

**Carroll County Youth Wellness Team  
Agenda**

Time: 1200 PM Eastern Time (US and Canada) Every month on the Second Tuesday, until Jun 10, 2026, 14 occurrence(s)  
Join Zoom Meeting  
<https://us02web.zoom.us/j/81151211790>  
fmi [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)



1. Introductions

Name	Organization

2. Guest Speakers

- a. NAMI NH
- b. Northern Human Services
- c. Local ED representative
- d. Rapid Response/988

3. Partner Updates

4. C3PH Updates

- a. Catalina
  - i. CC SUD Conference June 20, Adult day center
  - ii. [https://www.eventbrite.com/e/carroll-county-substance-use-disorder-conference-tickets-1985314519170?aff=oddtcreator&keep\\_tld=true](https://www.eventbrite.com/e/carroll-county-substance-use-disorder-conference-tickets-1985314519170?aff=oddtcreator&keep_tld=true)
- b. Emily
- c. Jen

- i. Working with Starting Point to pull an infographic on bullying/healthy relationships
  - ii. New Mental Health App deciding tree for youth
  - iii. Military family fair on August 1 at Schouler Park
- 5. Presentation
  - a. none
- 6. Questions and Discussions
- 7. Resources and Activities
  - a. [May 3.pdf](#) Prevention Newsletter from BDAS/DHHS
  - b. Compassionate Conversations in SUD Care: Drug Supply Trends, Overdose Response, and Stigma Reduction - May 15, 2026 A 4-Hour Training with Stephen Murray, MPH, NRP**
    - i. 8:30am-1:30pm
    - ii. North Conway Community Center (Conference Room), 78 Norcross Cir, North Conway, NH 03860
    - iii. <https://educate.nhadaca.org/products/compassionate-conversations-in-sud-care-drug-supply-trends-overdose-response-and-stigma-reduction-may-15-2026>
  - c. Revisiting Ethical Considerations in Peer-Assisted Recovery - June 1, 2026**
    - i. **A 6-Hour Training with Josh Colwell, CRSW & John Iudice, LICSW, MLADC**
    - ii. 8:30am-4:00pm
    - iii. Cambria Hotel, 1858 White Mountain Hwy, North Conway, NH 03860
    - iv. <https://educate.nhadaca.org/products/revisiting-ethical-considerations-in-peer-assisted-recovery-june-1-2026>
- 8. Next Steps
- 9. Close and Thank You!
  - a. Next meeting June 9 at 1200!

Action Plan

Action	Who	Resources	When	Notes
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FREE Training  
+ CE Credits



# BE SENSITIVE, BE BRAVE FOR MENTAL HEALTH

## A Culturally Infused Workshop on Mental Health for Community Members

BSBB for Mental Health is a 2-hour interactive, first-of-its-kind culturally infused workshop in NH that prepares community members to help friends and loved ones during times of distress. Delivered through SSG Fox SPGP by the state's only BSBB-certified trainer.

### LEARN

- Identify if someone is in mental distress
- Practice being sensitive and brave in helping other
- Build resilience using a recipe for mental health
- build cultural sensitivity around mental health
- Respond to community needs and decrease stigma

### JOIN US

Workshops are designed for community members at large, with a unique, audience-specific curriculum available exclusively for first responders and veterans through the SSG Fox Suicide Prevention Program.

### CRISIS SUPPORT

If you know someone who is in suicidal crisis or emotional distress, free and confidential support is available 24/7: Call or text 988, or text "HOME" to 741741.

CommunityConnections  
Psychological Associates, Inc.

Time ::: 10 am - 12 pm

Date ::: Thu, June 4, 2026

Location ::: Virtual

Note: Registration is required

Register  
Now!  
(Limited Seats)



Scan Me

 **Harbor Care**  
HOUSING ▾ HEALTHCARE ▾ VETERAN SERVICES

SSG Fox offers a variety of free suicide prevention and mental health trainings led by a certified trainer, all providing free CEs approved by OPLC and NHNASW. For more information contact: [a.baer@harborcarenh.org](mailto:a.baer@harborcarenh.org)

# **MAKE A DIFFERENCE**

## **PEER SUPPORT SPECIALIST – CONWAY REGION**

### **Join Northern Human Services Mobile Crisis Deployment Team**

#### **Earn \$25/hour when deployed to support individuals in crisis**

Northern Human Services is seeking individuals and two-person teams to respond to mental health crises in the Conway region. This role uses lived experience to support individuals in urgent need and make a meaningful impact in the community.

#### **ROLE OVERVIEW**

- Respond to individuals experiencing acute mental health crises
- Provide peer-based emotional support and guidance
- Work as part of a 2-person team
- Support recovery through lived experience

#### **PAY & SCHEDULE**

- On-call from home (readiness to deploy; no other work duties required)
- Shift: 5:00 PM – 11:00 PM (6 hours)
- \$9.25/hour on-call rate
- \$25.00/hour during active deployment
- Mileage reimbursement provided

#### **REQUIREMENTS**

- Lived experience with mental health or recovery services
- Valid driver's license
- Active auto insurance

### **APPLY OR LEARN MORE**

Contact Richard Melillo  
rmelillo@northernhs.org



# NATIONAL SENIOR HEALTH & FITNESS FAIR

*Wednesday, May 27th @10 am*

**@ POP WHALEN ICE & ARTS CENTER  
390 PINE HILL RD., WOLFEBORO**

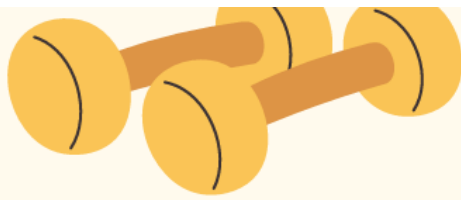
Join us for our National Senior Health and Fitness Fair and find out what services are being offered in the Wolfeboro area!

Come visit with vendors, catch a presentation or demo, and maybe win a raffle prize!

For more information:  
please contact Lexey at

[programmer@wolfeboronh.us](mailto:programmer@wolfeboronh.us) or 569-5639





# NATIONAL SENIOR HEALTH & FITNESS FAIR

*Wednesday, May 27th @10 am*

**@ POP WHALEN ICE & ARTS CENTER  
390 PINE HILL RD., WOLFEBORO**

We are looking for vendors that offer services to the senior community! Do you offer a service to seniors? Are you looking for opportunities to spread the word? Look no further! Sign up for a vendor spot!

For more information:  
please contact Lexey at  
[programmer@wolfeboronh.us](mailto:programmer@wolfeboronh.us) or 569-5639



**CALLING VETERANS AND SPOUSES!**



# **FREE VETERAN COMMUNITY BREAKFAST**

**WE ARE EXCITED TO SEE YOU! JOIN US!**

*Organizations  
welcome too!*

REGISTRATION  
REQUIRED BY  
PHONE  
60.387.3625 OR  
EMAIL OR QR  
CODE BELOW

SATURDAY

**JUNE  
6**

RIVERS  
EDGE-  
INDIAN  
MOUND  
**10:00AM**

*Hosts*

**WAYNE  
MARSHALL**

.....  
**CARROLL  
COUNTY  
VETERANS  
COALITION**

**FREE!**

**For more information:**  
**JENNIFER.THOMAS@GRANITEUW.ORG**  
**Register here** →



# Trail Ride for First Responders

With Ryder's Riverside Trails

**FREE**



Three Dates available in May!

*More info*



[ryderriversidetrails@gmail.com](mailto:ryderriversidetrails@gmail.com)

<https://www.rydersriversidetrails.com/>



**Join us for a FREE trail ride!!!**

Open to all first responders, active and retired. Come enjoy the first ride of the season, get some fresh air and spend time relaxing.

**Riding helps with:**

- ✓ Reduce stress
- ✓ Get exercise
- ✓ Improve mood

**Register Here**

<https://forms.gle/sNcdkAGyDzJ9bZQU7>





2ND ANNUAL

CARROLL COUNTY VETERANS  
COALITION

YOU'RE INVITED TO OUR

MILITARY  
FAMILY FAIR

OPPORTUNITIES FOR MILITARY FAMILIES TO GET  
CONNECTED TO RESOURCES AND FOR  
ORGANIZATIONS TO CONNECT TO THE PUBLIC AND  
NETWORK



FUN GAMES  
FOR THE KIDS!

1 AUGUST 2026  
1200 - 1600 HRS

INFORMATION  
TABLES



SCHOULER PARK, NORTH CONWAY, NH

REGISTER



JENNIFER.THOMAS@GRANITEUW.ORG

# New Affordable Apartments



## NOW AVAILABLE in Wolfeboro



### Applications are open now Summer 2026 move-in

Harriman Hill III is a brand new apartment community coming to Wolfeboro this summer. Developed by Lakes Region Community Developers, these income-qualified 1, 2, and 3-bedroom apartments are designed for individuals and families who live and work in the Lakes Region.

#### Unit Types:

- 1-Bedroom - 8 available
- 2-Bedroom - 14 available
- 3-Bedroom - 8 available

Rents from \$1,017/mo  
Income eligibility applies to households earning 50% to 120% of Area Median Income



**APPLY TODAY!**  
SCAN QR CODE  
or call  
603-410-4281

## Eligibility and Amenities

### Is Harriman Hill III a fit for you?

These apartments are available to households earning between 50% and 120% of Area Median Income. Income limits are based on household size and updated annually by the U.S. Department of Housing and Urban Development (HUD).

#### What's included:

- Heat and hot water included
- Unit Air Conditioner provided
- Pet friendly (restrictions apply)
- 4 on-site laundry rooms
- Community room
- Walking trail on site
- Accessible units available



## How To Apply

### Applications are being accepted now



**SCAN QR CODE  
OR CONTACT**

**Dylan Bouffard,**  
The Hodges Companies  
Phone: 603-410-4281  
Email: DBouffard@hodgescompanies.com  
Office Hours: Monday-Friday, 8:30am-4:30pm



Lakes Region  
Community  
Developers

Kathy Barnard Circle, Wolfeboro, NH (off Beck Drive)  
Developed by Lakes Region Community Developers  
193 Court Street, Laconia, NH 03246  
603-524-0747 | LRCommunityDevelopers.org

