

# REFERRAL RESOURCE GUIDE 2023-2024

Carroll County, NH

## IN AN EMERGENCY OR CRISIS

### **For assistance in an emergency situation**

Dial 911

### **NH Rapid Response Access Point**

Call or Text 1-833-710-6477  
Or dial 988 (suicide and crisis hotline)

### **Emergency Services**

Northern Human Services -Wolfeboro  
Office: Monday – Friday 8:30-4:30 call  
603-569-1884 after hours call Huggins  
Hospital at 603-569-7500 ask for the  
Emergency Services Clinician.

Northern Human Services – Conway  
Office: Monday – Friday 8:30-4:30 call  
603-447-2111 after hours call Memorial  
Hospital at 603-356-5461 ask for the  
Emergency Services Clinician.

### **National Runaway Safeline**

1-800-621-4000



**Get Connected. Get Help.™**  
An Initiative of Granite United Way

Free and confidential information and  
referral, available 24/7, for help with food,  
housing, employment, health care,  
counseling and more - Dial 2-1-1

## DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

### **National Child Abuse Hotline**

1-800-4-A-CHILD (1-800-422-4453)

### **National Sexual Assault Hotline**

1-800-656-HOPE (4673)

### **National Domestic Violence Hotline**

1-800-799-SAFE (7233)  
1-800-787-3224 (hearing impaired line)

### **RAINN (Rape, Abuse & Incest National Network)**

www.rainn.org

### **NH Statewide Sexual Assault Hotline:**

1-800-277-5570

### **NH Statewide Domestic Violence Hotline:**

1-866-644-3574

General Web Site: [www.nhcadsv.org](http://www.nhcadsv.org)

### **Starting Point: Services for Victims of Domestic & Sexual Violence**

1-800-336-3795 (Crisis Line)  
603-447-2494 (Conway office)  
603-542-8014 (Southern Carroll County)  
[www.startingpointnh.org](http://www.startingpointnh.org)

### **NH Division for Children, Youth, and Families**

**(If you have concerns on behalf of a child in regard to possible abuse or neglect, please call Central Intake at the number below, You may remain anonymous if you wish.)**

#### **Central Intake Office**

29 Hazen Drive Concord, NH 03301  
603-271-6563

#### **Conway District Office**

73 Hobbs Street Conway, NH 03818-6188  
603-447-3841 800-552-4628

### **National Human Trafficking Resource Center**

1-888-373-7888



## **TREATMENT RESOURCES**

### ***Substance Abuse Treatment:***

Call 2-1-1 or

[www.thedoorway.nh.gov](http://www.thedoorway.nh.gov)

Emergency, call 911.

**HELP** IS A CALL AWAY.  
**CALL 2-1-1**



### **Northern Human Services**

Conway Office 603-447-2111

Wolfeboro Office 603-569-1884

### **White Horse Recovery & Behavioral Health**

North Conway Office 603-651-1441 x1

Center Ossipee Office 603-651-1441 x3

Littleton Office 603-444-1300

### ***Mental Health Treatment:***

#### **Northern Human Services**

Conway Office 603-447-2111    Wolfeboro Office 603-569-1884

### **MWV Supports Recovery Coalition**

Center Conway Office 603-662-0668

#### **NH Harm Reduction Coalition**

[www.nhhrc.org](http://www.nhhrc.org)

## **NAMI NH**

NAMI NH is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness. 85 North State Street Concord, NH 03301

603-225-5359    800-242-6264 [info@naminh.org](mailto:info@naminh.org) [www.naminh.org](http://www.naminh.org)

## **SELF-HELP RESOURCES AND GROUPS**

*Find a time and location of a meeting.*

### **White Horse Recovery & Behavioral Health**

North Conway Office 603-651-1441 x1

Center Ossipee Office 603-651-1441 x3

Littleton Office 603-444-1300

### **MWV Supports Recovery Coalition**

Center Conway Office 603-662-0668

#### **NH Harm Reduction Coalition**

[www.nhhrc.org](http://www.nhhrc.org)

#### **Alcoholics Anonymous**

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

#### **Narcotics Anonymous**

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

#### **Al-Anon/Alateen Info Service**

[www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

#### **Nar-Anon Family Groups**

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

#### **Family Connections Resource Center**

Children Unlimited, Inc.  
PO Box 986 182 Main St  
Conway NH 03818  
603-447-6356

#### **Family Supports for Recovery**

603-841-2350  
[www.sosrco.org/what-we-do/family-recovery-program](http://www.sosrco.org/what-we-do/family-recovery-program)

## **NH Disaster Behavioral Health Response Team (DBHRT)**

Organized team of behavioral health providers to respond to the mental health needs of NH residents (individuals, family members, survivors, or community members) affected by critical incidents or disasters. <https://dhhs.nh.gov/esu/dbhrtnh.htm>

Contact the Disaster Behavioral Health Coordinator at **(603) 271-9454** or **(603) 419-0074**.



## RESOURCES FOR SPECIAL POPULATIONS

### Older Adults

<b>ServiceLink Aging and Disability Resource Center</b>
Your link to information and support services within your community. The toll-free number for the ServiceLink Resource Center Network is 1-866-634-9412.

### Veterans Support Resources

<b>Veterans Crisis Line</b>	<b>NH Care Path -Veterans/Military</b>
Dial 9-8-8, then press 1. Text 838255 or chat at <a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>	ServiceLink resources and referrals for Military and Veteran Families 1-866-634-9412 <a href="http://www.nhcarepath.dhhs.nh.gov/veterans-military">www.nhcarepath.dhhs.nh.gov/veterans-military</a>

**BIPOC/AAPI Mental Health Resources** (Black, Indigenous, People of Color / Asian American, Pacific Islander)

<b>NAMI NH – BIPOC/AAPI Health</b>
1-8010-242-6264 <a href="http://www.naminh.org/resources-2/bipoc/">www.naminh.org/resources-2/bipoc/</a>

### Gay, Lesbian, Bisexual, Transgender Support Resources

<b>GLBT National Help Center</b>	<b>Trevor Project Crisis Line – LGBTQ Youth</b>
1-888-843-4564 <a href="http://www.glnh.org">www.glnh.org</a>	1-866-4-U-TREVOR (488-7386) <a href="http://www.theTrevorProject.org">www.theTrevorProject.org</a>
<b>GLBT National Youth Talkline</b>	<b>LGBTQIA+ Resource Page NAMI NH</b>
1-800-246-PRIDE (1-800-246-7743) <a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a>	1-800-242-6264 <a href="https://www.naminh.org/lgbtqia/">https://www.naminh.org/lgbtqia/</a>
<b>Connor’s Climb</b>	<b>PFLAG NH family, friends, allies</b>
1-800-246-PRIDE (1-800-246-7743) <a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a>	<a href="mailto:pflagnhinfo@pflagnh.org">pflagnhinfo@pflagnh.org</a> pflagnh.org

### OTHER RESOURCES

**Carroll County Coalition for Public Health** [www.c3ph.org](http://www.c3ph.org)  
<http://www.c3ph.org/resource-center/resource-guides>

<b>Public Health Advisory Council (PHAC)</b> 603-301-1252 Ext 307 <a href="mailto:Caleb.Gilbert@graniteuw.org">Caleb.Gilbert@graniteuw.org</a>	<b>Substance Misuse Prevention Coordinator</b> 603-301-1252 Ext 305 <a href="mailto:Jennifer.Thomas@graniteuw.org">Jennifer.Thomas@graniteuw.org</a>
<b>Emergency Preparedness Coordinator, School Based Flu Clinics</b> 603-301-1252 Ext 304 <a href="mailto:Preparedness@c3ph.org">Preparedness@c3ph.org</a>	<b>Substance Use Disorder Continuum of Care Facilitator</b> 603-301-1252 Ext 303 <a href="mailto:Continuum@c3ph.org">Continuum@c3ph.org</a>
<b>Community Health Worker</b> 603-301-1252 Ext 301 <a href="mailto:Soyla.Hernandez@graniteuw.org">Soyla.Hernandez@graniteuw.org</a>	

**Tri County Community Action Program** 603-752-7001 <http://www.tccap.org/>

Health, Dental, Homeless, Meals, Transport, Senior Services, Utilities & Rental Assistance. TriCounty CAP is a multi-program agency with many projects and service locations. If you are unable to find information you need about TCCAP or any of its programs on this website please call our Central Office in Berlin at 603-752-7001, or call one of our community contact centers located throughout northern New Hampshire.



## [Carroll, Coos, and Northern Grafton County Transportation Services Directory 2021](http://www.nccouncil.org/wp-content/uploads/2021/08/Service_Directory_Final_VI.pdf)

**Click here:** [http://www.nccouncil.org/wp-content/uploads/2021/08/Service\\_Directory\\_Final\\_VI.pdf](http://www.nccouncil.org/wp-content/uploads/2021/08/Service_Directory_Final_VI.pdf)

### ***For Medicaid Enrollees***

Contact your care management organization to find out what programs you qualify for.

***New Hampshire Healthy Families***

[www.Nhhealthyfamilies.com](http://www.Nhhealthyfamilies.com)

Member Services: 1 (866) 769-3085

***Well Sense Health Plan***

[www.WellSense.org](http://www.WellSense.org)

Member Services: 1 (877) 957-1300

### ***ServiceLink Aging and Disability Resource Center***

ServiceLink Resource Centers are trusted places in your community to ask questions about services and supports and connect with the resources you are interested in.

- Call the toll free number: 1 (866) 634-9412
- [Visit the ServiceLink website www.servicelink.nh.gov](http://www.servicelink.nh.gov)
- Visit ServiceLink's [searchable database for information specific on transportation](#)

## COMMUNITY COALITIONS

<b>Coalition</b>	<b>Website</b>
Carroll County Coalition for Public Health	<a href="http://www.c3ph.org/">http://www.c3ph.org/</a>
Eastern Lakes Housing Coalition	<a href="https://elrh.org/">https://elrh.org/</a>
Northern Carroll County Providers Network, Town of Conway	<a href="https://conwaynh.org/general-assistance/">https://conwaynh.org/general-assistance/</a>
Mount Washington Valley Supports Recovery Coalition	<a href="https://www.mwvsupportsrecovery.org/">https://www.mwvsupportsrecovery.org/</a>
Mount Washington Valley Housing Coalition	<a href="https://www.mwvhc.org/">https://www.mwvhc.org/</a>
Ossipee United Roundtable	<a href="https://www.facebook.com/groups/979679432228955/">https://www.facebook.com/groups/979679432228955/</a>

