

CARROLL COUNTY COALITION FOR PUBLIC HEALTH

An Initiative of Granite United Way



Summary of Accomplishments 2018-2019

Serving the Communities of Carroll County, New Hampshire:

Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale's Location, Hart's Location, Jackson, Madison, Moultonborough, Ossipee, Tamworth, Tuftonboro, Wakefield, Wolfeboro.

Carroll County Coalition for Public Health is an initiative Granite United Way and we are funded by NH DHHS to be the Regional Public Health Network for all of Carroll County. Our work focuses on the health of the population and communities that make up the County. We work with all sectors that are invested in the health and wellbeing of the people of Carroll County.

The work we do is guided by the Community Health Improvement Plan, which is developed using data on County health indicators and input from county health partners. Our current CHIP runs until 2020, at which point we will invite input from our community partners in drafting the CHIP for the next 5 years.

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Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Early Childhood and Early Parental Support

This priority seeks to provide for the optimal development of children and families living in Carroll County. Work done under this priority strengthened working relationships and built capacity among providers that serve young children and their families.

Highlights from the past year:

- Coordinated the Carroll County Early Childhood Coalition, which brings together early childhood providers and stakeholders to share resources and information. Providers that participate in the coalition include: home visitors, childcare centers, and school employees.
- Assisted Children Unlimited Inc. in successfully applying to participate in the New Hampshire Preschool Development Grant, which will help bring resources to families in the County.
- Kindergarten readiness event held at the Conway Public Library April 4, 2019, attended by 14 families.
- Screening of the film “Resilience: The Biology of Stress and the Science of Hope” and community conversation on building resilience was held on May 22, 2019, attended by over 100 community members.

Access to Comprehensive Behavioral Health Services

(Continuum of Care for Substance Use Disorder and Mental Health Services)

Work under this priority increased awareness of and access to substance use disorder services across the County. This helped to build capacity and expand delivery of services in prevention, intervention, treatment and recovery services for substance use and mental health disorders.

Highlights from the past year:

- Actively raised awareness through our “Carroll County Responds” community workgroup and participated in key committees across the county that address health, student wellness, transportation, and job development.
- Worked to help local organizations apply for funding from IDN Region 7 to respond to impact of substance misuse and mental health issues in the community, bringing needed resources into the County.
- Worked with young adults to promote physical and mental health, prevent alcohol and substance misuse, and to prevent suicide.
- Held a meeting with leaders from The Doorway NH hub sites that serve Carroll County, providing information to over 50 service providers/community members.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Substance Misuse and Addiction

Work done under this priority developed partnerships across all sectors to educate, build skills, and craft policies that support substance misuse prevention.

Highlights from the past year:

- Youth empowerment initiative: North Country Youth Leadership Summit was hosted at Kennett High School in January. Student leaders from 7th to 11th grade from all Public Schools were invited to attend.
- Drug Take Back Day Efforts saw Carroll County collect 1278 pounds of unused medications (586 during spring event and 692 during the fall event) and we had participation from nearly all Law Enforcement agencies in the County.
- Active member of the SAU 49 and SAU 9 Wellness Committees.
- Screening of the film “Recovery Boys” and community conversation on substance misuse and recovery was held on February 6, 2019, attended by over 90 community members.

Chronic Disease

This priority seeks to reduce disease incidence and prevalence in Carroll County by increasing access to healthy activities in the community and coordinating the efforts of providers that treat Chronic Disease.

Highlights from the past year:

- Partnered with 5210 Let’s Go program of Memorial Hospital to expand access to physical activity through “100 Days of Wellness” initiative, promoting physical activity.
- Helped coordinate and participated in Memorial Hospital’s Community Health Needs Assessment community forum.
- Board Members of Huggins Hospital’s Rural Health Network, an initiative to coordinate patient care in the southern part of Carroll County.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Aging with Connection and Purpose

Work under this priority aligned the efforts of service providers to address issues related to aging in the County. Efforts related to this priority also increased awareness about Advanced Care Planning and increased the number of individuals who have completed Advanced Care Directives.

Highlights from the past year:

- Formation of the Mount Washington Valley Age-Friendly Community, coordinated out of the Gibson Center for Senior Services, which serves 11 towns in the Mount Washington Valley: Albany, Bartlett, Chatham, Conway, Eaton, Freedom, Fryeburg, Hart's Location, Jackson, Madison, and Tamworth.
- Healthcare Decisions Week was held from April 15, 2019 through April 19, 2019. This collaboration with County businesses promoted the importance of Advanced Care Planning to the people of the County.
- "Live Well, Die Well" event on end of life was held on June 11, 2019 and was attended by over 50 community members.
- Caregiver Expo was held in November of 2018, providing resources to those giving care to older individuals.

Public Health Emergency Preparedness Across the Lifespan

Carroll County Coalition for Public Health recognizes that in order to protect and preserve the health of the people of this region, it is of utmost importance to be prepared for any health hazard that could arise. Work under this priority helped the people of Carroll County increase their resiliency through preparedness.

Highlights from the past year:

- Narcan Education events held in Tamworth monthly and Ossipee and Conway quarterly: 69 kits were distributed throughout the County.
- Managed School Based Flu Clinics. Nearly all Carroll County public schools participated in clinics and 711 students were vaccinated.
- Coordinated the State Hepatitis A response in Carroll County, including mitigation and harm reduction strategies. This response will continue into next contract year.
- Directed the Carroll County Citizen Corps with more than 65 volunteer members.
- Worked with town Emergency Management Directors and first responders to increase preparedness across the County.