

# CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

### Minutes – October 6, 2020

Prevention – Continuum of Care Workgroup Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec. FMI: (603)301-1252; <u>prevention@c3ph.org</u>; <u>continuum@c3ph.org</u>

Welcome

You are invited to a Zoom meeting. When: Oct 6, 2020 09:00 AM Eastern Time (US and Canada) Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZAqcuqorTwqG9BiWWIJSk3pt6\_KPLsGQvwz

After registering, you will receive a confirmation email containing information about joining the meeting.

9:00 Introductions and attendance. Please use the chat box to sign in, Name and Organization

### Guest Speakers: Melissa Lee, Kendra Lewis, UNH Cooperative Extension. Prescription Opioid Misuse Prevention grant project.

Special grant project UNH coop Youth and Family Resiliency Team, NH Opioid Prevention Project also represents Melissa Lee - <u>Melissa.Lee@unh.edu</u> in the field & UNH campus, sits on UNH on the governors SUD prevention team

Kendra Kendra.Lewis@unh.edu based at UNH campus

SAMHSA Rural Opioid Technical Assistance Grant (UNH Extension) – presentation recorded Made just available to cooperative extension organization throughout the US, land grant institution so any LGI has an extension. Goal of extension is to bring university level resources to communities, and populations. Goal is to build upon existing opioid prevention infrastructure within the state and create collaboration with the community level opportunities to increase educational opportunities including out in to the communities (rural focused) and training for healthcare professionals.

Link to presentation: https://youtu.be/9FVCoMswo5A

Sep 1, 2020 receipt- 2 year grant (ability to get additional 2 rounds of funding depending on metrics)

**Approach 1 Deliver:** increase capacity to deliver CPSMP (Chronic Pan Self-Management Program) in rural community in person and online workshops, pairs of lay leaders, peer to peer

**Approach 2 Implement:** Implement a project ECHO – for healthcare providers to develop a learning community about low risk and alternative pain management strategies in preventing misuse (will UNH Health Institute for Policy & Practice)

Approach 3 Strengthen: Strengthen online opioid information and education and will be housed on Drug Free NH website in partnership (short videos, resources, toolkits) kick off conference for this effort summer/fall 2021 Funding and Partners: UNH IHPP NH Dept of Health and Human Services Bureau of Elderly Adult Services JSI Research & Training Institute Southern NH Area Health Education Center

Goal is to create a data picture in NH for implementation Funding will be provided - dedicated to support workshop implementation in communities. Think of it as a stipend or mini grant "incentive" Historically there has been 1 leader training per year in NH, but with grant will make more opportunities to be available. This is a 4-day training and additional 2 days to crossover There will be a 6 month follow up conducted by Southern NH Area Health Education Center

Follow up – what are next steps? TBA

#### Focus on Prevention: Brief Updates and Adjustments in face of COVID-19

Updates from the field

Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery) **Guest: Nicole Covey, Peer Strength CJ Virtual Program, SOS Recovery** Ashley Lewis (SOS) <u>Ashley@sosrco.org</u> Nicole Covey <u>ncovey@sosrco.org</u> 6036054619 New grant related to individuals in criminal system called PEER STRENGTH for telehealth services (2 year grant), grant will only allow them to be virtually present. Targeting rural areas. They are resource brokers, peer driven.

Recovery Link – have ability to break down and provide comprehensive recovery supports Currently in Strafford County, Cheshire court just started last week <u>https://straffordrecovery.org/what-we-do/criminal-justice-recovery-programs/</u> Referrals can come through website (complete w/DocuSign) goes directly to Ashley. They can also email directly or call. Flyer here: <u>https://drive.google.com/file/d/1QlyX-39dGsfwentDtzh7e9MCnlArhbgy/view?usp=sharing</u>

Updates from the Field. Early ID/ Intervention. Treatment

#### Recovery

**Cathy Livingston CU** – Looking at different ways to support families. Resources/referrals – making personal connections has helped families. Seeing a lot of concrete needs – food, car repairs, rent. Rec'd grant funding to help with some of those concrete needs. They've been open the entire time – a lot of telephone and telehealth. Just starting to meet with families at site, typically outside and will continue weather permitting.

**Sheryl Power Kingswood Regional** – trying to get word out to students regarding free breakfast and lunch, and parents can come on Wednesdays to pick up food. Trying to get people's basic needs met. Very few discipline issues and inter-student issues.

**Deb Bunting – Outreach GWHS** - appreciate the Wednesday in person delivery of meals, mentioned school board used language "free to those that need it", concurs with need to adjust language. Homeless liaison completed first assessment, 74 homeless students for fall (somewhat normal) however, winter tends to increase

**Heather Phillips** - **Memorial Hospital** seeing an uptick in behavioral health (IMAT) intake, feedback is concerns of housing with upcoming colder weather and stimulus monies no longer available. ED update pending/majority is mental health/SUD

**Eric Moran White Horse**– still moving ahead with 28 day program, waiting to appeal (neighbors don't want them in the area) getting pushback so need to see it through.\*\*forgot where they are doing this, can you fill in? Prevention Wednesday with Kingswood – zooming in on Tues and Weds nights. New meet and greet and trying to come up with a virtual version for 7<sup>th</sup> graders. At Ossipee Area Community Center – applied for temporary permit to occupy, to open on Sat nights to give the kids a place to go, youth numbers skyrocketing

**Hope House (Wolfeboro)** Ann-Elise from – Families in Transition looking to mirror some of the programming that is happening in Manchester, getting staff familiar with processes and forms. Ann-Elise is LDAC provide assessments and referrals to community. Looking for referrals, they have 3 vacancies currently. If any families are in need be in communication with Katelyn Gagnon, <u>kgagnon@fitnh.org</u>

**Peter Burke Farnum Center** – Peter Burke- formerly marketing director Farnum Center burke.linchpin@gmail.com (no other update due to sound)

**Katie Foster New Futures** – getting ready for legislative sessions, looking to do documentary screening on access to treatment and recovery kfoster@new-futures.org, 603-724-7287

Catalina Kirsch C3PH (missed the first two things you shared here...

- DEA Takeback Day Oct 24<sup>th</sup> supplies will be ready from 8-4p and will get delivered to police departments
- Drop boxes at Carroll County Administrative building, police stations,
- **CARES Act** monies may be coming to the public health networks, leadership at GWU.C3PH money is coming from endowment for health to specifically meet the needs of populations affected by SUD and COIVD19 (hardships) putting together a proposal to bring some of that money into the region

• Youth Suicide Prevention Project – implementation and training underway, anecdotal feedback from providers that is concerning about suicidality (looking to get facts versus hearsay). Training upcoming, thereafter ongoing meetings. Info to follow

Other updates? Announcements? n/a

- Legislative, New Futures or Shaheen, or Pappas
  - Tobacco 21? Telehealth? Prescription Rx?
- 10:30 Adjourn.

Next Meeting, Dec 1, 2020, 9-10:30am; Join Zoom Meeting https://us02web.zoom.us/j/84753037014

## Meeting Schedule 2020-2021

via ZOOM.COM, 1<sup>st</sup> Tuesday, bi-monthly, 9:00-10:30 C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Responds to SUD

Time: Oct 6, 2020 09:00 AM Eastern Time (US and Canada)

Every 2 months on the First Tue, until Oct 5, 2021, 7 occurrence(s)

Dec 1, 2020 09:00 AM

Listening Session with Deo Mwano, Diversity, Equity, Inclusion and Access to SUD Services

Feb 2, 2021 09:00 AM

Apr 6, 2021 09:00 AM

Jun 1, 2021 09:00 AM

Aug 3, 2021 09:00 AM

Oct 5, 2021 09:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

https://us02web.zoom.us/meeting/tZAqcuqorTwqG9BiWWIJSk3pt6\_KPLsGQvwz/ics?icsToken=98tyKuGsqT4pGt eSsBiDRpwIB4\_4b\_TztmZfjfp\_ISjSKgpgaVDmIrR9GYJTA\_h

Join Zoom Meeting https://us02web.zoom.us/j/84753037014

Meeting ID: 847 5303 7014 One tap mobile +13017158592,,84753037014# US (Germantown) +13126266799,,84753037014# US (Chicago)

Dial by your location +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) Meeting ID: 847 5303 7014