



CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Minutes – August 4, 2020

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

Meeting Facilitator: Catalina Kirsch

Notes: Caleb Gilbert

Participants: William Marsh, Kiera Latham, Dee Palmer, Candi Kane, Peter Burke, Anni Stanley-Smith, Susan Dionne, Crystal Sawyer, Mike Cryans, Chuck Henderson, Danielle Reichert, Denise White, Eric Moran, Glenn Cordelli, Heather Phillips, Janice Spinney, Julie Hill, Katie Foster, Kristen Gunn, Lynne Sullivan, Meghan Varhegyi, Rebecca Hewson, Zachary Porter, Catalina Kirsch, Jennifer Selfridge, Caleb Gilbert

Celebrating Jennifer Selfridge upon her retirement! Well wishes from our community partners. Chuck Henderson presented Jennifer with a retirement letter from Senator Jeanne Shaheen.

Guest Speaker: Kiera Latham, A Presentation of Data from the NH Drug Monitoring Initiative. See her presentation attached.

Prevention: Brief Updates and Adjustments in face of COVID-19

- DOE Student Wellness Resources: see their website for resources: <https://www.education.nh.gov/who-we-are/division-of-learner-support/bureau-of-student-wellness>
- YRBS Carroll County Data: See the results for Carroll County here: <https://www.dhhs.nh.gov/dphs/hsdm/documents/carroll-yrbs-results-2019.pdf>
- Children Unlimited/ Family Resource Center: Family Resource Center and Clinic is open, call for services: (603)447-6356. Childcare is opening 8/31. Granite United Way COVID Relief Funds are available through the Family Resource Center: contact clivingston@childrenunlimitedinc.org.

Other prevention updates:

Zachary Porter, Kingswood Youth Center: Dealing with challenges related to COVID and school shutdown. Used remote means to maintain contact. They are distributing food & toiletries to area families. Eric Moran has been a part of weekly Zoom meetings with KYC. Now open under Governor's Summer Camp Guidelines. Trying to help promote social connection. Now providing in-person and remote opportunities. SAU 49 has released reopening plan; KYC needs to work with staff and board to determine fall reopening. "Chilly" cook-off will take place in November. FMI <http://thekyc.org/>

Heather Phillips, Memorial Hospital: Building Resilience MWV Facebook Live Events. There have been 5, a 6th on Early Childhood is upcoming. See Building Resilience MWV Facebook Page:

<https://www.facebook.com/BuildingResilienceMWV>.

Eric Moran, Whitehorse: Working with Kingswood Youth Center. Has been connecting with youth in the Ossipee Community. Working on the Ossipee Community Center and hoping to implement something similar to Dover Youth to Youth. FMI <https://whitehorserecovery.org/>

Jennifer Selfridge: Annual report and work plan have been completed. Job opening for C3PH Substance Misuse Prevention Coordinator. FMI <http://www.c3ph.org/initiatives/substance-misuse-prevention>

NH Nexus 2.0 (Garrett Lee Smith Youth Suicide Prevention Funding for Carroll County): C3PH will be working to assemble an Implementation Team. This project focuses on organizing information and referrals related to care access points for MH crisis and suicide and ensuring aftercare follow-up. The project will also provide training opportunities for the community. FMI contact Catalina Kirsch, continuum@c3ph.org

Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery) Updates from the Field.

Treatment:

Eric Moran, Whitehorse: New counselor has relocated from New Mexico and a new facilitator from Virginia will be overseeing operations at North Conway location. Still in the process of pursuing a residential treatment site in Ossipee. This project would also open potential for transitional/sober living opportunities. Seeing some appointment cancellations.

Lynne Sullivan, Groups Recover Together: Seeing members via telehealth, working on reestablishing in-person treatment. Challenges with finding qualified counselors in the state.

Julie Everett-Hill, White Mountain Community Health Center: MAT is continuing with telehealth but moving toward a hybrid model. Urine and now saliva tests for drug screens- saliva test can be performed in the parking lot. EMR is starting to use a texting system to contact patients (secure text). Challenges related to minutes available on phones. Wi-Fi can help these patients participate in video appointments.

Heather Phillips, Memorial Hospital: IMAT has been using telehealth. This has resulted in some increase in appointment attendance, but now starting to see some cancellations. ED is seeing an increase in methamphetamine and co-occurring MH and SUD. Some challenges but also it has been helpful to have recovery supports in ED. Seeing an increase in behavioral health youth patients.

Denise White, Huggins Hospital: Huggins Hospital is working with the Foundation for Healthy Communities and the FORE organization to start in-patients who have SUD, but are admitted for other reasons (we will not be an inpatient SUD facility) to create a program using co-design interventions and medications to start people on treatment while they are hospitalized, and set up to continue treatment after discharge.

Recovery:

Janice Spinney, MWV Supports Recovery: Memorial Hospital ED Recovery Support Project - Has served about 25 individuals. Receiving positive feedback from hospital staff/admin. Hoping to sign-on to continue providing ED supports. Pursuing funding for Ed recovery supports. Endeavor House has been certified as a recovery housing provider. Rigorous

inspection process and this is a very positive thing for Endeavor House. Holding a small fundraiser on Silver Lake August 24, 3-5, in Madison. See fundraiser here: <https://www.mwvsupportsrecovery.org/> FASTER and SMART Recovery are operating outside. Hoping to hold an OD awareness event on 8/31. Groups continues to use space. Seeing some decrease in recovery engagement. Hoping to increase outreach. FMI <https://www.mwvsupportsrecovery.org/schedule-of-programs>

Legislative Updates:

Katie Foster, New Futures: Tobacco 21 is now state law (signed into law by the Governor). Telehealth expansion, Rx drug relief, behavioral health in schools, children's MH all signed into law by the Governor. Telehealth issues will come up again next session. Telehealth will include audio-only for 2 years. FMI <https://new-futures.org/>

Carroll County Broadband Survey : On behalf of Carroll County Broadband Committee, North Country Council and Rural Innovation Strategies, Inc, is surveying households and businesses to determine the feasibility of providing high-speed fiber internet connections to every interested home, business and institution in the Carroll County region as part of a USDA grant. This survey is meant to establish a baseline of what speed and quality of internet service is available in the Carroll County region and where, and whether improved service would be desired by Carroll County residents. Responses will only be used to determine the feasibility of a network in our County. This is a critical step in knowing if it is financially and technically feasible to bring better internet to the region. Thank you for your participation!
<http://www.nccouncil.org/broadband/>

ADDENDUM: Additional resources to share!

1. **From New Futures** - now available from New Futures: COST OF COVID-19 TO SUBSTANCE USE TREATMENT AND RECOVERY PROVIDERS. [CLICK HERE TO SEE THE FULL REPORT](#)
2. **Please promote the Census 2020.** Census Bureau data helps inform the level of state Block Grants for Prevention and Treatment of Substance Use Disorder. The more people fill out the census the more accurate the data and potentially the more federal dollars come to our communities!! CURRENTLY ONLY 35.9% OF Carroll County has responded to the census compared to an average response rate of 63% for the State of NH! Back in 2010 ONLY 47% of Carroll County responded. Did we miss out on needed resources?? Probably! Let's get the word out and #GetOutTheCensus because #CarrollCountyCounts FMI 2020census.gov 10 minutes to complete, super easy, online, by phone or on paper.
3. **Northern Carroll County Providers Network** has posted a Google Document online: [Agency Protocols during Pandemic](#) listing area service providers and their adjusted service schedules and offerings amid COVID-19. If you would like your organization listed please send a message to Catalina at continuum@c3ph.org See the Resource List here: <https://bit.ly/2Xq08xa> It will be updated occasionally through a partnership with The Town of Conway (BJ Parker), UNH Cooperative Extension (Joy Gagnon) and C3PH staff.
4. **Farnum Center.** Peter Burke at Farnum Center sent a communication to let us know his Marketing position at Farnum Center has been eliminated. We send our best wishes to Peter as he pursues new opportunities.
5. **Job Posting: Public Health Emergency Preparedness Coordinator at C3PH/Granite United Way.** It's a great time to join C3PH/Granite United Way. We have an opening for an Emergency Preparedness & Response Coordinator with our Carroll County Coalition for Public Health (C3PH). Granite United Way is an equal opportunity employer. Interested candidates are encouraged to email their resume and cover letter to hr@graniteuw.org. Full job description can be found in the link here [Download related document](#)
6. **Job Posting: Substance Misuse Prevention Coordinator.** Granite United Way is currently seeking a Substance Misuse Prevention (SMP) Coordinator for our Carroll County Coalition for Public Health (C3PH) Team. A full job description is available at the link at the end . Interested candidates should email their resume and cover letter to hr@graniteuw.org. Granite United Way is an equal opportunity employer. [Download related document](#)

7. **Carroll County Jail Superintendent Jason Henry** is heading to Rockingham County. Jason has been a strong advocate for access for inmates to medication assisted treatment. He continues to advocate for health care for inmates for as long as he is still in Carroll County. We wish him well.
8. **NH COVID-19 updates.** See <https://www.nh.gov/covid19/>

NEXT MEETING: via ZOOM.COM,

You are invited to a Zoom meeting.
When: Oct 6, 2020 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:
[https://us02web.zoom.us/meeting/register/tZAqcuqorTwqG9BiWWIJSk3pt6_KPLsGQvwz](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZAqcuqorTwqG9BiWWIJSk3pt6_KPLsGQvwz)

After registering, you will receive a confirmation email containing information about joining the meeting.

9:00-10:30

Providers Updates

Prevention

Early Identification & Intervention

Treatment and Recovery focus.

[Agenda and minutes available here.](#)

Best regards,

[Catalina Kirsch,](#)

Continuum of Care Facilitator