation, evaluation - Jen	<p>Update on Prevention objectives for 2024-2025</p> <ol style="list-style-type: none"> 1. We have launched a Carroll County Youth Wellness Team. For more information contact jennifer.thomas@graniteuw.org The group will meet monthly on 2nd Wednesday at 11 by zoom. Meeting ID: 811 5121 1790 2. Carroll County Veterans Coalition (CCVC) is hosting a free QPR Suicide prevention Training- Thurs. Sept. 25 at Moultonborough Safety Building, 9am to 12:30pm, 3 LADC and 3 Social Worker CEUs are offered for free, please register here 3. CCVC will also be hosting an upcoming free CPR and AED training, no date set yet 4. Mental Health Court for Carroll County, pulling together standard operating procedures 5. In the process of working with SOS Recovery for a Youth Diversion Program 6. CCVC- Doing more work addressing SUD and prevention for SMVF, integrating that and having discussions at the state level. Working with Forge VFR and NH Harm Reduction Coalition, in conjunction with the Ask the Question campaign 7. Planning open houses and school engagement 8. National Night Out tonight, Aug. 5., Castle in the Clouds in Moultonborough, 4:30pm to 7:30pm 	
Other updates?		

<p>Early ID & Intervention</p> <p>Treatment & Recovery</p>	<p>Memorial Hospital Addiction Medicine:</p> <ul style="list-style-type: none"> - Jen: Working with the behavioral health team on safe stimulant prescribing guidelines that Portland is using because it's becoming a bigger problem in this area- Have been seeing an increase in stimulant misuse and seeing a large demand for stimulants from patients. - Jen will look into some type of gambling screening and will bring that to her team, will get resources for problem gambling to put up for awareness - Jen is meeting with Maine Health on stigma training for the entire Maine Health system, starting with onboarding employees. - Angelic is getting involved in an education committee for Maine Health, will help bring some more educational programs to Maine Health - Angelic needs Narcan- North Conway White Horse could provide some or C3PH can provide some as well - Catalina has also been in touch with someone to bring a Responding to Addiction training to Memorial in the early Fall <p>New Futures/Sarah:</p> <ul style="list-style-type: none"> - Just completed the budget year, next year coming up is focused on policy - New Futures is planning on hosting more trainings, including Advocacy 101, lobbying vs advocacy, and how to work with legislators on an individual level - New Futures also typically does lunch and learns on policy issues <p>Katherine/DOE:</p> <ul style="list-style-type: none"> - Upcoming opportunities: - Concord school district will be hosting a free NAMI Suicide Postvention training on Aug. 19, register here: https://forms.office.com/pages/responsepage.aspx?id=NjMqAtnfh02n-HFJV5hYB4rZf4oCKlZFrrPanmZvnBVUQ05OWEIZMzJDVkhPWUFaRUdNVlpEVFI5OS4u&rout=shorturl - Starting a MTSS-B (Multi-Tiered Systems of Supports for Behavioral Health and Wellness) Community of Practice for School Staff- Meetings twice a month, see flyer below. <p>Kate/Recovery Friendly Workplace-</p> <ul style="list-style-type: none"> - Continuing to work with the businesses to become Recovery Friendly. 	<p>Angelic will reach out to Troy about obtaining Narcan from White Horse</p> <p>C3PH is interested in hosting virtual advocacy trainings with New Futures</p> <p>Catalina and Jen will share the MTSS-B Community of Practice info to the Youth Wellness Team</p> <p>Send Kate any Recovery Month related events/activities for the</p>
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	<ul style="list-style-type: none"> - Preparing for Recovery Month in September and working on a Recovery Guide like last year- if you haven't been contacted by Pam who is putting this together or if you have any events or anything going on that you'd like to include in that guide, reach out to Kate or Pam - Catalina has been meeting with staff at the Shed in North Conway to collaborate on Recovery Month activities- See events below 	Recovery Guide- kate@recoveryfriendlyworkplace.com
Flyers/Announcements	<p>Click here to access flyers folder and get information about the following upcoming events</p> <ul style="list-style-type: none"> ○ NH MCAP Access Line. Provider to Provider Child Adolescent Psychiatry line at Dartmouth ○ August 7 Narcan Training and Distribution, Ossipee ○ August 8 Revolving Coset Back to School Backpacks, school supplies and clothing giveaway, North Conway ○ August 9 Party in the Park, Ossipee ○ August 13 & 20, Understanding Dementia Program by Tamworth Nurses Association ○ August 14 Way Station Resource Fair, North Conway ○ August 19 International Overdose Awareness Day table at MWV Farmers Market ○ August 30 International Overdose Awareness Day table at Tamworth Farmers Market ○ August Calendar for North Country Peer Support – Conway Center ○ Sept. 12 Narcan Training in Moultonborough ○ Sept. 17- Healing a Village Book Club ○ Sep 24 Mental Health Training for Emergency Dispatch Personnel, Moultonborough ○ Sep 25 QPR Suicide Prevention Training ○ Sept 25 The Shed Open House ○ Stay tuned for more event announcements for September Recovery Month. Is your Org doing an event? We would love to hear! 	

Addendum	<p>News that came in after our August 5 meeting.</p> <p>Granite United Way (GUW) has been selected by the New Hampshire Department of Health and Human Services (NH DHHS) on behalf of the NH Opioid Abatement Advisory Commission to manage a new statewide Opioid Abatement Community Grants Program. This program, approved by Governor Ayotte and the Executive Council on June 25, 2025, will provide \$10 million in funding over the next two years to support projects that help communities combat opioid misuse and its effects. Fmi https://www.graniteuw.org/our-work/oacgp</p>	
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10:30 Adjourn.

Happy Healthy Summer! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, continuum@c3ph.org

You are invited to our next Zoom meeting.

When: Oct 7, 2025 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.



(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS

1

PCP needs support managing a pediatric behavioral health concern

Support needs may be patient-specific or more general and include diagnosis, medication, and other treatment options.

2

PCP or support staff call the Access Line at (603) 650-4741 to schedule a provider to provide phone consultation

Be prepared to provide patient demographic data, a direct line to the PCP (back office or cell), and scheduling availability.

3

Child & Adolescent Psychiatrist returns call at scheduled time to complete consult

Most consults are scheduled within 1-3 business days and last about 15 minutes. PCPs can bill for time spent preparing and completing the consult.

4

Consult recommendations are e-faxed to PCP

A summary of the consult is sent to include in the patient chart.



**Institute for Health
Policy and Practice**



**Dartmouth
Health Children's**



**NH DIVISION OF
Public Health Services**
Department of Health and Human Services



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(603) 650-4741

Provider-to-provider
child psychiatry support



Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care | Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.



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**NATIONAL
RECOVERY
MONTH**
RECOVERY. HOPE. HEALING.

FREE NARCAN TRAINING.

INCLUDES A FREE NARCAN KIT



- Understand Harm Reduction and the Role of Naloxone
- Understand what Naloxone is
- Identifying the Signs of an Overdose
- Proper Naloxone Administration
- Necessary Steps and Personal Safety
- Rescue Breathing
- Tips for After an Overdose
- Naloxone Storage
- Where to get Naloxone in Carroll County NH

SAVE A LIFE. CARRY NARCAN.

IF YOU WOULD LIKE TO BRING AN
OVERDOSE PREVENTION TRAINING TO
YOUR ORGANIZATION IN
CARROLL COUNTY NH, CONTACT
CATALINA.KIRSCH@GRANITEUW.ORG

**CARROLL COUNTY COALITION
FOR PUBLIC HEALTH**
An Initiative of Granite United Way

www.c3ph.org



**NATIONAL
RECOVERY
MONTH**
RECOVERY. HOPE. HEALING.

CARROLL COUNTY COALITION
FOR PUBLIC HEALTH
An Initiative of Granite United Way



STARTS NOW IN CARROLL COUNTY, NH

**AUG
7**

Thursday, August 7, 5:30-6:30 at Ossipee Concerned Citizens, 3 Dore St, Ossipee

Narcan Training and Distribution, Ossipee

A free in person training on how to carry and use Narcan/naloxone to respond to an opioid overdose emergency. Open to the public. Includes a no cost Narcan kit.

**AUG
19**

Tuesday, August 19, 3-6pm, MWV Farmer's Market, NCCC, North Conway

International Overdose Awareness Day Info Table

Carroll County Coalition for Public Health and White Horse Recovery will host a table of resources, information, and Narcan at the Farmer's Market in North Conway.

**AUG
30**

Saturday, August 30, 9-12pm, Tamworth Farmer's Market, Tamworth Village

International Overdose Awareness Day Info Table

Carroll County Coalition for Public Health and White Horse Recovery will host a table of resources, information, and Narcan at the Farmer's Market in Tamworth.

**SEP
16**

Tuesday, Sept 16, 05:30 - 6:30pm, The Shed, White Horse Recovery Ctr, N. Conway

Narcan Training and Distribution, North Conway

A free in person training on how to carry and use Narcan/naloxone to respond to an opioid overdose emergency. Open to the public. Includes a no cost Narcan kit.

**SEP
17**

Wednesday, Sep 17, 06:00-07:30pm, virtual

Virtual Book Club, Healing a Village, by Mark LeFebvre

Discover how communities can rise together in response to the addiction crisis in *Healing a Village: A Practical Guide to Building Recovery Ready Communities*. Author Mark Lefebvre shares a message of hope rooted in real-life solutions. <https://www.healing-a-village.com/events/maine-dhhs-virtual-book-club>

**SEP
25**

Thursday, Sep 25, 05:30-7:00pm, The Shed, 2977 White Mtn Highway, N. Conway

Recovery Month Open House, The Shed North Conway

Visit The Shed North at White Horse Recovery. Meet the trained Recovery Coaching staff and learn about services available for walk-in peer recovery supports including coaching, support groups, community activities and family supports.

**OCT
7**

Tuesday, Oct 7, 9:00-10:30am on zoom

Carroll County Responds to Substance Use Disorder

1st Tue of Oct, Dec, Feb, Apr, Jun, Aug by Zoom. 9:00-10:30am This meeting is for anyone in healthcare, social services, public safety, education, business, government and concerned citizens who want to work together in a community wide response to substance use disorder. <https://www.c3ph.org/newsevents/events>

www.c3ph.org

**NATIONAL
RECOVERY
MONTH**
RECOVERY. HOPE. HEALING.

FREE NARCAN TRAINING.

INCLUDES A FREE NARCAN KIT



SEPT 12, 2025

5:30-6:30PM

IN PERSON

AT

THE SHED NORTH CONWAY

WHITE HORSE RECOVERY

2977 WHITE MTN HIGHWAY

NORTH CONWAY NH

OPEN TO THE PUBLIC

SAVE A LIFE. CARRY NARCAN.



**CARROLL COUNTY COALITION
FOR PUBLIC HEALTH**
An Initiative of Granite United Way

www.c3ph.org



University of
New Hampshire
Extension



Food will be
provided!

Way Station Resource Day

**THURSDAY, AUGUST 14TH 12PM-4PM
AT THE WAY STATION**

You are invited to the Way Station Resource Day!
Come and learn what services are available to you

If you need transportation
Contact Troy at White Horse Recovery
603-651-1441 extension 1302



Service Providers register for a table here
<https://forms.gle/6gWxreA7T1AEt8kT6>

The Way Station
15 Grove Street
North Conway, NH 03860

Accommodations available, including language access services, upon request before an event at unh.how/request
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UNH, U.S. Dept. of Agriculture, and New Hampshire counties cooperating. Direct inquiries to unh.civilrights@unh.edu.
USDA is an equal opportunity provider and employer.

North Country Peer Support Conway Center

August 2025 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Address: 6 Main Street Conway, NH 03818</p> <p>Phone: (603)447-1765</p> <p>Hours: Monday through Friday 8am to 4pm</p>				
<p>3 Closed</p>	<p>4 Morning Meditation/Weekly Goal Setting 9am – 10am Art Therapy 10am – 11am W.R.A.P Group 1pm – 2pm Self-Advocacy 2pm – 3pm</p>	<p>5 Morning Meditation 9am – 10am Stress Management 10am – 11am SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm</p>	<p>6 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm</p>	<p>7 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm</p>	<p>8 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm</p>	<p>9 Closed</p>
<p>10 Closed</p>	<p>11 Morning Meditation/Weekly Goal Setting 9am – 10am Art Therapy 10am – 11am W.R.A.P Group 1pm – 2pm Self-Advocacy 2pm – 3pm</p>	<p>12 Morning Meditation 9am – 10am Stress Management 10am – 11am SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm</p>	<p>13 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm</p>	<p>14 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm</p>	<p>15 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm</p>	<p>16 Closed</p>
<p>17 Closed</p>	<p>18 Closed</p>	<p>19 Opening @12pm SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm</p>	<p>20 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm</p>	<p>21 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm</p>	<p>22 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm</p>	<p>23 Closed</p>
<p>24 Closed</p>	<p>25 Morning Meditation/Weekly Goal Setting 9am – 10am Art Therapy 10am – 11am W.R.A.P Group 1pm – 2pm Self-Advocacy 2pm – 3pm</p>	<p>26 Morning Meditation 9am – 10am Stress Management 10am – 11am SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm</p>	<p>27 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm</p>	<p>28 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm</p>	<p>29 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm</p>	<p>30 Closed</p>
<p>31 Closed</p>	<p>Join us for lunch every Monday, Wednesday, and Friday from 12 to 1pm!</p>					



FREE TO ATTEND!

**NH Multi-Tiered System of Supports
for Behavioral Health and Wellness**

MTSS-B Community of Practice for School Staff

**Monthly support for your
MTSS-B implementation!**

WHAT TO EXPECT

In this bi-monthly community of practice, participants will connect with others who are implementing MTSS-B and have the opportunity to problem solve with expert coaches around Tier 1 and Tier 2/3 implementation challenges at the school-level.

WHO SHOULD ATTEND?

Membership is open to individuals currently involved in MTSS-B implementation in a school or school district in New Hampshire, at any phase, including early exploration.

[CLICK HERE TO REGISTER](#)

Tier 1

First Thursday of Every Month

9:00am - 10:00am

Zoom

Tier 2/3

Third Thursday of Every Month

9:00am - 10:00am

Zoom

NH MTSS-B
TECHNICAL ASSISTANCE CENTER



New Hampshire
Department of Education



**Use the registration
link above, or scan the
QR Code to register.**

A Community Education Program : Understanding Dementia

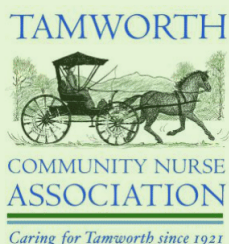


Julie Van Dyne, R.N. is a Positive Approach to Care Certified Independent Trainer with a passion for changing the culture of dementia care. She believes in meeting people where they are and from a place of love.

Where:

Tamworth Community Nurses Association Classroom,
86 Main Street, Tamworth Village

To Register:
Call TCNA
603-323-8511



Virtual Dementia Tour

- Take a glimpse into the world of a person living with dementia and how they experience the world

Wednesday, 8/06/25 9:00AM-10:00AM or
Wednesday, 8/06/25 4:00PM-5:00PM

Positive Approach to Care (PAC) Approved Workshop

- **Normal Aging vs. Not Normal Aging**
Wednesday, 8/13/25 9:00AM-11:00AM or
Wednesday, 8/13/25 4:00PM-6:00PM
- **Positive Physical Approach™ & Hand-under-Hand**
Wednesday, 8/20/25 9:00AM-11:00AM or
Wednesday, 8/20/25 4:00PM-6:00PM

Sign up for 1, 2, or all 3 workshops at no cost to you!

Workshop Objectives:

- Simulate a dementia experience to provide a deeper understanding of a person living with dementia.
- Compare and contrast **normal** aging versus **not normal** aging related to various cognitive functions.
- Describe the five sensory input and processing systems, highlighting the dominant role of vision.
- Describe changes in visual processing
- Compare and contrast traditional social greeting and communication efforts with PPA as it relates to reactions and responses from the person living with dementia.
- Practice PPA in simulated situations
- Practice ways to help the person living with dementia to feel productive and valued

PAC Certified Independent Trainers are not employees of Positive Approach, LLC. The opinions and views expressed by PAC Certified Independent Trainers do not necessarily reflect the opinions and views of Positive Approach, LLC or any of its employees. Positive Approach, LLC is not liable for any actions by PAC Certified Independent Trainers. This series of workshops is funded by Tamworth Community Nurses Association.



MENTAL HEALTH TRAINING DATES FOR NH EMERGENCY DISPATCH PERSONNEL

Presented by Forge Health - Veterans & First Responders Program (VFR)

PURPOSE

A trauma-informed, in-person training tailored for emergency dispatch professionals, designed to strengthen mental health call management, address habitual callers, reinforce de-escalation skills, promote empathy, wellness & resilience

TARGET AUDIENCE

Emergency dispatch personnel

FORMAT

a full-day in person session

8:00am registration

8:30am - 3:30pm training

Includes: light breakfast, lunch
afternoon snack (grant funded)

CHOOSE A LOCATION NEAREST YOU

Moultonborough, Sept 24, 2025

at Moultonborough Safety Building

Concord, Oct 22, 2025

at Primex, Bow Brook Place, Concord

Derry, Nov. 5, 2025

at Derry Municipal Center

CORE TOPICS



MENTAL HEALTH 101

common signs, symptoms, conditions,



ADDRESSING HABITUAL CALLERS

understanding motivations, choosing interventions



RESOURCE & REFERRAL NAVIGATION

guiding callers to the right supports



DE-ESCALATION TECHNIQUES

managing heightened emotions; scenarios, practice



EMPATHY & COMPASSION FATIGUE

sustaining empathy and preventing burnout



TRAUMA-INFORMED RESPONSE,

VICARIOUS TRAUMA & RESILIENCE

seeing through a trauma-informed lens, impact on
caller & dispatcher, and self-care.

*Register
Now* →



HOST: Carroll County Coalition for Public Health



Sept 25, 2025



9-12:30 PM EST



1035 Whittier Highway (Route 25)
MOULTONBOROUGH, NH 03254



Suicide Prevention Training



LET'S REDUCE THE STIGMA AND SAVE LIVES

Become a Gatekeeper! Join us for a QPR training, a three-step prevention and intervention training, where you will learn how to recognize the warning signs of suicide, how to offer help, and how to save a life.

Are you 'Asking the Question?' Learn how asking about military service can enhance your ability to best support service members, veterans, and military families!

LIMITED TICKETS. This is a **FREE** training taught by our certified QPR instructor.



- ✓ Understand common myths and facts surrounding suicidal behavior
- ✓ Understand means reduction and how to immediately reduce risk
- ✓ Recognize and identify common risk factors and warning signs of suicide

CARROLL COUNTY COALITION
FOR PUBLIC HEALTH
An Initiative of Granite United Way



VETERANS
COUNT
graniteunitedway.org

**REGISTER
NOW!**

[Click here](#)
or use the
QR code.



SCAN ME

For further information,
email a.baer@harborcarenh.org.

 **Harbor Care**
HOUSING ▯ HEALTHCARE ▯ VETERAN SERVICES

This training offers FREE LADC 3.0 CEs and NASW
NH 3.0 Category A CEs in Suicide Prevention
(NASW NH CE # 4341)

Presented by SSG Fox Suicide Prevention Program