

C3PH Public Health Advisory Council Meeting

Minutes

Date: Thursday, September 10th, 2020
Time: 10:00 am – 12:00 pm
Meeting Leader(s): Caleb Gilbert, Carroll County Coalition for Public Health, Public Health Advisory Council Coordinator; Notes by Catalina Kirsch, Continuum of Care Facilitator, C3PH

Attendance

Caleb Gilbert, C3PH; Catalina Kirsch, C3PH; Schelley Rondeau, Central NH VNA; Susan Ticehurst, NH House of Rep.; Danielle Reichert, VA; Tiffany Peña, Granite United Way Central Region; Chuck Henderson, Office of Senator Jeanne Shaheen; Victoria Laracy, Office of Rep. Pappas; Joy Gagnon, UNH Cooperative Extension; Marianne Jackson, Gibson Center for Senior Services; Debbie Verdicchio, So NH Services Child Care Aware; Kera Favorite, Huggins Hospital; Eric Moran, Whitehorse Recovery; BJ Parker, Town of Conway; Raetha Stoddard, Starting Point; Karen Umberger; Rep Bill Nelson; Dawn Barnett, ServiceLink of Carroll County; Heather Phillips, Memorial Hospital

1. Quick updates

- Debbie Verdicchio, Child care aware, chat feature on website. Training calendar virtual this year. Contact them for brochures. <http://nh.childcareaware.org/resources-for-remote-learning-and-hybrid-learning-families/> Here is the link for remote and hybrid learning. Clients can call 1-855-393-1731 ext 2431 for child care referrals.
- Joy, Nutrition Connections, seeking opportunities to give nutrition connections training to remote learning parents
- Marianne Jackson, Gibson Center, Age Friendly Community is still moving forward with its goals.
- Tiffany Pena, Day of Caring different this year, operation of a cereal drive
- Eric Moran, White Horse, seeking to bring inpatient treatment to Ossipee, some community push back. Had to shut for a couple of days related to a client with some symptoms and concern related to COVID. Seeing rise, perhaps related to meth use, of signs of violence against women coming into recovery center.
- BJ Parker. Town of Conway. General Assistance. Statewide offices are slow. Rental moratorium seems to be helping. Budget season underway. Town offices moving into Conway. Wrote a CDBG COVID related grant for critical needs, for life alerts. Recent reports of elderly death at home without discovery after days. Asked for administrative assistance personnel. Asked for Buckets of Love & Prevention supplies for COVID prevention. First call came in from a household whose well went dry. Drought having an impact in the community. Keeping an eye on the trend. Community may need to respond. Water conservation might be a timely message.
- Karen Umberger, concerned citizen. Wants to listen and share info in the community.
- Rep Bill Nelson, checking-in, a member of the Health and Human Service Committee
- Raetha Stoddard, Starting Point, seeing an uptick in calls to crisis line, more lethal type of violence in recent months, responding. Still meeting with clients. Had to get another office space, will not be open to clients, Nearly fully staffed. Local support in donors and volunteers has been good. Fatigue among staff based on circumstances. Want to

collaborate with other agencies to identify need. Upcoming fall season is concerning as people who are homeless will begin to seek shelter from cold weather. Staff sensitive to mental health concerns and substance use concerns.

- Danielle Reichert, Nurse Case Manager, Conway VA outpatient clinic, Hobbs St, 3rd Floor. Encourage veterans to apply for VA services. Many supports available, including a guardian alert for veterans living alone. Clinic open, limited face to face, virtual visits possible, can send equipment to veterans, (BP, pulse oximeters, more)
- Dawn Barnett, ServiceLink, seeing uptick in calls for mental health concerns, need for resources, frustration with accessing services, long term care referrals, home help. Caregiver grant allows funds for COVID related needs. Focus on grandparents, those eligible for EEE funds. Veterans Independence Program assistance, with referral from PCP to ServiceLink. Medicare counseling always busy. Gearing up for Open Enrollment for Medicare. Getting calls for help with Part B plans. Still in office but not offering face to face meetings. Mostly service by phone and email. TCCAP still not open to public.
- Angel at TCCAP. Fuel & Electric Assistance applications available. See TCCAP website, also. People calling in with high electric bills, more. Partnering with Homeless Outreach to access COVID related assistance funds. Still doing USDA foods to supply food pantries. Applications have been made available to town offices.
- Caleb. Remember that individuals and families can contact Children Unlimited, Cathy Livingston, to apply for funds from Granite United Way COVID Relief fund: (603) 447-6356.
- Kera Favorite. Tool. Pathways to Population Health. See website for this helpful tool to gauge how well your organization serves population health:
<http://www.ihl.org/Topics/Population-Health/Pages/Resources.aspx>

2. NH Nexus 2.0 Update – Carroll County Youth Suicide Prevention Project

- Implementation team formed. Met 1st on Aug 25
- Next meeting TBA
- October training by invitation by sector (education, services, health, public safety, faith, Northern and Southern Carroll County)
- Goals – care pathways and transitions, community wide virtual trainings, reduce youth suicide
- Sept is Suicide Prevention Awareness Month. Please promote from your organization.

3. Lead Poisoning Prevention in Carroll County: Quick Update

- Funds awarded for lead exposure prevention
- Home lead tests from 3M received, with help from Tiffany of Granite United Way
- Will receive other test kits also. Lead dust kits.
- Working to identify homeowners, focus on grandparents, for example, to distribute test kits.
- Working with hardware stores to raise community awareness for Nat'l Lead Poisoning Prevention Week (October 25 – 31).
- 1 in 3 kids who have been poisoned had connection to home improvement projects.
- Pediatricians are testing. Memorial Hospital pediatrics is interested. NH is a universal test state. In theory every child receiving well check at year one or two, is getting tested for lead blood level.
- Important for landlords and homeowners, assume risk for homes built before 1978

- Schelley – working on Wolfeboro Town website to include info on lead exposure and testing. Tested 4 homes in last three months. Tests are extensive, kitchen, bedroom, and high use area and follow up with resources. Lead kits are under Healthy Families America program.
 - Marianne – suggesting to leave information at home visit about \$10 test kits during post-partum visits.
4. Community Health Improvement Plan: Proposed Initiative for the Revised CHIP (2021 -2025)
- 1. Access to Comprehensive Healthcare Services**
 - a. Huggins Community Health Network
 - b. Community Health Collaborative
 - c. IDN Region 7 and Integrated Care Legacy
 - d. Building Resilience MWV
 - i. Include Social Determinants of Health
 - ii. Include Chronic Disease
 - 2. Access to Comprehensive Behavioral Healthcare Services**
 - a. Carroll County Responds to Substance Use Disorder
 - b. IDN Region 7 and Integrated Care Legacy
 - i. Include Substance Misuse Prevention
 - ii. Include Suicide Prevention
 - 3. Healthy Aging**
 - a. Aging with Connection and Purpose Workgroup
 - b. Mount Washington Valley Age Friendly Community
 - i. Include Aging in Place
 - ii. Include access to eldercare services
 - 4. Early Childhood Services *Maternal and Child Health?***
 - a. Northern Carroll Early Childhood Coalition (MWV)
 - b. Southern Carroll Early Childhood Coalition (Wentworth Area)
 - 5. Public Health Emergency Preparedness Across the Life Span**
 - a. Regional Coordinating Council
 - b. Multi-Agency Coordinating Entity
 - i. Include MRC

Discussion of proposed initiatives

- This proposed list was informed from various data sources.
- Want broad enough to be flexible
- Propose five priorities. Below each, initiatives proposed
- Timeline. Go ahead from this group sought. Detail out each priority area. Document progress made from last CHIP goals.

5. Upcoming Events & Wrap-up

- Promote the Census.
- Discussion about concerns related to the current drought/dry weather conditions.
Promote water conservation and fire safety.
- Does everyone know what their 911 address is?

Adjourn

Upcoming Meeting Dates: Next Quarterly PHAC: Thursday, December 10th, 10am to 12pm. Annual Meeting TBD (hoping for March)