

C3PH Public Health Advisory Council Meeting Minutes

Date: Thursday, December 9th, 2021
Time: 10:00 am – 11:30 pm
Meeting Leader(s): Caleb Gilbert, Director of Public Health, Carroll County Coalition for Public Health

1. In Attendance:

Caleb Gilbert/C3PH, Catalina Kirsch/C3PH, Karen Umberger/NH House, Renee Wheaton/ Senior Resources, Freedom, Nanci Carney/GUW, Chuck Henderson/Shafeen, Kim Perkinson/C3PH, Susan Ticehurst/Concerned Citizen, Janet Williamson/Huggins, Joe Kenney/Exec Councilor, Marianne Jackson/ Gibson Center, Julie Hill/WMCHC, Victoria Laracy/Pappas, Deb Bunting/GWRSD, Victoria Paige/C3PH, Karen Abbott/SNHS Child Care Aware, Rep Bill Nelson, Sarah Skoglund/GWRSD

2. Report Outs by CHIP Priority:

- **Public Health Emergency Preparedness Across the Lifespan:**

Victoria Paige – Emergency Supplies Trailers in Tuftonboro and Bartlett Fire Dept are both fully inventoried. Seeking new location for Bartlett trailer. Supplies for Sheltering contained such as , cots, blankets, hygiene, admin supplies, more. Losberger tent. Received a month ago. Housed at County Complex. Tent is inflatable, can house cots. Training for that in the spring. Stay tuned. Vaccine Roll Out ongoing. Schools, 5-11 yr old clinics are taking place. First doses complete. 2nd doses scheduled for SAU 9 and SAU 49 before holiday break. We just conducted a SAU 49 school personnel booster clinic last week. Saturday Dec 11 is NH Booster Blitz. We will be delivering 300+ vaccines at Kennett HS. All appointments full. Interested in volunteering, let us know, must be vetted through NH Responds including background check. Currently vetted volunteers accepted. Stay tuned. Gov of NH will be holding a second Booster Blitz 2.0 Jan 8. We will be using TCCAP Tamworth. School Based Flu Clinics completed in fall for area school systems. More details to come. Contact victoria.paige@graniteuw.org for more information. COVID Communications Group started to respond to regional healthcare systems to share out public health messaging to promote COVID19 prevention and mitigation based on appeals from our health care providers who are under serious strain and are frustrated by lack of apparent precautions being taken among the public. Collaboration includes Memorial Hospital, Huggins Hospital, C3PH, and other partners. Janet Williamson reports high incidence of covid infections being seen at Huggins. Once positive point is that many hospitalized are being released within a few days and luckily not progressing to more severe illness. Question from Deb Bunting re Emergency Cold Weather Shelter. Such shelters are activated as determined by local Multi Agency

Coordinating Entity (MACE) when there is a situation that impacts multiple numbers of people, not for an individual person or household. Your local fire chief or Emergency Management Director (EMD) is your resource for related questions and activate response to use one of our trailers to set up an emergency shelter operation.

- **Access to Comprehensive Physical Health Services:**

Julie Hill – WMCHC is accepting new patients. Persons seeking care can sign up online to patient portal to fill out new patient forms to connect to care.

<https://www.whitemountainhealth.org/> COVID testing: digital form available for triaging, can be filled out online and helps provide info to provider for contact tracing.

In-house PCR rapid testing for COVID, Flu and RSV for existing patients. Not walk in service. Same day results available. Assays on back-order. Demand is high for testing.

Hiring a nurse practitioner. Julie has been only FT RN in the past year. Margie Riforgiato returning January part time.

Catalina. Health Market Connect info, health insurance assistance for NH residents:

http://www.c3ph.org/assets/pdf/Health_Market_Connect_insurance_assistance_2021.pdf

Janet Williamson, Huggins: Busy as a vaccinators at School Based Flu and COVID Clinics.

The Huggins ED continues to be very busy – staff stretched thin! Huggins is still offering Monoclonal Infusions for qualifying patients. COVID Vax clinic still in operation. The Huggins COVID-19 Monitoring Program is also still in operation for qualifying patients:

<https://www.hugginshospital.org/COVID-19>.

- **Access to Comprehensive Behavioral Health Services:**

WMCHC – Deb Cross pursuing Psych NP certification. Continue to have a counselor 1 day per week for patients. Telehealth available for patients. Helpful for providers to follow up with behavioral health patients

Sarah Skoglund, Deb Bunting, GWSRD. Multi Tier System of Supports in development to make MH services available to all students. Classroom activities for self regulation.

Tiers for different levels of need. Suicide Prevention training being made available to all personnel and developing a system for that training. Developing protocols for early identification of needs related to mental health to prevent crisis.

Kim Perkinson:

Veterans and Suicide Prevention - On behalf of the Lakes Region Veterans Coalition, we would like to invite you, or someone else from your organization, to participate in our Community Readiness Assessment on Tuesday, December 14th from 11:30am to 1:00pm. Virtual link below. The purpose of the Community Readiness Assessment is to discuss the community's awareness of veteran suicide and their willingness and preparedness to take action on suicide prevention efforts for Veterans. This will also inform our 2022 initiatives. This focus group will take about one and a half hours and will be anonymously recorded by a third party to ensure we capture everything discussed accurately. The focus group will be done via Zoom

Join Zoom Meeting:

<https://ucdenver.zoom.us/j/95614344589?pwd=WlozNlBkTk02ZHlOODdnMzZNZ1ZTUT09>

Youth Suicide Prevention Team- E-Learning Slots Available. Register at links below. These are online, self-paced learning modules from NAMI-NH and come with continuing education units for school, healthcare and mental health providers. Click on the links below before Jan 14 to access these no-cost CONNECT Suicide Prevention trainings

- [Healthcare](#), [Mental Health/SUD Provider](#), [School Personnel](#), [Gatekeeper](#).

Marijuana Commercialization. Working with other to get messaging out to the public

Working on raising awareness about LGBTQ youth. Provided a training to GWRSD

Youth Subcommittee of Carroll County Responds to SUD next meeting is Jan 18.

Quit Vaping kits – Kennett HS SAP program is putting together kits for students to promote the quitting of vaping.

Catalina Kirsch:

SUD Expansion Program – contact person: Damian Santana, C3PH. The expansion program is working on various initiatives, such as scholarships for SUD related training and workshops for service providers, connecting Law Enforcement to Crisis Intervention Training, funding Recovery Support Worker training and more. FMI damian.santana@graniteuw.org

Added: Young Adult Training. On Dec 2, 8 Carroll County Young Adults were trained in Suicide Prevention under the Garrett Lee Smith grant at C3PH. Training took place at Carroll County Adult Education and at NHTI Concord concurrently, which made this opportunity available beyond Concord to young adults in our region. These young adults can now choose to train their peers with the support of C3PH.

Added: Suicide Postvention Two Day Training and Planning Session took place in October. Representatives from schools, healthcare, first responders and other service providers were trained in best practices in response to a sudden death in the community to include suicide, in communications, prevention of copycat loss, in connecting those impacted with supports and services. For more information, contact Kim Perkinson or Catalina Kirsch

BH Collaborative – Dr Jennifer Smith at Memorial Hospital has started a Behavioral Health Collaborative to bring together BH providers for communication and collaboration and better resource sharing and referrals between providers.

Social Workers in High Schools – For the 2021-2022, Carroll County can now claim that all its major school systems (SAU 49, SAU 45 and SAU 9) have a Social Worker on staff, with the addition of a Social Worker position at Kennett High School. This represents expanded access to services for our youth population.

- YRBS Infographics – This past year, C3PH undertook a data analysis of the Youth Behavior Risk Survey results for Carroll County and developed two infographics. Please use these as a resource to inform your work and strategic planning.
 - [The Intersection of Youth Mental Health and Substance Use](#)
 - [How parents and trusted adults can prevent youth substance use](#)
- **Healthy Aging:**

Renee Wheaton/Freedom NH Senior Resources Coordinator. New webpage set up: <https://townoffreedom.net/departments/senior-resource-coordinator/>. Encouraging vaccines for flu and COVID. Would love a Mobile Vaccine Van to come to the area. Renee’s position is a town funded position.

Marianne Jackson/Gibson Center. Jan – working to get a home modification program in place. For home repairs to keep safe, warm and dry. Those who can afford services will pay. Partnering with a Contractor. Will help households access repairs so that they can age in place. Also received Chromebooks. Also, received grant for training and equipment to expand internet use among seniors. Wifi at Gibson will be a resource for seniors to use. Second driver obtained. A new bus arrived. Ray, Mon & Tue until 4pm. Want to get the word out to people that driver is available to help get to appointments and other errands for seniors. Can now expand service to Bartlett and south to Freedom.

Caleb Gilbert. Conway Library is working on developing private space for patrons to access telehealth to help support access. Also Ossipee is part of the Age Friendly Communities and have done a lot of work in Constitution Park: installed kiosk with trail info, developed trail maps, performed trail maintenance, and formed a group “Friends of Constitution Park. Window Dressers project. Close to (number?) participated in measuring and building window insulation insert units for seniors. Hope to increase to 250 inserts next year.
- **Healthy and Thriving Early Childhood Experiences:**

Karen Abbott, Child Care Aware. – statewide program. Help families find childcare. (insert website). Help families with what questions to ask providers. <https://www.childcareaware.org/state/new-hampshire/> or <https://www.snhhs.org/services/child-care-aware> Provide virtual child care provider trainings and technical assistance to providers for program development and early childhood education.

Caleb Gilbert: Region 7 (Carroll, Coos, and Upper Grafton) Early Childhood activities are underway. Children unlimited, in partnership with the Coos Coalition for Young Children and Families, The Wolfeboro Children’s Center, and C3PH have also applied for further funding for Implementation of pyramid model for classroom management, behavior management and supporting childhood development; working to build a early childhood coalition in Southern Carroll County; and workforce development. We will find out if we are awarded in early 2022.

3. Emerging Trends or Issues not yet discussed

Bill Nelson – glad to hear of efforts happening in Southern Carroll County.

Karen Umberger – There has been a lot of American Rescue Plan funding that has gone into local programs. Wants to see that those resources are coming to Carroll County.

Joe Kenney - Executive Councilor – encourage community leaders to follow the contracts coming through. i.e. Healthcare workforce contract (\$6M) for workforce in long term care facility. Other contracts working to support workforce capacity in the midst of COVID response. Brattleboro inpatient care – contract with Northern Human Services – access for young children facing behavioral health challenges. Meet every two weeks. Meet Dec 22. Agendas available the Friday beforehand.

Victoria Laracy – Pappas – Thank you to the community for all you do.

Chuck Henderson -Shaheen – funding is valuable but the collaboration across community is very important to make meaningful progress happen.

Next PHAC General Meeting: Thursday, March 10th, 2022, 10-11:30am