

## C3PH Public Health Advisory Council Meeting Minutes

**Date:** Thursday, June 11th, 2020  
**Time:** 10:00 am – 12:00 pm  
**Meeting Leader(s):** Caleb Gilbert, Carroll County Coalition for Public Health, Public Health Advisory Council Coordinator  
**Meeting Link:** <https://us02web.zoom.us/j/89186983336>

Meeting ID: 891 8698 3336  
One tap mobile: +16465588656,,89186983336#

10:00-10:10: **Welcome and introductions**

### Attendance

Jennifer Selfridge, Schelley Rondeau, Catalina Kirsch, Chuck Henderson, Sheryl Power, Joy Gagnon, Caleb Gilbert, Deb Bunting, Victoria Laracy, Carolyn Towne, Crystal Sawyer, Tiffany Peña, Monika O'Clair, Cathy Livingston, Kristen Gunn, Julie Hill, Dawn Barnett, Chuck Henderson, Valeda Cerasale, Jarrid Pike Janet Williamson, Sue Bolton, Marianne Jackson, Karen Umberger.

10:10-10:25 **COVID-19 (Coronavirus) Update**

Jarrid Pike, Carroll County Public Health Emergency Preparedness Coordinator

- State of NH 5,178 cases; Recovered individuals 3,585; Deaths 301; Current cases 1292; Hospitalizations, 81; Tested total 89,907; Antibody 14,532; 1183 pending tests; 3,825 being monitored currently
- Carroll County cases, 49 total, active: 7
- Question. Joy. With vacation season, what if cases rise?
- Answer. Memorial Alternative Care Site (ACS) will be demobilized, with ability to re-open it if need arises. Huggins ACS will demobilize Tuesday, with ability to re-open it if need arises. Mem Hospital has a C3PH trailer with supplies for expanded response if need arises. Huggins and Mem are ready to stand ACS back up quickly. Takes 4 hours to set up.
- Q. Chuck. What kind of antibody tests are being given?
- A. not sure. Some available thru private labs.
- Q. Catalina. Tamworth test site will be demobilized soon?
- A. Yes. Testing will still be available still at both hospitals at no out of pocket cost. National guard being pulled off that duty in Tamworth.

**Additional info regarding NH school reopening task force.** On Monday, May 11, Commissioner Frank Edelblut announced a new task force that will propose recommendations to the Governor, NH Department of Education, and local school districts on when, and how, to reopen the state's public schools. The School Transition Reopening and Redesign Taskforce (STRRT) will also recommend ways for schools to "redesign" New Hampshire's educational system. The task force will issue preliminary recommendations by June 30. Districts will have 30 days to respond, before the task force issues their final recommendations, though they expect to meet after that to provide input on issues that may arise.

Registration information, Meetings of the STRRT are open to the public. Registration is required.

Taskforce Meeting #2 June 17th 2-3:30 pm. Registration:

<https://attendee.gotowebinar.com/register/1911447495572622093>

Taskforce Meeting #3 June 23rd 10- 11am. Registration:

<https://attendee.gotowebinar.com/register/4780216268951837965>

#### 10:25-10:35: **Ossipee Roundtable Updates**

- Joy Gagnon. The group started a year ago or so, to connect the Ossipee area community. <https://www.facebook.com/groups/979679432228955> Meets once a week to share needs of community and respond. Wanted to reach people who were not online. Put together a direct mailing to residents of Ossipee. List of services and websites. Grant through NHCF for print and mail. Around 3k recipients. It worked well. Shared out to other places in format that could be modified for other regions. Aimed to help reach the isolated. Group works to connect agencies, schools and churches. C3PH sent out template to PHAC listserv. Will attach with these minutes as well. Cathy L., Ch Unlimited: the group has been helpful to meet Ossipee area agencies and contacts. Another group in Ossipee has started a "community center" FB page available, now a non-profit . Contact info please. Joy Gagnon email here. <https://www.facebook.com/Ossipee-Area-Community-Center-101778768108285>

#### 10:35-10:45 **Suicide Prevention in Carroll County**

GLS. NAMI NH. Implementation Team forming in Carroll County. Contact Catalina, [continuum@c3ph.org](mailto:continuum@c3ph.org) if you would like to be on the team. The Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Dept of Health & Human Services announced on January 13, 2020 that NAMI New Hampshire (NAMI NH) was awarded the Garrett Lee Smith Grant for Youth Suicide Prevention. The 5-year, \$3.6 million grant will enable NAMI NH and its project partners to deploy a cross-systems, collaborative approach to reduce suicide incidents among youth by improving pathways to care and offering comprehensive training to identify, screen, refer, and treat at-risk youth.

Objectives for the 5-year Garrett Lee Smith Grant for Youth Suicide Prevention include:

- Develop a Care Liaison role in each region to facilitate pathways to care for high-risk youth/young adults.
- Leverage technology to advance screening and assessment and improve care coordination and cross-systems communication.
- Convene and train regional implementation teams comprised of providers serving high-risk youth in suicide prevention/intervention/postvention. **(C3PH WILL BE FORMING A TEAM FOR CARROLL COUNTY)**
- Engage regional teams in planning to build infrastructure around best practices for suicide prevention/postvention. **(C3PH WILL BE FORMING A TEAM FOR CARROLL COUNTY)**
- Develop youth/young adult leadership in regional youth suicide prevention efforts. (Carroll County Young Adults will be recruited)
- Engage statewide organizations that interface with at-risk youth/young adults in suicide prevention/postvention training and planning.
- Promote safe messaging in accordance with the National Action Alliance for Suicide Prevention (NAASP) framework.
- Enhance and expand National Suicide Prevention Lifeline (NSPL) follow up calls.

### 10:50-11:00: Lead Poisoning Prevention in Carroll County

- C3PH received money to do lead poisoning prevention activities. Last PHAC annual meeting featured a training and an initial meeting of partners was also held. Some agencies, partners are very poised and ready to deliver lead poisoning prevention activities. Caleb will reach out to ask for participation in lead poisoning prevention leadership group for the county to serve as an advisory to the grant.
- Here is a link to the project kickoff meeting with NH HHLPPP. There will be a presentation on Lewiston Maine's lead exposure prevention efforts. All partners are welcome to attend:  
<https://jsi.zoom.us/j/96802702605?pwd=TU5NeC9NZUIkY0U2Tk5Q2I4UnRpZz09>
  - Meeting ID: 968 0270 2605
  - Password: 280155
- Schelley. Doing some lead dusting through Central VNA. Started back to home visits and screening homes has restarted. Finding lead in two homes.
- Marianne. Include Age Friendly Community. Grandparents homes may be good candidates to receive lead dusting kits. Opportunity exists to get flyers out with to-go meals or with Gibson newsletter.
- Cathy. Maybe presenting to our Early Childhood Coalitions?
- Dawn: We could also notify our grandparents who are on our grants as well.
- Schelley: might be able to get kits from the state
- Monika: We may have a few clinicians interested in the Lead Leadership group.

### Community Health Improvement Plan: Brief Priority Updates

#### Aging with Connection and Purpose

- Updates from attendees:
  - Dawn. Folks are struggling to find respite. Families are struggling with being distanced from loved ones in long term care. Partnership between agencies has been helpful to families served by Servicelink. All back to office as of May 26, but service is not face to face yet. Working on plan for F2F service back in homes especially with stay at home order lift June 15.
  - Marianne. Resource guide ready from Dawn and Ellie. Link coming soon, check for it at: <https://www.gibsoncenter.org/mwv-age-friendly-community/>. Email [agefriendly@gibsoncenter.org](mailto:agefriendly@gibsoncenter.org) FMI or to report edits. Will be on Gibson site soon. Region has continued meals on wheels and phone connections. Jill at Gibson has been doing 350 calls to clients. Senior centers are not being allowed to open still because of risk to seniors. Last on the list for reopening. Around 30% do not have internet devices for online communications or activities. Seeking safe alternatives and opportunities for community activity. Chatting at meals on wheels delivery. Broadband has gotten a lot of attention. Hope to open volunteer opportunities site. Interested in Volunteer NH traffic.
  - Dawn: As a reminder, we have been granted permission from DHHS to put the resource guide link on our website as well.

#### Public Health Emergency Preparedness

- Updates from attendees:
- Working on integrating COVID-19 protocols into emergency shelter operations plan, especially with hurricane season coming.

- Question about Ossipee's shelter plan – Jarrid: There is a shelter plan that can be adapted. There was a lack of interest to bring such forward before brick manor fire event. Members present from Ossipee Roundtable will work to address this with Town of Ossipee.

### **Chronic Disease**

- Updates from attendees:
- Monika: An update from Huggins Hospital: we are working to normalize our operations (as much as possible) and that includes my team returning to a focus on social determinants of health, social service navigation and care coordination. We are doing this in partnership with the Board Members of the Huggins Community Health Network (which includes some of you on this call - thank you)! We look forward to continuing our work with everyone. Community Health is still a MAJOR focus for us!
- Memorial Hospital and Age Friendly community. Sites of care for Cardiac Rehab and Diabetes Center were going to partner on some wellness promotion. Set back by covid19 and perhaps will return to that goal in future.
- Marianne: The most walkable trails have also been updated. I will check and be sure those are on the Gibson website later this afternoon. The update includes how wide the trails are for distancing. <https://www.gibsoncenter.org/mwv-walkable-trails-by-town/>
- Julie, White Mountain Community Health Center: NHCF grant to support management of chronic disease. Blood pressure cuffs being provided for at home use for every other visit. COPD and asthma. O2 sat monitors, too.

### **Early Childhood and Early Parenting Support**

- Updates from attendees:
- Cathy L. Children Unlimited is developing protocols to reopen. Working on consent form to sign off on precautions and protocols. Starting with outdoor family visits for services. Aug 31 is childcare opening plan. Many are not ready to come back and have their children in childcare or not ready to return to work. Trying to be thoughtful and make informed decisions to transition back. Still partnering with SAU 9 for food distribution. Interactions with families are positive. Food distribution continues on Fridays during the summer.
- Schelley. Central VNA. They are back in homes. Two weeks now. Home care never stopped. They screen staff and clients every time, and follow precautions and protocols, masks, etc. per CDC guidelines. Have a couple of families via telehealth. Only had a couple of moms who had covid19.
- Wolfeboro Children's center offering emergency childcare. Karen Cox. Screenings happening for building visitors. Child Care Aware has online list of providers. CARES act funding did support some emergency childcare regionally.

### **Access to Comprehensive Behavioral Health Services/Continuum of Care**

- Updates from attendees:
- Catalina. The pandemic response has expanded Telehealth and hopefully some of that can be sustained beyond the current response.
- MWV Supports Recovery re-opened with precaution measures early June.
- White Horse is moving their thrift store to an expanded new space and old store being refurbished to offer improved clinical service space.
- Providers reporting some trend towards patient relapse but also much continued service via telehealth. Want community to know help is still available. Some of the recovery community

would really like to get back to in person support groups, but those groups are also still available online and some are taking place in outdoor settings with distancing.

- Update sent in from Doorway Laconia, Corey Gately: The Doorway at LRGHealthcare has been “seeing” people either virtually or by phone throughout the pandemic. We did change our location temporarily in order to have our staff out of the hospital environment, but they are returning to their offices next week. We will return to seeing patients face to face at that time, with many precautions and new guidelines in place (1 patient at a time in our Doorway offices, masks, pre-screened, etc.). And we will continue to complete evaluations virtually because our contracted clinician works for an organization that is not opening back up yet.

I would say that we have kept a steady pace throughout the past couple of months, but we are seeing a recent uptick of clients over these past 2 weeks. Our phones seem to be getting much busier and people are seeking treatment. We have been successful at getting people into residential treatment and we are utilizing the respite beds as well.

I appreciate you asking what we need from the community! We simply need you to continue to spread the message that we are here and able to help! The best way to reach any of the Doorways continues to be 211, but we are also happy to answer direct calls (LRGHealthcare Doorway – 603-934-8905). Please let me know if you need any further information! Corey E. Gately, MLADC, Director of Substance Use Services, LRGHealthcare, 603-737-6047

- Update sent in from Doorway Dover, Peter Fifield: We have continued to stay open throughout the COVID-19 situation with modified workflows. We are controlling how many folks are in the office at a time and require hand hygiene, face masks, six feet distancing etc. We only have ½ the staff in the office with the other ½ rotating and working from home. In March/April, our numbers were way down but we have seen a significant uptick in both phone calls and walk-in visits. In May 70% of our visits were virtual...something I believe was a true benefit to your clients. We ask the community that if you are sending folks our way to call first (211 or directly 609-6690) so we can do our best to manage wait times, triage things that need to happen F2F vs. over the phone and as well, manage client expectations. We are getting back to “normal” but are not there yet. I hope you all are well and thank you all for your continued efforts providing excellent care to all you serve. Peter Fifield Ed.D MLADC, LCMHC, Manager of Behavioral Health Services, Wentworth-Douglass Hospital, 789 Central Ave, Dover, NH 03820, (603)-609-6312 Main Office, (603) 609-6690 HUB location, [Peter.fifield@wdhospital.com](mailto:Peter.fifield@wdhospital.com)
- Welcome Valeda Cerasale, Northern Human Services. Director for Carroll County. Plan to start to take intakes in person and open for face to face services. Working on re-entry plan.
- Julie Hill. WMCHC. Seeing patients in person and telehealth is around 70%. MAT is hybrid telehealth and in person.

#### **Substance Misuse and Addiction**

- Updates from attendees:
  - Jennifer. Waiting on guidance for libraries. Need for devices for Kingswood students, families. Focused on end of year paperwork, logic model for next year, strategic plan.
  - YRBS Carroll county is out. Will share link.  
<https://www.dhhs.nh.gov/dphs/hsdm/documents/carroll-yrbs-results-2019.pdf>

**Public Health Advisory Council. Additional updates**

- Community health improvement plan will be updated this year.
- FB Live Tonight at 4:30: Building Resilience MWV: Staying Safe during Covid19 Heather Phillips hosting a conversation with staff from Starting Point services for domestic and sexual violence. <https://www.facebook.com/events/563563781017815> Two more FB Live events coming on mental wellness and young adults. Follow <https://www.facebook.com/BuildingResilienceMWV>
- Joy Gagnon. Nutrition lessons online. Shopping tour and gift cards for food shopping double up food card. FMI Joy Gagnon [joy.gagnon@unh.edu](mailto:joy.gagnon@unh.edu)
- Carolyn Towne TCCAP. As reopen happens and as eviction holds lift, anticipate housing insecurity issues. Please refer folks to 211. Goal to help people to maintain housing which is best for individuals, families and management of resources.

**11:55-12:00 Upcoming Events & Wrap-up**

Building Resilience MWV: Facebook Live Event: June 11<sup>th</sup> at 4:30pm

**Statement from Granite United Way Board Chair and CEO. June 10, 2020**

Granite United Way believes all individuals are entitled to be treated with dignity and respect – this includes equal treatment and access to justice. We recognize lack of opportunities and structural racism negatively impacts mental, social, economic, and educational success, not just for the individual but also for families, neighborhoods, and communities. Prejudice and racism hurt all Americans. ....

Read the full statement here:

<http://www.graniteuw.org/news-events/a-message-from-our-board-chair-and-ceo>

**Upcoming Meeting Dates:** Annual Meeting TBD