

## C3PH Public Health Advisory Council Meeting Minutes

**Date:** Thursday, December 10<sup>th</sup>, 2020  
**Time:** 10:00 am – 11:30 pm  
**Meeting Leader(s):** Caleb Gilbert, Carroll County Coalition for Public Health, Public Health Advisory Council Coordinator  
**Meeting Link:** <https://us02web.zoom.us/j/83098857897>  
**Notes:** Catalina Kirsch

Meeting ID: 830 9885 7897; One tap mobile: +13017158592,,83098857897#

**Attendance(18):** Schelley Rondeau/Central NH VNA, Catalina Kirsch/ C3PH, Chuck Henderson/Shahen's Office, Nicole Jackson/New Life, Memorial, Kim Perkinson/C3PH, Caleb Gilbert, Ben Belanger/Hassan's Office, Monika O'Clair, Dawn Barnett/ServiceLink, Karen Umberger/NH House of Reps, Clarisa Sanchez/Starting Point, Victoria Laracy/Pappas' Office, Crystal Sawyer/CCAЕ, Joy Gagnon/ UNHCE Carroll Co, Kera Favorite/Memorial Hospital,

1. Welcome and introductions
2. Review of DRAFT CHIP Priorities: *Charting Carroll County's Course to 2025*  
Review of the draft of the next Community Health Improvement Plan of the Carroll County Coalition for Public Health, the Regional Public Health Network for the county. The plan is informed by data collected from regional needs assessments, data, and other input from community partner organizations. Slides presented.

### **Presentation of Goals and Objectives for the following Priorities:**

- Comprehensive Access to Physical Health Services
  - Comprehensive Access to Behavioral Health Services
  - Healthy Aging
  - Thriving and Healthy Early Childhood Experiences
3. Carroll County Youth Suicide Prevention Project Update, Catalina Kirsch, Kim Perkinson
    - a. Implementation Team is up and running. Meets third Wed of each month. Membership includes Healthcare, Mental health/Behavioral Health, SUD, Education, First Responders, Faith Community, Social Services and concerned citizens/lived experience
    - b. There are NO-COST Online Suicide Prevention Trainings through NAMI NH available for – Healthcare – School Personnel – Mental Health Providers – Community Gatekeepers. Many slots still available by organization. For example, tell Catalina or Kim your agency needs (x) slots and you will receive and organization code to access the training for that many staff. Please contact before January 10. [continuum@c3ph.org](mailto:continuum@c3ph.org) or [prevention@c3ph.org](mailto:prevention@c3ph.org)
  4. SUD & COVID-19 Equity Project Update FMI <http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders/COVID19-Substance-Use-Disorder-Research-Survey-Dec-2020>

5. COVID-19 Facebook Live Event: Tuesday, December 15<sup>th</sup>
  - a. An activity under Building Resilience MWV. A Panel including local primary care providers, Wenda Saunders/ Memorial Hospital, Rich Laracy/Saco River Medical Group will host a live event Q&A and Update on COVID-19 in the greater Mt Washington Valley. (insert link here). Community transmission is rising with COVID-19 cases locally. The community will have a chance to hear updates on cases, testing and vaccine to be available soon. 158 active cases today in Carroll County. Coos County has a regular COVID update community meeting. Chuck shared some info about their cross-sector collaboration as an example of how a community can keep itself informed. Child to household transmission is playing a role in spread of Covid-19.
  - b. Discussion of COVID-19 impact locally. Hospitals are facing increased demand for testing. Hospitals are planning contingencies for increased demand for hospital beds and long-term care facilities. C3PH Emergency Preparedness staff is working to prepare the community to make vaccine available to the public.
  
6. Updates from Participants (as time permits)
  - a. New Life. Group therapy via zoom. Participation has been impacted. More MAT waived providers in the region is also a factor. Participants are missing the community interaction feature of the program under COVID19
  - b. Deb Bunting, SAU 49. Food distribution ongoing. Connections with family are flexible and fluid and collaboration is happening between local food pantries and SAU 49 schools. Trust and misinformation are anticipated to be a challenge in the near future regarding the upcoming COVID19 vaccine. Trust in local Carroll County organizations may be an important factor when putting out public messaging around vaccines. Schelley Rondeau, Central VNA, also shared examples of how local nurses can help share out messaging to the public to build trust.
  - c. Chuck Henderson: This FB Live with Anthony Fauci and Sanjay Gupta yesterday on COVID and the vaccine is worth watching <https://www.facebook.com/Harvard/posts/10157337209971607>
  - d. Joy Gagnon, UNHCE – has been offering virtual cooking classes across the county. One coming up next week. Working with Central VNA in the new year to offer more classes. New responsibilities at UNHCE will include promotion of Youth Mental Health First Aid Train the Trainer opportunities, starting in January.
  - e. Crystal Sawyer – Attended GWRSD meeting. Learned about Future Leaders of NH program. Similar to a Jr ROTC. One hour of health, fitness and prevention topics, then one hour of exercise. Army run. Not recruitment.
  - f. Starting Point. Serving three times as many clients as in the past in recent times. Staff of 12 serves the whole county. Thankful for collaboration among organizations.

### **Adjourn**

**Upcoming Meeting Dates:** Next Quarterly PHAC: Thursday, March 11<sup>th</sup>, 10am to 12pm.

Check <http://www.c3ph.org/newsevents/events> for details.