



View of the Presidential Mountain Range, from Foss Mountain, Eaton, NH.

Summary of Accomplishments

July 1, 2024-June 30, 2025

Serving the Communities of Carroll County, New Hampshire:

Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale's Location, Hart's Location, Jackson, Madison, Moultonborough, Ossipee, Tamworth, Tuftonboro, Wakefield, Wolfeboro

Carroll County Coalition for Public Health is an initiative of Granite United Way, and we are funded by NH DHHS to be the Regional Public Health Network for all of Carroll County. Our work focuses on the health of the population and communities that make up the County. We work with all sectors invested in the health and wellbeing of the people of Carroll County.

The work we do is guided by the **Community Health Improvement Plan (CHIP)**, which is developed using data on County health indicators and input from county health partners. The latest Carroll County CHIP, "Charting Carroll County's Course to 2025" was published in January of 2021 and can be accessed here: <http://www.c3ph.org/initiatives/community-health-improvement-plan>

This report covers the state fiscal year, spanning from July 1, 2024, through June 30, 2025.

Carroll Community Health Priorities, 2021-2025

- Access to Comprehensive Physical Health Services
- Access to Comprehensive Behavioral Health Services
- Healthy Aging
- Healthy and Thriving Early Childhood Experiences
- Public Health Emergency Preparedness Across the Lifespan

Access to Comprehensive Physical Health Services

The goal of this priority is to make access to physical healthcare services more well-coordinated, financially attainable, and expansive in Carroll County.

Highlights from the past year:

- The C3PH Community Health Worker program had 413 service encounters, assisting approximately 20 individuals and families per quarter.
- C3PH Director of Public Health chaired the Health Domain of the Mount Washington Age Friendly Community.
- Served on the planning committees for the Memorial and Huggins Community Health Needs Assessments.
 - Community Engagement Forum for Memorial Hospital took place in November 2024, with over 50 partners from the Mount Washington Valley participating.
- The Continuum of Care Facilitator chaired the Carroll County Regional Coordinating Council for transportation, helping older adults and people with disabilities access medical services.
- New Hampshire Care Connections: as a part of this statewide project, we now have a Community Engagement Coordinator – an employee of Granite United Way – serving Carroll County by connecting partners to a statewide closed loop referral system.

Access to Comprehensive Behavioral Health Services

The goal of this priority is to increase access to comprehensive prevention, intervention, treatment, and recovery services for behavioral health across Carroll County, NH.

Highlights from the past year:

- A new Sequential Intercept Mapping initiative was launched in partnership with the New Hampshire Judicial Branch to identify opportunities within the justice system to refer individuals with substance use and mental health concerns to care. The following priorities were identified:
 - Establishing a Mental Health Court in Carroll County.
 - Providing training for emergency dispatch personnel.
 - Supporting the mental health workforce.
 - Exploring transitional housing opportunities.

Access to Comprehensive Behavioral Health Services (cont.)

- C3PH connected the NH Juvenile Diversion network with SOS Recovery and White Mountain Community Health Center to explore a partnership to stand up a new Juvenile Diversion Program to serve Carroll County.
- C3PH also facilitated naloxone training and distribution to local organizations and community members.
- In partnership with NAMI NH, C3PH hosted a "Survivor Stories" event for survivors of suicide loss, which led to the launch of a new support group.
- The organization also supported the Carroll County Veterans Coalition, which held its second annual conference and first annual Military Family Resource Fair, connecting military and civilian service providers with the public.
- Continuum of Care Facilitator conducted outreach to the businesses to distribute information on becoming designated as Recovery Friendly Workplaces.
- Assisted Moultonborough School District in obtaining prevention funds from the town to enact programming and contract a Licensed Alcohol and Drug Counselor.
- Prevention Coordinator presented at the NH Suicide Prevention Conference.

Healthy Aging

The goal of this priority is to make Carroll County a place where people can age well in the communities where they live.

Highlights from the past year:

- The C3PH Director of Public Health chaired the Health Domain of the MWV Age Friendly Community and served on the Gibson Center for Senior Services Board of Directors.
- The Gibson Center for senior Services partnered with the NH Finance Authority, NH Community Development Finance Authority, and New Hampshire Humanities to host a community listening session to engage community members for feedback on community and Gibson Center programming.
- The Continuum of Care Facilitator also chaired the Carroll County Regional Coordinating Council for transportation to promote access for older adults and people with disabilities.
- The Gibson Center for Senior Services served its two-millionth meal during this period.

Healthy and Thriving Childhood Experiences

The goal of this priority is to Make Carroll County a place where families can access resources to raise healthy and thriving children so they can live and work in the County.

Healthy and Thriving Childhood Experiences (cont.)

Highlights from the past year:

- C3PH continued its work with the Region 7 Early Childhood Partnership, focused on quality improvement and workforce development initiatives for Early Childcare Providers.
- Hosted an early childhood mental summit in cooperation with the Region 7 Early Childhood Partnership, attended by over 50 early childcare partners from throughout the NH North Country.
- The Carroll County Diaper Depot and diaper pilot projects continued to serve families throughout the County.
- In partnership with Raising the Valley Early Childhood Coalition, hosted a community baby shower, serving 38 expecting and new families.
- C3PH also worked with the Carroll County Food Access Network to increase SNAP participation, assist schools with meal applications, and partner with Tri County Transit to deliver food to households without transportation.

Public Health Emergency Preparedness Across the Lifespan

The goal of this priority is that Carroll County is prepared for all health hazards and public health emergencies.

Highlights from the past year:

- C3PH maintained strong volunteer rosters, with:
 - 31 Community Emergency Response Team volunteers and
 - 174 Medical Reserve Corps volunteers verified through the NH Responds Volunteer Management System.
- School-based influenza clinics were conducted in 16 schools throughout Carroll County, and 332 total vaccinations were administered.
- Worked with community partners to distribute 97 custom-curated Emergency Preparedness backpacks at community education events.
- Facilitated CPR/First Aid/AED and Stop the Bleed trainings for school personnel.
- Supported Drive Through Flu clinics hosted by Memorial Hospital in North Conway, expanding access to influenza and COVID-19 vaccines.