

Prevention Leadership Team

Meeting Minutes

October 4, 2016

Introductions: Jennifer Selfridge, C3PH; Mark Riley, Green Mountain Treatment; Cheryl Power, Kingswood Regional High; Emily Benson, C3PH; Lance Zach, White Mountain Restorative Justice; Charles Mulcahy, SAU 9; Chuck Henderson, Sen. Shaheen's office; Sue Ruka, Memorial Hospital; Michelle Ward, C3PH; Sue Thistle, White Horse Addiction Center; Mary Croasdale, Northern Human Services

Coalition Development

- Survey sent to gauge areas of interest, meeting times,
- the purpose of local coalitions is to involve the communities at a more local level
- takes the burden off the schools, community action – independent to include parents, kids, professionals
 - caution looking to add new groups/coalitions – bring current parent/student groups together (SAU 9 Wellness Group, Kingswood Peer Outreach)
- Current Efforts
 - Gov. Wentworth Wellness Group
 - Gov. Wentworth Area Volunteer COOP
 - *Community fulfills youth needs through Sheryl Power*
 - Moultonborough – Wrap around Group –
 - Northern Human Services provides mental health services in the town of Moultonborough two days per week.. Schools make referrals to Northern Human Services counselor should a student need these services
 - SAU 9 Wellness Group p_claystorm@sau9.org
 - Life Bridge Mentoring <http://www.lifebridgementoring.org/>
 - Kingswood Youth Center <http://thekyc.org/>
 - Appalachian Mountain Teen Project, www.teenprojectnh.org/
 - Promote current programs throughout the county, i.e., P2P, Ossipee Gives
 - Kingswood Peer Outreach
 - Project Success –Kennett High School
 - Celebrate Recovery

Memorial New life Program

-11 participating in program

-RN Lead Melissa Robards, Nurse/Midwife, Julie Bosak

SAU Wellness Committee promoting “Mind Up” <https://mindup.org/>

Governor Wentworth Wellness Committee

New Futures 5 Point Agenda www.new-futures.org

- Restore NH Alcohol Fund
- Support permanent Medicaid Expansion

- Invest in evidence informed prevention programs
- Remove barriers to insurance coverage
- Advance behavioral health workforce development

Young Adult (18-30) Survey Results www.c3ph.org

- 5% said there was no one they could talk to
- Results are cultural
- Youth Risk Behavior Survey
 - middle and high school version

Youth (10-17) Leadership Initiatives

- Youth Summit – in near future
- Teen Institute is one option to work with youth; Dover Youth to Youth, Media Power Youth are others

Alternative Sentencing Program

- Expanding capacity – courts overwhelmed with opioid related cases
- 80-85% referrals to therapist are coming from law enforcement
- Launching “Substance and Solutions”
 - Referred by court or community
 - Standard intake
 - Screening including SBIRT
 - 3 MLADC
- Needs reliable/dependable Recovery Coaches
- 24 hour hotline MWV Supports Recovery & Whitehorse
- Launch date tent 2 weeks

Public Health Advisory Council (PHAC)

Substance Misuse Prevention Leadership Team role

- Work group for Substance Misuse work group.

IDN 7 – 1115 Waiver Update- <http://www.dhhs.nh.gov/section-1115-waiver/>

- North Country Health Cons. Leading work
- Steering Committee in place
- Project plan due to the state of end of October
- 5 year time line
- Key component was not to recreated but build off what is currently in place

Continuum of Care

- Green Mountain Detox - full medical detox open – 6 current clients; can take up to 15
- Mt. Washington Valley Supports Recovery Sober Living Facility, continuing to fund raise to meet code requirements.
- White Horse Addiction Center Potential Services Update
 - Sue Thistle new Executive Director – direct care/detox for a number of years
 - Faith-based program, non-sectarian approach to treatment

- Negotiating detox potential at Huggins Hospital

Red Ribbon Week <http://redribbon.org/>

-Onsite – share with the community efforts across the county

- Kingswood Middle /High – Kennett Middle High
- Moultonborough Academy
- Journey Church
- Kingwood Youth Center
- Appalachian Mountain Teen Project
- Bartlett School

County wide photos united –individual site activities – parent/Student pledges on display drawing on organization – upload photos #C3R2-wrist bands – door decoration – health activities – group photo red shirts.

- Promote positive youth behaviors share and current programs

Next meeting: December 6, 2016