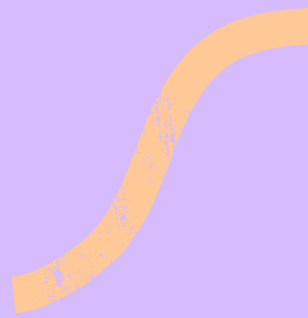




STARTS NOW IN CARROLL COUNTY, NH



**AUG
25**

Tuesday, 8/25, 3:30-6:30, MWV Farmers Market, 78 Norcross Circle, North Conway

International Overdose Awareness Day Info Table - North Conway

C3PH, White Horse Recovery, and MaineHealth Memorial Hospital will host a table of resources, information, and Narcan at the Farmer's Market in North Conway.

**AUG
27**

Thursday, 8/27, 7pm-9:30pm, Public House on Page Hill, 402 Page Hill Rd., Tamworth

Silas Berrier Memorial Seek the Joy Comedy Night

Comedy night with a buffet that starts at 4pm and the show starts seating at 7pm with a start time of 7:30pm. The proceeds go to benefit students of Carroll County Adult Education. All three comedians are well known across the nation and are top notch! <https://www.eventbrite.com/e/the-fifth-annual-silas-berrier-memorial-seek-the-joy-comedy-night-tickets-1994661942565>

**AUG
29**

Saturday, 8/29, 9am-12pm, Tamworth Farmer's Market, 30 Tamworth Rd., Tamworth

International Overdose Awareness Day Info Table - Tamworth

C3PH and White Horse Recovery will host a table of resources, information, and Narcan at the Farmer's Market in Tamworth.



STARTS NOW IN CARROLL COUNTY, NH



SEPT
02

Wednesday, 9/02, 12pm-1pm, Virtual
**Public Safety & Behavioral Health Collaboration
ECHO: Effective Crisis Responses in Your
Community**

Session 7 - Community level actions and State/Federal resources to support coordinated responses.

<https://iecho.org/public/program/PRGM1777050955638042GZ5BU0H>

SEPT
04

Friday, 9/04, 11am-1pm, Virtual
Be Sensitive Be Brave for Suicide Prevention

BSBB for Suicide Prevention will teach you to recognize when someone you know needs that help. And you'll leave this course knowing options to get them access to that help. \$30.

<https://nhadaca.elevate.gocadmium.com/products/be-sensitive-be-brave-for-suicide-prevention-september-4-2026>

SEPT
11

Friday, 9/11, 7:30am-9:30am, 129 Old Rte. 109, Moultonborough
Advocacy Training

A community training on how to reach out to decision makers and speak up for issues important to you. How to use your voice for change. <https://bit.ly/advocate03254>

SEPT
14

Monday, 9/14, 9am-4pm, virtual
Adult Mental Health First Aid

Mental Health First Aid (MHFA) is skills-based training that teaches people how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge.

<https://extension.unh.edu/event/2026/09/adult-mental-health-first-aid-training-september-14-2026>



STARTS NOW IN CARROLL COUNTY, NH

**SEPT
14**

**Monday, 9/14, 5pm-6pm, White Horse Recovery, 68 Rte. 16B,
Center Ossipee**

Family Recovery Support Group

Join us for connection, encouragement, and support in a welcoming environment for families and caregivers of persons with substance use disorder. Supportive discussions, resources and information in a safe, confidential space.

**SEPT
15**

Tuesday, 9/15, 12pm-1pm, Virtual

Alternative Strategies to Medication for the Management of Anxiety

Alternative Strategies to Medication for the Management of Anxiety and Overall Well Being by the Brain Injury Association of NH. Free to all survivors and family members.

<https://p2p.onecause.com/bm2025/event/09vtasm>

**SEPT
15**

Friday, 9/11, 1pm-2pm, Virtual

Workforce Solutions Jam: HR 1 and the Behavioral Health Workforce

Exploring HR1 and its implications for the behavioral health workforce. Hear from experts as they unpack key provisions, discuss potential impacts, and share what behavioral health leaders need to know.

https://us02web.zoom.us/webinar/register/WN_ORnELHFVR0CZLPOODtvfEg#/registration



STARTS NOW IN CARROLL COUNTY, NH

SEPT
15

Tuesday, 9/15, 1:30pm-3pm, Virtual

AID Training

Awareness. Interaction. Directions. (A.I.D.) is a 90 minute mental health awareness training that equips individuals with the necessary information and skills to be a champion for mental health in their communities. A.I.D. training emphasizes a course of action that helps identify a person experiencing mental distress and helps connect them with necessary resources and care. <https://extension.unh.edu/event/2026/09/awareness-interaction-direction-supporting-others-mental-health-september>

SEPT
17

Thursday, 9/17, 1pm-2:30pm, Pope Memorial Library, 2719 White Mountain, Highway., North Conway, or Virtual

Medicaid Matters: A Community Briefing

Join New Futures for a presentation and Q&A on recent federal and state Medicaid changes—including new work requirements, redetermination rules, and premiums—and what they mean for NH residents and the providers who serve them. <https://bit.ly/MedicaidSep17>

SEPT
22

Tuesday, 9/22, 9am-4pm, Virtual

Youth Mental Health First Aid

Evidence-based training that teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents who may be developing a mental health or substance use problem and help connect them to the appropriate care. <https://extension.unh.edu/event/2026/09/youth-mental-health-first-aid-training-september-22-2026>



STARTS NOW IN CARROLL COUNTY, NH

SEPT
23

Wednesday, 9/23, 3pm-5:30pm, Virtual

Living with Chronic Pain Virtual Workshop Series

In this five Wednesdays workshop series, you will learn ways to manage symptoms of chronic pain and meet health goals. Create a weekly action plan to help you meet your goals so that you can do the things in life YOU want to do!

<https://extension.unh.edu/health/programs/chronic-disease-self-management-program>

SEPT
28

Monday, 9/28, 9am-3pm, Virtual

CRSW Bootcamp Series

Certified Recovery Support Worker (CRSW) Bootcamp series of trainings begins September 28. Earn a living by helping others! There are approximately 135,000 in recovery residing in the state of NH. Recovery takes time, commitment, and support. Be part of the solution by increasing your knowledge and working toward becoming a CRSW in NH.

<https://secure.givelively.org/event/north-country-health-consortium/crsw-bootcamp-series-fall-2026>

SEPT
28

Monday, 9/28, 5pm-6pm, White Horse Recovery, 68 Rte. 16B, Center Ossipee

Family Recovery Support Group

Join us for connection, encouragement, and support in a welcoming environment for families and caregivers of persons with substance use disorder. Supportive discussions, resources and information in a safe, confidential space.



STARTS NOW IN CARROLL COUNTY, NH



Ongoing Events

Tues.

Tuesdays, 6pm-8pm, First Congregational Church of Ossipee, 50 Route 16B, Center Ossipee

Celebrate Recovery and Celebration Place

Open Share Groups are designed for individuals struggling with hurts, habits, and hang-ups to share their stories and experiences with others in a safe and supportive environment. These groups, led by trained facilitators, provide a platform for confidential sharing and mutual encouragement, based on the 12 steps and the 8 principles of recovery. Celebration Place is the official companion ministry to Celebrate Recovery for kids ages 5-13.

https://www.firstossipee.org/local_outreach/celebrate-recovery/