



Carroll County Responds to Substance Use Disorder



CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

AGENDA – April 5, 2022

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

[See Minutes of February 1, 2022 here.](#)

8:55 Login to Zoom Meeting <https://us02web.zoom.us/j/88061869440>

Attendance: Andy Currier, Anika Hastings, Chuck Henderson, Eric Moran, Julie Hill, Jen Doris, Jim Stoddard, Lauren Orsini, Lynne Sullivan, Martha McLeod, Peter Fifield, Sara Sacco, Soyla Hernandez, Daman Santana, Caleb Gilbert, Nancy Lohmiller

Meeting Facilitator: Catalina Kirsch

9:05 Focus on Prevention:

- Youth Prevention Subcommittee update –
 - Kennett Mental Health Fair – May 6
 - Moultonborough Getting to Y – Priorities: 1. Dating Violence, 2. Suicide Prevention, 3: Access to Marijuana and Prescription Drugs without a prescription. There is potential to share out the recording. C3PH will check with SAU45 about this.
- DEA Take Back Day Save the Date: April 30, 2022 – poster here: **Please print and post in your organization and community:** [http://www.c3ph.org/assets/pdf/Take_Back_Day_2022_04_30_\(1\).pdf](http://www.c3ph.org/assets/pdf/Take_Back_Day_2022_04_30_(1).pdf)
- Detera Bags also available for Safe Disposal of Rx Medicine. Contact Catalina Kirsch if you would like a supply of Detera Bags (C3PH has a limited supply to give out).
- Youth Suicide Prevention Team- year three E-Learning Slots Available. Our work is ongoing. We still have training opportunities. FMI, contact Catalina. See the Registration links below.
 - [Healthcare](#), [Mental Health/SUD Provider](#), [School Personnel](#), [Gatekeeper](#).
 - SAU 49 has signed up for two-day “Train the Trainer” event to train Youth Suicide Prevention Trainers and build capacity in-house.
- Legislative Updates – Katie Parziale, New Futures <https://new-futures.org/issues/2022-bills-were-following>
 - YRBS Related Bill: HB 1639 has crossed over to Senate Education Committee (put link to committee here). Passed house and now will go to Senate Education Committee.

- Young Adult Resilience & Recovery. Granite United Way workplace presentation.
 - Catalina is a trained Wellness Facilitator and she piloted the curriculum for Granite United Way.
- iCare NH Public Awareness campaign. <https://www.dhhs.nh.gov/icare/index.htm>
 - Campaign is ongoing – look for FB, Print Ads, Spotify Streaming Ads, etc.
 - 988 is scheduled to go live in mid-July 2022. There are listening sessions popping up around the state.
- Jen Doris, DOE: Many resources available through the Office of Student Wellness - Social Emotional Learning, Behavior Management for educators, assistance for student campers, work to learn resources. <https://www.education.nh.gov/>

9:30 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)

- SUD Expansion Project Update – Damian Santana
 - Working to transition prior efforts to plan a SUD conference to an expo that will take place in North Conway Village (working with NC Community Center to reserve space. Planning help is needed and appreciated: Damian.Santana@graniteuw.org)
 - Damian is also working with John G. Lovering Clinic to pull together an HIV testing protocol that can be implemented through RCOs. Starting by working with White Horse.
 - Also working with NH Harm Reduction Coalition to develop a training plan for clinicians and for general awareness/workplace. Contact Damian FMI: Damian.Santana@graniteuw.org
- Rapid Response Access Point is available for response to mental health and/or substance use related crisis. Deploys Mobile Crisis Unit when indicated. [Flyer here](#). FMI <https://www.nh988.com/>
 - Anecdotal reports of higher number of responses for younger females.

Updates from the Field.

- Early Identification/ Intervention – Any updates? –
 - Julie Hill, WMCHC: Running ads for alcohol awareness month (April). Update SBIRT tools to align with newest/best evidence (more gender inclusive now). Seeing a larger number of encounters for alcohol related issues - looking to see if it is an increase of encounters or due to better screening. Looks like a 20% increase in alc.-related visits.
 - White Horse /Northern Human Services – Mobile Crisis Unit: There is still a need for Peer Support Responders! Must go through Northern Human Services.
 - Soyla Hernandez, Health Insurance Navigator: Available for people of Carroll County. Special enrollment is ongoing (qualifying conditions can allow for enrollment at any time). www.hmcnh.com . phone # 603-913-5788
- Treatment – Updates from Treatment Providers?
 - Jim Stoddard, Carroll County HOC – The TRUST Program is up and running. Working under a DOJ grant. Working with 4 counties in total (Rockingham, Strafford, Coos, Carroll). 90 days of IOP and then transitioning back to community supports upon release. Using an evidence-based, trauma-informed treatment model for inmates (also gender specific). Utilizes comprehensive case management to help inmates transition back into the community (employment, education, MH and Physical health resources, etc.). Also track for a period after release (up to a year). Things are moving again after a pause caused due to COVID. Carroll County staff is coordinating several pieces of the 4-county partnership.
 - Lynne Sullivan, GROUPS Recover together: Transitioning back to in-person for certain cohorts. Telehealth options are still available.

- New Memorial Hospital - Behavioral Health Provider: Nancy Lohmiller, LICSW Integrated Behavioral Health Clinician at Memorial Hospital Primary Care Department. PH: 603-356-4907
- Recovery – Updates?
 - White Horse: Will be advertising for Parenting journey in recovery course soon.
 - Sara Sacco, WIOA: Grant funds available for individuals in recovery – training funds are available through a number of higher-ed/training programs. Also have funds available for basic needs too. Also offer access to Career Navigators.
 - Lauren Orsini, Children Unlimited Family Resource Coordinator: Can serve any family in CC with children under 21. Many supports available through the Family Resource Center: lorsi@childrenunlimitedinc.org, cell-(603) 986-0115

10:25 Other updates? Announcements?

- Diaper Depot – Provides diapers to families in need. Locations at White Mountain Community Health Center, WIC & Head Start @ TCCAP, Ossipee Concerned Citizens. [Click here to download flyer](#)
- C3PH is working with North Country Health Consortium on HRSA grant to bring Resilience Building Resources to Carroll County and the North Country. Caleb will be reaching out to bring the Building Resilience MWV group back together.
- Resources Attached
 - Link: [NH February 2022 DMI report](#). [NH DMI Product Survey Here](#)
 - Recovery Friendly Workplace Resources
 - Training: Community Reinforcement and Family Training (CRAFT) May 2022
 - DEA Take Back Day April 30 Flyer
 - Webinar: Treating SUD in Older Adults, April 27
 - DEA Press Release March 2022 – Expanded Access to MAT
- **NH Food Bank Mobile Food Pantry**, SATURDAY APRIL 23, 12-2, DHHS PARKING LOT, Hobbs St., Conway. Volunteers, 11-2 volunteercoordinator@nhfoodbank.org ; Follow <https://nhfoodbank.org/find-food/mobile-food-pantry-schedule/>
- Children Unlimited. **NH Children's Trust. Family Assistance** Funds. Fmi Cathy Livingston.
- **Free Tax Prep Assistance**: Two ways to file for free
 - Call 211 or visit nhtaxhelp.org to schedule a virtual appointment with an IRS certified tax preparer. (Toll-free outside of NH: 1-866-444-4211)
 - Visit MyFreeTaxes.com to prepare your own return, for free online, with guidance from a toll-free helpline.
- **Emergency Rental Assistance** still open: <https://www.capnh.org/>

10:30 Adjourn.

UPDATES MAILED IN AFTER OUR MEETING:

- **THE DOORWAY – DOVER – Peter Fifield -**

We have been seeing an increase of volume for patients accessing treatment at our Dover location however our Hampton location continues to be slow. Most recently, the State was able to repurpose some additional funding so Doorways can assist more folks living with alcohol use disorders (and not just stimulants and opioids with SOR funding). We cont. to distribute Narcan via Hand Up and the Public Health Networks. We continue with our SSP efforts and have handed out thousands of steril syringes and harm reduction kits (including sharps container disposal, clean set up gear, syringes, wound care etc. We are working on acquiring Fentanyl test strips as well.

That is about it for updates. See you in June

Peter Fifield Ed.D MLADC, LCMHC
pronouns he/him/his

Substance Use Disorder Program Manager
Integrated Behavioral Health Program Manager
Wentworth-Douglass Hospital
789 Central Ave, Dover, NH 03820
[\(603\)-609-6312](tel:(603)-609-6312) Main Office
[\(603\) 609-6690](tel:(603) 609-6690) HUB location
Peter.fifield@wdhospital.org

- **Office of Congressman Chris Pappas - Christian Seasholtz**

Hi Friends, I wanted to share a few items from our office, feel free to pass these along to your networks! Please let Emily and I know if you have any questions.

FY23 Appropriations Request Application

Our [Appropriation Request Form for FY 23](#) remains open until April 20th

This form is to add input related to existing programmatic funding in FY 23

FY 2023 Community Project Funding Requests

Our Office has opened our [Community Project Request Form for FY23](#). Please complete the form by our deadline April 15th

See our [FY22 Community Projects here](#) for examples of previously awarded projects

CMS Announces Time-limited Special Enrollment Period for Certain Low-income Consumers

CMS has announced a Special Enrollment Period for eligible consumers from March 18 through December 31. Check here for eligibility: <https://www.healthcare.gov/screener/>
best,

Christian Seasholtz, Senior Constituent Services Representative

Office of Congressman Chris Pappas (NH-01), 889 Elm Street - First Floor, Manchester, NH 03101

Cell: (603) 918-1033, Phone: (603) 935-6710, Fax: (603) 343-1326

Christian.Seasholtz@mail.house.gov

[If you have a FY23 Appropriations Request Click Here](#)

- **From Doorway Laconia – Corey Gately:**

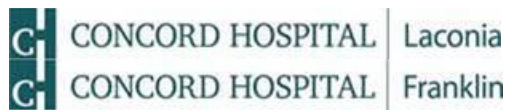
The Doorway at Laconia is going strong! We are now the Concord Hospital – Laconia Doorway. We are seeing people in person, and we are also continuing to work with people over the phone as well. We are finding that more people are seeking treatment in the past couple of months (our volume of phone calls has increased greatly). We continue to have a great demand for transportation as well.

We have some additional funding from the Foundations for Healthy Communities to help assist people with Alcohol Use Disorder. This has been a tough population to work with because of funding. We have even been able to help some folks with Medicare and AUD – in the past couple of years they have been very difficult to place in treatment.

Please let us know if you have any Narcan needs!

Reach out for anything!

Corey E. Gately, MLADC
Director of Substance Use Services
603-737-6047



Concord Hospital – Laconia/Franklin exists solely to serve patients and their families. We enthusiastically and collectively engage with all those seeking and providing services to achieve an optimal healing environment.

Happy Spring! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org.

Catalina Kirsch, continuum@c3ph.org

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Responds to SUD
Time: Jun 7, 2021 09:00 AM Eastern Time (US and Canada)

Join Zoom Meeting
<https://us02web.zoom.us/j/88061869440>

Meeting ID: 880 6186 9440
One tap mobile
+13017158592,,88061869440# US (Washington DC)
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 880 6186 9440

From Recovery Friendly Workplace – Resources for Employers



<https://www.recoveryfriendlyworkplace.com/>

Public assets: https://drive.google.com/drive/folders/1FdEKIGN_e7bvKqx_nBbKuYaY9o9BP84?usp=sharing.
You are free to share any of these far and wide.

There are also some nice toolkits from a variety of our partners, including

- Peer Recovery Center of Excellence (briefly mentions RFW): https://peerrecoverynow.org/documents/RFW_Toolkit_2022_03.pdf
- CT's Recovery Friendly Workplace toolkit: [DHMAS001_RFW-Toolkit-Full.pdf \(drugfreect.org\)](#)
- Employer resource library from our very own Reality Check: [resource library — Reality Check \(realitychecknow.org\)](#)
 - (This is of course not an exhaustive list, but at least a place to get started. CO will also be coming out with a toolkit.)

There is also of course SAMHSA's drug-free workplace toolkit ([Drug-Free Workplace Toolkit | SAMHSA](#)). NIOSH also has resources around workplace supported recovery ([Workplace Supported Recovery Resources | NIOSH | CDC](#)) and a nice corresponding program called Total Worker Health ([Total Worker Health | NIOSH | CDC](#)).

Additionally, RFW has a very large internal database of resources, so if you'd like any more information around those, please just let me know.

Thank you!

Sincerely,

Sam

Samantha Lewandowski, MS (she, her, hers) | Assistant Director
Governor's Recovery Friendly Workplace | Concord, NH 03301
612-290-9696 | www.recoveryfriendlyworkplace.com

Community Reinforcement and Family Training (CRAFT) with Robert J. Meyers, PHD

Supported by 20 years of peer-reviewed research, CRAFT is an evidence based, comprehensive behavioral program that teaches families to optimize their impact while avoiding confrontation or detachment.



a 12-hour online workshop over 4 sessions:

**May 2nd, 3rd, 5th, and 6th, 2022
9:00 am to 12:00 pm MDT each day**

\$200 per person

**Receive 12 CE's accredited by the American
Psychological Association (APA)**

<https://www.nmmitc.com/events/robert-j-meyers-phd-presents-craft>



DEA NATIONAL ^{Rx} TAKEBACK

Participating Police Departments Carroll County, NH

Bartlett PD
Carroll County Sherriff's Dept.
Conway PD (24-7-365)
Jackson PD
Madison PD
Moultonborough PD (24-7-365)

Ossipee PD
Sandwich PD
Tamworth PD
Tuftonboro PD
Wakefield PD
Wolfeboro PD

**Turn in unneeded medication
for safe disposal.**

**Saturday, April 30
10 a.m.–2 p.m.**

Keep them safe. Clean them out. Take them back.

Visit **DEATakeBack.com** for a collection site near you.

Source: <https://ireta.org/webinars/>

Upcoming Webinar



Treating Substance Use Disorders in Older Adults
Wednesday, April 27, 2022 – 12:00-1:30PM EST

Presenter: Randall Webber, MPH

This workshop will provide participants with the knowledge and skills they need to begin treating older adults who have substance use disorders.

[Register](#)

Presenter

Randall Webber, MPH, has worked in the SUD field for the past 47 years as a counselor, program director and trainer. He received his Master of Public Health from the University of Illinois and completed additional graduate training at the Chicago School of Professional Psychology.

This near-monthly, free webinar series is open to all addiction and allied health and human service providers, as well as policymakers, advocates and researchers interested in evidence-based approaches to substance use.

[Please sign up for our Upstream Interventions newsletter](#) to be notified of upcoming webinars.



**U.S.
Drug Enforcement
Administration**



FOR IMMEDIATE RELEASE
Contact: DEA Public Affairs
(202) 307-7977

Press Release

DEA's Commitment to Expanding Access to Medication-Assisted Treatment

WASHINGTON – Today, Administrator Anne Milgram announced the Drug Enforcement Administration's continued commitment to expanding access to medication-assisted treatment to help those suffering from substance use disorder.

"In this moment, when the United States is suffering tens of thousands of opioid-related overdose deaths every year, the DEA's top priority is doing everything in our power to save lives," said Administrator Milgram. "Medication-assisted treatment helps those who are fighting to overcome substance use disorder by sustaining recovery and preventing overdoses. At DEA, our goal is simple: we want medication-assisted treatment to be readily and safely available to anyone in the country who needs it."

Recently, DEA, in collaboration with federal, state, and local partners, has been championing a number of initiatives to expand access to medication-assisted treatment for those suffering from opioid-related substance use disorder.

- Beginning in March 2022, practitioners working in hospitals, clinics, and emergency rooms will be able to request an exception allowing them to dispense a three-day supply of medication-assisted treatments, including buprenorphine and methadone, to treat patients experiencing acute opioid withdrawal symptoms.
- DEA, in partnership with the Department of Health and Human Services, is engaging in regular outreach with pharmacists and practitioners to express support for the use of medication-assisted treatment for those suffering from substance use disorder.
- In July 2021, [DEA implemented a new regulation](#) increasing the number of mobile methadone treatment facilities in an effort to expand access to treatment in remote and underserved communities.
- In response to the [COVID-19 public health emergency](#), DEA implemented temporary regulations allowing medication-assisted treatment to be prescribed by telemedicine. DEA is working to make those regulations permanent.

DEA is committed to continuing to work with our federal, state, and local partners to find more ways to expand access to medication-assisted treatment. DEA hopes that these efforts will help people across the country gain access to these lifesaving medicines.

For more information, visit [DEA's Division Control Division website](#).



Diaper Depot



- The Diaper Depot is here to provide diapers to babies in need.
- Families can go to any of the listed locations to pick up diapers.
- Just tell us the town you live in and the size of your family so we can better serve you.

**In memory of Jo-ann Ames*

Find a Diaper Depot near you to pick up diapers for your child

Diaper Depot Locations:



White Mountain Community Health

298 White Mountain Hwy, Conway, NH 03818
(603)447-8900



WIC and Head Start located at Tri County CAP Building

448 White Mountain Hwy, Chocorua, NH 03817
Head Start: Tamworth (603)323-9302 or Conway (603)447-5161
WIC: (603)332-4358



Ossipee Concerned Citizens

3 Dore Street Center Ossipee, NH 03814
(603)539-3064

To donate diapers contact Family Connections Resource Center at Children Unlimited 603-447-6356

