



## Carroll County Responds to Substance Use Disorder



### CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

#### AGENDA – October 4, 2022

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; [prevention@c3ph.org](mailto:prevention@c3ph.org) ; [continuum@c3ph.org](mailto:continuum@c3ph.org)

See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

**8:55 Login to Zoom Meeting** <https://us02web.zoom.us/j/88061869440>

**Attendance:** Andy Currier, Bonfire Recovery; Anika Hasting, SAU 49 – KRHS Social Worker; Brittini Cusson, SAU 9 – KHS Social Worker; Heather Clogston, NH DOE – Office of Social Emotional Wellness; Eric Moran, Whitehorse Behavioral Health; Jen Doris, DOE – Office of Social Emotional Wellness; Lauren Orsini, Stacie Lerclerc, Sara Sacco, Ann Crawford, Erika Houten, BJ Parker

#### 9:05 Focus on Prevention:

- Youth Prevention Subcommittee update – o Youth Prevention subcommittee will continue to meet while we work at C3PH to fill the SMP position opening. Meetings will be held on the third Tuesday of Sept, Nov, Jan, Mar, May, (summer off) 2-3:30pm, by zoom, <https://us02web.zoom.us/j/89220970878> or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878
- Discussion around engaging upper elementary / early middle school ages
- Kennett Middle School Update: Catalina Working with KMS Health Teacher to strategize ways to reach MS students and engage them in substance use and mental health topics.
- Navigate 360 – Kingswood has purchased this curriculum which can be used as an intervention for many challenging behaviors (bullying/cyber-bullying, vaping/substance use, etc.).
- DEA Take Back Day Save the Date: October 29, 2022 – Informational flyer and details to follow!
- Legislative Updates – New Futures <https://new-futures.org/issues/2022-bills-were-following> - Check-in with New Futures often to see what legislative priorities they are following.
- Overdose Prevention Initiative – Contact Catalina if you are interested in receiving an overdose prevention kit.
- Other Prevention Updates from around the table?
  - NH DOE Office of Social and Emotional wellness is offering a MTSS-B training in Concord, in collaboration with Keene State: <https://nhdoe.instructure.com/courses/37/pages/professional-development-and-community-education>

#### 9:30 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)

- SUD Expansion Project Update – Damian Santana

Funds are still available to support SUD/Recovery Professionals with training scholarships. Contact Damian FMI: [damian.santana@graniteuw.org](mailto:damian.santana@graniteuw.org)

- Rapid Response Access Point - any update from regional Mobile Crisis Unit or Northern Human Services? - RRAP is available for response to mental health and/or substance use related crisis. Deploys Mobile Crisis Unit when indicated. Flyer here. FMI <https://www.nh988.com/> 988 is operational. **The best way to reach NH Rapid Response directly is by using this number: 1-833-710-6477**

- Updates from the Field.

#### Treatment – Updates from Treatment Providers

- Stacie Leclerc, Blue Heron Counseling: Expanding! Offer mostly outpatient, but will be expanding to offer IOP (Intensive Outpatient) program in 3 to 6mos. Also developing an anger management program. No waitlist currently for SUD Tx, but sometimes there is a waitlist for MH Tx.
- Julie Hill, WMCHC: offering vaccine clinics (Monkey Pox, COVID-19, Hep. A). Working with the Way Station to offer a clinic to help reach population facing housing insecurity. WMCHC is in the process of implementing an ACEs screening pilot project within their pediatric practice.
- Andy Currier, NH Detox / Bonfire: NH Detox is up and running in Bethlehem. Seeing more patients staying in treatment longer and transitioning from Detox to post-inpatient services. Seeing some changes in NH Medicaid MCOs.

#### Recovery – Updates?

- Faith, Recovery and Harm Reduction, Nov 5, 2022, 9am-5pm, First Congregational Church of Ossipee NH, 50 Rt 16B, Center Ossipee, NH 03814,
  - Flyer here [http://www.c3ph.org/assets/pdf/Faith\\_Recovery\\_and\\_Harm\\_Reduction\\_2022\\_11\\_05.pdf](http://www.c3ph.org/assets/pdf/Faith_Recovery_and_Harm_Reduction_2022_11_05.pdf)
  - Register here: <https://www.eventbrite.com/e/faith-recovery-harm-reduction-tickets-405284505867?fbclid=IwAR0FwjOGYyzfSX6jeBtCBu4IPcfkhJ3QvMCv7GZNtruFDrdofX4uWORTy2s>
- White Horse Recovery:
  - White Horse is restarting their IOP group. Utilizing the van to help transport individuals with transportation needs for IOP. Community garden is coming to a close. Operated a farmstand where WH community garden produce was offered, and other community members would donate produce too. Held car show and recovery event – went well, received support from Kingswood Youth Center.
- 10:25 Other updates? Announcements?
  - Sara Sacco, WIOA: Assist 18+ individuals with job training, professional development, job resources (electrical, HVAC, CNA, MA, construction, etc.). Contact Sara FMI: Sara Sacco, WIOA Adult Outreach Coordinator. (603) 656-6540 [Sara.J.Sacco@nhes.nh.gov](mailto:Sara.J.Sacco@nhes.nh.gov). WIOA Adult: <https://www.snhs.org/services/wioa>
  - Lauren Orsini, Children Unlimited: Step-Up parents – offer resources for non-parental caregivers. Children Unlimited is still offering their Kinship Program for caregivers. Will be starting an art-based group for youth affected by trauma. Concerns around youth cannabis use.
  - Ossipee Youth Community Center: Getting closer to opening to the community.
  - BJ Parker, Town of Conway General Assistance: Receiving communication from people concerned with the upcoming winter heating season. BJ is working to start a community advisory committee related to services for the people of Conway. BJ is also working to create a Non-Profit to support individuals and families in need, outside of the normal GA process.

#### Additional updates

- **NH Food Bank Mobile Food Pantry**, MONDAY, NOV 3, 2022, 12-2, Ham Ice Arena, Conway. Volunteers, 11-2 [volunteercoordinator@nhfoodbank.org](mailto:volunteercoordinator@nhfoodbank.org) ; Follow <https://nhfoodbank.org/find-food/mobile-food-pantry-schedule/> REGISTER TO VOLUNTEER AT <https://nhfoodbank.volunteerhub.com/vv2/>
- **Emergency Rental Assistance** still open: <https://www.capnh.org/> or **WWW.NHHFA.ORG/EMERGENCY-RENTAL-ASSISTANCE**

- **Energy Assistance Services at TCCAP** : <http://www.tccap.org/services/housing-and-energy/energy-assistance-services/>
- **NH DHHS website** <https://www.dhhs.nh.gov/>

• **Resources Attached**

- NH Regional Public Health Networks and NH Doorway Alignment
- Peer Support for NH Youth with Substance Use Challenges
- North Country Health Consortium upcoming Trainings
- Housing Stability Solutions Summit Oct 25, 2022 8-4:30, Concord
- Oct 27 , 10-4, Community Health and Wellness Clinic at The Way Station , North Conway
- Upcoming trainings by NHADACA. See Damian for scholarships.
- Information on Criminal Records Annulment Clinics
- DEA Press Release on Fentanyl seizures.
- Faith Recovery and Harm Reduction, Ossipee, Nov 5, 9-5. Flyer.

10:30 Adjourn.

Happy Healthy Autumn Season! Remember to get a COVID19 Booster and a Flu ShThanks for all you do! If you would like to unsubscribe from this email list, send a message that says "unsubscribe" to [continuum@c3ph.org](mailto:continuum@c3ph.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

Carroll County Responds to SUD

You are invited to a Zoom meeting.

When: Oct 4, 2022 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/join/9tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.

Source: NH Health And Human Services Data Portal 5/31/22 [www.wisdom.dhhs.nh.gov](http://www.wisdom.dhhs.nh.gov)

**Resources on next page(s)**

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# Peer Support for NH Youth with Substance Use Challenges



Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.



## Alternative Peer Groups provide...



Connection through a supportive peer environment



Fun, substance free activities



Sense of belonging



Focus on health and wellness

## More than just meeting up...

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/caregiver involvement

## Connect with a Group in Your Area

**Live Free Recovery** – Dover & Newton  
[livefreerecovery.com](http://livefreerecovery.com) 603.702.2461

**Addiction Recovery Coalition of NH** –  
Souhegan Valley [arcnh.org](http://arcnh.org) 603.554.8142

**Revive Recovery** – Nashua  
[reviverecovery.org](http://reviverecovery.org) 888.317.8312

**The Youth Council** – Nashua  
[tycnh.org](http://tycnh.org) 603.889.1090

**Hope for NH Recovery** – Manchester  
[recoverynh.org](http://recoverynh.org) 603.935.7524

**Plymouth Area Recovery Connection (PARC)**  
[parcnh.org](http://parcnh.org) 603.238.9291

**Safe Harbor Recovery Center** – Portsmouth  
[granitepathwaysnh.org](http://granitepathwaysnh.org) 603.570.9444

**Archways of Greater Franklin/Tilton Area**  
[gtafr.com](http://gtafr.com) 603.286.4255

**From North Country Health Consortium**

Hello IDN Partners,

NCHC is pleased to be offering and providing continuing professional education credits for the following Substance Use Disorder (SUD) focused trainings tailored to healthcare providers and others that work with patients or clients.

Checkout:

- **Oct 19 - June 21 (3rd Wed each month): Substance Use Disorder ECHO series: Fostering Connections to Drive Assessment, Treatment & Outcomes**
- **Oct 4: Reducing Drug Related Harm: Spotlight on Overdose & Brain Injury**

I hope you and your staff will be able to benefit from these learning opportunities. See the event flyers below.

Best,

Kris

Kristen van Bergen-Buteau, CPHQ

Director of Workforce Development & Public Health Programs

North Country Health Consortium

e: **[kvanbergen@nchcnh.org](mailto:kvanbergen@nchcnh.org)**

p: 603-259-4795



# **Housing Stability Solutions Summit 2022**

**Community Collaboration  
Responding to Local Trends in  
Homelessness**



**Engage with stakeholders from across the state to learn about NH communities with unique responses to homelessness trends and explore localized solutions for your region.**

**October 25, 2022**

**8:00 AM – 4:30 PM**

Holiday Inn Concord  
172 N Main St, Concord, NH 03301

**NH Coalition  
to End Homelessness**



**Council on  
Housing Stability**



**[Register here](#)**

**THURSDAY**

**OCT**

**27TH**

**10AM – 4PM**

**15 GROVE ST, NORTH  
CONWAY, NH 03860**

# Community Health & Wellness Clinic

The Way Station is partnering with White Mountain Community Health and New Hampshire Harm Reduction Coalition to offer you a free health and wellness clinic.

If you would like to participate, please contact Dan via phone or email listed below.

**603-452-7113**

## FREE CLINIC WILL PROVIDE

- **Heath Screenings**
- **Vaccines**
  - Hep A
  - Hep B
  - Flu
  - Covid-19 (primary series and boosters)

Community Health Worker will be available to discuss services and options to navigate community resources.

[Waystation@gmail.com](mailto:Waystation@gmail.com)





# Trainings coming up

For scholarship information from C3PH SUD Services Expansion Program contact [damian.santana@graniteuw.org](mailto:damian.santana@graniteuw.org)

## **Substance Abuse Prevention Skills Training (SAPST) - 4 Day Training**

October 24, 25, 26, and 27 from 8:30am to 4:30pm (daily)

In-person at NHADACA in Concord, NH

Registration Fee - \$175.00

[www.nhadaca.org/event-4921975](http://www.nhadaca.org/event-4921975)

ONLY 5 SPACES LEFT

## **Initial Training on Addiction and Recovery**

October 27 from 8:30am to 4:00pm

In-person at NH Audubon/McLane Center in Concord, NH

Registration Fee - FREE

[www.nhadaca.org/event-4871184](http://www.nhadaca.org/event-4871184)

## **Families & Addiction**

October 28 from 8:30am to 11:45am

In-person at NH Audubon/McLane Center in Concord, NH

Registration Fee - FREE

[www.nhadaca.org/event-4871188](http://www.nhadaca.org/event-4871188)

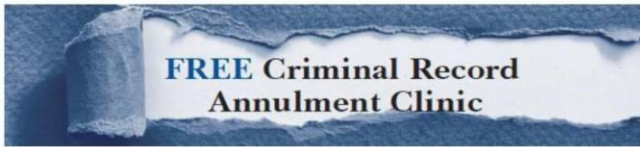
## **Prevention Ethics**

January 27, 2023 from 8:30am to 4:00pm

In-person at NHADACA in Concord, NH

Registration Fee - \$60.00

[www.nhadaca.org/event-4893755](http://www.nhadaca.org/event-4893755)



*Criminal records can be a barrier to housing, employment and higher education*

Come learn about the record annulment process and meet 1:1 with a volunteer attorney for *advice* your NH criminal record.

**Manchester Community Resource Center**  
434 Lake Avenue  
Manchester, NH

**Tuesday, October 11, 2022**

**4:30 p.m.** - Sign In

**4:45 p.m.** - Overview of Annulment Process

*Individual attorney meetings begin after overview*

Apply online at [www.603legalaids.org](http://www.603legalaids.org) or by calling 603-224-3333, ext. 262

Registration is required

Financial information is required for registration

Records can be obtained at:

<https://www.nhsp.dos.nh.gov/our-services/criminal-records/criminal-history-record-requests> (criminal history records)

<https://www.nh.gov/safety/divisions/dmv/financial-responsibility/obtain-records.htm> (driving record)

Qualifying Household Incomes

Household Size	Yearly Income
1	≤ \$27,180
2	≤ \$36,620
3	≤ \$46,060
4	≤ \$55,500



## Upcoming Criminal Record Annulment Clinics

603 Legal Aid will be hosting a Criminal Record Annulment clinic at the **Manchester Community Resource Center** located at 434 Lake Avenue, Manchester, NH on **October 11, 2022 from 4:30 to 6:30 PM**. If you have clients who would benefit from attending this clinic encourage them to register by going to our **online intake** and selecting "criminal record annulment" as their legal issue, and select "I want to attend the clinic" when prompted.

Clients should have copies of their criminal history and they driving record.

If you are an attorney who wants to volunteer at this clinic, please email Janice Rabchenuk at [jrabchenuk@603legalaids.org](mailto:jrabchenuk@603legalaids.org) FMI <https://www.603legalaids.org/>

If you are a community organization and you are interested in partnering with 603 Legal Aid to host a Criminal Record Annulment Clinic, please email Janice to schedule one.

If you have clients who would like their records annulled but don't want to wait for a clinic in their area, you can have them apply for direct assistance rather than for a clinic. The process is the same but they would choose "I am not interested in attending a clinic" when the choice pops up on the intake.

<https://www.603legalaids.org/apply-for-legal-aid> This is the link to our online intake. Clients can also do intake over the phone (60-224-3333 M-Thursday 9AM-2PM) fmi Emma Sisti, [esisti@603legalaids.org](mailto:esisti@603legalaids.org)

**FOR IMMEDIATE RELEASE**  
**Contact: DEA Public Affairs**  
**(202) 307-7977**



## Press Release

### **DEA Announces Results of Enforcement Surge to Reduce the Fentanyl Supply Across the United States 36 Million Lethal Doses of Fentanyl Removed from Communities between May and September**

WASHINGTON – The U.S. Drug Enforcement Administration today announced the results of an enforcement operation that spanned from May to September and resulted in significant fentanyl seizures across the United States.

As part of the [One Pill Can Kill](#) initiative, the DEA and its law enforcement partners seized more than 10.2 million fentanyl pills and approximately 980 pounds of fentanyl powder during the period of May 23 through Sept. 8, 2022. The amount of fentanyl taken off the streets during this surge is equivalent to more than 36 million lethal doses removed from the illegal drug supply. Additionally, 338 weapons were seized, including rifles, shotguns, pistols, and hand grenades.

Of the 390 cases investigated during this period, 51 cases are linked to overdose poisonings and 35 cases link directly to one or both of the primary Mexican cartels responsible for the majority of fentanyl in the United States – the Sinaloa Cartel and the Jalisco New Generation Cartel (CJNG). In addition, 129 investigations are linked to social media platforms, including Snapchat, Facebook Messenger, Instagram, and TikTok. These results build upon the [One Pill Can Kill Phase II](#) results announced by DEA Administrator Anne Milgram in December 2021.

“Across the country, fentanyl is devastating families and communities, and we know that violent, criminal drug cartels bear responsibility for this crisis,” said Attorney General Merrick B. Garland. “The Justice Department, including the extraordinary professionals of the DEA, is working to disrupt and dismantle the operations of these cartels, remove deadly fentanyl from our communities, and save Americans’ lives.”

“For the past year, confronting the fentanyl crisis has been the top priority for DEA. The most urgent threat to our communities, our kids, and our families are the Sinaloa Cartel and CJNG who are mass producing and supplying the fentanyl that is poisoning and killing Americans,” said DEA Administrator Anne Milgram. “The Sinaloa Cartel and CJNG are ruthless, criminal organizations that use deception and treachery to drive addiction with complete disregard for human life. To save American lives, the DEA is relentlessly focused on defeating the Sinaloa Cartel and CJNG by degrading their operations to make it impossible for them to do business.”

Fentanyl remains the deadliest drug threat facing this nation. In 2021, a record number of Americans – 107,622 – died from a drug poisoning or overdose. Sixty-six percent of those deaths can be attributed to synthetic opioids such as fentanyl.

Drug traffickers have expanded their inventory to sell fentanyl in a variety of [bright colors, shapes, and sizes](#). Rainbow fentanyl was first reported to DEA in February 2022, and it has now been seized in 21 states.

Fentanyl is a synthetic opioid that is 50 times more potent than heroin. Just two milligrams of fentanyl, or the amount that could fit on the tip of a pencil, is considered a potentially lethal dose.

As part of DEA’s ongoing efforts to educate the public and encourage parents and caregivers to talk to teens and young adults about the dangers of fake pills and illicit drugs, DEA has also created a new resource, [“What Every Parent and Caregiver Needs to Know About Fake Pills.”](#)

In September 2021, DEA launched the One Pill Can Kill enforcement effort and public awareness campaign to combat the fake pill threat and educate the public about the dangers of fentanyl pills being disguised and sold as prescription medications, despite these pills not containing any of the actual medications advertised. The only safe medications are ones prescribed by a trusted medical professional and dispensed by a licensed pharmacist. All other pills are unsafe and potentially deadly.

Additional resources for parents and the community can be found on DEA’s Fentanyl Awareness page. # # #

# FAITH, RECOVERY AND HARM REDUCTION



Choices Recovery Training and The New Hampshire Harm Reduction Coalition will be co-presenting an all-day discussion about faith, substance use, recovery and harm reduction. The event will focus on the power of faith and the role it plays in our journey to empathize with our friends, family and neighbors struggling with substance use.

## November 5th 9AM to 5PM

FIRST CONGREGATIONAL CHURCH OF OSSIPPEE NH  
50 RTE. 16B, CENTER OSSIPPEE, NH 03814



Lunch,  
compassion,  
and friendship  
will be  
provided

**This event is FREE!**

To register, go to:

<https://www.eventbrite.com/e/faith-recovery-harm-reduction-tickets-405284505867>