



## CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER MINUTES – June 1, 2021

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org; continuum@c3ph.org

Attendees: Ann-Elise Bryant, Bob Batson, Eric Moran, Lance Zack, Jane Johnson, Lisa Hayward, Katie Parziala, Cathy Livingston, Chuck Henderson, Eric Dancause, Lisa Zack, Lynne Sullivan, Micaela Thomas, Michelle Wagner, Sara Sacco, Victoria Laracy, Kim Perkinson

### **SUD Updates from the Field. Adaptations to service delivery under COVID-19**

Kim Perkinson: Reviewed 2021 goals from the work plan.

Current goals are:

**Goal 1:** Enhance the capacity of Carroll County RPHN Substance Misuse Prevention partners and others to effectively address substance misuse across the lifespan (CC 2020 Strategic Plan)

**Goal 2:** Reduce the percentage of Carroll County Youth who report misuse of alcohol, marijuana, prescription drugs in the past 30 days by 2% as measured by the 2023 Youth Risk Behavior Survey

**Goal 3:** Promptly respond to and prevent harms associated with emerging drug threats in the Carroll County Regional Public Health Region

\*\*Recommendation was to add education on prescription drugs around the house as a goal.

-Discussed July Youth Prevention subcommittee. Kim will send out an invite for a July meeting.

### **Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)**

Updates from the Field.

-Sara Sacco, Statewide WIOA Career Navigator covering Conway and Littleton. Currently working on the Adult (low income) and NH Works for Recovery Grants (directly or indirectly affected by the opioid crisis) to provide eligible adults with career counseling and access to a wide range of employment and training related services. WIOA works with the Community College System of NH and local training vendors for tuition assistance. Examples of classroom trainings are LNA, MA, CDL, PMP, IT certifications, etc. If you have clients interested in training or career services, send them my way! My phone number is (603) 880-5211 and email is [Sara.J.Sacco@nhes.nh.gov](mailto:Sara.J.Sacco@nhes.nh.gov) More information about IOA: <https://www.snhs.org/services/wioa>  
Upcoming Virtual Job Fairs: <https://business.nh.gov/nhesjobfair/>

-Bob Batson, Team Wolfeboro: Kingswood voted to not participate in the YRBS but will revisit in the next 2 months. He has written letters and encourages others to advocate for participation. Without Kingswood, Carroll County will not be fully represented. Bob has also been talking with the state about prevention dollars that came into the state but feels it is not focused on proven prevention strategies. He is willing to share the data he has gathered. Email at [teamwolfeboro@gmail.com](mailto:teamwolfeboro@gmail.com)

-Chuck Henderson, Senator Shaheen's office: He has heard, anecdotally, that there has been a rise of alcohol misuse amid Covid and is looking for input. Eric Moran stated that the ER visits they have been responding to is about 60% of cases. Lance Zack also stated that alcohol is on the rise in his cases. Jane Johnson stated the same issues at Memorial.

-Jane Johnson, Memorial Hospital SUD counselor, social worker, Case Management program: Alcohol related issues are on the rise in the ER but those seeking help cannot get a placement to help them when on certain insurances. Heroin visits also on the rise but for treatment of abscesses related to injection sites but not seeking help for the drug use.

-Lisa Hayward, DOE: Has a new toolkit out <https://nhdoe.instructure.com/courses/37> would like feedback on the toolkit.

Eric Moran, Whitehorse Recovery: The thrift shop had a great turn out for its grand opening! The Ossipee Community Center is moving forward and wants to focus on prevention. Has 2 newly trained S.M.A.R.T recovery coaches. He noticed that there are no S.M.A.R.T. recovery coaches in Wolfeboro so he is looking into that. He is also being trained in Anger Management treatment as a need in the area. Also, lack of Sober Living Facilities is a barrier in Carroll County.

-Lynne Sullivan, Groups Recover Together: They are working towards back to office plans and hopes to be in person again this summer or fall.

Michaela Thomas, SAP Kennett Middle and High Schools: Mental Health Awareness Month went very well and looking forward to more programing for next school year.

-Eric Dancause, Better Life Partners: Resuming in person meetings. Has several new initiatives and pilot programs starting up. Mental Health Medication Management, Alcohol use disorder MAT, Recovery Coach programs. Currently accepting referrals. Contact info [eric.dancause@betterlifepartners.com](mailto:eric.dancause@betterlifepartners.com) 603-660-8959. Eric Moran and he will connect about programs and options.

-Michelle Wagner-NAMINH: Has been working on a grant for Early psychosis support and its moving to statewide initiative. The Hope Program in Nashua is currently the only program. <https://www.onwardnh.org/edu> has a great webinar series. Support groups are still virtual but there are many including peer support groups. Hoping to start one in Conway soon. They also have the Fast Forward Program and soon "Ending the Silence" program will be going into schools.

-Cathy Livingston, Children Unlimited: Very happy to hear about new programs to offer the families that they serve. Asked Michaela about summer programs at Kennett. Right now, there are some programs going on for the middle school but none at the high school as of now.

-Ann-Elise Bryant, Families in Transition: The Wolfeboro manager is leaving and in search of a new manager. They currently have 2 families at the shelter but can have up to 7 so refer to those who need housing. Eric asked about a family that is not currently in the Kingswood system but wants to move out. She said to refer them, and they will work with the current

school system with the understanding that the children will be in the Kingswood system for the fall. Contact Ann-Elise at 603-641-9441 ext. 507

-Lisa Zack, DHHS: The doors of DHHS/NHEP are now open so can see people in person.

-Lance Zack, White Mountain Restorative Justice: Office is slow right now due to the courts not being open. There are large changes coming in juvenal law. Reform to the system to focus on diversion instead of court involvement. Rochester is piloting this program first; Carroll County will probably be sometime next year. “Dabs” on the increase as the drug of choice for youth.

Katie Parziale, New Futures: The new kids count is coming out. She will be delivering the books once allowed to do so. NH ranks 2<sup>nd</sup> overall. <https://new-future.org> There are a lot of funding issues at the state senate so contact your senators!

#### Other Resources

- Nicotine / Vaping Prevention. Brochures available. Also, <https://saveyourbreathnh.org/>;  
<https://mylifemyquit.com/>

#### **NEXT MEETING: via ZOOM.COM, August 3, 2021, 9:00-10:30 am**

You are invited to a Zoom meeting.

When: August 3, 2021, 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

[https://us02web.zoom.us/join/tZAquqorTwqG9BiWWIJSk3pt6\\_KPLsGQvwz](https://us02web.zoom.us/join/tZAquqorTwqG9BiWWIJSk3pt6_KPLsGQvwz)

After registering, you will receive a confirmation email containing information about joining the meeting.

Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to [continuum@c3ph.org](mailto:continuum@c3ph.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

Kim Perkinson, [prevention@c3ph.org](mailto:prevention@c3ph.org)