

Memo to PHAC Leadership Team

March 31, 2026

PHAC:

- Invites for the rest of this year's Leadership Teams will be forthcoming
- New Community Health Improvement plan is published (see attached)
- General PHAC meeting will be held in June

Public Health Emergency Preparedness & Response:

- Trailer Updates - In conjunction with NH EPRR and with input from the Carroll County EMD Network, working to improve and increase the inventory and functionality of our two Emergency Response trailers to improve operational readiness
- Through the MRC STTRONG grant, recently completed AHA CPR/HeartCode/First Aid Instructor training and will be looking to schedule community-based trainings (to include Stop the Bleed) throughout the region in the next 2 months
- Alongside our Volunteer Coordinator, Linda Burns, working to create training opportunities for our MRC volunteers in the absence of School-based vaccine clinics. The goal is to engage volunteers in training opportunities and then be able to offer presentations/trainings to regional partners and interested community members

CHW in Carroll County:

- helping folks with their redetermination
- Working with the Way Station and assisting some of the homeless population
- Assist with outreach with some of the community-based organizations that I work with promoting events and asking for donations
- As a board member of the WMCHC also promoting and assisting with outreach for donations and sponsorship

Connect Navigator for NH Care Connections:

- working on referrals as they come in and assist folks with resources and connecting them to a community-based organization for assistance, targeting the main issue on hand
- Also advocating for client as being the intermediate and closing the gap for the help that is needed

Continuum of Care:

- Trainings available: Carroll County YRBS Data 2019-2023; A.I.D. Awareness Interaction Direction [Click here for more info and to register.](#); Mental Health First Aid, Adult and Youth. 6.5 hr [Click here for more info](#); Responding to Addiction, by Addiction Policy Forum. 2.5hr [Click here to host a training.](#) ; [Naloxone Training and Distribution](#) 1 hour ; [CONNECT Suicide Prevention Training 2.5 hour](#) ; [NAMI NH Family to Family Ed Program Leader Training March 28 & 29](#)
- [Click here for list of Webinars and Training Available, from Bureau of Drug and Alcohol Services](#)
- **April 25 2026 national DEA Take Back Day** <https://www.dea.gov/takebackday> Safe disposal of expired, unused prescription medicine at a local police department near you.
- **April 26 deadline. Magnify Voices Expressive Arts Contest.** Please promote among students grades 5-12 to submit art to raise awareness for mental health. <https://nhcsoc.org/magnify-voices/> Awards event at Kingswood Art Center, Wolfeboro Wed May 27 . Organizations invited to table. <https://nhcsoc.org/magnify-voices-celebration-event-to-be-held-in-wolfeboro/>
- [May 6 NH Fiscal Policy Institute, State Budget What you Need to Know](#), North Conway Community Center
- **May is Mental Health Month. The [2026 Mental Health Month Planning Guide is now available in English and Spanish!](#)** This year, Mental Health America's theme for Mental Health Month is *More Good Days, Together*
- *Volunteer registration is officially open for **Granite United Way's Day of Caring on Friday, May 15, 2026!** Individuals, families, workplace teams. Sign up! Click to register as an individual volunteer or set-up a team! [Click here to browse and sign up for opportunities](#)*
- [Unregulated Intoxicants Flyer](#) *What you need to know about these intoxicants that are not regulated by the US Food and Drug Administration and are widely available in smoke/vape and convenience stores in NH, packaged and marketed to children and youth, who can and do purchase these products*
- *June 20. Carroll County Addiction, Recovery and Family Health Conference.*
- [NH Teen Institute 2026 Summer Leadership Program Register Today](#)

*There is a **NH Perinatal Quality Collaborative** for MWV, part of a larger statewide effort to support maternal health out of Dartmouth. Fmi <https://nhpqc.org/>*

Prevention:

- **Project Safeguard Presentation** for Moultonborough Academy – a prevention forward event for caregivers and students in 8th grade

- Collating information for caregivers and youth about what to expect when a youth in a mental health crisis enters the ER, has to be transported and if need an inpatient admission
- **Getting to Y listening tour** at Moultonborough Academy – April 10
- Carroll County **Youth Wellness Team** progressing through priority area discussions to explore solutions to problems
- Carroll County Veterans Coalition – **3rd annual veterans conference** April 18th at Wright Museum of WWII – Civilian and military partner networking event
- On Planning subcommittee and preparing a presentation for **Carroll County SUD Conference** hosted by us and Maine Health Memorial Hospital