

## C3PH Public Health Advisory Council Meeting Minutes

**Date:** Thursday, June 17<sup>th</sup>, 2021  
**Time:** 10:00 am – 11:30 pm  
**Meeting Leader(s):** Caleb Gilbert, Director of Public Health, Carroll County Coalition for Public Health  
**Meeting Link:** <https://us02web.zoom.us/j/85790350790>

Attendance: Sheryl Power, Anika Hastings, Damian Santana, Lance Zack, Dawn Smith, Chuck Henderson, Lisa Zack, Tiffany Pena, Victoria Laracy, Joy Gagnon, Deb Bunting, Julie Hill, Marianne Jackson, Schelley Rondeau, Joe Kenney, Catalina Kirsch, Danielle Reichert, Caleb Gilbert, Victoria Paige, Kim Perkinson

### Carroll County SUDS Expansion Project:

- Introduction to Project Director, Damian Santana, C3PH-Grant initiatives include expanded training to 1<sup>st</sup> responders, expand trained recovery coaches, bolster recovery support and crisis intervention trainings. Please reach out to Damian at [Damian.Santana@graniteuw.org](mailto:Damian.Santana@graniteuw.org) or via phone cell: 603-568-8752

### Report Outs by CHIP Priority:

- Access to Comprehensive Physical Health Services
  - Caleb Gilbert, C3PH- Memorial Hospital is currently conducting it's Community Health Needs assessment which will be due 2022. They will be conducting a community forum (most likely virtual). Whitehorse Recovery is working on expanding services to include mental and behavioral health services. Memorial Hospital is starting a "Sitter" program for those experiencing mental health crisis in the ER, they are looking for more staff to expand the program.
  - Julie Hill, WMCHC- Most patients returning to in office appointments still serving about 10% through telehealth. They were down 1 provider so visits were down. Shortage in staff, looking for RNs. Dental program is running again. New medical director is onboard, Todd Hope.
- Access to Comprehensive Behavioral Health Services
  - Catalina, C3PH- SUD expansion project, Memorial Hospital has started a providers' network meeting for behavioral health providers to increase communication and collaboration among providers and referrals. CC House of corrections continuing forward for coordination of care after release. NH Doorways
  - Kim Perkinson, C3PH- CC does not have a NH Doorways in our county, community organizations have been reaching out for NARCAN which they are being referred to the closest doorways or Kim is helping bridge the gap and getting the NARCAN to the needed areas. Working towards more integration of service providers with Doorways so Carroll County and view them as accessible even though the Doorway is not in Carroll County. Damian working with The Doorways also. Update on Suicide Prevention Grant-CALM training August 4<sup>th</sup>, virtual, watch for flyers. Post-vention training October 7<sup>th</sup> & 14<sup>th</sup>, recruiting for trainings and collaborating with DBHRT to identify DBHRT volunteers in Carroll County to participate in post-vention trainings. Collaboration with CASA for gatekeeper trainings with volunteers. Jackson PD is piloting a program for police departments around the CSSR use for police officers.
  - Sheryl Power (retiring, Anika Hastings will be taking the position), GWRHS-wrapping up the school year. There are some struggles going on with students and school ending. Great graduation and prom went well.
  - Deb Bunting, GWSD-end 68 program for the summer, access to weekend food bags over the summer. Identifying students that are not in summer school but in need for food access. UNH study showed

weekend food bags boost academic scores. <https://www.unh.edu/unhtoday/2021/04/weekend-feeding-programs-can-boost-childrens-educational-outcomes>

-Catalina-Mobile Food Pantry's are still coming around but has been a decrease in people seeking out food. Councilor Kenney stated that Extended SNAP benefits will be coming to an end soon and therefore we may see an increased need. Next NH Food Bank Mobile Food Pantry! Thursday, June 24 – Conway 12:00pm – 2:00pm (while supplies last) Ham Ice Arena, 87 W. Main St., Conway, NH. To volunteer: <https://nhfoodbank.org/how-to-help/volunteer/>

- Healthy Aging

-Marianne Jackson, The Gibson Center-Martha McLeod presentation about Healthy Aging, implicit bias, grow awareness about how we treat the older citizens. Discussed reporting about death by Covid per age and nursing homes. Partnerships formed to help with those living dementia, 3 year grant but was on hold due to Covid-Dementia awareness trainings, outreach to business communities. Age Friendly community goals, ramping up and Ossipee has joined the other 11 towns around Age Friendly communities. Working groups starting this summer. Gibson got CDBG grant for the bus to ramp up transportation, wants to open building back up and then dining will be the last area to open back up. Cannot until physical distancing is no longer required. Picnic tables outside, exercise on the patios. Some concern's around possible exposure to non-vaccinated family members may put at risk. The over 65 year old vaccination rate is over 85% . Palliative care is increasing and getting back into homes. Alliance for advanced care planning, looking to reach a higher level of participation.

-Joy Gagnon, UNHCE- There will be a Rail Trail meeting on June 30<sup>th</sup>, this will be in person and an ice cream social with 3 stations set up. Rail Trail presentation flyer

<https://unh.app.box.com/s/q9fhobieqy8f7bjk6ffwpslyuw6z8iq>

Ossipee Round Table is working on food access for the summer, Carroll County Food access network, there is a 4H garden project coming to Ossipee and a community Garden at The Shed at Whitehorse Recovery. They will be growing food and giving it to those in need. Joy held virtual cooking classes with over 20 participants throughout the program and 10 people graduated.

-Caleb Gilbert, C3PH- This is the contact for the MWV Age Friendly health domain. Meeting late July, early August

- Healthy and Thriving Early Childhood Experiences

-Caleb-ACERT, MWV Building Resilience. Next training July 7<sup>th</sup>, early childhood continuing education credit. Working towards bringing Resilience work into southern part of Carroll County.

Lead project winding down. Lead education breakfast at Camp Calumet September 14<sup>th</sup>, stay tuned.

-Joe Kenney, Executive Councilor, District-Child care has been a big part of the Governor's and Council meetings—Council for thriving children. They recognize that childcare centers around the state are struggling, survey went out and shows how challenging it has been amid the pandemic. There is funding coming to help childcare centers. Although unemployment rate is low, childcare and housing are keeping people from being able to go back to work. Encourages all participants to read his newsletter that he puts out for District One around the issues being address.

<https://www.nh.gov/council/districts/d1/reports/documents/20210602.pdf> You can reach him by email at [joseph.d.kenney@nh.gov](mailto:joseph.d.kenney@nh.gov) There are 2 new Assistant Health Commissioner's coming on board, Christine Santinello, and Marissa ??

- Public Health Emergency Preparedness Across the Lifespan
  - Victoria Paige, C3PH-Still in vaccination mode. Tomorrow is last scheduled clinic for schools. 78 profoundly homebound vaccinated. SAU 9 and SAU 13 have completed 2<sup>nd</sup> doses for ages 12-17. SAU 49 will have their 2<sup>nd</sup> dose tomorrow. Working with tri-county cap and NHHS initiative for homeless vaccinations. Moving towards emergency operation plans with shelter needs. Key stakeholders planning meetings coming forward to move on to the “new normal” Planning flu vaccines for the fall with schools. 4200 covid vaccines so far. State closing fixed sites.
  - Memorial will be making changes to vaccinations policy and procedures in July, from Will Owen, look for press releases.
  - Chuck Henderson, ACERT fund grants that could be applied for coming soon. Shaheen and Pappas have signed legislation.

## Adjourn

## Please Share

Contact Executive Councilor Joe Kenney for his newsletter: [joseph.d.kenney@nh.gov](mailto:joseph.d.kenney@nh.gov)

\*Building Resilience MWV: Upcoming early Childhood Training, Sponsored by MaineHealth, Children Unlimited, and C3PH: [https://ectrainingjul07\\_21.eventbrite.com/](https://ectrainingjul07_21.eventbrite.com/)

Screening of Screenagers Film was held on May 26th. It can still be viewed via the following link:

<https://watch.screenagersevent.com/screenings/nextchapter-c3ph>

## Thrive Under 25 Wellness Chats

For Young Adults 18-24ish in Carroll County, NH FREE virtual group chats with a Wellness Coach. Learn tips on managing stress, coping, resilience and thriving; staying healthy in mind and body & achieving goals. What have you got to lose? Get the time off work & ZOOM into the discussion. Receive a gift card and a book! Tuesdays June 22, 29, July 6, 2021, 6:00-7:30pm EST by Zoom <http://bit.ly/thriveunder25chat>

If you are 18-24 (or under-30ish), and are seeking ideas on effective coping, facing stress, and becoming resilient, not just striving but thriving, this FREE program is for you! Speak with Wellness Coach and Public Health Professionals. This program is made possible with funding from the NH Bureau of Drug and Alcohol Services Partnership for Success Young Adult Strategies Grant

**Next Meeting:** Next Quarterly PHAC: Thursday, September 16<sup>th</sup>, 10 to 11:30am