

GLS Youth Suicide Prevention

Implementation Team – Be the 1 Carroll County – March 20, 2024, 12:00-1:30pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health

Garett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team members around the table

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
Guest Speaker	<p>Mik Oyler Founder/Co-CEO Aerie Healthcare 603-986-3356 (cell) www.aeriehealthcare.com</p> <p>A new adolescent mental health treatment program in Concord</p>	
Goals for Year 5	<ul style="list-style-type: none"> - Sustainability planning - Planning and Training Session. 	
Education and Training - NAMI Update – Susan Ward	<ul style="list-style-type: none"> - GWRSD trained 350 staff March 12! - Connect Prevention Train the Trainers - Connect Youth Leader (North Country) - Connect Young Adult Leader - Connect Young Adult National Guard - Survivor Voices training - Connect eLearning Training Slots - CALM Training. Deliver? 	

	<ul style="list-style-type: none"> - Connect Prevention and Postvention Training and Planning Sessions. 	
Strategic Planning – Identify needs, gaps & high-risk populations	<p>Focus on Upper Elementary & Middle School</p> <ul style="list-style-type: none"> - Let’s plan some parent ed / lunchroom tabling, what else? <p>Focus on Young Adult Advocacy</p> <ul style="list-style-type: none"> - NHCF funded activities update - Stay Work Play event Feb 28 - Young Adult Workforce outreach 	
Strategic Planning – Establish Protocols and Evidence Based Practices within/across systems	<p>Share what the team has done for this objective or make a plan for activities related.</p> <ul style="list-style-type: none"> - Jen - JSI and C3PH collaboration using SPF - Jen – Alternative Peer Groups <p>Updates from Schools/NH DOE?</p> <p>Updates from Healthcare/Mental Health Center?</p>	
Strategic Planning - Engage in regional, state and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.	<ul style="list-style-type: none"> - Jen – CCVC 1st annual conference May 4th at the Adult Day Center 1100 hrs – raise awareness of veteran suicide (ages 18+) - Magnify Voices Expressive Art Contest - 	https://nhcsoc.org/magnify-voices/participate/
Advocacy – New Futures	<ul style="list-style-type: none"> - NH State Capitol Day April 3, let’s represent Carroll County - Children’s Behavioral Health update - Anti LGBTQ+ bills, >30 bills. https://new-futures.org/anti-lgbtq-bills - Youth Mental Health Bills https://new-futures.org/Youth-Mental-Health - SB 411 would ensure that all essential mental health services are covered by all insurance carriers in New Hampshire. - HB 1473 Ban on SEL in schools. ITL 3/7/24 - SB411 Relative to emergency mental health services for persons 21 years of age and younger. - 	<p>Sign Up Here! For State Capitol Day.</p> <p>https://new-futures.org/childrens-behavioral-health</p>

Community Awareness	<ul style="list-style-type: none"> - Broad targeted dissemination of 988/NSPL materials to reach vulnerable 18–24-year-old population 	https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables C3PH Folder of 988 Shareables: https://drive.google.com/drive/folders/1EF4t54wpglU5akkOGKEIRu4pWmIf6BKZ?usp=sharing
Tobacco and Nicotine Use Prevention	-	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment		
First Responder Updates		
Social Services, Other		
Faith Community Updates		
Awareness Campaigns	March <ul style="list-style-type: none"> - March 18-22 is National LGBTQ+ Health Awareness Week April <ul style="list-style-type: none"> - National Minority Health Month May <ul style="list-style-type: none"> - MENTAL HEALTH AWARENESS MONTH 	- -- https://healthlgbtq.org/awareness-week/ https://www.minorityhealth.hhs.gov/nmhm
Other		

Next Steps for the Implementation Team-
 C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: BE THE 1 CARROLL COUNTY - Youth Suicide Prevention Team

You are invited to a Zoom meeting.
 When: Apr 17, 2024 12:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting. Thank you!

Jennifer Thomas

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Catalina Kirsch

catalina.kirsch@graniteuw.org



New Hampshire State Capitol Day 2024

April 3, 2023 – 9-12pm

**Breakfast will be provided*

[Sign Up Here!](#)

Register & Share with your Networks!

State Capitol Day events bring together passionate volunteers to advocate for state policy changes that will improve mental health and prevent suicide. We will meet with our state legislators as part of the event to:

- Share with them why suicide prevention is important to YOU and to your community
- Educate them about the work being done in your community to prevent suicide
- Teach them what more must be done to prevent suicide.

The event will include a brief training session on the basics of an effective advocacy visit and current policy issues impacting suicide prevention. Following, advocates will have the opportunity to attend meetings with state legislators that will be scheduled ahead of time.

This event is hosted in partnership by the AFSP New Hampshire Chapter, NH Suicide Prevention Council, NAMI New Hampshire, New Futures, and Seacoast Outright.

Where: Holiday Inn, Bartlett Room, 172 Main Street, Concord, NH,

Time: 9am to 12pm

Attire: Business Attire

**Breakfast will be provided*

Questions? Please contact AFSP Executive Director Shamera Simpson at ssimpson@afsp.org.

Katherine Cox, MSW

She/Her

Suicide Prevention Coordinator

Division for Behavioral Health

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Call or text if you need mental health or substance use support.

833-710-6477

NH Rapid Response

988

Suicide and
Crisis Lifeline

211

Your Local Doorway for
Substance Use Resources



A STRONGER YOU.
A STRONGER
NEW HAMPSHIRE.