

Carroll County Youth SMP Subcommittee

(Substance Misuse Prevention)

March 21, 2023. 2:00-3:30pm

<https://us02web.zoom.us/j/89220970878>

Agenda

	Follow-up Action. By Whom?
1. Introductions – please sign in via the chat box Attendance:	
2. Discussion – Planning for 2022-2023 – Challenges and Opportunities and wish list	
<ul style="list-style-type: none">• Goal: Addressing substance misuse across the lifespan	
<ul style="list-style-type: none">• Strategy 1:1 Regional Network Facilitation. Prevention Leadership Team, work with SAUs, Work with Law Enforcement, local officials, youth subcommittee, ACEs trainings.<ul style="list-style-type: none">• GWRSD Systems of Care Leadership Team• Jen Thomas outreach meetings with youth serving schools, agencies, organizations• SAU 9 Youth Behavioral Health Collaborative	
<ul style="list-style-type: none">• Strategy 1:2 Information Dissemination. Brochures, social media, special populations/LGBTQ:<ul style="list-style-type: none">• Summary of social media by Emily• PFLAG• Veterans• Resource Packet•	
<ul style="list-style-type: none">• Strategy 1:3 Community Education. Advocacy? Legislative forum? Suicide Prevention?<ul style="list-style-type: none">• New Futures update on legislation pending• Moultonborough School District Project Safeguard April 5• Suicide Prevention. eLearning Slots open•	CONNECT Free Online Training Modules http://www.c3ph.org/assets/pdf/Carroll County CONNECT eLearning thru 2023 01 15.pdf

<ul style="list-style-type: none"> • Goal: Reduce CC Youth self-reported use of tobacco, alcohol, marijuana, prescription drugs as measured by YRBS <ul style="list-style-type: none"> • We are awaiting release of 2021 YRBS aggregate data. • Update on Synar certificates/ Tobacco vendor recognition 	<ul style="list-style-type: none"> • Check for updates at https://www.dhhs.nh.gov/programs-services/population-health/health-statistics-informatics/youth-risk-behavior-survey Aggregate data is expected around ?.
<ul style="list-style-type: none"> • Strategy 2.1 Community Education / information dissemination. Brochures, social media, special populations (LGBTQ): <ul style="list-style-type: none"> • Give update on Mental Health First Aid upcoming trainings in Carroll County <p>March 25, MHFA, Jackson May 11, MHFA, Chocorua May 12 , Youth MHFA Chocorua</p> • RENEW Program and upcoming trainings 	<p>Mar 25 MHFA Jackson flyer http://www.c3ph.org/assets/pdf/Jackson Adult MHFA Flyer 2023 03 25.pdf</p> <p>May 11 MHFA Chocorua flyer http://www.c3ph.org/assets/pdf/Jackson Adult MHFA Flyer 2023 03 25.pdf</p> <p>May `12, Youth MHFA Chocorua flyer, http://www.c3ph.org/assets/pdf/Jackson Adult MHFA Flyer 2023 03 25.pdf</p> <p>RENEW Program https://iod.unh.edu/resilience-empowerment-natural-supports-education-work-renew</p>
<ul style="list-style-type: none"> • Strategy 2.2 Youth Empowerment – TA to student groups, student group presentations, promote Life of an Athlete • Magnify Voices – please promote this Student Grades 5-12 Expressive Arts Contest to raise awareness about mental health. 	<p>Moultonborough Students are delivering a Connect Suicide Prevention training to Gr 8 parents April 5.</p> <p>Magnify Voices https://nhcsoc.org/magnify-voices/</p> <p>Flyer: http://www.c3ph.org/assets/pdf/Magnify Voices PSU 2023 Flyer.pdf</p>

<ul style="list-style-type: none"> • Goal: Respond to emerging threats 	
<ul style="list-style-type: none"> • Strategy. Compile and share data – <ul style="list-style-type: none"> • No Safe Experience – Gov Sununu, Gov’s Youth Advisory Council launching No Safe Experience Campaign. More in Feb. • 	<p>No Safe Experience Campaign https://patch.com/new-hampshire/across-nh/sununu-announces-no-safe-experience-psa-campaign-counterfeit-pills</p> <p>Nov 2022 DMI http://www.c3ph.org/assets/pdf/NH_DMI_Drug_Environment_Report_-_November_2022_-_UNCLASSIFIED_(2022-5591).pdf</p>
<p>3. Roundtable Updates</p>	
<p>4. Next meetings: Youth Prevention subcommittee update: This subcommittee will continue to meet on the third Tuesday of Sept, Nov, Jan, Mar, May (summer off) 2-3:30pm, by zoom, https://us02web.zoom.us/j/89220970878 or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878</p>	
<p>April is</p> <ul style="list-style-type: none"> • Alcohol Awareness Month • Distracted Driving Awareness Month • Child Abuse Prevention Month • National Stress Awareness Month • Sexual Assault Awareness Month • 7th - World Health Day • 10th - National Youth HIV & AIDS Awareness Day • 22nd - National Prescription Drug Take Back Day 	
<p>May is</p> <p>Mental Health Month, Also....</p> <ul style="list-style-type: none"> • Prom Graduation Safety Month • National Teen Pregnancy Prevention Month • National Physical Fitness & Sports Month • Women’s Health Month • 7-13th National Prevention Week • 26th - National Heat Awareness Day • 31st World No Tobacco Day 	

See attached resource: Carroll County Resource Guide	http://www.c3ph.org/assets/pdf/Carroll_County_Resource_Guide_2023_03_01.pdf http://www.c3ph.org/resource-center/resource-guides

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Substance Misuse Prevention

Time: 2:00-3:30pm

third Tuesday of Sept, Nov, Jan, Mar, May, (summer off)

Join Zoom Meeting

<https://us02web.zoom.us/j/89220970878>

Agenda

- Prevention Updates by Goals and Activities
- Coordination, Data, Health Disparities
- Roundtable Updates, Announcements, Collaborations

Meeting ID: 892 2097 0878

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