



Minutes: Zoom meeting of Carroll County Responds to SUD

When: Dec 1, 2020 09:00-10:30 AM Eastern Time (US and Canada)

Notes: Kim Perkinson

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZAqcuqorTwqG9BiWWIJSk3pt6_KPLsGQvwz

After registering, you will receive a confirmation email containing information about joining the meeting.

Agenda Dec 1, 2020: http://www.c3ph.org/assets/pdf/Agenda_SUD_Prevention_CoC_Work_Group_2020_12_01.pdf

Minutes Oct 6 2020: http://www.c3ph.org/assets/pdf/Minutes_SUD_Prevention_CoC_Work_Group_2020_10_06.pdf

9:00am Introductions and attendance. Please use the chat box to sign in, Name and Organization

Attendance: Eric Moran, Valerie Lozier, Lance Zack, Dee Palmer, Christian Seasholtz, Kristen Gunn, Cathy Livingston, Crystal Sawyer, Caleb Gilbert, Shawn Varney, Denise White, Lisa Zack, William Marsh, Beth Dyson, Janice Spinney, Ann Elise Bryson, Deo Mwano, Lynne Sullivan, Chuck Henderson, Heather Phillips, Deb Bunting, Mike Cryans, Julie Hill, Victoria Laracy, Susan Ticehurst, Robert Pinciario, Carol Steeves, Michelle Wagner, Candi Kane, Stacie LeClerc, Kim Perkinson, Catalina Kirsch

Special Guest: Deo Mwano,

Deo Mwano Consultancy, Community Builder, Learning and Workforce Success, Deomwano.com

Listening Session. Diversity, Equity, Inclusion and Access to SUD Services

Watch this intro! <https://youtu.be/E4XRAvJwFmU>

Granite United Way COVID Substance Use Disorder research project working on how those have been impacted by the pandemic through surveys, virtual discussion and over the phone interviews for those who do not have internet access. The project has expanded from a Carroll County focus to statewide. All information will be completely anonymous. Time frame is limited and all surveys regardless of which way people chose to participate will be completed by December 16th. Please share this opportunity with your contacts and clients and other individual active and potential consumers of SUD services.

Discussion from attendees reported out what they have encountered due to the pandemic including but not limited to, loss of beds, transportation, housing, food, medical access, childcare issues, etc. Deo will gather a list of questions he would like to ask the group and send them to the group.

Please share and invite community members to participate. For more info see link below

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders/COVID19-Substance-Use-Disorder-Research-Survey-Dec-2020>



10:00 Updates from the Field

Catalina Kirsch Continuum of Care C3PH- Please share and promote our research survey. Please contact Catalina for more information, questions or concerns.

Introduction of Kim Perkinson- new C3PH Substance Misuse Prevention Coordinator. Background in medical, behavioral/mental health and school counseling. Still learning and the pandemic world but would like to focus on knowing the community needs and on youth empowerment and involvement. Contact her at prevention@c3ph.org

Heather Phillips Memorial Hospital, North Conway- Uptick in ED overall with more alcohol related visits. Did lose a practitioner however, recovery coaches in the ED has helped greatly with people presenting with SUD along with the SUD nurse practitioner. Thursday-Recovery on Facebook live will have panelists on Building Resilience.

Candi Kane, Groups Recover Together, Conway - All telehealth at this time. Now taking Maine Care for those within 15 miles of the NH/ME line. MWV is close, to the office and is doing a lot of work at this time.

Deb Bunting-SAU 49, Wolfeboro region- Focusing on food, parenting concerns, stress, getting families signed up for NH Healthy Kids and helping with medical needs including resources for eyeglasses and other medical needs.

Beth Dyson, White Mountain Community Health Center, Conway - Open Enrollment end Dec 15th. Completely remote so meeting with clients via phone and zoom however, internet is a challenge in the area. Has appointments still available.

Michelle Wagner, NAMI NH, Concord- Shared statewide effort to raise awareness about First Episode Psychosis/Early Serious Mental Illness. Program going on in Nashua for early psychosis but needs to be statewide. Check www.OnwardNH.org for resources and let her know if you have any other resources. Anti-Stigma campaign at www.603stories.org . Phone number 603-505-7167

Lisa Ransom, Inter Lakes School District, Meredith/Sandwich- Currently using a hybrid learning model. Difficult to do youth empowerment and get involvement due to focus being meeting basic needs i.e., food, meal deliveries, etc. Have moved from prevention focus to identifying and responding to crises.

Cathy Livingston, Children Unlimited, Conway- Also shifted focus to meeting basic needs, food, transportation, housing and family stress. Partnering with SAU9 and GUW for assistance with these needs.

Lance Zack, White Mountain Restorative Justice, Conway; Diversion- Due to Covid, courts are dealing with criminal priorities so very little work with diversion with teenagers currently. Teenagers, in general are not working well with telehealth counseling. Recidivism rates have gone from 8% to 80% during the pandemic.



Robert Pinciario, Gatehouse Treatment, Nashua- Now in-network for NH Medicaid so have seen a huge increase of those seeking help. They now have a waiting list. Program is growing and looking to add another 75 beds for medicaid insured. Phone number 603-557-6528

Stacie Leclerc, Blue Heron Neurofeedback & Counseling, North Conway- They have added another LADC and new offices opening in Littleton and Berlin. Increase in calls of people seeing help but have never been in treatment in the past. Self-reporting increase in drinking that concerns them but are “functioning” by still being able to hold down jobs and care for family.

Valerie Lozier, Cranmore Health Partners, Conway- Changed positions from Memorial to Cranmore, MAT waived provider; can treat up to 100 patients and will be expanding resources in the Valley once they have a new LADC on board.

Denise White-Huggins Hospital, Wolfeboro- Have increased their Covid testing hours. They are revamping their MAT program for better flow of service. They have switched over the EMRS program which has come with some challenges. The Community Health Workers have been a tremendous support as they have been able to go into homes and support patients that may not otherwise have ability to get that support. IDN7 was a catalyst on expanding access to care.

Crystal Sawyer, Carroll County Adult Ed, Tamworth-The last cooking and hospitality classes will be ending in December. Have partnered with Moultonboro- due to an increase in students not wanting to continue with hybrid learning, preferring to study and take the Hi-Set. They can help others if they would like the assistance.

Julie Hill, White Mountain Community Health Center, Conway-MAT program via Telehealth as transitioning to lower contact. Meeting people in the parking lot to increase social distancing. Primary care should be screening more frequently. Catalina states that C3PH can help facilitate getting the information out to the Primary Care providers.

Chuck Henderson-Senator Jeanne Shaheen’s office- Senators are meeting for another relief package. With Friendship House closing, there is a loss but new places are looking to take over. May have a gap in services while getting new organizations in place. Also reported a public resistance to the vaccine for Covid.

Christian Seasholtz, US Representative Chris Pappas’s office- Echoed Chuck Henderson on the relief package. Encouraged people to reach out to the office with questions or concerns.
Christian.seasholtz@mail.house.gov

Janice Spinney, MWV Supports Recovery, Center Conway- RCO’s going to remote only. One administrator will be the only person in the office. Reminder that Recovery Coaches are a resource to primary care providers and drug courts. They are adding 2 new beds for women. Smart Recovery program will be going to virtual only.

10:40 Meeting adjourned



Next Meeting, Feb 2, 2021, 9-10:30am; Join Zoom Meeting <https://us02web.zoom.us/j/84753037014>

Meeting Schedule 2020-2021

via ZOOM.COM, 1st Tuesday, bi-monthly, 9:00-10:30
C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Responds to SUD

Time: Oct 6, 2020 09:00 AM Eastern Time (US and Canada)

Every 2 months on the First Tue, until Oct 5, 2021, 7 occurrence(s)

Oct 6, 2020 09:00 AM

Dec 1, 2020 09:00 AM

Feb 2, 2021 09:00 AM

Apr 6, 2021 09:00 AM

Jun 1, 2021 09:00 AM

Aug 3, 2021 09:00 AM

Oct 5, 2021 09:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: https://us02web.zoom.us/meeting/tZAquqorTwqG9BiWWIJSk3pt6_KPLsGQvwz/ics?icsToken=98tyKuGsqT4pGteSsBiDRpwIB4_4b_TztmZfjfp_ISjSKgpgaVDmlrR9GYJTA_h

Join Zoom Meeting

<https://us02web.zoom.us/j/84753037014>

Meeting ID: 847 5303 7014

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