

Be the 1 Youth Suicide Prevention

Agenda

September 20, 2023

12:00 – 1:30 PM

1. Please sign in with your name, organization and contact information
2. Welcome back!
3. Welcome guest speakers
 - a. From UNH Pediatric Improvement Partnership [New Hampshire Pediatric Improvement Partnership | University of New Hampshire \(nhpip.org\)](#)
 - i. Corina Chao - corina.chao@unh.edu
 1. Corina Chao, MPH is a Project Director within the Delivery Systems and Payment Reform focal area at the Institute for Health Policy and Practice. Before joining UNH she worked as a Community Health Advisor with Peace Corps Madagascar. She has been a part of the NH Mental Health Care Access in Pediatrics Project, Trauma-Informed Care Project, and Connecting Mental Health, Climate Justice, and Nature ECHO. Her interests include social determinants of health, trauma-informed care, health inequity, and community development.
 - ii. Janet Thomas - Janet.Thomas@unh.edu
 1. Janet Thomas MA, BS, RN is a Project Director at New Hampshire Citizens Health Initiative with over 30 years of primary care nursing, practice management and staff development experience. She led a NH team in a 4-year tri-state CMMI Practice Transformation grant reaching over 1100 primary, specialty and mental health providers across New Hampshire to improve quality outcomes, measurement, and readiness for alternative payment models. She is a collaborator dedicated to enhancing clinical knowledge and person-centered care skills of practitioners, staff and students via targeted learning programs on varied topics including mental health, substance use disorders, and Covid impact in rural areas. She utilizes ambulatory clinical experience and adult learning models to enhance integration of telehealth, chronic disease management and implementation of clinical precepting models across health practice settings. She is a member of UNH

ECHO hub team facilitating interprofessional learning communities regionally and nationally.

- b. Discuss Adverse Childhood Experiences
 - c. Question and Answers
4. Updates
- a. Goal 1 - Any identified needs, gaps or information on high-risk populations
 - i. Jen
 - 1. Young adult veterans, women especially
 - 2. 15 or younger, females who have considered suicide or made plans for suicide in 2021
 - a. Double that of males
 - 3. Young Adults 18-24
 - b. Goal 2 – Establish protocols and evidence-based practices within and across systems
 - i. 988
 - ii. Rapid Response
 - iii. Review of YRBS work group?
 - iv. Involve young adults and youth in our meetings
 - 1. Make it part of a curriculum?
 - v. Update from School Districts (SAU 49, SAU 45, SAU 9)
 - vi. Update from Northern Human Services, McKenzie Webb
 - c. Goal 3 – Engage in regional, state, and national initiative and information as it relates to the project, including webinars, conferences, meetings, subcommittees, etc.
 - i. www.boston.com/news/health/2023/09/10/new-hampshire-announces-suicide-prevention-week-and-new-website
 - ii. <https://preventsuicidenh.org>
 - iii. Strong as Granite campaign
 - 1. www.dhhs.nh.gov/programs-services/health-care/behavioral-health/strong-granite
 - iv. NH Hunger Solutions
 - 1. Breakfast Challenge
 - a. [What do we know about school meals in New Hampshire? \(nhhungersolutions.org\)](http://nhhungersolutions.org)
 - d. Goal 4 Reach 18-24 year olds
 - i. -Update from WMCC, Apprenticeship NH, other
 - e. Goal 5- Education and Trainings
 - i. EConnect still available: Please share and contact us with requests <https://www.c3ph.org/initiatives/youth-suicide-prevention/online-training-modules>
 - ii. ASIST Suicide intervention

- iii. Increasing Access to Behavioral Health Services for Underrepresented Communities
 - 1. [Webinar Registration - Zoom](#)
 - iv. Family Engagement in School Mental Health
 - 1. [Family Engagement in School Mental Health Tickets, Wed, Sep 20, 2023 at 2:00 PM | Eventbrite](#)
 - v. Mental Health First Aid update
 - 1. <https://extension.unh.edu/health-well-being/programs/mental-health-first-aidr>
 - f. Goal 6 – Community awareness activities
 - i. Jen
 - 1. Tabling at open houses
5. Restorative Practices in schools presentation
- a. At our next CC Youth Substance Misuse Subcommittee meeting
 - i. November
 - ii. Email Save the date and invite will be sent!
6. Poll Question on Week/Day/Time change
- a. By Zoom
 - b. Will email final decision
7. Next meeting
- a. To be determined