

## Youth Suicide Prevention Team – Carroll County – October 20, 2021, 1:00-2:30 pm

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health  
Garrett Lee Smith Grant – NH Nexus Project 2.0

### Agenda

-Introductions of team

- Training updates:

- CONNECT Two-Day Postvention Training and Planning Sessions Overview. Review of “Key Considerations document” See [http://www.c3ph.org/assets/pdf/Suicide\\_Postvention\\_Summary\\_All\\_Sectors\\_Carroll\\_County\\_2021\\_10\\_14.pdf](http://www.c3ph.org/assets/pdf/Suicide_Postvention_Summary_All_Sectors_Carroll_County_2021_10_14.pdf)

-School Updates

-Healthcare Updates

-Social Services Updates

- Health Market Connect – NH Health Navigators available in person or over the phone. Email [help@hncnh.com](mailto:help@hncnh.com) or call 603-309-2021 or toll free 800-208-5164 See flyer here: [http://www.c3ph.org/assets/pdf/Health\\_Market\\_Connect\\_insurance\\_assistance\\_2021.pdf](http://www.c3ph.org/assets/pdf/Health_Market_Connect_insurance_assistance_2021.pdf)

-Community Awareness and Support

- [\*\*Survivors of Suicide Loss\(SOSL\) Support Group Flyer\*\*](#)  
[Download Flyer here and please share](#) Group meets 2<sup>nd</sup> Thursday Each Month, 6-7:30pm. At Reverence for Life Building, Vaughan Learning Center. 2503 White Mtn Hwy, North Conway. FMI call Ruthann Fabrizio 603-374-2434
- [Dissemination of National Suicide Prevention Lifeline and other prevention materials.](#) Online toolkit: <https://suicidepreventionlifeline.org/help-someone-else/safety-and-support-on-social-media/>

### October Happenings

October 23, 2021, 10am-2pm – National Prescription Drug Take Back Day, at a police department near you. Please download, post and share:

Flyer:

[http://www.c3ph.org/assets/pdf/DEA\\_TakeBack\\_Poster\\_8.5x11\\_Eng\\_2021\\_10\\_23\\_Carroll\\_County\\_.pdf](http://www.c3ph.org/assets/pdf/DEA_TakeBack_Poster_8.5x11_Eng_2021_10_23_Carroll_County_.pdf)

Facebook Event: <https://www.facebook.com/events/3092204994346555>

## October 24, 2021, **10-Digit Dialing - October 24, 2021 Deadline**

On October 24, 2021, '603' is Mandatory!

On July 16, 2020, the Federal Communications Commission approved 9-8-8 as the new abbreviated dialing code for the National Suicide Prevention Lifeline.

Similar to 9-1-1, the new dialing code will provide an easy to remember number for anyone facing a mental health crisis.



To prevent problems with reaching the National Suicide Prevention Lifeline, any area code that uses the 9-8-8 prefix in telephone numbers will be required to adopt 10-digit local dialing (area code + telephone number). As a result, 82 area codes in 36 states must switch to 10-digit dialing including New Hampshire. Fmi

[https://www.nh.gov/safety/divisions/emergservices/10-digit-dialing.html?fbclid=IwAR1A65JcmdKBwmMXdRu4TYj9HhMy2UXx8BYlzxF\\_U5wkcocrsUfhekeBA](https://www.nh.gov/safety/divisions/emergservices/10-digit-dialing.html?fbclid=IwAR1A65JcmdKBwmMXdRu4TYj9HhMy2UXx8BYlzxF_U5wkcocrsUfhekeBA)

## November Happenings

**Nov 3-4, 2021 - 18th Annual NH Suicide Prevention Conference.** Registration is open. Please distribute widely. <https://www.naminh.org/events/18th-annual-nh-suicide-prevention-conference/>

**Nov 18, 2021 – The Great American Smokeout** – fmi

<https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html> **The Great American Smokeout®** Quitting smoking isn't easy. It takes time. And a plan. You don't have to stop smoking in one day. Start with day one. Let the Great American Smokeout event on the third Thursday in November be your day to start your journey toward a smoke-free life. You'll be joining thousands of people who smoke across the country in taking an important step toward a healthier life and reducing your cancer risk. Plus, the American Cancer Society can help you access the resources and support you need to quit.

**Nov 20, 2021 - International Survivors of Suicide Loss Day** is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experience. This year, International Survivors of Suicide Loss Day is Saturday, November 20, 2021. [You can find a current list of registrations here.](#) If you have questions please contact your [local AFSP chapter](#) or email [survivorday@afsp.org](mailto:survivorday@afsp.org).

Gilford Public Library is hosting the following event:

<https://isosld.afsp.org/gilford-new-hampshire/>

New England Virtual event for Connecticut, Massachusetts, Maine, New Hampshire, Rhode Island and Vermont: <https://isosld.afsp.org/new-england-virtual/>

**Dissemination of tobacco cessation / nicotine use prevention materials to reach high risk groups, attention 18-24yo**

- **FDA News Release: Sep 30, 2021 - Youth E-cigarette Use Remains Serious Public Health Concern Amid COVID-19 Pandemic**

*Almost 85 Percent of the More Than 2 Million U.S. Middle and High School Students Who Used E-Cigarettes Used Flavored E-Cigarettes in 2021.* Read more:

<https://www.fda.gov/news-events/press-announcements/youth-e-cigarette-use-remains-serious-public-health-concern-amid-covid-19-pandemic>

- Data from 2019 YRBS Carroll County NH

Past 30 days....

...used an electronic vapor product, 57.1% yes, male 45.2%, female, 35.5%

...used an electronic vapor product all 30 days, 11.2%, males, 13.4%, female, 8.6%

...how did you usually get your electronic vapor product? Borrowed, 18.4%;

Someone else bought them, 8%

2:15 Next Steps for the Implementation Team-

## Next meetings

Nov 17, Dec 15, Jan 19

You are invited to a Zoom meeting.

When: Nov 17, 2021 01:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting.

Thank you!

Kim Perkinson, [prevention@c3ph.org](mailto:prevention@c3ph.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)