REFERRAL RESOURCE GUIDE 2022-2023
Carroll County, NH

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation
Dial 911

NH Rapid Response Access Point
Call or Text 1-833-710-6477
Or dial 988 (suicide and crisis hotline)

Emergency Services
Northern Human Services - Wolfeboro
Office: Monday – Friday 8:30-4:30 call
603-569-1884 after hours call Huggins
Hospital at 603-569-7500 ask for the
Emergency Services Clinician.

Northern Human Services – Conway
Office: Monday – Friday 8:30-4:30 call
603-447-2111 after hours call Memorial
Hospital at 603-356-5461 ask for the
Emergency Services Clinician.

National Runaway Safeline
1-800-621-4000

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline
1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline
1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

NH Statewide Sexual Assault Hotline:
1-800-277-5570

NH Statewide Domestic Violence Hotline:
1-866-644-3574

General Web Site: www.nhcadsv.org

Starting Point: Services for Victims of Domestic & Sexual Violence
1-800-336-3795 (Crisis Line)
603-447-2494 (Conway office)
603-542-8014 (Southern Carroll County)
www.startingpointnh.org

National Sexual Assault Hotline
1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)
www.rainn.org

NH Division for Children, Youth, and Families (If you have concerns on behalf of a child in regard to possible abuse or neglect, please call Central Intake at the number below, You may remain anonymous if you wish.)

Central Intake Office
29 Hazen Drive Concord, NH 03301
603-271-6563

Conway District Office
73 Hobbs Street Conway, NH 03818-6188
603-447-3841 800-552-4628

National Human Trafficking Resource Center
1-888-373-7888

2-1-1
Get Connected. Get Help.™
An Initiative of Granite United Way

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 2-1-1

www.rainn.org

NH Statewide Sexual Assault Hotline:
1-800-277-5570

NH Statewide Domestic Violence Hotline:
1-866-644-3574

General Web Site: www.nhcadsv.org

Starting Point: Services for Victims of Domestic & Sexual Violence
1-800-336-3795 (Crisis Line)
603-447-2494 (Conway office)
603-542-8014 (Southern Carroll County)
www.startingpointnh.org
**TREATMENT RESOURCES**

**Substance Abuse Treatment:**
Call 2-1-1 or
www.thedoorsway.nh.gov
Emergency, call 911.

**Northern Human Services**
Conway Office 603-447-2111
Wolfeboro Office 603-569-1884

**White Recovery & Behavioral Health**
North Conway Office 603-651-1441 x1
Center Ossipee Office 603-651-1441 x3
Littleton Office 603-444-1300

**MWV Supports Recovery Coalition**
Center Conway Office 603-662-0668

**NH Harm Reduction Coalition**
www.nhhrc.org

**Mental Health Treatment:**
**Northern Human Services**
Conway Office 603-447-2111  Wolfeboro Office 603-569-1884

**NAMI NH**
NAMI NH is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness. 85 North State Street  Concord, NH 03301
603-225-5359  800-242-6264 info@naminh.org  www.naminh.org

**SELF-HELP RESOURCES AND GROUPS**

**Find a time and location of a meeting.**

**White Recovery & Behavioral Health**
North Conway Office 603-651-1441 x1
Center Ossipee Office 603-651-1441 x3
Littleton Office 603-444-1300

**MWV Supports Recovery Coalition**
Center Conway Office 603-662-0668

**NH Harm Reduction Coalition**
www.nhhrc.org

**Alcoholics Anonymous**
www.aa.org/pages/en_US/find-aa-resources

**Narcotics Anonymous**
1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

**Al-Anon/Alateen Info Service**
www.al-anon.alateen.org/local-meetings

**Nar-Anon Family Groups**
www.nar-anon.org/find-a-group

**Family Connections Resource Center**
Children Unlimited, Inc.
PO Box 986 182 Main St
Conway NH 03818
603-447-6356

**Family Supports for Recovery**
603-841-2350
www.sosrco.org/what-we-do/family-recovery-program

**NH Disaster Behavioral Health Response Team (DBHRT)**
Organized team of behavioral health providers to respond to the mental health needs of NH residents (individuals, family members, survivors, or community members) affected by critical incidents or disasters. https://dhhs.nh.gov/esu/dbhrtnh.htm
Contact the Disaster Behavioral Health Coordinator at (603) 271-9454 or (603) 419-0074.
RESOURCES FOR SPECIAL POPULATIONS

Older Adults

**ServiceLink Aging and Disability Resource Center**
Your link to information and support services within your community. The toll-free number for the ServiceLink Resource Center Network is 1-866-634-9412.

Veterans Support Resources

<table>
<thead>
<tr>
<th>Veterans Crisis Line</th>
<th>NH Care Path - Veterans/Military</th>
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<tbody>
<tr>
<td>Dial 9-8-8, then press 1. Text 838255 or chat at <a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a></td>
<td>ServiceLink resources and referrals for Military and Veteran Families 1-866-634-9412 <a href="http://www.nhcarepath.dhhs.nh.gov/veterans-military">www.nhcarepath.dhhs.nh.gov/veterans-military</a></td>
</tr>
</tbody>
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**BIPOC/AAPI Mental Health Resources** (Black, Indigenous, People of Color / Asian American, Pacific Islander)

**NAMI NH – BIPOC/AAPI Health**
1-8010-242-6264 www.naminh.org/resources-2/bipoc/

Gay, Lesbian, Bisexual, Transgender Support Resources

<table>
<thead>
<tr>
<th>GLBT National Help Center</th>
<th>Trevor Project Crisis Line – LGBTQ Youth</th>
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<tr>
<td>1-888-843-4564 <a href="http://www.glnh.org">www.glnh.org</a></td>
<td>1-866-4-U-TREVOR (488-7386) <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a></td>
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<tr>
<th>GLBT National Youth Talkline</th>
<th>LGBTQIA+ Resource Page NAMI NH</th>
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<tbody>
<tr>
<td>1-800-246-PRIDE (1-800-246-7743) <a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a></td>
<td>1-800-242-6264 <a href="http://www.naminh.org/lgtqia/">www.naminh.org/lgtqia/</a></td>
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<tr>
<th>Connor's Climb</th>
<th>PFLAG NH family, friends, allies</th>
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<tr>
<td>1-800-246-PRIDE (1-800-246-7743) <a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a></td>
<td><a href="mailto:pflagnhinfo@pflagnh.org">pflagnhinfo@pflagnh.org</a> pflagnh.org</td>
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OTHER RESOURCES

**Carroll County Coalition for Public Health**  www.c3ph.org
http://www.c3ph.org/resource-center/resource-guides

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<th>Public Health Advisory Council (PHAC)</th>
<th>Substance Misuse Prevention Coordinator</th>
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<tr>
<td>603-301-1252 Ext 307 <a href="mailto:phac@c3ph.org">phac@c3ph.org</a></td>
<td>603-301-1252 Ext 305 <a href="mailto:Prevention@c3ph.org">Prevention@c3ph.org</a></td>
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<tr>
<th>Emergency Preparedness Coordinator, School Based Flu Clinics</th>
<th>Substance Use Disorder Continuum of Care Facilitator</th>
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<tbody>
<tr>
<td>603-301-1252 Ext 304 <a href="mailto:Preparedness@c3ph.org">Preparedness@c3ph.org</a></td>
<td>603-301-1252 Ext 303 <a href="mailto:Continuum@c3ph.org">Continuum@c3ph.org</a></td>
</tr>
</tbody>
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**Tri County Community Action Program** 603-752-7001  http://www.tccap.org/
Health, Dental, Homeless, Meals, Transport, Senior Services, Utilities & Rental Assistance. TriCounty CAP is a multi-program agency with many projects and service locations. If you are unable to find information you need about TCCAP or any of its programs on this website please call our Central Office in Berlin at 603-752-7001, or call one of our community contact centers located throughout northern New Hampshire.