



Healthcare Updates – Memorial Hospital Community Health Need Assessment		
First Responder Updates		
Social Services, Other		
Awareness Campaigns	<p>March</p> <ul style="list-style-type: none"> <li>- March 21-27), the <a href="#">National Institute on Drug Abuse’s (NIDA) National Drugs and Alcohol Facts Week (NDAFW)</a> offers another opportunity to advance community-based prevention initiatives.</li> <li>- National Traumatic Brain Injury Awareness Month</li> <li>- 20-26 National Poison Prevention Week</li> </ul> <p>April</p> <ul style="list-style-type: none"> <li>- 1-7 National Public Health Week</li> <li>- National Minority Health Month</li> </ul> <p>May</p> <ul style="list-style-type: none"> <li>- 3-9 Children’s Mental Health Awareness Week.</li> <li>- Mental Health Awareness Month</li> </ul> <p>June</p> <ul style="list-style-type: none"> <li>- Pride Month</li> <li>- National Safety Month</li> </ul>	

2:15 Next Steps for the Implementation Team-

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Suicide Prevention Team

Time: Mar 16, 2022 01:00 PM Eastern Time (US and Canada)

Every month on the Third Wed, until Dec 21, 2022, 12 occurrence(s)

Mar 16, 2022 01:00 PM

Apr 20, 2022 01:00 PM

May 18, 2022 01:00 PM

Jun 15, 2022 01:00 PM

Jul 20, 2022 01:00 PM

Aug 17, 2022 01:00 PM

Sep 21, 2022 01:00 PM

Oct 19, 2022 01:00 PM

Nov 16, 2022 01:00 PM

Dec 21, 2022 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

[https://us02web.zoom.us/join/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY\\_4c-3xmGJBgvpbvx3IFw1fcQ6hNecVHIJSHo-E](https://us02web.zoom.us/join/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY_4c-3xmGJBgvpbvx3IFw1fcQ6hNecVHIJSHo-E)

Join Zoom Meeting

<https://us02web.zoom.us/j/87150790253>

Meeting ID: 871 5079 0253

One tap mobile

+13126266799,,87150790253# US (Chicago)

+16465588656,,87150790253# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 871 5079 0253

Thank you!

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

A message to share from NH DHHS – BDAS:

The current COVID-19 public health crisis is stressful for all. **You are not alone.** Everyone is feeling some level of anxiety and discomfort right now. It is normal to feel this way. If you or a loved one have struggled with anxiety, other mental health concerns or substance use disorder, this may be an even more difficult time for you.

Mental Health and Substance Use support services and treatment are available to you even during the state of emergency.

You can call 2-1-1 to be directed to help.

If you are already connected to a treatment or recovery support provider, stay in touch with them. All Doorways are open and available to connect you to substance use disorder resources. To find your local Doorway, go to [thedoorway.nh.gov](http://thedoorway.nh.gov), or call 211.

- Call 211 to be connected to help
- National Suicide Prevention Lifeline 800-273-8255
- Disaster Distress Helpline 800-985-5990

For more behavioral health resources during COVID-19, go to the [NH COVID-19 web site](#).