



Carroll County Responds to Substance Use Disorder



You are invited

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Minutes – February 1, 2022

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

[See Minutes of December 7, 2021 here.](#)

8:55 Login to Zoom Meeting <https://us02web.zoom.us/j/88061869440>

9:00 Introductions and attendance

Karne Umberger, Lauren Orsini, BJ Parker, Sara Sacco, Lynn Kearney, Chuck Henderson, Julie Hill, Theodora Bliziotis ,Jen Doris, Katie Pariazale, Andy Currier, Melissa McCarthy (Amatus Health) Lisa Ransom, Ryan Donelan, Caleb Gilbert, Damian Santana, Catalina Kirsch, Olivia Skaltsis (Guest speaker from NH CHI)

9:05 Focus on Prevention:

- **Kim Perkinson – Kim has resigned from C3PH. Kim will be working with Nature’s Classroom across 7 summer camps in NH.**
- **We are Hiring: Substance Misuse Prevention Coordinator Position. Click here for announcement**
Please help us share this position with anybody who may be interested and a good fit.
- **Youth Prevention subcommittee** update: This subcommittee will continue to meet while we work to fill the SMP position opening. Meetings will be held on the third Tuesday of Mar, May, (summer off), Sept, Nov, Jan, 2-3:30pm, by zoom, <https://us02web.zoom.us/j/89220970878> or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878
- **DEA Take Back Day *Save the Date: April 30, 2022***: Most Police Departments in the county participate in this event. More information about locations will be forthcoming. These events typically run from 10am to 2pm. Fmi www.deadiversion.usdoj.gov/drug_disposal/takeback

- **Youth Suicide Prevention Team**- year three E-Learning Slots Available. Register at links below.
 - [Healthcare](#), [Mental Health/SUD Provider](#), [School Personnel](#), [Gatekeeper](#).
 - We are entering year three of the Garrett Lee Smith Suicide Prevention Grant – The NAMI NH Nexus 2.0 Youth Suicide Prevention Project. This Leadership Team meets monthly. We will again have another round of E-training slots available for this grant year. These are self-paced, virtual trainings. More information is included in the links above. The Grant Implementation Team meets on the third Wed of each month, 1-2:30pm at <https://us02web.zoom.us/j/87150790253>
- **Legislative Updates** – Katie Parziale, New Futures <https://new-futures.org/issues/2022-bills-were-following>
 - **Access to Treatment/Alcohol & Other Drugs**
 - [HB 503: RELATIVE TO TELEHEALTH & MEDICALLY ASSISTED TREATMENT FOR SUBSTANCE USE DISORDER](#)
 - [HB 1591: ELIMINATING THE ENFORCEMENT DIVISION OF THE LIQUOR COMMISSION](#)
 - [HB 1598: LEGALIZING THE POSSESSION & USE OF CANNABIS](#)
 - [HB 1622: RELATIVE TO MENTAL HEALTH PARITY](#)
 - [SB 275: RELATIVE TO THE OPIOID ABATEMENT TRUST FUND](#)
 - **Children's Behavioral Health**
 - [HB 1531: MODIFIES THE OVERSIGHT COMMISSION ON CHILDREN'S SERVICES](#)
 - [HB 1639: RELATIVE TO THE YOUTH RISK BEHAVIOR SURVEY IN SCHOOLS](#)
 - [SB 416: RELATIVE TO BEHAVIORAL HEALTH ASSESSMENT AND TREATMENT OF CHILDREN IN OUT-OF-HOME PLACEMENTS](#)
 - [SB 444: RELATIVE TO CHILDHOOD ADVERSE EXPERIENCES TREATMENT & PREVENTION](#)
- **Young Adult Resilience & Recovery Live** Feb 16, 5:30:
<https://www.facebook.com/events/274415571458839>
 This live event will focus on resilience and recovery options for young adults. We are partnering with a trained Occupational Wellness Facilitator, Eric Moran from White Horse Recovery, and a young adult from Carroll County. This will focus on the them of “turning stress to resilience.” Please share! The event will also remain on the Building resilience MWV FB page after the event.
iCare NH Public Awareness campaign. <https://www.dhhs.nh.gov/icare/index.htm> C3PH will be rolling out a campaign to promote awareness of the iCare webpage and the resources contained on this page. This is part of the larger rollout of the NH Rapid Response Access Point and later the 988 number. 988 will become a live number for mental health crisis services in July 2022 (similar to 911 but for MH and SUD related issues). Be on the lookout for awareness campaign materials - FB, Conway Daily Sun, Spotify, etc.
- **NH Rapid Response Access Point Training here:** <https://youtu.be/ed2oz2hWhxM> (1hr +20min Q&A)
 NH Rapid Response Access Point is NOW LIVE and available 24 hours a day, 7 days a week – including holidays – by phone, text or chat to support you in your time of need. If you or someone you care about is having a mental health or substance use crisis, you can call and speak to trained and caring staff.
Beginning January 1, 2022. Contact the NH Rapid Response Access Point at 833-710-6477 or Visit NH988.com. This is the dispatch number that activates the Mobile Crisis unit at Northern Human Services which includes clinicians and peer support services staff to serve calls originating in our region. Carroll County has already sent out Mobile Crisis Team on calls. Early calls included school age children

under age 12 in Southern Carroll County. Fmi <https://northernhs.org/wp-content/uploads/New-Hampshire-Rapid-Response-Access-Point.pdf>

- **Karen Umberger.** There are many legislative efforts to support the expansion of access to mental health/behavioral health/SUD services. For example. There are efforts underway to increase the number of pediatric behavioral health beds at Hampstead Hospital. The future may see a collaboration with Portsmouth Hospital to build a Behavioral Health Hospital for adults.

9:30 Upcoming ECHO for SUD (and more) – Olivia Skaltsis, Citizen’s Health Initiative, UNH.

Please help spread the word for healthcare and service providers who serve persons with SUD, who have integrated primary care & behavioral health, and who serve older adults. Click on the links below for more information.

University of New Hampshire ECHO HUB 2022 Programs FMI Olivia.Skaltsis@unh.edu			
Topic*	Promoting Child & Family Resilience (MCAP) Click here for Flyer	Substance Use Disorder Treatment (SUD ECHO) Click here for flyer	Supporting Older Adult Mental Health (PEACE ECHO) Click here for flyer
Intended Audience	Pediatric and Family Practices, Integrated Behavioral Health	Any organization treating persons with SUD	Any organization supporting older adults
Monthly Sessions	February - November	January - August	February - August

9:50 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)

Updates from the Field.

- [NH December DMI report.](#) [NH DMI Product Survey Here](#) (This is the December 2021 report from the NH Drug Monitoring Initiative – DMI). NH did not see an increase of deaths related to Overdoses for CY2021. Carroll County had lowest per-capita overdose death rates.
- Carroll County SUD Expansion Project Update – Damian Santana. There is still funding available for training needs related to SUD and Recovery. This can be reimbursement for training fees, payroll fees for employees’ time during training, etc. Any questions, please contact Damian: damian.santana@graniteuw.org
- Treatment – Updates from Treatment Providers?
 - New Life Program/Maine Moms – Memorial Hospital – Program is now accepting women who are pregnant/postpartum and need substance use treatment and maternal care. FMI click on [New Life Program](#) or [MaineMoms](#)
 - Julie Hill, White Mountain Community Health Center: Our data from 2021 shows an increase in visits for alcohol use disorder and other substance use disorder. A positive is that folks are getting care and we are glad to be available to provide these services for the community. Otherwise, no big updates from the Health Center. I believe we are already enrolled in the SUD ECHO and the pediatric Echo is also under consideration.
 - Melissa McCarthy & Ryan Donelan, Amatus Health/Bonfire: Transitioning to a new name – True Healing Addiction and Mental Health Treatment. They oversee NH Detox in Bethlehem, NH (Formerly known as Friendship House). Working to build nursing staff at this center. Also

has a "step-down" program and Intensive Outpatient Program. Accepts NH Medicaid, private insurance, private pay, etc. Ryan's contact here: Ryan Donelan 603-828-4467, rdonelan@amatusrecoverycenters.com, Bonfire Behavioral Health & NH Detox.

- Lynn Kearney, Groups Recover Together: Groups will be participating in ECHO- we kick off this week. Lynn Kearney: lynn.kearney@joiningroups.com fmi <https://groupsrecovery.com/>
- Recovery – Updates?
 - [Dec 2021 Edition. Recovery Fix Newsletter](#) This newsletter is PACKED with information. Take a look.
 - [Peer Strength Program](#) – SOS Recovery - Peer Strength Program, SOS Recovery: This peer recovery program supports individuals with SUD and involved with the criminal justice system. Peer support specialists have lived experience with SUD and criminal justice system. ([see flyer here](#)).

10:25 Other updates? Announcements?

- NH Food Bank Mobile Food Pantry, Thu Feb 3, 12-2, Ham Arena, Conway. [See flyer here.](#)
- Children Unlimited is assisting currently enrolled families with NH Children's Trust. Family Assistance Funds. Fmi Cathy Livingston.
- Lauren Orsini, Children Unlimited: The Family Resource is here to help families with children under 21. The Family Connections Resource Center at Children Unlimited: (603) 447-6356.
- **It's Tax Season. Free Tax Prep Assistance: Two ways to file for free**
 - Call 211 or visit nhtaxhelp.org to schedule a virtual appointment with an IRS certified tax preparer. (Toll-free outside of NH: 1-866-444-4211)
 - Visit <https://myfreetaxes.com/> to prepare your own return, for free, online, with guidance from a toll-free helpline.
- Emergency Rental Assistance still open: <https://www.capnh.org/> Will likely be available through 2024.
- BJ Parker, Town of Conway: Transitioning money from Life Alert grant to emergency assistance. For Conway Residents, will ask that they apply for Emergency rental Assistance first. Assistance must be COVID related and can cover things such as gas money, car repairs, etc. Contact BJ Parker for more information: bjparker1@conwaynh.org
- Chuck Henderson, Senator Shaheen's Office: The Build Back Better plan is still stalled in congress. There may be some concessions to move it forward, but hopeful that money for housing moves forward.

10:30 Adjourn.

Happy Valentine's Day Season! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says "unsubscribe" to continuum@c3ph.org.

Catalina Kirsch, continuum@c3ph.org

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Responds to SUD

Time: Apr 5, 2022 09:00 AM Eastern Time (US and Canada)

Every 2 months on the First Tue, until Jun 7, 2022, 4 occurrence(s)

Jun 7, 2022 09:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: <https://us02web.zoom.us/meeting/tZwtceigqDluHtRorTn80ou->

[lizThDOxqgR8/ics?icsToken=98tyKuGgrj0rEtKctB2HRpw-Ao_od_zwplhbgrdvkw3RDXgDbRa7H-tYBrpbP8DB](https://us02web.zoom.us/j/88061869440)

Join Zoom Meeting

<https://us02web.zoom.us/j/88061869440>

Meeting ID: 880 6186 9440

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+1 669 900 9128 US (San Jose)

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