



View of Mt. Chocorua, from Chocorua Lake Rd., Tamworth, NH.

Summary of Accomplishments 2023-2024

Serving the Communities of Carroll County, New Hampshire:

Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale’s Location, Hart’s Location, Jackson, Madison, Moultonborough, Ossipee, Tamworth, Tuftonboro, Wakefield, Wolfeboro.

Carroll County Coalition for Public Health is an initiative of Granite United Way, and we are funded by NH DHHS to be the Regional Public Health Network for all of Carroll County. Our work focuses on the health of the population and communities that make up the County. We work with all sectors invested in the health and wellbeing of the people of Carroll County.

The work we do is guided by the Community Health Improvement Plan (CHIP), which is developed using data on County health indicators and input from county health partners. The latest Carroll County CHIP, “Charting Carroll County’s Course to 2025” was published in January of 2021 and can be accessed here:
<http://www.c3ph.org/initiatives/community-health-improvement-plan>

Carroll County Community Health Priorities, 2021 – 2025:

- Access to Comprehensive Physical Health Services
- Access to Comprehensive Behavioral Health Services
- Healthy Aging
- Healthy and Thriving Early Childhood Experiences
- Public Health Emergency Preparedness Across the Lifespan

THE C3PH NETWORK IS SPONSORED BY:

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Access to Comprehensive Physical Health Services

The goal of this priority is to make access to physical healthcare services more well-coordinated, financially attainable, and expansive in Carroll County.

Highlights from the past year:

- Community Health Work Program continues to operate: Our Community Health Worker serves our most vulnerable neighbors to establish medical homes, apply for benefits, and navigate physical and behavioral healthcare services.
- Started a Carroll County Community Health Worker and Healthcare Navigators Community of Practice that serves several community partners and both County Hospitals to better coordinate care across the region.
- Partnered with the Sandwich Community Nurse initiative to support them while they establish themselves as a non-profit Agency. This community nurse program will serve the citizens of Sandwich into the future once it is fully established.
- Served on the Huggins Community Health Network and stand ready to partner with the Hospital for their next Community Health Needs Assessment.
- Served, and currently serving on, the Planning Committee for the Memorial Community Health Needs Assessment.
- Director of Public Served as Chair of the Health Workgroup of the MWV Age-Friendly Community initiative.

Access to Comprehensive Behavioral Health Services

The goal of this priority is to increase access to comprehensive prevention, intervention, treatment, and recovery services for behavioral health across Carroll County, NH.

Highlights from the past year:

- Substance Misuse Prevention Coordinator started the Carroll County Veterans Coalition. The coalition objective is to reduce veteran suicide and isolation by assessing the gaps in our community and working towards solutions that achieve the objectives.
- Delivered naloxone and harm reduction supplies across the County, including the launch of a 'Naloxbox' – emergency naloxone box – initiative. The Conway Public Library installed the first Naloxbox in Carroll County and several other locations are in process.
- Regional digital resource guides are now posted on www.c3ph.org.
- Hosted three 'Advocacy 101' events in partnership with New Hampshire Charitable Foundation, New Futures, and Stay, Work, Play NH. These non-partisan events focused on promoting ways for young adults to become involved in the legislative and policymaking process.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

- Continued Suicide Prevention initiative in the County:
 - Be the One Carroll County – Youth Suicide Prevention leadership team – met throughout the year, bringing together partners that serve young people in Carroll County to strategize and provide services for youth suicide prevention.
 - Partnered with NAMI NH to offer Connect Training for SAU 101 staff and faculty.
 - Partnered with NH National Guard to offer Applied Suicide Intervention Skills Training to partners who serve servicemembers, veterans, and their families.

Healthy Aging

The goal of this priority is to make Carroll County a place where people can age well in the communities where they live.

Highlights from the past year:

- MWV Age Friendly Community partnered with Oak Hill Assertive Technologies of Connecticut to offer a smart-home housing expo at the MWV Farmer's Market in North Conway in August of 2023.
- Director of Public Health and Gibson Center for Senior Services Executive Director presented on the MWV Age Friendly Community at the New England Rural Health Association Annual Conference in November of 2023.
- Director of Public Health Chaired the Health Domain of the MWV Age Friendly Community.
- Recycled Carroll County hosted a used bike giveaway event at the Gibson Center for Senior Services.
- Continuum of Care Facilitator chaired the Carroll County Regional Coordinating Council for Transportation.
- Director of Public Health served on the Gibson Center for Senior Services Board of Directors.

Healthy and Thriving Early Childhood Experiences

The goal of this priority is to Make Carroll County a place where families can access resources to raise healthy and thriving children so they can live and work in the County.

Highlights from the past year:

- Continued work under the Region 7 Early Childhood Partnership with Coös and upper Grafton Counties. Delivered funding and services to support early childcare providers in the region:
 - Further developed Early Childcare Directors' Networks in the County: Mountain Washington Valley – serving providers in the greater MWV and Roots and Wings – serving providers in central and southern Carroll County.
 - Successfully Applied for Congressionally Directed Spending Project with Senator Shaheen's Office, focusing on quality improvement. Project activities will begin in the next fiscal year.
- Carroll County Diaper Depot continued to serve families, and a diaper pilot program began operations, which is being overseen by the Carroll County Family Connections Resource Center at Children Unlimited, Inc.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

- We worked in partnership with Raising the Valley Early Childhood Coalition of Mount Washington Valley and White Mountain Community Health Center (among many other community partners: <https://www.raisingthevalleynh.org/about>) to host a Community Baby shower in April of 2024. This served recent and expecting families in the greater Mount Washington Valley.
- Director of Public Health served on the NH Pediatric Improvement Partnership Steering Committee, Head Start Health Service Advisory Committee, and the Healthy Families America Advisory Committee.

Public Health Emergency Preparedness Across the Lifespan

The goal of this priority is that Carroll County is prepared for all health hazards and public health emergencies.

Highlights from the past year:

- Strong volunteer rosters in Carroll County:
 - Community Emergency Response Team verified 31 volunteers with NH Responds Volunteer Management System.
 - Carroll County Medical Reserve Corps verified 174 volunteers with NH Responds Volunteer Management System.
- Conducted School Based influenza Clinics throughout the County:
 - Total number of schools served: 18
 - Total number vaccinated for Flu: 600 (429 under 19 years of age and 171 over 19 years of age)
- Assisted Conway Police Department and SAU 9 in carrying out an active shooter response drill at Kennett High School.
- Supported Drive Through Flu clinics hosted by Huggins Hospital in Ossipee and Memorial Hospital in North Conway, expanding access to influenza and COVID-19 vaccines.