



Carroll County Responds to Substance Use Disorder



Topic: Carroll County Responds to SUD
 Time: Dec 7, 2021 09:00-10:30am AM Eastern Time (US and Canada)
 Join Zoom Meeting <https://us02web.zoom.us/j/88061869440>

If you were unable to join us, please be sure to look over the many valuable resources linked below!
 Healthy Happy Holiday Season! If you would like to unsubscribe from this email list, send a reply message that says “unsubscribe”.

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Minutes – December 7, 2021

Prevention – Continuum of Care Workgroup
 Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.
 FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

[See Minutes of October 5, 2021 here.](#)

8:55 Login to Zoom Meeting <https://us02web.zoom.us/j/88061869440>

Attendance

9:00 Introductions and attendance

Kim Perkinson, C3PH	Catalina Kirsch, C3PH	Caleb Gilbert/ C3PH	Jerry Knirk, NH House of Reps
William Marsh, NH House of Reps	Dave Dubé, Huggins Hospital	BJ Parker, Town of Conway	Christine Weber, Blueprint/Bonfire/ NH Detox (formerly Friendship House) Amatus Recovery
Victoria Laracy, Office of Congressman Pappas	Melissa McCarthy, Amatus Recovery	Adam Carey, Regional Clinical Outreach, Aware Recovery Care NH/ME In-home SUD treatment	Jen Doris, Office of Student Social Emotional Wellness, NH DOE
Alice LaCroix, MWV Supports Recovery	Katie Parziale, New Futures	Lisa Ransom, Inter-Lakes School District	Lauren Orsini, Children Unlimited/ Family Resource Center
Chuck Henderson, Office of Senator Shaheen	Lynn Kearney, State Director, Groups Recovery Together	Lynne Sullivan, Groups Recover Together	Olivia Skaltsis, IHPP, NH CHI, UNH
Julia Shaw, UVM Center on Rural Addiction	Jeanne Ryer, NH Citizens’ Health Initiative, UNH IHPP	Janet Thomas, NH Citizen’s Health Initiative	

9:05 Focus on Prevention: Kim Perkinson

- Youth Prevention subcommittee update gathering data from around the County, group is looking into previous tools that have had some success and determine if they would like to resurrect it. Subcommittee meets 3rd Tue of each month, 2-3:30pm by zoom. There will be no meeting Dec 21 for the holiday week. Next meeting will be Jan 18th. FMI kim.perkinson@graniteuw.org
- DEA Take Back Day results – October results for Carroll County was 22 boxes totaling 586.3 pounds. The total for DEA take back days in Carroll County for 2021 is 42 boxes totaling 930.3 pounds. A huge thanks to all the police departments!
- Red Ribbon Week, Oct 23-31st summary – Area school districts participated in Red Ribbon Week. Zachary Porter/The Kingswood Youth Center received the Leadership Award for Outstanding Prevention in Carroll County, from DEA New England.
- Youth Suicide Prevention Team- E-Learning Slots Available. Register at links below. These are online, self-paced learning modules from NAMI-NH and come with continuing education units for school, healthcare and mental health providers. Click on the links below before Jan 14 to access these no-cost CONNECT Suicide Prevention trainings
 - [Healthcare](#), [Mental Health/SUD Provider](#), [School Personnel](#), [Gatekeeper](#).
- Legislative Update. Marijuana Commercialization. Rep Knirk chairs the Therapeutic Cannabis Medical Oversight Board and serves as legislative liaison. The board is responsible for oversight of clinical, quality and public health related matters of therapeutic cannabis in NH. Jerry aims to monitor various developments related to possible legalization of marijuana, related to stemming the commercialization of it and related to the public health concerns of access, use and misuse related. He can be reached at knirknhhouse@gmail.com
- NHADACA Focus Groups – NH residents, 18+, who've accessed continuum of care in past 3 years. [Screen here to apply](#). If chosen for Focus Group, receive \$50 gift card. Closes Dec 10. *The New Hampshire Governor's Commission on Alcohol and Other Drugs invites you to participate in **one of three focus groups** to learn about experiences related to alcohol and other drugs in New Hampshire. **This is your chance to share input about programs and services in New Hampshire.** The information you share will inform the [Governor's Commission three-year Action Plan](#). **Are you:** A New Hampshire resident; 18 years of age or older; and Have accessed a prevention, treatment, or recovery program or support in the last 3 years for you or a loved one? **If yes, please complete this screener (Click [here](#)) to be considered for a focus group. You'll receive a \$50 gift card for your time!** If you have questions about the focus groups, please contact: nhcenterforexcellence@jsi.com*

9:30 NH Barriers to SUD Treatment Data Brief Summary – Olivia Skaltsis, Citizen's Health Initiative, UNH

The *Barriers to SUD Treatment Data Brief* is the [third of three](#) short reports that highlight insights from the NH Baseline Needs Assessment. This data brief focuses on practitioners' and community stakeholders' reported barriers and challenges to treating patients with opioid use disorder (OUD) and beliefs about treating patients using medications for OUD (MOUD) in New Hampshire.

The report can be found [here](#). Please forward the report onto colleagues who may be interested in this data. Previous reports included [COVID-19 impact on SUD treatment](#) and [practitioner comfort treating SUD](#). All three

New Hampshire Baseline Needs Assessment data briefs and community rounds presentations are available on our website at <https://uvmcora.org/resources/>

Technical Assistance is available to SUD providers. To request support from UVM Center On Rural Addiction (CORA): <https://uvmcora.org/request-support/> FMI contact julia.shaw@uvm.edu, with any questions about the baseline needs assessments. To sign up for our listserv: <https://uvmcora.org/subscribe/>

To enroll in the UNH SUD ECHO starting in January:

https://unh.az1.qualtrics.com/jfe/form/SV_cSjXmfaBXnuzpmS

FMI about SUD ECHO: Olivia.skaltsis@unh.edu or janet.thomas@unh.edu

9:50 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)

- Update on Friendship House – now NH Detox /Amatus
Guests: Christine Weber, Melissa McCarthy Website <https://www.nh-detox.com/contact-nh-detox-center/amatus-recovery-centers-locations/> New Hampshire Detox Center is an Amatus Recovery Centers location. They are currently hiring nurses as well as Behavioral Health Technicians (similar to Recovery Support Specialists) Lived experience is a plus but is not required. Admission typically occurs through a NH Doorway assessment and referral. Many patients have Medicaid Health Coverage. They hope to have an open house in the future depending on the state of the pandemic. They offer Partial Hospitalization Program (PHP), which is a day program 5 days a week 25-30 hours. They offer transportation. The organization runs Bonfire Behavioral Health in Dover, Blueprint in Concord and other centers across the nation.
- [Mental Health Care Access in Pediatrics Project \(NH MCAP\)](#) Feb-Nov 22 **If you and/or your team are interested, please fill out [this application](#) by January 28, 2022.** To learn more about Project ECHO®, [CLICK HERE](#). Have questions? Contact Corina Chao at Corina.Chao@unh.edu.
- [Healthcare Navigator Assistance, NH Health Market Connect](#) – Soyla Hernandez -Assistance available for individuals to apply for healthcare coverage through the NH Marketplace. Click on the link to see the flyer and more information.
- **988 Virtual Listening Session – Wed. 12/15, 6 PM**, Help inform the planning for New Hampshire's phone/text/chat line that will be available to support Granite Staters in emotional distress. [Register to join the conversation](#). In 2022 988 will become the national suicide prevention lifeline.

Updates from the Field.

- Recovery –
 - [Peer Recovery Center of Excellence trainings](#) – click here for information on upcoming trainings
- **NH October DMI report. [NH DMI Product Survey Here](#).** Open the links for details. Key take-aways:
 - Carroll County has reported the lowest county rate for NH 2021 Overdose deaths by County per 10k population; Overdoses were reported in the towns of Albany, Freedom, Ossipee, Wakefield.
 - Narcan was administered in October at the rate of 1.23 per 10k population in Carroll County, a rate that has held relatively steady since June 2021. According to the Revised Overdose Score (RODS), 87 lives were saved by Narcan administration in October 2021. Narcan has been administered in ALL Carroll County towns EXCEPT Jackson, Chatham, Sandwich, Tamworth, Madison, Eaton (11/1/20-10/31/21).

- October Emergency Department Opioid Use Visits for Carroll County were at the rate of 1.2 per 10k population, same as in September but a decrease since August (2.39 per 10k pop) Fentanyl remains a top substance of concern. **NH is one of only four states where overdose deaths went down.**

'A staggering increase': Yearly overdose deaths top 100,000 for first time. The largest increases were seen in Vermont, West Virginia and Kentucky. Drug overdose deaths in the United States surpassed 100,000 in a 12-month period for the first time, the Centers for Disease Control and Prevention said Wednesday, a troubling milestone amid an already devastating period for the country. The number of overdose deaths rose 29 percent, from 78,056 from April 2019 to April 2020, to 100,306 in the following 12 months. The data, from the CDC's National Center for Health Statistics, is considered provisional but is a good indication of what the final numbers will show next month. "It's a staggering increase for one year," said Bob Anderson, chief of the mortality statistics branch at the NCHS. "As we continue to make strides to defeat the Covid-19 pandemic, we cannot overlook this epidemic of loss, which has touched families and communities across the country," President Joe Biden said in a statement Wednesday. Vermont saw the biggest rise, with a nearly 70 percent increase. Large increases were also observed in West Virginia (62 percent), Kentucky (55 percent), Louisiana (52 percent) and Tennessee (50 percent). **Drug overdose deaths went down in just four states:** Delaware, **New Hampshire**, New Jersey, and South Dakota. South Dakota had a nearly 20 percent decrease in overdose deaths, the greatest by far. Source: www.nbcnews.com 11/17/2021

- ADDED note: The **DEA** is promoting a national awareness campaign to alert the public that there are **counterfeit pills** circulating and being passed off as well-known medications used for ADHD and well known antidepressants but they are laced with fentanyl and very dangerous. The message to the public is that if a medication does not come from your healthcare provider by prescription and from your licensed pharmacist then it is not safe and potentially lethal. <https://www.dea.gov/onepill>
- **Carroll County SUD Expansion Project Update** – Damian Santana – If you are an SUD services or related human service provider serving Carroll County and are seeking assistance to access professional development and training, there are some scholarship funds available through C3PH. For example : CIT for First Responders, Recovery Coach Academy, Ethical Considerations, Community Health Worker Training, Non-Profit Management
- Early Identification/ Intervention – Any updates?
 - **Resilience to Thrive** – Young Adults – Catalina Kirsch has been trained to deliver the Resilience To Thrive Curriculum from the National Wellness Institute, <https://nationalwellness.org/education/resilience-and-thriving/> Stay tuned for updates about Resilience to Thrive workshops for young adults 18-24. We may be doing outreach to employers of young adults to recruit participation.
- Treatment – Updates from Treatment Providers?
 - Memorial Hospital **Behavioral Health Collaborative** Update – Dr Jen Smith is running a Behavioral Health Collaborative to promote communication and collaboration and strengthen referral pathways for their patients.

- **Aware Recovery Care.** Adam Carey - <https://www.awarerecoverycare.com/states-served/new-hampshire> Aware offers in-home SUD treatment in NH. They accept Anthem BCBS and Tufts. They also have a new program for providing in-home withdrawal management/detox with a nurse who comes to the home. For more information please contact Adam: acarey@awarerecoverycare.com Adam is a former resident of Ossipee, Carroll County and a person with lived experience.
- **Sent in from Groups Recover Together, Lynn Kearney:** We are waiting for COVID-19 to decline prior to going back to in office groups. We miss seeing our members and are ready to be back in office as soon as it is safe to do so. Additionally, with the complications COVID has caused with workforce issues, and a decline in census, we have closed our office in Conway. We are able to still see folks virtually, and are happy to do so. We would love to reopen the office as soon as practicable, but unfortunately, we were simply not getting the referrals needed to be able to maintain an office in Conway. We have the ability to do a provider intake with a patient typically within 24 hours. We have several facilities that do intakes 2x a week to ensure access to care. Fmi lynn.kearney@joingroups.com

10:25 Other updates? Announcements?

- **Rep Marsh, Rep Knirk.** – some educational materials are in development in the form of a brochure that can be made available for therapeutic use cannabis patients. Our representatives are always interested to hear from the community on needs, trends, and other priorities.
- **Chuck Henderson, Office of Senator Shaheen** – good news. Coos Family Health Services has received funding for a Family Medicine Residency Program, which will help with healthcare workforce development and access to care in the North Country
- **Katie Parziale, New Futures** – Current work is focusing on bringing remote access back to the state legislature and to combat COVID19 vaccine misinformation. Fmi contact kparziale@new-futures.org
- **BJ Parker, Town of Conway** – They are working on spending COVID recovery funds received. They have reached out to ServiceLink because there is funding to provide people with Life Alert systems. Demand for town welfare assistance is slow. However ongoing top needs revolve around addiction, homelessness and highly lethal domestic violence.
- **Dave Dubé, Huggins Hospital** – the hospital has been very busy administering covid19 vaccines, including successful pediatric vaccine clinics held Dec 1 & 2. Appointments for boosters are scheduled out far. The healthcare system is being strained under covid and patients are being referred to other systems.

10:30 Adjourn.

Healthy, Happy Holiday Season! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Catalina Kirsch, continuum@c3ph.org

Kim Perkinson, prevention@c3ph.org

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

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Time: Feb 1, 2022 09:00 AM Eastern Time (US and Canada)

Every 2 months on the First Tue, until Jun 7, 2022, 3 occurrence(s)

Feb 1, 2022 09:00 AM

Apr 5, 2022 09:00 AM

Jun 7, 2022 09:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: [https://us02web.zoom.us/meeting/tZwtceigqDluHtRorTn80ou-](https://us02web.zoom.us/meeting/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8/ics?icsToken=98tyKuGgrj0rEtKctB2HRpw-Ao_od_zwplhbgrdvkw3RDXgDbRa7H-tYBrpbP8DB)

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