

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Agenda – August 5, 2025

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI:

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDIuHtRorTn80ou-lizThDOxqgR8>

Attendance:

Objectives	Updates	Follow up items, By Who
Special Presentation: Building Bridges to Problem Gambling Solutions. Ed Talbot.	A presentation by Ed Talbot, founder of the NH Council on Problem Gambling. Understanding, Identifying and screening for problem gambling. Connections to substance use disorder and suicide risk, and resources to get help.	
Stakeholder assistance in information dissemination -	See CC Responds to SUD Flyers Folder here and add your own flyers, event/service announcements. Take a look in the Google Folder. Lots of valuable info!	

Advocacy	<p>Follow these organization pages and social media sites for opportunities to speak up for access to behavioral health services, prevention, intervention, treatment and recovery:</p> <ol style="list-style-type: none"> 1. https://new-futures.org/ 2. https://www.naminh.org/take-action/ 3. 	
Strategic Prevention Model: assessment, capacity development, planning, implementation, evaluation - Jen	<p>Update on Prevention objectives for 2024-2025</p> <ol style="list-style-type: none"> 1. We have launched a Carroll County Youth Wellness Team. For more information contact jennifer.thomas@graniteuw.org The group will meet monthly on 2nd Wednesday at 11 by zoom. Meeting ID: 811 5121 1790 	
Other updates? Early ID & Intervention Treatment & Recovery		
Flyers/Announcements	<p>Click here to access flyers folder and get information about the following upcoming events</p> <ul style="list-style-type: none"> ○ NH MCAP Access Line. Provider to Provider Child Adolescent Psychiatry line at Dartmouth ○ August 7 Narcan Training and Distribution, Ossipee ○ August 8 Revolving Coset Back to School Backpacks, school supplies and clothing giveaway, North Conway ○ August 9 Party in the Park, Ossipee ○ August 13 & 20, Understanding Dementia Program by Tamworth Nurses Association ○ August 14 Way Station Resource Fair, North Conway ○ August Calendar for North Country Peer Support – Conway Center ○ Sep 24 Mental Health Training for Emergency Dispatch Personnel, Moultonborough ○ Sep 25 QPR Suicide Prevention Training ○ Stay tuned for more event announcements for September 	

	Recovery Month. Is your Org doing an event? We would love to hear!	
--	--	--

10:30 Adjourn.

Happy Healthy Summer! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, continuum@c3ph.org

You are invited to our next Zoom meeting.

When: Oct 7, 2025 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.



(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS

1

PCP needs support managing a pediatric behavioral health concern

Support needs may be patient-specific or more general and include diagnosis, medication, and other treatment options.

2

PCP or support staff call the Access Line at (603) 650-4741 to schedule a provider to provide phone consultation

Be prepared to provide patient demographic data, a direct line to the PCP (back office or cell), and scheduling availability.

3

Child & Adolescent Psychiatrist returns call at scheduled time to complete consult

Most consults are scheduled within 1-3 business days and last about 15 minutes. PCPs can bill for time spent preparing and completing the consult.

4

Consult recommendations are e-faxed to PCP

A summary of the consult is sent to include in the patient chart.



**Institute for Health
Policy and Practice**



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$850,000 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).



(603) 650-4741

Provider-to-provider
child psychiatry support



Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care | Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$850,000 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).



**NATIONAL
RECOVERY
MONTH**
RECOVERY. HOPE. HEALING.



**CARROLL COUNTY COALITION
FOR PUBLIC HEALTH**
An Initiative of Granite United Way



STARTS NOW IN CARROLL COUNTY, NH

**AUG
5**

Tuesday, August 5, 9:00am-10:30am on Zoom

Building Bridges to Problem Gambling Solutions

Carroll County Coalition for Public Health hosts a virtual presentation by NH Council on Problem Gambling, with additional time for resource sharing. To register www.c3ph.org/newsevents/events

**AUG
7**

Thursday, August 7, 5:30-6:30 at Ossipee Concerned Citizens, 3 Dore St, Ossipee

Narcan Training and Distribution, Ossipee

A free in person training on how to carry and use Narcan/naloxone to respond to an opioid overdose emergency. Open to the public. Includes a no cost Narcan kit.

**AUG
19**

Tuesday, August 19, 3-6pm, MWV Farmer's Market, NCCC, North Conway

International Overdose Awareness Day Info Table

Carroll County Coalition for Public Health and White Horse Recovery will host a table of resources, information, and Narcan at the Farmer's Market in North Conway.

**AUG
30**

Saturday, August 30, 9-12pm, Tamworth Farmer's Market, Tamworth Village

International Overdose Awareness Day Info Table

Carroll County Coalition for Public Health and White Horse Recovery will host a table of resources, information, and Narcan at the Farmer's Market in Tamworth.

**SEP
12**

Tuesday, Sept 12, 05:30 - 6:30pm, The Shed, White Horse Recovery Ctr, N. Conway

Narcan Training and Distribution, North Conway

A free in person training on how to carry and use Narcan/naloxone to respond to an opioid overdose emergency. Open to the public. Includes a no cost Narcan kit.

**SEP
17**

Wednesday, Sep 17, 06:00-07:30pm, virtual

Virtual Book Club, Healing a Village, by Mark LeFebvre

Discover how communities can rise together in response to the addiction crisis in *Healing a Village: A Practical Guide to Building Recovery Ready Communities*. Author Mark Lefebvre shares a message of hope rooted in real-life solutions. <https://www.healing-a-village.com/events/maine-dhhs-virtual-book-club>

**SEP
25**

Thursday, Sep 25, 05:30-7:00pm, The Shed, 2977 White Mtn Highway, N. Conway

Recovery Month Open House, The Shed North Conway

Visit The Shed North at White Horse Recovery. Meet the trained Recovery Coaching staff and learn about services available for walk-in peer recovery supports including coaching, support groups, community activities and family supports.

**OCT
7**

Tuesday, Oct 7, 9:00-10:30am on zoom

Carroll County Responds to Substance Use Disorder

1st Tue of Oct, Dec, Feb, Apr, Jun, Aug by Zoom. 9:00-10:30am This meeting is for anyone in healthcare, social services, public safety, education, business, government and concerned citizens who want to work together in a community wide response to substance use disorder. <https://www.c3ph.org/newsevents/events>

www.c3ph.org

FREE NARCAN TRAINING.

INCLUDES A FREE NARCAN KIT



AUGUST 7, 2025

5:30-6:30PM

IN PERSON

AT

OSSIPEE CONCERNED CITIZENS

3 DORE ST

CTR OSSIPEE

OPEN TO THE PUBLIC

SAVE A LIFE. CARRY NARCAN.

**CARROLL COUNTY COALITION
FOR PUBLIC HEALTH**
An Initiative of Granite United Way

www.c3ph.org



BACKPACK GIVEAWAY!

School supplies offered for families and youth in need. Ages 12-18

FRIDAY, AUG 8th • 4-6pm

1st Congregational Church — 2521 White Mountain Hwy., North Conway

**CARE TO
DONATE?**

Checks made payable to:



NORTH COUNTRY
CARES

NORTHCOUNTRYCARESNH.ORG

northcountrycaresboard@gmail.com

PO Box 2663

North Conway, NH 03860

For additional information or questions, please contact:

Emily Smith Mossman or Holly Sares 603-520-8274



University of
New Hampshire
Extension



Food will be
provided!

Way Station Resource Day

**THURSDAY, AUGUST 14TH 12PM-4PM
AT THE WAY STATION**

You are invited to the Way Station Resource Day!

Come and learn what services are available to you

If you need transportation
Contact Troy at White Horse Recovery
603-651-1441 extension 1302



Service Providers register for a table here

<https://forms.gle/6gWxreA7T1AEt8KT6>

The Way Station

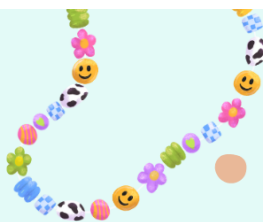
15 Grove Street
North Conway, NH 03860

Accommodations available, including language access services, upon request before an event at unh.how/request

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer.

UNH, U.S. Dept. of Agriculture, and New Hampshire counties cooperating. Direct inquiries to unh.civilrights@unh.edu.

USDA is an equal opportunity provider and employer.



COME JOIN US

PARTY IN THE PARK

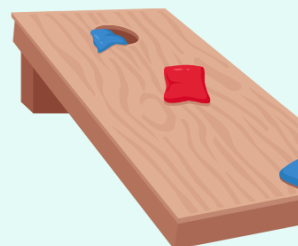
9 AUG

10AM - 1PM
CONSTITUTION PARK
OSSIEE, NH

ACTIVITIES

TOUCH-A-TRUCK

LIVE MUSIC
MAKERS MARKET
COLOR FUN RUN
FACE PAINTING
DISC GOLF INTRO
NONPROFIT VILLAGE
PSYCHIC CARD READINGS
GAGA BALL PIT
CORNHOLE
FOOD TRUCKS
DIY BEADED CRAFTS
PICKLEBALL DEMOS
... AND MORE!



North Country Peer Support Conway Center

August 2025 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Address: 6 Main Street Conway, NH 03818 Phone: (603)447-1765 Hours: Monday through Friday 8am to 4pm</p>						
3 Closed	4 Morning Meditation/Weekly Goal Setting 9am – 10am Art Therapy 10am – 11am W.R.A.P Group 1pm – 2pm Self-Advocacy 2pm – 3pm	5 Morning Meditation 9am – 10am Stress Management 10am – 11am SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm	6 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm	7 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm	8 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm	9 Closed
10 Closed	11 Morning Meditation/Weekly Goal Setting 9am – 10am Art Therapy 10am – 11am W.R.A.P Group 1pm – 2pm Self-Advocacy 2pm – 3pm	12 Morning Meditation 9am – 10am Stress Management 10am – 11am SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm	13 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm	14 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm	15 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm	16 Closed
17 Closed	18 Closed	19 Opening @12pm SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm	20 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm	21 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm	22 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm	23 Closed
24 Closed	25 Morning Meditation/Weekly Goal Setting 9am – 10am Art Therapy 10am – 11am W.R.A.P Group 1pm – 2pm Self-Advocacy 2pm – 3pm	26 Morning Meditation 9am – 10am Stress Management 10am – 11am SMART Recovery 1pm – 2pm Gratitude 2pm – 3pm	27 Morning Meditation 9am – 10am Boundaries 10am – 11am Weekly Member's Meeting 1pm – 2pm Afternoon Walk 2pm – 3pm	28 Morning Meditation 9am – 10am SMART Recovery 10am – 11am Music Appreciation 11am – 12pm Making Good Choices 2pm – 3pm	29 Morning Meditation 9am – 10am Community Connection Hybrid Group 10am – 11am Cards & Games 1pm – 3pm Weekly Wind Down 3pm – 4pm	30 Closed
31 Closed	Join us for lunch every Monday, Wednesday, and Friday from 12 to 1pm!					

A Community Education Program : Understanding Dementia

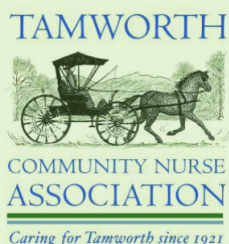


Julie Van Dyne, R.N. is a Positive Approach to Care Certified Independent Trainer with a passion for changing the culture of dementia care. She believes in meeting people where they are and from a place of love.

Where:

Tamworth Community Nurses Association Classroom,
86 Main Street, Tamworth Village

To Register:
Call TCNA
603-323-8511



Virtual Dementia Tour

- Take a glimpse into the world of a person living with dementia and how they experience the world

Wednesday, 8/06/25 9:00AM-10:00AM or
Wednesday, 8/06/25 4:00PM-5:00PM

Positive Approach to Care (PAC) Approved Workshop

- **Normal Aging vs. Not Normal Aging**
Wednesday, 8/13/25 9:00AM-11:00AM or
Wednesday, 8/13/25 4:00PM-6:00PM
- **Positive Physical Approach™ & Hand-under-Hand**
Wednesday, 8/20/25 9:00AM-11:00AM or
Wednesday, 8/20/25 4:00PM-6:00PM

Sign up for 1, 2, or all 3 workshops at no cost to you!

Workshop Objectives:

- Simulate a dementia experience to provide a deeper understanding of a person living with dementia.
- Compare and contrast **normal** aging versus **not normal** aging related to various cognitive functions.
- Describe the five sensory input and processing systems, highlighting the dominant role of vision.
- Describe changes in visual processing
- Compare and contrast traditional social greeting and communication efforts with PPA as it relates to reactions and responses from the person living with dementia.
- Practice PPA in simulated situations
- Practice ways to help the person living with dementia to feel productive and valued

PAC Certified Independent Trainers are not employees of Positive Approach, LLC. The opinions and views expressed by PAC Certified Independent Trainers do not necessarily reflect the opinions and views of Positive Approach, LLC or any of its employees. Positive Approach, LLC is not liable for any actions by PAC Certified Independent Trainers. This series of workshops is funded by Tamworth Community Nurses Association.



MENTAL HEALTH TRAINING DATES FOR NH EMERGENCY DISPATCH PERSONNEL

Presented by Forge Health - Veterans & First Responders Program (VFR)

PURPOSE

A trauma-informed, in-person training tailored for emergency dispatch professionals, designed to strengthen mental health call management, address habitual callers, reinforce de-escalation skills, promote empathy, wellness & resilience

TARGET AUDIENCE

Emergency dispatch personnel

FORMAT

a full-day in person session

8:00am registration

8:30am - 3:30pm training

Includes: light breakfast, lunch
afternoon snack (grant funded)

CHOOSE A LOCATION NEAREST YOU

Moultonborough, Sept 24, 2025

at Moultonborough Safety Building

Concord, Oct 22, 2025

at Primex, Bow Brook Place, Concord

Derry, Nov. 5, 2025

at Derry Municipal Center

CORE TOPICS



MENTAL HEALTH 101

common signs, symptoms, conditions,



ADDRESSING HABITUAL CALLERS

understanding motivations, choosing interventions



RESOURCE & REFERRAL NAVIGATION

guiding callers to the right supports



DE-ESCALATION TECHNIQUES

managing heightened emotions; scenarios, practice



EMPATHY & COMPASSION FATIGUE

sustaining empathy and preventing burnout



TRAUMA-INFORMED RESPONSE,

VICARIOUS TRAUMA & RESILIENCE

seeing through a trauma-informed lens, impact on
caller & dispatcher, and self-care.

*Register
Now* →



HOST: Carroll County Coalition for Public Health



Sept 25, 2025



9-12:30 PM EST



1035 Whittier Highway (Route 25)
MOULTONBOROUGH, NH 03254



Suicide Prevention Training



LET'S REDUCE THE STIGMA AND SAVE LIVES

Become a Gatekeeper! Join us for a QPR training, a three-step prevention and intervention training, where you will learn how to recognize the warning signs of suicide, how to offer help, and how to save a life.

Are you 'Asking the Question?' Learn how asking about military service can enhance your ability to best support service members, veterans, and military families!

LIMITED TICKETS. This is a **FREE** training taught by our certified QPR instructor.



- ✓ Understand common myths and facts surrounding suicidal behavior
- ✓ Understand means reduction and how to immediately reduce risk
- ✓ Recognize and identify common risk factors and warning signs of suicide

CARROLL COUNTY COALITION
FOR PUBLIC HEALTH
An Initiative of Granite United Way



VETERANS
COUNT
veteranscountnh.org

REGISTER
NOW!

[Click here](#)
or use the
QR code.



SCAN ME

For further information,
email a.baer@harborcarenh.org.

 **Harbor Care**
HOUSING ▯ HEALTHCARE ▯ VETERAN SERVICES

This training offers FREE LADC 3.0 CEs and NASW
NH 3.0 Category A CEs in Suicide Prevention
(NASW NH CE # 4341)

Presented by SSG Fox Suicide Prevention Program