Carroll County Youth Substance Misuse Subcommittee
Agenda for May 16, 2023

1. Please sign in to chat with your name, email address and organization

Attendance:

2. Guest speakers: Youth Success Project, Ariel Hayes
   a. “The Youth Success Project is a board of young people who have experience unaccompanied homelessness (without a parent or guardian). They bring lived experience and youth voice to the work of ending youth homelessness in New Hampshire.”
   b. Presentation – 10-15 minutes
   c. Discussion – 10-15 minutes
   d. Questions – 10 minutes

3. Jen Thomas to introduce herself as new facilitator of the meeting
   a. Goals
      i. Broaden scope and depth of the meeting given the increased capacity to do so
      ii. Would like to increase actionable items
      iii. Would like to increase attendance
   b. Changes
      i. Redesigned the minutes but core content is the same
      ii. Would like input from participants on:
         1. Any format changes desired
         2. Any time changes desired
         3. Any topic or guest speaker ideas
         4. Possible new participants
         5. Feedback about all aspects of the meeting
         6. Need for alternative materials or meeting delivery
   c. Jen’s proposed topics ideas (subject to change to meet need)
      i. Guest speaker on ACEs and how they are related to youth substance misuse
      ii. Risk and protective factor overview
      iii. Trauma informed practices at Tier 1, 2, 3 and how related to prevention
      iv. Guest speaker on technical/scientific aspects of ATOD
4. Goal 1 - Addressing Substance misuse across the life span
   a. Team Network Facilitation
      i. SAU’s updates
      ii. Law enforcement updates
      iii. Youth organizations
      iv. WMCC or other 18-24 yo organization updates
   b. Special populations
   c. Materials and information distribution, social media
      i. Including special populations
      ii. Prevention materials distributed at wellness fairs
   d. Community education, advocacy, legislation, Suicide prevention

5. Goal 2 - Reduce CC youth self-reported use of tobacco, alcohol, marijuana, prescription drugs as measured by YRBS
   a. Community education/information distributed; including social media and special populations
   b. Youth empowerment updates; provided Technical Assistance to student groups; student led presentations; Life of an Athlete
      i. Getting to Y information
   c. Treating Tobacco & Nicotine Dependence and Motivational Interviewing and Role Play training
      i. Registration link
         1. https://airtable.com/shrYBAW5nRk4NU206
   d. Train the Trainer: Cannabis Prevention: Alternative to Suspension Program
      i. Registration link

6. Goal 3 – Respond to emerging threats
   a. Sharing data/information
      i. YRBS
   b. Compiling data
   c. Additional Concerns

7. Updates-round table style
   a. Any additional pertinent information?
      i. Lots of prevention webinars and trainings-Jen will send along those resources with the minutes
   b. Positive news?
8. Proposed actions before the next meeting?
   a. What can realistically be done before the next meeting and by who?
   b. What prevention activities can we look at when planning for future implementation

9. Close
   a. Next meeting September 19, 2023
   b. Resources and news will be emailed with the minutes
   c. Minutes emailed out soon
   d. Thank you all!
      i. Please reach out with any questions or ideas

Next meetings:

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Substance Misuse Prevention
Time: May 16, 2023 02:00 PM Eastern Time (US and Canada)

   Every 2 months on the Third Tue, 5 occurrence(s)
   May 16, 2023 02:00 PM
   Sep 19, 2023 02:00 PM
   Nov 21, 2023 02:00 PM
   Jan 16, 2024 02:00 PM
   Mar 19, 2024 02:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:
https://us02web.zoom.us/meeting/tZ0vdemhqTsiHdzACI7kO17xk3xVoAjz1NtD/ics?icsToken=98tyKuGhrDkqE9OVuB6PRpx5Aljoc_PwutmJHgqdHvTzMVCt8M1TuPbFaBL1eGsKB

Join Zoom Meeting
https://us02web.zoom.us/j/89220970878

Meeting ID: 892 2097 0878
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