

GLS Youth Suicide Prevention

Implementation Team – Be the 1 Carroll County – July 17, 2024, 12:00-1:30pm

Register in advance for this meeting:

<https://us02web.zoom.us/join/mtgkxwz6t7m7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health

Garett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team members around the table

Suicide Prevention Best Practices	Key considerations for Carroll County in 2024 and beyond	Follow up Action (By Who?)
#1 Recognition of Risk Factors and Warning Signs:		
#2 Protocols for Situations Involving Suicide Risk:		
#3 Protocols for Situations Involving a Suicide Attempt, Including firearms:		
#4 Suicide Incident Documentation: Our community has a protocol for reporting high-risk situations (firearm) with confidentiality		
#5 Safe Messaging in public information		
#6 Info on local and national resources are available & shared		
#7 Protocols for resource referral when family declines/refuses treatment		

#8 Persons receiving MH services receive advice on treatment options specific to suicide risk/prevention		
#9 Confidentiality. Providers informed on parameters of confidential exchange of information		
#10 Lethal Means Reduction training		
#11 Strength based client centered safety planning		
#12 Stakeholder Collaboration		
#13 Re-entry/Transition plans		
#14 Proactive Suicide Prevention Protocols		
#15 Reducing Stigma		
Additional Resources:		
Strategic Planning - Engage in regional, state and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.	<ul style="list-style-type: none"> - NH Suicide Prevention Council: Save the Date: Nov 14 NH Suicide Prevention Conference. See flyer - Stay tuned – Carroll County will aim to hold a ISOSL observation event (International Survivors of Suicide Loss) 	
Advocacy – New Futures	<ul style="list-style-type: none"> • https://new-futures.org/ways-to-advocate 	https://new-futures.org/childrens-behavioral-health
Community Awareness	<ul style="list-style-type: none"> - Broad targeted dissemination of 988/NSPL materials to reach vulnerable 18–24-year-old population <p>Youth Employment in NH, FAQs</p> <ul style="list-style-type: none"> - https://www.nh.gov/labor/faq/youth-employment.htm <p>Young Adult 18+ employment training and opportunities</p> <ul style="list-style-type: none"> - NH Summer Virtual Job Fairs; NH's Great North Woods and White Mountains Regions Virtual Job Fair July 23rd, 2024 - 11:00 AM - 1:00 PM - https://nhworksjobmatch.nhes.nh.gov/vosnet/Default.aspx - Workforce Innovation & Opportunity Act (WIOA) provides eligible adults with professional career counseling and access to a wide range of employment 	https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables C3PH Folder of 988 Shareables: https://drive.google.com/drive/folders/1EF4t54wpglU5akkOGKEIRu4pWmlf6BKZ?usp=sharing

	<p>and training related services. This can include up to \$6,500 of tuition assistance and \$1,500 of support services that can help eliminate various barriers to employment.</p> <p>https://www.snhs.org/services/wioa</p>	
Tobacco and Nicotine Use Prevention	<ul style="list-style-type: none"> - Addressing Pediatric Tobacco and Nicotine Use: Considerations for Clinicians - Youth Tobacco Cessation Toolkits - Tobacco Prevention & Cessation: https://www.dhhs.nh.gov/programs-services/population-health/tobacco-prevention-cessation - My Life, My Quit™ is the free and confidential way for NH teens to quit smoking or vaping. Text "Start My Quit" to 36072 or click to chat with a Coach. We are here for you every step of the way. It's YOUR LIFE and we're here to help you live it YOUR WAY. https://nh.mylifemyquit.org/en-us/ 	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment		
First Responder Updates		
Social Services, Other		
Faith Community Updates		
Awareness Campaigns	<p>July</p> <ul style="list-style-type: none"> - Minority Mental Health Month - Disability Pride Month - July 24 – International Self Care Day <p>August</p> <ul style="list-style-type: none"> - Back to School 	<ul style="list-style-type: none"> - NAMI NH BIPOC/ AAPI/LATINX MH RESOURCES - Disability/ Developmental Services and resources



CONGRATULATIONS GRADS!



Congrats on your incredible achievement!
As you begin the next chapter of your life, the
Under 25 Network of Carroll County is here to
support you. Scan the QR code below to access a
variety of resources designed to help you thrive.

You are not alone!

RESOURCES INCLUDE:

- Adulting Tips
- Health & Mental Healthcare Resources
- Finances
- Healthy Relationships
- Safety
- Diversity, Equity, and Inclusion
- And more!

**SCAN HERE TO
GET STARTED!**



**CARROLL COUNTY COALITION
FOR PUBLIC HEALTH**
United Way An Initiative of Granite United Way



Or go to:
<https://tinyurl.com/z23cdf7j>

And follow us for more tips!
www.facebook.com/u25carrollcountynh
www.instagram.com/u25carrollcountynh

FRIENDS, FUN & FREE MEALS!

2024 CARROLL COUNTY SUMMER MEAL SITES

Sponsored by the NH Food Bank, USDA's Summer Nutrition Programs for Kids (SUN) is a federally-funded, state-administered program which provides kids & teens with access to tasty, nutritious meals during the summer months.



Meals will be provided on a first-come, first-served basis at the sites and times below.

PLEASE NOTE: Dates and times are subject to change.

LOCATION	MEAL SERVICE TIME(S)	ADDRESS	DATES	DAYS OF MEAL SERVICE
Ossipee, NH				
Ossipee Central School	BREAKFAST 7:30am - 8:00am	68 Main Street Center Ossipee, NH	7/9 - 8/8	Tuesday - Thursday
	LUNCH 11:30am - 12:00pm			

Please note: Meals must be consumed on-site during designated meal service time.

FOR KIDS AND TEENS UNDER 18.
NO REGISTRATION OR APPLICATION REQUIRED.

NHFOODBANK.ORG/SUMMERMEALS



Save the Date

21st Annual New Hampshire Suicide Prevention Conference

Where You Are:

**Building Hope and Preventing Suicide
in the Places Where We Work, Live, & Play**

November 14, 2024

**Grappone Conference Center
Concord, New Hampshire**



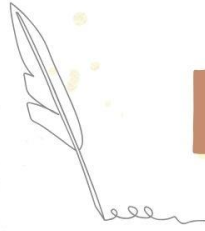
NH
**SUICIDE
PREVENTION
Council**

The 2024 NH Suicide Prevention Conference is presented by the NH Suicide Prevention Council and its partners.

More information about the NH Suicide Prevention Council and the NH Suicide Prevention Conference can be found at preventsuicidenh.org.

JOIN THE 2024 ART & POETRY CHALLENGE

SUBMIT AN
ORIGINAL POEM
OR ARTWORK
INSPIRED BY
THIS YEAR'S
THEME:



CASH PRIZES IN FIVE CATEGORIES

K-2 | 3-5 | Middle School
| High School | Adult

**TOTALING
\$6,000!**



BELONGING

WHAT DOES IT FEEL LIKE TO BELONG? OR.. NOT BELONG?

Hosted by :



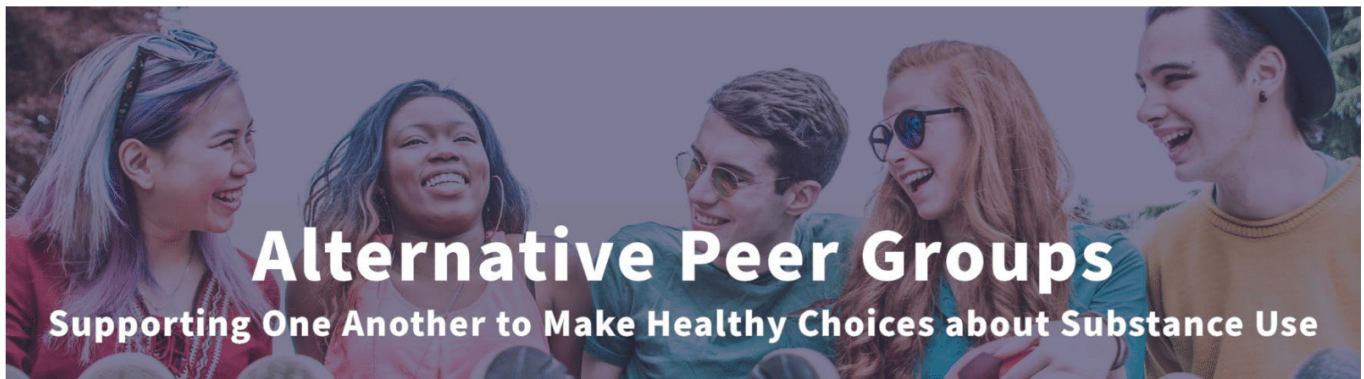
SUBMIT BY
AUGUST 31, 2024

For more information, visit:
racialunityteam.com/art-and-poetry-challenge.
A community-sponsored event



Poster by
James M. Manrud





What Are Alternative Peer Groups?

Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.

APGs Provide...

- Connection through a supportive peer environment
- Fun, substance free activities
- Sense of belonging
- Focus on health and wellness

More Than Just Meeting Up

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/ caregiver involvement

Connect with a Group Near You

Southern NH

Revive Recovery (Nashua)

reviverecovery.org | 888.317.8312

Seacoast Area

Safe Harbor Recovery Center (Portsmouth)

granitepathwaysnh.org | ph. 603.570.9444

Live Free Recovery (Dover, Somersworth)

livefreerecovery.com | ph. 603.702.2461

Franklin/ Tilton/ Concord/ Plymouth

Archways of Greater Franklin and Plymouth

archwaysnh.com | ph. 603.286.4255

Carroll County

Kingswood Youth Center (Carroll Cty. South)

zachary.porter@thekyc.org | ph. 603.569.5949

Terra Equine Center (Carroll County North)

ph. 603.487.6745



**University of
New Hampshire**

✉ IOD.CBH@unh.edu

🌐 iod.unh.edu/creating-connections-nh

Creating Connections NH is a project of the UNH Institute on Disability (IOD).

The IOD promotes full access, equal opportunities, and participation for all persons by strengthening communities and advancing policy and systems change, promising practices, education, and research.

Supported by funding from the NH Department of Health and Human Services.