

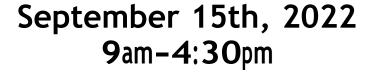
## WIC Breastfeeding Training



Continuing Education Credit (CERPs & CPEUs) available



WIC is Inviting Community
Partners to a Breastfeeding
Training!





This training is for Community health workers, and other staff of hospitals, health centers and community-based organizations who provide services to women and young families.

Register Here https://bit.ly/WIC-Fall22

This 7.5 hour Level 1 training from the USDA Food and Nutrition Services (FNS) "WIC Breastfeeding Curriculum" will cover 5 topic areas:

- Breastfeeding promotion
- Counseling basics
- 3-step counseling
- Preparing for breastfeeding including reasons to breastfeed, barriers, pregnancy and how milk is made
- · Normal breastfeeding and problem solving such as low milk supply and supplementation

Throughout the day, interactive activities and videos will be utilized to support the topic areas.

For questions about the training or need assistance with registration, please contact Kristina Thompson, NH WIC Breastfeeding Coordinator at Kristina.Thompson@dhhs.nh.gov