

Carroll County Volunteer and Community Engagement Opportunities

To celebrate the spirit of service, we've gathered a list of current volunteer needs from across the county. Explore these local opportunities to give back, meet new people, and support the vital work of our community partners!

List your organization and volunteer opportunities at Volunteer NH:

<https://volunteernh.galaxydigital.com/agency/signup/>

Youth and Education:

Mentors

Big Brothers Big Sisters of NH

Description: The community-based program is our “traditional” mentoring program, where Bigs and Littles (or mentors and mentees) are matched in a one-to-one friendship based on interests, personalities, and geographic locations.

Age Requirements: 18+

Schedule/Availability: Varies

Location: Throughout Carroll County and NH

Contact: 603-430-1140

Website: <https://bigsnhvt.org/be-a-big/>

Math Tutor

Carroll County Adult Education

Description: We are in need of a Math tutor, one hour a week, for our High School Equivalency students at Carroll County Adult Education that are obtaining their HiSET or GED. The tutor needs to know up to Algebra I, Geometry and very little Algebra II. Trigonometry and Calculus are not needed.

Age Requirements: Ages 18+ only

Schedule/Availability: Ongoing - Wednesday and/or Thursday afternoons 2pm-4pm timeslot.

Location: Conway Public Library

Contact Person: Crystal Sawyer, csawyer@nhadulthood.org, 603-677-6279

Website: <https://carrollcountyadulthoodeducation.com>

CASA of New Hampshire — Carroll County Volunteer Info

CASA of New Hampshire

Description: Volunteers receive training to advocate for children who have experienced abuse or neglect. Volunteers get to know a child and important people in their life, gather facts, and make recommendations to a judge about what is in the child's best interest.

Age Requirements: 18+

Schedule/Availability: Varies

Location: Varies, throughout Carroll County

Contact: 800-626-4600 or send us an email: speakup@casanh.org

Website: <https://casanh.org/volunteer-to-become-an-advocate/>

Youth Center Volunteers

Kingswood Youth Center

Description: The Kingswood Youth Center (KYC) is a nonprofit 501(c)3 community based organization that would not exist without its volunteers. By just being at the Center, volunteers are role models for the members and give them opportunities to form healthy, trusting relationships with adults. In addition, volunteers help maintain a safe environment and culture at the Center so all teens, no matter what their age, educational background, income level, physical characteristics or personal views, will feel as welcome and comfortable as possible. Volunteers interact with the teens during scheduled and spontaneous activities such as sports (basketball, football, volleyball), art projects, music, recreation (foosball, ping pong), cooking, special program presentations, etc. Regular volunteer, on-call volunteer, and program volunteer positions available.

Age Requirements: Ages 21+ (ages 18-20 may be considered)

Schedule/Availability: Scheduled day can vary but the KYC is open on weekdays, 2:30pm-4:45pm

Location: Kingswood Youth Center, 565 Center St., Wolfeboro

Contact: 603-569-5949 or kyc@metrocast.net

Website: <https://thekyc.org/feature/volunteer/>

School's Out! Afterschool Program Volunteers

School's Out! Afterschool Program, Ossipee Central School

Description: Volunteers support afterschool program staff and Ossipee students in grades K-6.

Age Requirements: Ages 18+ and teens permitted

Schedule/Availability: September - June and Hours are 3:15 - 5:30 PM

Location: Ossipee Central School, 68 Main Street, Center Ossipee

Contact Person: Aimee Lussier, alussier@sau49nh.gov, 603-539-4589

Website: <https://www.schoolsoutprogram.org> and
<https://www.facebook.com/profile.php?id=100088868397633>

Additional Information: All volunteers applicants are interviewed by the Site Director, complete a volunteer info sheet and submit it with three references. Volunteers must be fingerprinted through NH State Police. An orientation will be scheduled and volunteers will be placed into available positions.

Scouts

Scouting America - NH

Description: In Scouting, boys and girls start with their best right now selves and grow into their very best future selves. It's fun, hands-on learning and achievement that puts kids in the middle of the action and prepares them for today – and for life.

Age Requirements: Ages 18+

Schedule/Availability: Varies

Location: Throughout Carroll County and NH

Contact/Website: <https://nhscouting.org/volunteers/recruitment/>

Girl Scouts - NH

Description: Share your expertise during a special event, chaperone an exciting outing, or help Girl Scouts explore endless possibilities and connect the dots as their troop leader.

Age Requirements: 18+

Schedule/Availability: Varies

Location: Throughout Carroll County and NH

Contact/Website: <https://www.girlscoutsgwm.org/en/get-involved.html> and
<https://www.girlscoutsgwm.org/>

Town Recreation Programs

Contact the Parks and Recreation Department of your town for more information.

Health and Senior Services:

Citizen Corps (CERT and MRC)

Carroll County Coalition for Public Health

Description: The mission of the Citizen Corps is to harness the power of every individual through education, training, and volunteer service to make communities safer, stronger, and better prepared to respond to the threats of terrorism, crime, public health issues, and disasters of all kinds. The Community Emergency Response Team (CERT)

and Medical Reserve Corps (MRC) are integral parts of the Citizen Corps, the grass-roots movement that actively involves everyone in making our communities and our nation safer, stronger, and better prepared. All over America, communities have organized Citizen Corps Councils to inspire people to take action and get involved.

Age Requirements: 18+

Schedule/Availability: Varies

Location: Varies, throughout Carroll County

Contact: 603-301-1252, volunteer@c3ph.org

Website: <https://www.c3ph.org/initiatives/citizen-corps>

Volunteers and Members

Carroll County Veterans Coalition

Description: Carroll County Veterans Coalition is a dedicated group of veterans, service members, and their families, along with mental health providers and community members in Carroll County, NH. As a group, it is our mission to provide support and streamlined accessible resources to our veterans and their families to create a stronger and more diverse community, increase the social network, and build capacity and resilience. These goals are driven by veteran voice and choice. Actualization of this mission will be achieved through constant community collaboration, trainings, outreach, listening, evaluation, activities and dissemination of valid, reliable resources. Seeking volunteers for events and members to join the Coalition.

Age Requirements: 18+

Schedule/Availability: Volunteer events vary, monthly Coalition meetings are on the 4th Tuesday of the month at 10am via Zoom

Location: In-person events vary throughout Carroll County

Contact: Jen Thomas, jennifer.thomas@graniteuw.org, 603-301-1252 ext. 305

Website: <https://www.carrollcountyveteranscoalition.org/>

MaineHealth Memorial Hospital Volunteers

MaineHealth Memorial Hospital

Description: Volunteers contribute their time in the hospital in many different capacities and departments. Our hospital volunteers choose where they want to work and how often. Meetings are held quarterly and feature guest speakers as well as an opportunity to exchange ideas. Volunteer opportunities are available throughout the hospital and in the Gift Shop. Student inquiries are welcome.

Age Requirements: Students and 18+

Schedule/Availability: Varies

Location: Memorial Hospital, 3073 White Mountain Highway, North Conway

Contact: Peter Waugh, 603-356-0651

Website:

<https://www.mainehealth.org/mainehealth-memorial-hospital/giving-mainehealth-memorial-hospital/volunteers-mainehealth-memorial-hospital>

Carroll County Retired and Senior Volunteer Program (RSVP)

Description: Carroll County RSVP is a vibrant, active, and innovative organization focused on providing meaningful service opportunities for adults aged 50 plus interested in serving the communities of Carroll County, NH. Volunteer opportunities include non-emergency medical transportation drivers, Bone Builders exercise program leaders, congregate meals and delivery, and much more

Age Requirements: For seniors ages 50+

Schedule/Availability: Varies, volunteers can pick their own schedule

Location: Varies, throughout the county

Contact: 603-356-9331, info.ccrsvp@gmail.com

Website: <https://www.carrollcountyrsvp.org/>

Volunteers

Mount Washington Valley Adult Day Center

Description: We are seeking passionate individuals with a desire for helping others. We are looking for volunteers who are willing to sit with individuals with dementia/ Alzheimer's and play games, interact with them, assist with lunch and participate in activities.

Age Requirements: Ages 18+ and teens permitted

Schedule/Availability: We are open Mon-Fri, 8:30am-4:30pm

Location: Mount Washington Valley Adult Day Center, 987 E Main St, Center Conway, NH 03813

Contact Person: JK Olsen, jkolsen@mwvaduldaycenter.org, 603-356-4980 ext 7708

Website: <https://www.mwvaduldaycenter.org/>

Community Engagement Volunteers

Tamworth Community Nurses Association

Description: The Tamworth Community Nurses Association (TCNA) supports Meals on Wheels volunteers in Tamworth. Help us by delivering Meals on Wheels to elderly and otherwise homebound neighbors once a week on a schedule of your choosing. Or, if you have an interest in supporting Tamworth residents in some other capacity, contact us, we'd love to talk with you.

Age Requirements: Ages 18+ and teens permitted

Schedule/Availability: Meals on Wheels delivery shifts are Monday through Friday, from 10:30 am to 12:30 pm (select one day a week, or multiple days). Other volunteer opportunity days and times vary.

Location: Tamworth

Contact Person: Paul Priestman, tcna@tamworthnurses.org, 603-323-8511

Website: <https://www.tamworthnurses.org/mowvolunteer>

Volunteers

Visiting Nurse Home Care and Hospice of Carroll County and Western Maine

Description: Volunteers make a difference in the lives of hospice patients and their families. Visiting Nurse Home Care and Hospice of Carroll County and Western Maine is always looking for volunteers interested in supporting our hospice program. When you volunteer, the rewards are many: your wages come in the form of shared connection, hope, and lasting impressions. Volunteers describe their work as gratifying, intellectually stimulating, and emotionally meaningful. Volunteer roles include: Home Hospice Visits, Hospice Visiting in a Facility, Bereavement Support, Remembrance, Fundraising, Office Work, and Errands.

Age Requirements: Ages 18+

Schedule/Availability: Varies, we welcome volunteers ready to commit to a minimum of 2-4 regularly scheduled hours a week. This helps us provide our hospice families with a consistent and familiar volunteer week to week.

Location: Throughout Carroll County

Contact: 603-356-7006 x139 or email achaine@VNHCH.org

Website: <https://vnhch.org/volunteers/>

Recovery Support Volunteers

White Horse Recovery

Description: White Horse Recovery is in need of volunteers to help in our peer recovery programs and transportation programs. You will help staff our recovery center alongside peer recovery staff, learn more about recovery support, greet center guests, and organize and distribute daily living supplies to participants. Please contact White Horse Recovery for more info!

Age Requirements: Ages 18+

Schedule/Availability: Weekday Business Hours

Location: Center Ossipee and North Conway

Contact Person: Mitchell Henderson, mitchell@whitehorseac.com

Website: whitehorserecovery.org

Essential Needs (Housing, Food, Clothing):

Mount Washington Valley Habitat for Humanity

Description: Builds affordable housing and regularly recruits volunteers for construction, fundraising, and community events.

Age Requirements: 16+

Schedule/Availability: Varies, volunteering to help build is every Thursday, spring through early winter

Location: Varies, volunteers to build meet at the home site, Sokokis Pines, Tamworth

Contact: 603-356-3832 or office@mwv-habitat.org

Website: <https://mwv-habitat.org/volunteer/>

Thrift Shop Volunteers

Revolving Closet - North Country Cares

Description: Volunteers are always welcome at North Country Cares. A few ways to help: Sundays afternoons at The Revolving Closet: Sorting clothes and helping customers; At one of our large annual functions: Back Pack Give Away (August yearly); Tis the Season (December annually); Donation pick-up and drop off; At one of our fundraising events- contact a board member for details. Whether it is for an hour once on a weekend, annually at one of our events, or on a regular basis, you are more than welcome to join us!

Age Requirements: 18+

Schedule/Availability: Varies

Location: North Conway

Contact: Holly Sares, 603-520-8274 or Emily Smith-Mossman 603-662-3443.

Website: <https://www.northcountrycaresnh.org/volunteer/>

Food Security: Contact a Food Pantry in your community:

<https://nhfoodbank.org/find-food/food-map/>

Volunteers

NH Food Bank

Description: Volunteers bring their hearts and their hands to their work at the New Hampshire Food Bank. Their efforts are vital to our mission of feeding our neighbors experiencing hunger throughout New Hampshire. In 2024, our volunteers dedicated more than 25,394 hours to the NH Food Bank. Our warehouse and office are abuzz with hunger-relief activity and your help is needed more than ever!

Age Requirements: 18+; Volunteers under the age of 18 must be accompanied by a parent/guardian while volunteering for the NH Food Bank.

Schedule/Availability: Varies

Location: Varies, throughout Carroll County and statewide

Contact: Volunteer Coordinator, Ashley Moulton, 603.669.9725 ext. 1131 or email amoulton@nhfoodbank.org

Animals and the Environment:

Volunteers

Conway Area Humane Society

Description: A 501(c)(3) animal welfare group that relies on volunteers for animal care, events, fosters, and community outreach.

Age Requirements: Ages 12-15 must volunteer alongside a parent/guardian, ages 16-17 with parent/guardian permission, and ages 18+

Schedule/Availability: Varies

Location: Conway Area Humane Society, 223 E. Main St., Conway

Contact: (603) 447-5955 or info@conwayhumane.org

Website: <https://www.conwayhumane.org/volunteer/>

Horse Farm / Non-Profit Equine Therapy Center Volunteering

TERRA Equine Therapy Center

Description: TERRA Equine Therapy Center is a non-profit providing high-quality mental health services to Mt Washington Valley. We have 14 horses that spend their time in our equine facility or in one of our paddocks on our 13 acre property. We survive on the generosity of others who volunteer their time turning in and turning out horses, cleaning stalls, bathing horses, tending to paddocks, and feeding and watering the horses. We also have a need for skilled labor, be that carpentry, administration, gardening, or whatever else you think you can bring to the team!

Age Requirements: All ages welcome. Volunteers requiring direct supervision need to be accompanied by a responsible adult.

Schedule/Availability: Daily from dawn to dusk!

Location: TERRA Equine Therapy Center, 281 Odell Hill Rd, Center Conway, NH 03813

Contact Person: Beth Darling, bdarling@terraetc.org, (603) 487-6745

Website: <https://www.terraetc.org/>

Additional Information: Additional requirements are a sense of humor and a willingness to get your hands dirty!

Conservation & Environmental Stewardship Organizations:

Many local land trusts and community conservation groups in Carroll County are 501(c)3s that often run volunteer opportunities (trail work, events, stewardship). Examples include:

- **Chocorua Lake Conservancy** – Conserves land around Chocorua Lake.
<https://www.chocorualake.org/volunteer>
- **Mt Washington Valley Trails Association** – Supports trail maintenance and outdoor recreation efforts. <https://www.mwvrecpath.org/>
- **Green Mountain Conservation Group**
<https://gmcg.org/about-green-mountain-conservation-group-2/volunteer-center/>
- **Tin Mountain Conservation Group**
<https://tinmountain.org/get-involved/volunteer.html>
- **AMC Pinkham Notch**
<https://www.outdoors.org/get-involved/volunteer-opportunities>
- *(Note: not all of these explicitly post volunteer roles online, but many welcome community involvement through stewardship projects.)*

General Community Engagement:

Day of Caring

Granite United Way

Description: Day of Caring is a community-wide effort that brings together volunteers and local businesses to provide short-term, project-focused volunteer service to our community's local nonprofit and public organizations.

Age Requirements: Contact for more info

Schedule/Availability: 2026 Day of Caring will be on May 15th or May 20th, depending on your region

Location: Various locations throughout Carroll County and NH

Contact: volunteer@graniteuw.org

Website: <https://www.graniteuw.org/take-action/day-of-caring>

North Conway Community Center

Description: The North Conway Community Center is a non-profit organization committed to its partnership with the community. It seeks to provide a broad range of quality and progressive recreation opportunities for children and adults and to sponsor other community groups with like goals. The Board will continue to develop and expand its facilities and programs in response to the needs of our community. It is the intent of the Board of Directors that all children will be included in our programs. The Center will continuously review programs to ensure that it meets the needs of all ages and abilities. Skill development, enjoyment, cooperation, and good sportsmanship are the primary goals of our recreation programs.

Age Requirements: Contact for more info

Schedule/Availability: Varies

Location: 78 Norcross Circle, North Conway

Contact: phil@northconwaycommunitycenter.org or (603) 356-2096

Website: <https://northconwaycc.myrec.com/info/default.aspx>

Community Service Clubs:

Altrusa International of Carroll County

Description: Community service club doing literacy projects, food packing, holiday support, and other service activities (volunteer membership and project participation).

Locations and Contacts:

Altrusa International of Carroll County: <https://altrusacarrollcountynh.org/> or email altrusacarrollcounty@gmail.com

Kiwanis Club of Mt Washington Valley

Description: The mission of the Kiwanis Club of Mount Washington Valley is to make our community a better place to live by engaging adult and youth volunteers in service projects, with a special focus on meeting the needs of children.

Locations and Contacts:

MWV Kiwanis Club: <https://www.mwvkiwanis.org/> or email info@mwvkiwanis.org

Lions Club International

Description: Lions Club unites to serve key global causes and special initiatives to address some of the greatest challenges facing our world today.

Locations and Contacts:

Conway NH Area Lions Club: <https://theconwayarealions.org/> or email info@theconwayarealions.org

Moultonborough Lions Club: <http://moultonboroughlions.org/> or email lions.moultonborough@gmail.com

Wakefield Lions Club: <https://www.facebook.com/greaterwakefieldnhlions/> or email WakefieldLionGloria@yahoo.com

Wolfeboro Lions Club: <https://wolfeborolionsclub.com/> or email ginalessard.nh@gmail.com

Rotary International

Description: Rotary is a global network of more than 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Locations and Contacts:

North Conway Rotary Club: <https://www.facebook.com/northconwaynhrotary/> or email rotaryclubofnorthconway@gmail.com

Ossipee Valley Rotary Club: <https://ossipeerotary.org/> or email ossipeerotarynh@gmail.com

Wolfeboro Rotary Club: <https://wolfebororotary.org/> or email rotaryofwolfeboro@gmail.com

Faith Communities

Contact a house of worship in your community.