



WIC Breastfeeding Training



Virtual Training using Microsoft Teams

Continuing Education Credit (CERPs & CPEUs) available



WIC is Inviting Community Partners to a Breastfeeding Training!



September 15th, 2022
9am-4:30pm

This training is for Community health workers, and other staff of hospitals, health centers and community-based organizations who provide services to women and young families.

Register Here



<https://bit.ly/WIC-Fall22>

This 7.5 hour Level 1 training from the USDA Food and Nutrition Services (FNS) **“WIC Breastfeeding Curriculum”** will cover 5 topic areas:

- Breastfeeding promotion
- Counseling basics
- 3-step counseling
- Preparing for breastfeeding including reasons to breastfeed, barriers, pregnancy and how milk is made
- Normal breastfeeding and problem solving such as low milk supply and supplementation

Throughout the day, interactive activities and videos will be utilized to support the topic areas.

For questions about the training or need assistance with registration, please contact Kristina Thompson, NH WIC Breastfeeding Coordinator at Kristina.Thompson@dhhs.nh.gov