



View from Rt. 16 Lookout, North Conway, NH

Summary of Accomplishments 2022-2023

Serving the Communities of Carroll County, New Hampshire:

Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale's Location, Hart's Location, Jackson, Madison, Moultonborough, Ossipee, Tamworth, Tuftonboro, Wakefield, Wolfeboro.

Carroll County Coalition for Public Health is an initiative of Granite United Way, and we are funded by NH DHHS to be the Regional Public Health Network for all of Carroll County. Our work focuses on the health of the population and communities that make up the County. We work with all sectors invested in the health and wellbeing of the people of Carroll County.

The work we do is guided by the Community Health Improvement Plan (CHIP), which is developed using data on County health indicators and input from county health partners. The latest Carroll County CHIP, "Charting Carroll County's Course to 2025" was published in January of 2021 and can be accessed here:
<http://www.c3ph.org/initiatives/community-health-improvement-plan>

Carroll County Community Health Priorities, 2021 – 2025:

- Access to Comprehensive Physical Health Services
- Access to Comprehensive Behavioral Health Services
- Healthy Aging
- Healthy and Thriving Early Childhood Experiences
- Public Health Emergency Preparedness Across the Lifespan

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Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Access to Comprehensive Physical Health Services

The goal of this priority is to make access to physical healthcare services more well-coordinated, financially attainable, and expansive in Carroll County.

Highlights from the past year:

- The Carroll County Public Health Network established a Community Health Worker Program. A Community Health Worker has been hired and the program will be fully up and running to serve people in Carroll County in the coming year.
- Distributed over 500 Rapid COVID-19 Tests to Community Partners in the county. This helped individuals access free COVID-19 testing in the County.
- Served as Chair of the Health Workgroup of the MWV Age-Friendly Community initiative.
- Worked with County Partners who provide healthcare navigation services and will establish a committee to bring these partners together in the coming year.

Access to Comprehensive Behavioral Health Services

The goal of this priority is to increase access to comprehensive prevention, intervention, treatment, and recovery services for behavioral health across Carroll County, NH.

Highlights from the past year:

- C3PH distributed over 250 Overdose Prevention kits across the region. This will help individuals access life-saving overdose prevention materials, including Naloxone.
- New Substance Misuse Prevention (SMP) Coordinator joined the team in January 2023. The SMP Coordinator conducted outreach to partners, analyzed assets and gaps, and is pursuing training and Certified Prevention Specialist Certification.
- Completed a localized resource guide, which is posted on the C3PH website:
https://www.c3ph.org/assets/pdf/C3PH_COMMUNITY_RESOURCE_DIRECTORY_2023_05_01.pdf
- Be the One Carroll County – Youth Suicide Prevention leadership team – met throughout the year, bringing together partners that serve young people in Carroll County to strategize and provide services for youth suicide prevention.
- Served on the SAU 49 – Governor Wentworth Regional School District – System of Care District Community Leadership Team.
- Provided training and scholarship opportunities to over 50 substance use disorder services partners through the Carroll County Substance Use Disorder Services Expansion Project.
- Kennett High School hosted its second student mental health fair that brought community resources to the school and offered a venue for students to interact with community partners.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Healthy Aging

The goal of this priority is to make Carroll County a place where people can age well in the communities where they live.

Highlights from the past year:

- Worked with Memorial Hospital to help establish the Memory Care Community Health Worker Program. This new program now offers CHW services to individuals with issues related to memory care.
- The Dementia Capable Community partnership between Memorial Hospital; the Gibson Center for Senior Services; and Visiting Nurse, Homecare, and Hospice of Carroll County and Western Maine. This initiative:
 - Continued to grow Palliative Care program serving the Mount Washington Valley.
 - Provided virtual dementia training to providers working with caregivers.
 - Supported caregivers of people with memory care issues.
- Director of Public Health serves as the lead for the MWV Age Friendly Community's Health Domain and also serves on the Steering Committee. This initiative has provided improved the liveability of 12 communities throughout the Mount Washington Valley: <https://www.gibsoncenter.org/mwv-age-friendly-community/>
- Director of Public Health served on the Gibson Center for Senior Services Board of Directors.
- The Gibson Center's "Safe, Warm, and Dry" program continued to provide housing related resources to older adults in the Mount Washington Valley.

Healthy and Thriving Early Childhood Experiences

The goal of this priority is to Make Carroll County a place where families can access resources to raise healthy and thriving children so they can live and work in the County.

Highlights from the past year:

- Served on the Leadership Team of the Region 7 Early Childhood Coalition Partnership. This initiative resulted in:
 - Over \$700k distributed to early childcare initiatives in Carroll, Coos, and Upper Grafton Counties.
 - 104 Early Childcare Professionals completed Pyramid Model trainings.
 - 21 Lead Teachers participated in Mentorship Training pilot, increasing leadership skills in the region's Early Childcare workforce.
 - 8 Childcare Centers hiring new staff.
 - 12 Childcare Centers entering the Granite Steps For Quality, New Hampshire's new quality recognition and improvement program for Early Childcare Providers.
- A new Early Childhood Coalition was established in the southern part of Carroll County – Roots and Wings: Nurturing strong families and communities in Southern Carroll County.
- Worked with community partners to host 2 Community Baby Showers.
- The Carroll County Diaper Depot continued to grow in reach and impact.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

- Director of Public Health served on the NH Pediatric Improvement Partnership Steering Committee.
- White Mountain Community Health Center Pediatrics participated in an Adverse Childhood Experiences Screening Pilot Project.

Public Health Emergency Preparedness Across the Lifespan

The goal of this priority is that Carroll County is prepared for all health hazards and public health emergencies.

Highlights from the past year:

- Managed and offered 7 training opportunities to the Carroll County Medical Reserve Corps and Community Emergency Response Teams.
- Supported Drive Through Flu clinics hosted by Huggins Hospital in Ossipee and Memorial Hospital in North Conway, expanding access to influenza and COVID-19 vaccines.
- Hosted Influenza Vaccine Clinics in 18 public schools throughout the county, resulting in the delivery of 508 influenza vaccines.
- Participated in the Granite State Health Care Coalition with County Hospital partners. This allowed hospital partners to network with state hospital colleagues and access training resources.
- Disseminated NH Health Alert Network Messages to County Emergency Preparedness and Response Stakeholders, keeping partners apprised of current public health risks.