

C3PH Public Health Advisory Council Meeting Minutes

Date: Thursday, March 18th, 2020
Time: 10:00 am – 11:30 pm
Meeting Leader(s): Caleb Gilbert, Director of Public Health, Carroll County Coalition for Public Health

Attendance: Martha Johnston, Service Link Tamworth; Deb Bunting SAU 49; Marianne Jackson - Gibson Center for Senior Services; Victoria Laracy - Office of Congressman Pappas; Kera Favorite, Huggins Hospital; Rebecca Hewson, Huggins Hospital; Marty Cloran; St Andrew's in the Valley, CASA; Heather Phillips, Memorial Hospita; Sheryl Power, Kingswood HS; Chief Rick Stillman, Moultonborough PD;

Overview of Public Health Advisory Council and goals. Meet quarterly. Fmi:
<http://www.c3ph.org/initiatives/public-health-advisory-council>

1. Carroll County CHIP, 2021-2025 is now available.
 - Now up on C3PH Website:
<http://www.c3ph.org/initiatives/community-health-improvement-plan>
New plan is live. See webpage. Charting Carroll County's Course to 2025. Outlines Community Health Improvement Priorities through 2025. Please use it as a resource to inform your scope of work.
2. COVID-19 Vaccination Update
 - Phase 1B coming to a close
 - Phase 2A began March 17th
 - C3PH will be working to vaccinate school personnel . Closed points of distribution (POD) events happening for Phase 2A, School personnel, child care, youth rec. All hands on deck for C3PH staff.
 - Memorial Hospital running a 2A child care vaccine clinic Sat at MWV Obs museum site.
 - Huggins, still outreaching to vulnerable populations in 1B phase. Deferring phase 2A to public health and preparing for 2B. Coordinating with C3PH to reach home-bound patients. Ongoing. Anticipating 8 appointments per day for home-bound outreach visits. Between Memorial and Huggins, participating through State as much as possible because we don't have a state site and then collaborating with public health otherwise. Encouraging people to go to a state site when feasible.
 - VINI system, similar to VAMS; allows more for reschedule without cancellation. State has asked that schedule be open out two months until May. Likelihood of appointments currently? Currently 2A being scheduled. 2B will be higher demand, will be first come first serve. There will be more appointment availability for 2b and it will probably not take as much time to get through 2b. Also 2b doesn't require verification of underlying conditions so will take less time to register.

- Marianne Jackson, Gibson Center; able to hold a Gibson Ctr vaccine clinic. Offering transportation to vaccine appointments. Staff were able to sign clients up online at Memorial's sign-up genius for the close out of Phase 1b (65+). That is over. If there are alternative ways for staff to assist with appointment sign up, they are interested to help.
- Heather Phillips. Vax at Memorial. Online scheduler open until tomorrow. Calls are way down for appointments. People seem to be accessing appointments by other means.
- Deb Bunting Question: Vaccine Stand-by? Available in NH?
- Kera/Huggins, was doing a call-back list at one point. Some logistical difficulties. Not aware a that available in NH.

3. Report Outs by CHIP Priority:

- Access to Comprehensive Physical Health Services
 - Huggins: Kera – out of concern for supporting covid positive patients, started a program a month ago or so. Patients are connected with a care coordination team for patient education, monitoring, receive pulse oximeter. Depending on risk level, they receive wellness check in calls. Patients grateful for touch points. Some accessed Em Dept or Hospital as needed when needs were identified and perhaps prevented medical complications. Hoping telehealth will hold because that is helping to bolster access to care. Did start a couple of months ago, pre-visit covid testing so that a rapid test could be taken and then proceed to needed medical appointments.
 - Memorial: Heather – Once covid hit, the overall health of patients was impacted. Dedicated outreach happened for various chronic health conditions. Outreach to pediatric patients for immunization schedules. Getting people getting back into services has been important for heart health, mental health, colorectal, diabetes management. Also want to retain telehealth to maintain access to care.
 - Open Enrollment is happening now for the Affordable Care Act Healthcare Marketplace through May 15 via [healthcare.gov](https://www.healthcare.gov) . Please <https://www.healthcare.gov/> Anyone who is assisting with marketplace navigation , please let C3Ph know. Also see this resource and share with individuals, families you serve: <https://acanavigator.com/nh/home>
- Access to Comprehensive Behavioral Health Services
 - SUD Expansion Grant – C3PH/Granite UW have taken over funds from the close out of IDN7 medicaid expansion project to create a grant project to expand Substance Use Disorder training and services across Carroll Co. Currently hiring a grant project manager: <http://www.c3ph.org/about/employment>
 - Garrett Lee Smith grant - Carroll Co Youth Suicide Prevention Grant. Care Liaison at Northern Human Services is helping connect at risk youth to services post hospitalization. The grant project is working to create stronger systems for

prevention, early identification, intervention, treatment and recovery postvention related to youth suicide risk.

- White Horse Recovery Coaches are training to become Mental Health Peer Support Coaches. Heather: Memorial is looking to implement peer support workers for mental health in ED and hopeful primary care and partnering with White Horse/IDN for training as we expand behavioral health at Memorial.
- DBHRT – several Carroll County partners recently attended an introductory training with Disaster Behavioral Health Response Team (DBHRT)
- YRBS - We are working with a Technical Assistance firm to analyze data for Carroll County to present our partners with an overview of trends emerging related to youth health behavior and risk. More to come soon.
- Youth Art. Local schools/youth programs including Kennett and KYC creating expressive art projects for Magnify Voices to raise awareness for mental health. Deadline is March 31. See poster attached.
<https://sites.google.com/view/magnify-voices/home>
- Sheryl Power. Staff getting vaccinated. Students coming back into the building April 5. Preparing for that transition. Catalina, Kim interested in working with youth groups on raising awareness on wellness topics
- Marty Cloran. Advocating for partners to take Youth Mental Health First Aid. Catalina – UNH Coop Extension will be making training opportunities available.
- UNITE US – Kelly Untiet – (link for more info here) C3PH interested in connecting organizations to this opportunity.
- DEA Prescription Take Back Day is April 24. (insert info here) Most local police departments typically participate. Year round drop-boxes available in Conway, Ossipee at County Admin Building, Madison, Moultonborough
- Healthy Aging
 - Marianne Jackson. Gibson Center. Now that Phase 1 is wrapping, pivoting to transition back to services post-vaccine; still re-imagining service delivery. Still working on Age Friendly community work. Still partnering with Adult Day Center and a grant they are exploring. General isolation continues to be a concern. Partnering with Conway Public Library to help individuals who need help to learn how to use email, zoom and telehealth. Securing laptops for seniors. Working to help seniors to learn and use technology and internet-based services. Seeking a fun way to challenge people to adopt healthy habits. Awaiting guidance to inform re-opening of services in person. Awaiting Phase 2B which opens Monday 3/22 for staff to get vaccinated.
 - Heather Phillips - Healthy aging - matter of balance virtual rolling out, march class start being rescheduled (due to connectivity issue) , classes starting every month
 - ServiceLink – Martha Johnston – helping clients access vaccine appointments. Facing vaccine hesitancy. Concerned about perception of vaccines among

individuals 20s-40s. Seeking ways to promote vaccines. Housing continues to be a ongoing crisis. Waiting lists are 4 years long and seeking more opportunities for improvement. Caregivers program, veterans program are ongoing. Participating in Alton Clinic tomorrow. Willing to assist in Carroll County clinics.

- Healthy and Thriving Early Childhood Experiences
 - Building Resilience MWV – FB Live coming up. One Year Later. Stories of Community Resilience. Wed, 5/24,5pm on Facebook
<https://www.facebook.com/events/925937434845507>
- Public Health Emergency Preparedness Across the Lifespan
 - See updates above regarding vaccines.

4. Updates from Participants (as time permits)

- Addendum:
 - NH Emergency Rental Assistance Program. The New Hampshire Emergency Rental Assistance Program (NHERAP) provides assistance to eligible residents of New Hampshire who cannot pay their rent and utilities due to the COVID-19 pandemic. Fmi <https://www.capnh.org/>

***Building Resilience MWV:** Upcoming FB Live: WEDNESDAY, MARCH 24, 2021 AT 5 PM
One Year Later: Stories of Resilience from the MWV
<https://www.facebook.com/events/925937434845507>

Next Meeting: Next Quarterly PHAC: Thursday, June 10th, 10 to 11:30am