

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Agenda – April 2, 2024

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI: (603) 301-1252

Jennifer Thomas, [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)

Catalina Kirsch, [catalina.kirsch@graniteuw.org](mailto:catalina.kirsch@graniteuw.org)



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

[https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV\\_wr?usp=sharing](https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing)

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDIuHtRorTn80ou-lizThDOxgR8>

Attendance:

Jen Thomas	Substance Misuse Prevention Coordinator at C3PH
Catalina Kirsch	Continuum of Care Facilitator at C3PH
Emily McArdle	Young Adult Outreach at C3PH

Focus on Prevention: Jennifer Thomas

- Carroll County Youth Substance Misuse Prevention Subcommittee
  - Youth Peer to Peer Groups as prevention, treatment, and recovery support. Update on the start of [Alternative Peer Groups | Creating Connections NH \(unh.edu\)](#)
  - Updates from New Futures on salient bills
    - Legislation about Substance Use:
      - <https://new-futures.org/issues/substance-use>
      - <https://new-futures.org/alcohol-oher-drugs>
- Be the 1 Youth Suicide Prevention meeting. <https://www.c3ph.org/initiatives/youth-suicide-prevention>
- DHHS/BDAS YRBS workgroups
  - Working on assessing current knowledge/barriers with administrators in schools/districts
- Carroll County Veterans Coalition
  - Summit in Spring. Planning is underway. (attach flyer)

- NH DHHS Bureau of Drug and Alcohol Services BDAS –
- SAU 49 – District Community Leadership Team 2023-2024 –
- SAU 9 – District Student Behavioral Health Collaborative 2023-2024 –
- NH Dept of Ed – YRBS Data group, Botvin Life Skills Training, Summer Professional Development coming up
- Upper Elementary School / Middle School strategies update –
  - Presentation to Parents - Moultonborough

Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery) – Catalina Kirsch

- Assets: What areas of strength right now? SBIRT to Memorial. Blue Heron – contingency management initiative expanded to OUD, Kinship Support Group
- Gaps: Where are the most critical areas of need right now? Housing & transportation. Need in-person for youth.
- Data – [DMI JANUARY 2024](#)
  - Drug overdose deaths in New Hampshire appear to decrease from 2022 to 2023. This would be the first decrease in the last four years.
  - Deaths in 2022 increased 11.5% compared to 2021, which was the third consecutive yearly increase in NH. 2022 numbers resembled those from 2016-2018 when drug overdose deaths in NH were at their highest.
  - Trends:
    - For 2023, as of 13 February 2024, there are 408 confirmed drug overdose deaths and 19 cases pending toxicology. Carroll County towns reporting 1-5 deaths between 2/2023 and 1/2024 include Conway, Tamworth, Freedom, Effingham, Ossipee, Moultonborough, Tuftonboro, Wolfeboro and Wakefield.
    - EMS calls involving overdose/substance use between 2/2023 and 1/2024 occurred in all Carroll County towns except Jackson, Chatham, Madison, Eaton, and Brookfield. All reported between 1-25 calls. Conway reported between 26-100 calls.
    - So far for 2023, Hillsborough County has the highest suspected drug use resulting in overdose deaths per capita, at 3.70 deaths. Carroll County = 1.97 per 10,000 population. Coos County follows closely with 3.49 overdose deaths per 10,000 population.
    - The age group with the largest number of drug overdose deaths is 30-39 years, which represents almost 32% of all overdose deaths for 2023.
    - Males account for 70% of the total drug overdose deaths so far in 2023.
    - Males between the ages of 30-39 account for about 23% of the total drug overdose deaths so far in 2023.
- Increased communication among providers –
- Increased capacity and delivery of services
  - [Harm Reduction Supplies. Order here](#)

- Harm Reduction – Planning for 24 NaloxBox community installations & harm reduction supplies distribution. Please email [catalina.kirsch@graniteuw.org](mailto:catalina.kirsch@graniteuw.org) with input:
  - NaloxBox Installation Update . Seeking locations to install Naloxbox across Carroll County. What are public locations across Carroll County where a wall mounted emergency naloxone (NaloxBox) will have the greatest chance of helping to respond to overdose?
  - Fmi <https://naloxbox.org/>
- Updates from the Field.
  - Early Identification/Intervention –
    - SBIRT at Memorial
  - Treatment/Recovery –
    - HRSA Grant exploration. C3PH reaching out to NCHC to explore collaborative proposal
    - Blue Heron –
    - Memorial Hospital – FT Addiction Medicine May 1, counseling from Bridgton, onsite peer support in development
    - Way Station – serving unhoused – many persons served are living with SUD.
    - Training coming up on self-administered HIV testing at White Horse Recovery.
  - Other updates:
    - Chelsea/WIOA- Doing enrollments regularly, refer anyone that is interested to her. Has support services available to those who are doing trainings- up to \$1,500 for rent, car payments, electrical bills, etc. Looking for fentanyl test strips to have in her office. [See flyer here.](#)
      - Catalina/C3PH ensure that Chelsea receives harm reduction supplies (Littleton Doorway should be able to provide supplies, Mark has test strips as well).
  - Advocacy
    - [Alcohol Fund Fact Sheet](#)
    - [New Futures 2024 Campaign Priorities](#)
    - [Magnify Voices](#)

10:25 Other updates? Announcements?

**Do you have event flyers to share? Please upload them here: [CC Responds to SUD Flyers to Share](#)**

**What's posted there now?**

Do you have other information you would like to share? Please add it to a shared doc here: [CC Responds to SUD Updates to Share](#)

10:30

Adjourn.

Happy Snowy Spring! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to [continuum@c3ph.org](mailto:continuum@c3ph.org) .

Jennifer Thomas, [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

Next meeting:

You are invited to a Zoom meeting.

When: Jun 4, 2024 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.

Resources on next page(s) (Information Dissemination)



SOLVING PROBLEMS THROUGH POLICY CHANGE

4/1/2024

Welcome back to another edition of our weekly Upcoming Hearings and Votes email! This week, we are focusing our efforts on several bills that are set for votes in the New Hampshire Senate. Among these are four anti-LGBTQ+ bills, and bills related to expanding access to child care and preventing childhood lead exposure.

Learn more and take action below:

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### Upcoming Public Hearings - Tuesday, April 2

#### 11:10 AM: SB 359 - Child Marriage (Legislative Office Building, Room 206)

The House Children and Family Law Committee is holding a public hearing on [SB 359](#), which would raise the legal age of marriage in New Hampshire from 16 to 18 years old. This bill has already passed the Senate.

[Sign In to Support SB 359](#)

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### Upcoming Executive Sessions

The Senate Finance Committee is expected to vote on a recommendation for the following priority bills on **Tuesday, April 2**. Following the Committee vote, the bills will likely go to a Senate floor vote on Thursday, April 4.

**Oversight of Substance Use Treatment System:** SB 495 would improve New Hampshire's substance use treatment system by strengthening patient protections and ensuring high-quality services. [Email the Senate Finance Committee](#) to urge them to protect the health of individuals battling addiction.

**Preventing Childhood Lead Exposure:** SB 392 increases efforts to make New Hampshire homes and communities lead-safe by allocating additional resources to a fund that helps remove lead hazards from residential buildings. This would help prevent lead exposure in NH children, who are at the highest risk for lead poisoning. [Email the Senate Finance Committee](#) to urge them to protect NH children from the harms of lead exposure.

**Cannabis Commercialization:** HB 1633 is the only bill in the legislature this year attempting to legalize recreational cannabis for adult use. While the amended bill meets many of [New Futures' Principles for Responsible Cannabis Policy](#), it does not include **any** funding for substance use and mental health prevention, treatment, and recovery. [Email the Finance Committee](#) to urge them to prioritize funding to reduce the harms of legalizing another addictive product.

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### Upcoming Senate Votes

This week likely marks the last Senate session before crossover, meaning that many of our priority bills will have votes in the Senate.

**Child Care for Child Care Teachers:** SB 404 provides child care workers with automatic access to the New Hampshire Child Care Scholarship program to help keep qualified early childhood educators in the field. The bill met an unexpected hurdle last week when the Senate Finance Committee passed an amendment that would remove funding needed to help child care teachers access scholarship funds for their own children. [Email your state senator](#) to encourage them to overturn the Senate Finance amendment and pass the earlier version of SB 404.

**Supports for Child Care Centers:** SB 596 would provide child care centers with the necessary resources to care for children with additional developmental and behavioral needs. Last week, the Senate Education Committee unanimously voted not to recommend passage for this bill, however, there is still time to [email your state senator](#) and encourage them to overturn the committee recommendation and pass the bill!

**Mandatory Outing in Schools:** SB 341 would require school employees to disclose the gender identity or sexual orientation of students to parents. Requiring teachers to share sensitive information with parents before the student is ready removes the students' opportunity to feel supported by a trusted adult. Additionally, outing a student to unsupportive parents can threaten their physical and mental health. If you haven't already, [email your Senator](#) to urge them to oppose forced outing bills to protect youth in schools.

**Sports Bans for Transgender Girls:** Both SB 375 and SB 524 would ban transgender girls from playing on school sports teams that align with their gender identity at both the interscholastic and intercollegiate level. Sports and athletics offer opportunities for all students to build a sense of belonging and learn important life skills like teamwork, leadership, confidence, and self-discipline. [Email your Senator](#) to urge them to oppose sports bans for transgender girls so they won't be denied the positive opportunities that sports provide.

**Discrimination in Public Spaces:** SB 562 would allow for discrimination against transgender people by banning them from using bathrooms or locker rooms and participating in sports that align with their preferred gender identity. Bans such as these prohibit transgender youth from participating in typical daily activities and make them feel unwelcome in their communities, which leads to poorer mental health outcomes. [Email your Senator](#) to urge them to oppose bills that discriminate against transgender people in public spaces.

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## Recapping Last Week's House Votes

**[Recovery Housing](#):** The House voted to pass HB 1521, which supports the development of recovery housing in New Hampshire by helping cities and towns develop recovery housing resources. The bill will now advance to the Senate.

**[Protecting the Alcohol Fund](#):** The House voted to send HB 1702 to interim study, meaning it will not advance this session. This bill would have repealed the Liquor Commission Fund and removed the requirement that five percent of gross profits from state alcohol sales be directed to the Alcohol Abuse Prevention and Treatment Fund.

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To check in on the status of all our priority bills, visit our [Current Legislation](#) page and select an issue you care about.

Thank you for your continued advocacy interests this session!

Sincerely,

**Jake Berry**

Vice President of Policy

**New Futures**

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## 55th New England School of Addiction and Prevention Studies – June 10 - 13, 2024

### *Worcester State University, Worcester, MA and Virtual*

2nd Annual Hybrid Summer School, with 2 Ways to Attend:

Face-to-Face: - Join us in person in Worcester! or Virtual Live Program - Join us virtually!

**2024 Course Proposals: Proposal Deadline: January 25, 2024**

[Click here to download Presentation Proposal Information sheet.](#)

**Online Course Proposal Link:** [https://www.surveymonkey.com/r/nesas24\\_proposals](https://www.surveymonkey.com/r/nesas24_proposals)

#### **About the Summer School**

The New England School of Addiction and Prevention Studies, commonly called Summer School, is an intensive 4-day learning experience to further knowledge, skills, and experience in the field of substance use disorder services. For over 55 years, participants from many disciplines have come together to form a unique, diverse learning community. This year will be our second hybrid year, with options to attend the program in person in Worcester or to attend the program virtually!

We are delighted to return to Worcester State University for a face-to-face program.

Due to the continued strong demand for intensive Summer School programming online, we are happy to also offer a live virtual program.

- Select from many intensive courses from across the continuum of treatment, prevention, and recovery.
- Virtual courses will take place live by videoconference, allowing for course group work and interaction.
- In addition to courses: plenary sessions, community, and more!
- Options are available to attend the full program, or any number of days.
- Earn 26 Contact Hours during the week.

Courses are designed for the extensive demands of today's professionals and organizations:

- Certification, licensing, and re-credentialing;
- Evidence-based practices;
- Addressing health disparities and equity issues;
- Behavioral healthcare and primary care integration;
- Recovery oriented care across the continuum;
- Addressing the opioid crisis, stimulants, and other current drug trends;
- And many other current and emerging topics!

New England summer programs have been developed to respond to specific needs in our regional workforce. Participants may attend offerings specifically for treatment, prevention, or recovery support, or select courses of interest to all.

The Summer School provides wonderful combined learning opportunities for participants working in different areas of the behavioral health services continuum.

Please join us for new knowledge, skills, virtual networking and continuing education contact hours in June!

**Partial New England State Scholarships are available from most New England states.**

The Summer School is appropriate for all who recognize the impact of alcohol, tobacco and other drugs on individuals, families, and communities. **We hope to see you either in person or virtually at this year's Summer School!**

**Complete course information, registration, and scholarship information will be posted to this website in March. [Click here to sign up for the Email List.](#)** Please contact us with any questions at [neias@neias.org](mailto:neias@neias.org) or 207-621-2549.



# Save the Date

We invite you to join us for the unveiling of a no-cost Naloxone vending machine as the latest installment in our Save-One-Life Campaign across the North Country.

- Resources
- Naloxone Training
- Opportunities for connection



We are inviting everyone to this celebration on **April 9<sup>th</sup>, 2024 at 2:00 PM**, located at the main entrance of the **Mt. Eustis Common building**  
**262 Cottage Street, Littleton, NH.**

There is a QR code attached for you to RSVP, no chance to RSVP, that's fine we will still be happy to see you there!

Fmi:

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Website: [NCHCNH.org](http://NCHCNH.org)



Naloxone Vending Machine  
Ribbon Cutting Ceremony RSVP



For connections to Substance Use Disorder resources visit [AskPETRA.org](http://AskPETRA.org).