



## CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER Minutes – April 7, 2020

Prevention – Continuum of Care Workgroup  
Meets First Tuesday of Feb; Online Apr, Jun, (no meeting in Aug); TBA Oct, Dec.  
FMI: (603)301-1252; [prevention@c3ph.org](mailto:prevention@c3ph.org) ; [continuum@c3ph.org](mailto:continuum@c3ph.org)

9:00 Welcome to ZOOM. Intro to Zoom functions and features.  
Basic Zoom meeting groundrules & etiquette  
Join Zoom Meeting:  
<https://zoom.us/j/116199165?pwd=MFJwRUVYbHR4NFZ0NStmR2kycWladz09>  
Meeting ID: 116 199 165, Password: 005413

One tap mobile, +16465588656,,116199165# US (New York)  
Dial by your location, +1 646 558 8656 US (New York)  
Meeting ID: 116 199 165

Introductions and attendance

**Attendees:** Deb Bunting, Candi Kane, Sheryl Power, Victoria Laracy, Yvonne Meisner, Eric Moran, Cathy Livingston, Heather Phillips, Julie Bosak, Scoop Welch, Tiffany Pena, Laura Boucher, Peter Burke, Lisa Ransom, Carolee Longley, Rose Normandin, Christian Seasholtz, Katie Foster, Chuck Henderson, Jarrid Pike, Catalina Kirsch, Jennifer Selfridge, Caleb Gilbert, Marissa Maitland

- COVID-19 Update – Jarrid Pike, Public Health Emergency Preparedness and Response Coordinator  
fmi [www.nh.gov/covid19/](http://www.nh.gov/covid19/)

### **State update as of 4/6/2020:**

717 cases

151 people have recovered

9 deaths

103 hospitalizations

49 tests pending

2,280 people are being monitored

**Carroll County:** 19 cases - Towns affected (Bartlett, Chatham, Conway, Madison, Sandwich, Moultonborough, Wolfeboro, Tuftonboro, Ossipee, Wakefield)

## Alternate Care Sites (ACS)

Wolfeboro: Kingswood Arts Center, designated Alternate Care Site supporting Huggins Hospital

Conway: Memorial Hospital will be setting up their ACS on their campus, in the physical therapy outpatient building.

### Q's:

When will we hit the peak? A: there is no set time for when the county or State will hit "peak." It is day-to-day, week-to-week right now.

PPE Needs? A: Have been supplied, but supplies are running low in the County.

How is medical staff holding up? A: Working to determine what needs for staffing will be if ACS have to be utilized.

PPE Comment: New CDC guidelines that advise wearing masks may start to cut into the supply of PPE for medical personnel. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

- Granite United Way Update – Scoop Welch, Tiffany Peña, Laura Boucher, GUW staff. <http://www.graniteuw.org/news-events/Granite-United-Ways-Response-to-COVID-19>  
COVID-19 Relief Funding: Notifications will go out to agencies on how to apply for funding. Regional hubs will be setup to determine the local use of COVID-19 Relief. \$25,000 was initially given to food pantries throughout the state. Money was given to NH Hospitality Association to help restaurants and other hospitality businesses.  
211 has been serving the as the COVID-19 statewide resource line and have been very busy. It is going well – additional support has been provided by State of NH. Promoting self-care as much as possible for 211 staff. 211 is traditionally a Health and Human Services Resource for the entire state, but additional resources have been brought in to support COVID-19. <https://www.211nh.org/covid-19/>

## Focus on Prevention: Brief Updates and Adjustments in face of COVID-19

- Spring Forum in Sandwich, Jennifer Selfridge  
Sandwich Forum has been indefinitely postponed. Forum was going to focus on basic needs and this may be a growing need post COVID-19. Planning group will reconvene after COVID-19 subsides and look into planning the forum for another date.
- Take Back Day, Jennifer Selfridge  
Spring DTBD has been cancelled. Drop boxes still exist throughout the county, but many PDs are not open to public. Call local PDs to inquire about disposal. Exploring ways to get individual Deterra home disposal bags from RALI NH. More information forthcoming. <https://takebackday.dea.gov/#top>  
More info from R, ALI NH: <https://www.ralinh.org/> and To learn more about safe use and disposal of prescription medication at home, [download](#) a helpful brochure from Zero Left.

- YRBS, Jennifer  
YRBS has been put on back burner (due to COVID-19). Individual districts have their data; state has not released regional data yet, but it is coming. COVID-19 Pandemic is taking priority right now for local SAUs and state government – we must wait patiently. <https://www.dhhs.nh.gov/dphs/hsdm/yrbs.htm>
- SAU 9, students & families, Marissa Maitland (SAP and Prevention) [m\\_maitland@sau9.org](mailto:m_maitland@sau9.org)  
Remote learning is underway. Food access through bus deliveries is ongoing and other items are being supplied through bus delivery as well, such as toiletries and personal hygiene items (families can contact SAU 9 with needs). Marissa is still maintaining contact with students in need via weekly check-ins and connecting families with resources. Pulling together student groups remotely: Youth Leadership Through Adventure group will be holding virtual meetings, looking to improve school climate; exploring group content such as “Adulting 101.” Marissa is willing to help with projects and can help share resources with families. Project Succeed is exploring ways to bring enrichment programs to students. Vaping Unveiled program scheduled for 3/25/2020 was cancelled, looking to bring back in the fall or virtual options.
- SAU 49, students & families, Sheryl Power, [spower@sau49.org](mailto:spower@sau49.org) Deb Bunting, [dbunting@sau49.org](mailto:dbunting@sau49.org) or other SAU 49 Staff  
Sheryl P.: Breakfast and Lunch being picked up at KHS and Ossipee Central on Mondays (End 68 hours of hunger bags too); for those who are not able to pick-up: SAU will coordinate delivery. Things seem to be going well given how quickly this distant learning has been put together; Sheryl is still seeing students but has not seen a lot of need yet.  
Deb B.: Food distribution has been a priority, distributed on Mondays, and End 68 food bags, working to increase capacity to deliver meals to those not able to pick up.
- UNH Food Access Map, Caleb Gilbert  
UNH Cooperative Extension created a Food Access Map to map out locations for local food access. The map is live [HERE](#). Looking to **submit a new site to the map**? Add it using the [new site entry form](#). Notice outdated or incorrect information? Update a current site using the [update a listing form](#).
- Children Unlimited/ Family Resource Center, Cathy Livingston, [clivingston@childrenunlimitedinc.org](mailto:clivingston@childrenunlimitedinc.org) ,  
Preschool and childcare not open for operation. Resource Center is open, can be reached by phone (603) 447-6356. There is a resource page on CU website: <https://childrenunlimitedinc.org/>. Have been using telecoms/telehealth with families (therapists – OT, speech, etc.). CU is providing food for families through SAU 9, will check-in with families when they pickup food. The entire facility has been thoroughly cleaned.

**Focus on the Continuum of Care** (Early Identification/Intervention, Treatment, Recovery) Updates from the Field. 2-minute updates. Parking lot items can be recorded for later follow-up among interested partners.

- White Mountain Restorative Justice, (Jennifer, on behalf of Lance Zack, [wmrjustice@gmail.com](mailto:wmrjustice@gmail.com) .)  
Remote work with clients when possible. Many court dates have been postponed. Lance is still trying to maintain connections with clients.

- Drug Court. Message from Bob Nylin, [bnylin@northernhs.org](mailto:bnylin@northernhs.org), by email update.  
An update on Drug Court: we are in operation and plan to continue uninterrupted. We are having to modify our approach to a teleservices platform with zoom for Case Management, individual and group services. We continue to have our weekly DTC team sessions and are working to have participants connected through Zoom. We are committed to our participants with hope we will be through this soon and return to the overall commitment we have to those we serve.
- Memorial Hospital, Heather Phillips, [HPhillips@memorialhospitalnh.org](mailto:HPhillips@memorialhospitalnh.org)  
Behavioral Health is fully operational via telehealth, continuing with full caseload. Hospital is operating under Code White, Emergency Task Force meets daily. Blood drive for employees is scheduled for 4/13 (1 person at a time). Memorial all staff call will take place this afternoon. Onsite support group for staff has been established.
- Groups. Carolee Longley, [carolee.longley@joingroups.com](mailto:carolee.longley@joingroups.com)  
Fully digital model was established within a week of closing physical office, no lapses in treatment for clients. Increased anxiety and more risk for already at-risk populations- 8 dimensions of wellness from SAMSHA (link [HERE](#)) has been helpful. Serving 23 clients in Conway, intakes still ongoing via telehealth, groups meeting remotely, community has been very helpful with resources (food, etc.)



- White Horse Recovery. Eric Moran, [eric@whitehorseac.com](mailto:eric@whitehorseac.com) & Yvonne Meisner, [Yvonne@whitehorseac.com](mailto:Yvonne@whitehorseac.com). Utilizing telehealth for counseling (using waiver but will work to get accredited to use moving forward, working on preparedness). Recovery coach phone available 10am to 4pm, open 10am to 2pm (just Eric, Mitch, and another staff), helping with technology to set people up with remote recovery (following social distancing protocols). People who have experience serving time in HOC seem to be able to cope with this. Some concerns about accountability given the changes in drug court. Family nights have been canceled along with some other in-person events, include flyer with information on altered hours. <https://whitehorserecovery.org/> White Horse Recovery Clinical services:  
Open by telephone access Monday-Friday from 9:00 am-5:00 pm.  
Please call 603-651-1441 x1 to make an appointment or request information.  
Clinical services will be provided via telephone or zoom video conference.  
IOP Meetings – meetings have resumed in person:  
North Conway: Monday, Tuesday, Thursday 1-4 pm  
Ossipee: Monday, Wednesday, Thursday 4-7 pm

RCO – The Shed (Ossipee) and Shed North (N. Conway) services:

Walk-in open Monday-Friday from 10:00 am – 2:00 pm

at both locations. (603-651-1441 x4)

All Recovery Meetings (AA/NA) are postponed until further notice.

Check locally for a virtual meeting online.

If you are in need of Recovery Coach assistance or after-hours appointment, please call 603-733-8571 Monday-Friday from 10:00 am-4:00 pm.

White Horse Thrift Store – will be closed until further notice.

- Ossipee Brick Manor Fire response:  
Looking for larger furniture items for Ossipee fire victims. NO longer accepting clothing or other donations. Some families may be seeking warm weather clothing, however. Support Brick Manor Fire Families committee is transitioning to closing out effort after financial assistance has been disbursed, pivoting to establishing Eric M. as point person moving forward. FMI Eric Moran, [eric@whitehorseac.com](mailto:eric@whitehorseac.com)
- MWV Supports Recovery, Rose Normandin, [rosenormandinRC@gmail.com](mailto:rosenormandinRC@gmail.com)  
Rose is working from home, using telecommunication to maintain contacts with families, housing insecurity is a major issue for people MWVSR serve, Governor's Executive Order: lodging must be opened to homeless and vulnerable populations (Governor's Exec. Order [HERE](#)). Some issues with hotels and other lodging implementing the EO. Telecom recovery supports being utilized. Working in partnership with TCCAP Homeless Outreach.
- First Responders, Fire, Police, EMS?  
There is conversation to invite Police Departments to expand "Good Morning" programs to help identify vulnerable people in need. Working with Carroll County Chiefs to spread this message. Carroll County Multi Agency Coordinating Entity (MACE) is activated and coordinating amongst hospitals, first responders, police, etc.
- Legislative- CARES Act Funding update
  - <https://www.aha.org/news/headline/2020-03-30-cares-act-reforms-privacy-law-covering-substance-use-disorder-treatment>
  - <https://www.nami.org/About-NAMI/NAMI-News/2020/Information-on-the-CARES-Act-for-People-with-Mental-Illness>
  - <https://www.nasmhpd.org/content/covid-19-response-cares-act-includes-425-million-boost-mental-health-and-substance-use>
  - <https://www.congress.gov/bill/116th-congress/senate-bill/3548/text#toc-idC62A2A4676F44E44B6A0D677C490FD17>

Chuck: Senator Shaheen's website for CARES Act info (link [HERE](#)). Senator's staff working from home. Dealing with a lot of PPE requests. Senator Shaheen is working mostly from home. Social Distancing efforts are helping to push down the curve. Stimulus funding is scheduled to be released next week. Small businesses accessing funding provided through CARES Act.

Christian: Pappas website has resources as well (link [HERE](#)). Expanded unemployment should be unrolled next week. Stimulus funding: some issues have come for individuals that do not file tax returns – trying to work with President’s administration to help rectify these things.

Katie: Rebecca W. from New Futures will be conducting a webinar to early childhood providers regarding the CARES Act. Information will be shared out as soon as it becomes available.

- SAMHSA resources in Response to COVID-19: <https://www.samhsa.gov/coronavirus>

10:30 Adjourn. SEE ADDITIONAL RESOURCE LINKS ON NEXT PAGE!

**NEXT MEETING: via ZOOM.COM, June 2, 2020, 9:00-10:30. Details TBA.**

#### ADDITIONAL RESOURCE LINKS

1. NH Div of Public Health Stay at Home Poster:

[http://www.c3ph.org/assets/pdf/Stay\\_at\\_Home\\_Poster\\_FINAL.pdf](http://www.c3ph.org/assets/pdf/Stay_at_Home_Poster_FINAL.pdf)

2. Surgeon General Shows How to Make Your Own Face Covering

<https://www.youtube.com/watch?v=PI1GxNjAjlw>

3. Virtual Recovery Letter Resources (AA, NA, etc.)

[http://www.c3ph.org/assets/pdf/virtual\\_recovery\\_letter\\_resources.pdf](http://www.c3ph.org/assets/pdf/virtual_recovery_letter_resources.pdf)

Providers Serving the Mount Washington Valley and/or Carroll County (partners of C3PH) :

- <https://whitehorserecovery.org/>
- <https://www.mwvsupportsrecovery.org/>
- <https://www.groupsrecovery.com/>
- <https://www.awarerecoverycare.com/>
- <https://boulder.care/>
- <https://roadtoabetterlifenh.com/>

4. Volunteer NH Info. Organizations can list needs. Public can find opportunities.

[http://www.c3ph.org/assets/pdf/Volunteer\\_NH\\_COVID19\\_Response\\_2020\\_04\\_03.pdf](http://www.c3ph.org/assets/pdf/Volunteer_NH_COVID19_Response_2020_04_03.pdf)

5. **211NH and COVID19 Response.** FYI 211 NH has been actively working to update their database with all the latest news about how delivery of services has adapted and changed to meet public health safety and precautions related to COVID-19. Please tell the families you serve that they can call 2-1-1.

<https://www.211nh.org/covid-19/>

6. [Granite United Way's COVID-19 Relief Fund](#) Granite United Way is committed to ensuring that our community's most vulnerable families have the support they need to weather the short- and long-term impacts of the COVID-19 outbreak. Granite United Way's COVID-19 Relief Fund allows us to rapidly deploy resources to community-based organizations that are offering emergency relief to families and individuals in need.
7. Governor's Executive Order #27. Hotels, AirBnBs to END Nonessential Lodging 4/6/2020  
<https://www.governor.nh.gov/news-media/emergency-orders/documents/emergency-order-27.pdf>  
Emergency Order #27 Pursuant to Executive Order 2020-04 as Extended by Executive Order 2020-05; Restriction of hotels and other lodging providers to provision of lodging for vulnerable populations and essential workers. <https://www.wmur.com/article/new-hampshire-coronavirus-update-april-6-2020/32053523> NH hotels, Airbnb's told to end nonessential accommodations to slow COVID-19 spread
8. NAMI NH mental health resources: <https://www.naminh.org/resources-2/covid-19/>
9. NH Bureau of Student Wellness Facebook online events  
  
<https://www.facebook.com/NHStudentWellness/events>
10. NH Care Path: <https://www.nhcarepath.dhhs.nh.gov/> In New Hampshire, there are many paths available to help people of all ages live better in their communities. NHCarePath connects you to a range of information, assistance, and care throughout New Hampshire, from caregiver resources and services for aging, disability and independent living to counseling and financial planning tools. NHCarePath also connects you to statewide partners that provide services and supports, including:
  - a. Area Agencies offering developmental services
  - b. Community Mental Health Centers
  - c. Department of Health and Human Services (DHHS)
  - d. ServiceLink
  - e. If you're a caregiver, family member, older adult, a person living with a disability, or anyone wanting to access services and supports in New Hampshire, you are invited to explore the website or call 1 (866) 634-9412 to find assistance with your individualized needs.

#WeAreInThisTogether

# Stay at Home

*New Hampshire has issued a Stay at Home order due to COVID-19*

Let's work together to help stop the spread.  
We CAN make a difference!

## Only leave home to:



Seek medical care



Get essential supplies

(Groceries, medication, cleaning supplies)



Get food from take-out  
only restaurants



Exercise outside while  
practicing social distancing

For more information visit:  
[nh.gov/covid19/](https://nh.gov/covid19/)

