



Carroll County Responds to SUD

**NEXT MEETING: via ZOOM.COM, June 1, 2021 9:00-10:30 am**

You are invited to a Zoom meeting.

When: Jun 1, 2021 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

[https://us02web.zoom.us/meeting/register/tZAqcuqorTwqG9BiWWIJSk3pt6\\_KPLsGQvwz](https://us02web.zoom.us/meeting/register/tZAqcuqorTwqG9BiWWIJSk3pt6_KPLsGQvwz)

After registering, you will receive a confirmation email containing information about joining the meeting.

Below please find the [minutes of our April 6 meeting](#).

## CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

### MINUTES – APRIL 6, 2021

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; [prevention@c3ph.org](mailto:prevention@c3ph.org) ; [continuum@c3ph.org](mailto:continuum@c3ph.org)

Attendees: Ann-Elise Bryant, Candi Kane, Jen Doris, Lisa Ransom, Christian Seasholtz, Megan Varhegyi, Nicole Jackson, Ryan Nix, Sara Sacco, Denise White, Doug Wyman, Cataline Kirsch, Kim Perkinson, Rosemary Normandin, Peter Fifield

**Ryan Nix- Information Analysis Center-** Reviewed the NHDMI report for 2020. Reviewed Narcan, ED visits, treatments, and deaths. Identified “first responder fatigue” as an issue within the state. The fire academy is putting together a training for first responders around responding to calls where drug use is in question. Nashua closed its Safe Station July 2020. There is only the Safe Station in Manchester now. There are changes to how Emergency Departments are tracking data compared to previous years. There has been a decrease in drug overdoses. There is an increased presence of Fentanyl and Opioids in Carroll County yet, methamphetamines have not had a huge increase in Carroll County even though there are some alarming rates of meth dependency in other regions of the state. In Jan\_Feb-Mar they starting reporting data related to Methamphetamine. The age group of concern is still 20s-40s.

**SUD Updates from the Field. Adaptations to service delivery under COVID-19**

**Kim Perkinson**- Prescription Drug Take Back Day is Apr 24, 2021. Youth prevention discussion, Kingswood Youth Center is looking into a possible Youth2Youth program and would like to coordinate with Kingswood Middle and High School. Zachary from KYC would like to collaborate with Eric and Kim around this effort. Kim is looking to form a subcommittee focused on Youth prevention. Please let her know if you are interested in joining.

April and Alcohol Awareness Month, please share out these resources.

<https://pipnj.org/aam2021/> ; <https://www.samhsa.gov/underage-drinking> ;

<https://bingefree603.org/> ; <https://todayisfor.me/>

May is Mental Health Awareness month.

The Substance Misuse Prevention Community Practice meets on April 19.

Lisa Ransom?: InterLakes k-8 is in school five days per week. High School is a hybrid model, 2 classes in person, 2 classes remote. She also is running a group for LGBTQ youth.

Jen Doris – Dept of Ed. – They are hiring three consultants, including 1 for the north country and one for the lakes region. A challenging year for public education. Their engagement with schools includes implementing some programs they have to offer – Promising Futures 1 hr programs – 1. Lynn Lyons on Anxiety, 2 – Brooklyn rain on One Trusted Adult, 3 – Scarlett \_\_\_ on Choose Love; Youth Mental Health First Aid training through UNH; Behavior Threat Assessment Team funding – had 10 awards to give, three applications received. The Silver Lining of COVID has been a more holistic focus on kids and families and engagement with mental health providers.

### **Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)**

Updates from the Field. Adaptations to service delivery under COVID-19 – Catalina Kirsch

- The NH Drug Monitoring Initiative has published the 2020 overview:

<https://www.dhhs.nh.gov/dcbcs/bdas/documents/dmi-2020-overview.pdf>

Open Enrollment for healthcare marketplace through May 15.

<https://coveringnewhampshire.org/health-insurance-marketplace>

Nicole Jackson-New Life Program -Due to rural area, social services and transportation are difficult to access. Seeing continued mental health challenges in community.

Megan Varhegyi- Huggins Hospital - There has been an up tick in LSD related ER visits.

Denise White – Huggins Hospital – They have a grant, FORE. Patients hospitalized for reasons other than SUD but are identified as candidates for MAT can access induction into MAT Outpatient program while in hospital. Current stage of program is that they are co-designing meeting going, staff is getting education. Patients started then continue with outpatient treatment.

Candi Kane- Groups Recover Together - Members continue to stay in touch.

Methamphetamine use continues to be a challenging due to finding services and groups are still not meeting in person.

Rose Narmandin- MWV Supports Recovery - Office opened last week due to people reaching out for Narcan and syringes, this is a concern among males aged 25-65, they are giving kits to 6

males who are living in the woods. Increased ER visits and a big shift in mental health and homelessness in the past year.

Sara Sacco-Workforce Innovations and Opportunity Act (WIOA) State Coordinator – offers career counseling, classroom training with CCSNH, Certificate Based Training, CRSW training path; They have a grant that helps adults who are low income, TANF recipients. They have a NH Works for Recovery Grant to help those impacted by SUD, ends June 30, 2021, maybe will be extended. They have career navigation and virtual job fairs.

Peter Fifield-The Doorway, Dover- Volume has gone down drastically but this month has seen a rise. Discussed how the Narcan is delivered and dispensed. They have received funding for another two year cycle. The second year might be performance based. They are working with groups in Portsmouth and Seabrook. 90% of their population served is from the Dover, Rochester, Somersworth area.

#### Other Resources

- Nicotine / Vaping Prevention. Brochures available. Also, <https://saveyourbreathnh.org/> ; <https://mylifemyquit.com/>
- May is Mental Health Awareness Month; <https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Month> ; <https://www.mhanational.org/mental-health-month>

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Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to [continuum@c3ph.org](mailto:continuum@c3ph.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

Kim Perkinson, [prevention@c3ph.org](mailto:prevention@c3ph.org)