

## Carroll County Roundtable/C3PH Public Health Advisory Council

### Meeting Minutes

Tuesday, September 12th, 2017

10:00 am – 12:00 pm

#### Welcome and “Once Around the Table”

##### Michael Dewar: White Mountain Visitation Services

- Non-judgmental service focused on safety of child, both physically and mentally, primarily younger children currently- starts with intake with both parents, \$80 per visit, located at Norcross Circle in North Conway, opened to anyone not a therapist focused on safe visit for child with parent, referrals from courts as of now but reached out to schools. See [e-mail attachment](#) for additional information.
- Contact Info: Email [wmsvs1@gmail.com](mailto:wmsvs1@gmail.com); Phone: 603-387-3271; Facebook: @wmsvs1.

##### Aging with Connection and Purpose

- Marianne Jackson shared that a AARP Livable Communities grant was awarded to MWV Housing Coalition to promote accessory dwelling units (ADU) which all towns must allow. Provides seniors with big homes the ability to have income from an additional dwelling in their home, as well as other residents who would like to construct an ADU on their property, subject to necessary building approvals This is designed to not only help with the housing needs of the senior population, but also our local workforce. The grant funds a display to place on table tops around the county in areas to help get the word out on ADU’s. For more info: <http://www.unionleader.com/article/20170908/NEWS2001/170909384/-1/news2001>
- Carroll County Commissioner Mark Hounsell shared that funding is being sought for a feasibility study for an Assisted Living Facility in northern Carroll County. Commissioner Hounsell defined the difference between “Elder” and “Senior” is important to understand – Senior is age 65 -80, Elder 80+
- The Aging with Connection and Purpose Workgroup meets quarterly at TCCAP from 9am-11am the 2<sup>nd</sup> Wednesday of Sept, Dec, Mar and June. For more info go to: <http://www.c3ph.org/aging-with-connection-and-purpose>

##### Public Health Emergency Preparedness(PHEP):

- Jeff Jones, C3PH PHEP Coordinator: [preparedness@c3ph.org](mailto:preparedness@c3ph.org), shared that a Citizen Corps/Community Emergency Response Team training in Tuftonboro has been completed, with the next one taking place in Bartlett in Oct. and Nov. It is a 20-hour basic course over 8 Wednesdays. For more info go to: <http://www.c3ph.org/citizen-corps>
- There are 60 CERT members currently active in Carroll County, which are available to help out not only during times of emergency, but at local events as requested. Please contact Jeff to learn more.

- Narcan education and trainings are continuing to be offered around the county and there are plans to organize a monthly Narcan Dispensing at the same time each month in West Ossipee, date and time TBD. Replacement kits for those with expired Narcan kits can be obtained at upcoming community events, but are also available at no cost at Memorial Emergency Department (Erica Roy is the contact), White Mountain Community Health, and Tamworth Community Nurses (please call Tamworth Community Nurses for an appointment). Community events will be announced on C3PH website and Facebook page. All NH Narcan Community Events can be found here:  
<http://anyoneanytimenh.org/statewide-naloxone-events/>.
- A list of all pharmacies with standing orders for Narcan can be found through Anyone, Anytime link:  
<http://anyoneanytimenh.org/new-hampshire-pharmacies-with-standing-orders/>. Please contact your pharmacy first to make sure they are available. Most recent info as of 9/14/17:
  - Walgreens (Conway) - standing orders; w/o insurance \$400 injectable & \$135.99 Nasal - on backorder both injectable and nasal
  - Rite Aid (Ossipee/Conway) - standing orders; w/o insurance \$147.00 Nasal only- on backorder current kits expired
  - CVS (Conway) - standing order; w/o insurance \$400; injectable & \$44.90 Nasal - on backorder only 1 nasal in stock
  - Osco Pharmacy (Conway) - with Rx Only; w/o insurance \$139.00 Nasal only -2 in stock- working on standing orders
  - Hannaford (Ossipee/Conway) - with Rx only; w/o insurance \$82.50 Nasal only - a few kits in stock - working on standing orders
- C3PH contacts for Narcan Kits: Jennifer Selfridge at [prevention@c3ph.org](mailto:prevention@c3ph.org) and Jeff Jones at [preparedness@c3ph.org](mailto:preparedness@c3ph.org)
- For more information about PHEP go to: <http://www.c3ph.org/emergency-preparednes>

#### Chronic Disease:

- The Community Health Collaborative, which meets the 2<sup>nd</sup> Thursday of each month, is working on many chronic disease issues along with Huggins Hospital. These include obesity and diabetes, cancer, respiratory ailments and heart disease and hypertension.
- [Open House at White Mountain Community Health Center](#) – Tuesday, Sept 19<sup>th</sup> 5:00 – 6:30. Great opportunity to meet new Executive Director JR Porter and learn about WMCHC services.
- Beth Dyson-Wheatley, White Mountain Community Health Center: new Health Insurance Navigator: [edyson@whitemountainhealth.org](mailto:edyson@whitemountainhealth.org). Beth shared that Open Enrollment for Insurance is taking place from Nov 1 to Dec 15<sup>th</sup>. Minuteman Health will not be available next year. People with Minuteman will need to change plans. The Navigator Program at WMCHC is a grant funded program; hopefully funding will be continued. Part of Navigator responsibility is community outreach. To learn more and to see if Beth is available to come to your organization go to: <http://www.whitemountainhealth.org/index.php?page=get-help>.
- [Partners in Health](#) at WMCH – supports families with children dealing with chronic disease: <http://www.whitemountainhealth.org/index.php?page=partners-in-health>. New Coordinator is Deb Meader who can be contacted at (603) 447-8900 or [dmeader@whitemountainhealth.org](mailto:dmeader@whitemountainhealth.org)
- For more info about the work being done on Chronic Disease go to: <http://www.c3ph.org/chronic-disease>.

### **Early Childhood and Early Parenting Support:**

- Carroll County Early Childhood Coalition (CCECC) is working on the Community Health Improvement Priority of Early Childhood and Early Parenting Support. Meeting the last Tuesdays of each month except July, August and December. For more info go to: <http://www.c3ph.org/early-childhood-parenting-support> . Work is focused on increasing number of families accessing home-visiting programs and children receiving developmental screenings. CCECC is one of many early childhood coalitions taking part in a Community of Practice through SparkNH, the early childhood coalition for NH: <http://sparknh.com/> .
- [Abby Sparks](#), of Central NH VNA works with families with children from prenatal to 3 years of age through Healthy Families of America. Abby shared aspects of their home visiting program: [http://www.centralvna.org/html/pediatric\\_program.html](http://www.centralvna.org/html/pediatric_program.html) . Abby meets clients at home or wherever they are most comfortable. She conducts an intake on what their needs are and connects them with state services to help them and their families, as well as providing parenting training and screening the children using Watch Me Grow/Ages and Stages questionnaire. Home visiting and developmental screening programs and other early childhood programs can address many adverse childhood experiences that may lead to more complex health issues later in life, and are now being considered as prevention programs to address substance use. This was addressed in a recent Op-Ed article: [http://sparknh.com/site/assets/files/1279/july\\_9\\_concord\\_monitor\\_milliken\\_and\\_willard.pdf](http://sparknh.com/site/assets/files/1279/july_9_concord_monitor_milliken_and_willard.pdf)
- SAU9 has Family Support Liaisons at all elementary schools and Kennett Middle School. [David Olsen](#) is the located at John Fuller School and [Alyson Mcalister](#) is at Kennett Middle School. These positions have proved very valuable in providing the support families need for whatever issues they may face.

### **Continuum of Care/Access to Comprehensive Behavioral Health Services:**

- Catalina Kirsch, C3PH's Continuum of Care Coordinator, presented that she is working on an SUD Assets and Gaps Scan for Carroll County
  - Prevention, Intervention, Treatment and Recovery focus of COC in Carroll County
  - Top needs that were shared by Roundtable attendees included: concern for teens, police focused on why someone has Narcan rather than the incident it was used in, maintaining recovery coaches is an issue (we need to increase scholarships for recovery coach training and incentive for CRSW), transportation, housing, kids have an entitlement mindset.
  - Still need to engage businesses
- Priorities: increase awareness and access to services, build capacity of services
  - MWV Supports Recovery is going to Conway Planning Board Meeting on Wed for Occupancy Permit in Conway. Their Endeavor House will provide residence to 8 women to start
  - Whitehorse provides a range of services across the continuum. One idea is to create a sober landscaping crew. For more info contact Eric Moran at [emoran@whitehorseac.com](mailto:emoran@whitehorseac.com)
- Granite Pathways Regional Access Point Service contact for Carroll County Ryan Fowler - shared Carroll County calls to help line data from July 30 to Aug 31<sup>st</sup>
  - 18 pp called crisis line average age 30,
  - 10 females and 8 males.
  - Roundtable attendees were encouraged to advocate for the services of RAPs and the role they are playing in helping people access the SUD services they need.

- For more info about Continuum of Care work and to contact Catalina go to:  
<http://www.c3ph.org/continuum-of-ca>

### Substance Misuse and Addiction

- Jennifer Selfridge is working on work plan for county.
- 6 students from Kingswood High School went to NH Leadership Program this summer following up with those students to gather feedback on the experience
- We do not only have an opioid epidemic in the community, it is a “substance epidemic”. Lance Zack of White Mtn. Restorative Justice shared that meth is appearing as drug of choice in Carroll County, average age of drug use is 13, most start with marijuana with their parents.
- [New Futures](#) collecting stories on Medical Expansion for legislators. Please contact Aly McKnight: [amcknight@new-futures.org](mailto:amcknight@new-futures.org). New Futures has partnered with Children’s Trust Program, and is the Kids Count grantee. Contact Tracie Sullivan for more info: [Tsullivan@new-futures.org](mailto:Tsullivan@new-futures.org). A training will be held to engage parents to share their stories and advocate for family issues on Oct. 4<sup>th</sup> at Children Unlimited: <https://www.nhchildrenstrust.org/PATConway17>. Other issues New Futures is concerned with is the 10,000 grandparents raising grandchildren and the campaign building on legalization of marijuana.

### Other News, Upcoming Events & Wrap-up:

- Events
  - **Sun. Sept 17<sup>th</sup>** -[MWV Supports Recovery Take a Walk in Our Shoes](#) at Schouler Park 10:00-3:00
  - **Wed. Sept 20<sup>th</sup>** [Parenting Class at Children Unlimited](#), 10:00 -11:30
  - **Sat. Sept 16<sup>th</sup>** [Jens Friends Walk](#) at Cranmore Mountain – raising money for community members affected by cancer
  - **Wed. Oct. 4<sup>th</sup>** [Parent Advocacy Training](#) at Children’s Unlimited 5:30 – 8:00
  - **Sat. Sept. 30<sup>th</sup>: Families in Transition “Chasing Away Homelessness” Wicked Fit Fun Run in Wolfeboro:** <https://www.fitnh.org/wickedfitrun/>. FIT is moving forward on opening their Hope House in Wolfeboro:  
<https://www.housingbenefitsnh.org/wolfeboro>
- Wrap-up
  - Please contact Emily Benson ( [Emily.Benson@graniteuw.org](mailto:Emily.Benson@graniteuw.org) )with ideas for trainings to be brought to Carroll County in any Community Health Improvement Priority area as listed above.
  - To learn more about work underway related to Integrated Delivery Network Region 7 as part of the 1115 Medicaid Transformation Waiver Program, go to:  
<http://www.nchcnh.org/region7IDN.php>
  - For data resources to help inform programs, please go to the C3PH website at:  
<http://www.c3ph.org/resources>
  - A full report of 211 calls from Carroll County 1/1/2017 to 8/22/2017 is attached at end of Meeting Minutes, see below. Please make sure your organization updates their information with 211 : <http://www.211nh.org/Contact.aspx?GL>
  - The Meeting Schedule for all Workgroups is in **e-mail attachment**.

Annual Meeting will take place on Tuesday, Dec. 12<sup>th</sup> from 9-noon at Camp Calumet. 2018 Meeting Dates: Quarterly on the 2<sup>nd</sup> Tuesdays: March 13<sup>th</sup>, June 12<sup>th</sup>, September 11<sup>th</sup>, December 11<sup>th</sup>.

**2-1-1 NH  
Statistical Report  
Search Option - County and Referred, Unmet, Reason for Contact, OOD, Site  
Reasons (All requests)  
1/1/2017 to 8/22/2017**

Total Contacts in Date Range: 29799

593	(1.99%)	Carroll	
			72 (12.142%) Electric Service Payment Assistance
			62 (10.455%) Street Outreach Programs
			60 (10.118%) Tax Preparation Assistance
			37 (6.239%) Homeless Outreach Call Back
			34 (5.734%) Undesignated Temporary Financial Assistance
			30 (5.059%) Homeless Financial Assistance Programs
			29 (4.89%) Legal Counseling
			27 (4.553%) Specialized Information and Referral
			22 (3.71%) Homeless Shelter
			21 (3.541%) Rent Payment Assistance
			20 (3.373%) Call for 2-1-1 Staff
			17 (2.867%) Tax related inquiry
			14 (2.361%) Housing Authorities
			14 (2.361%) Rental Deposit Assistance
			12 (2.024%) Low Cost Home Rental Listings
			12 (2.024%) Mortgage Delinquency and Default Counseling
			11 (1.855%) General Inquiry About 211
			10 (1.686%) Medical Appointments Transportation
			9 (1.518%) Heating Fuel Payment Assistance
			8 (1.349%) Food Pantries
			7 (1.18%) 411 Call
			7 (1.18%) Directory Assistance
			7 (1.18%) Drug Abuse Hotlines
			7 (1.18%) Municipal Police
			6 (1.012%) Domestic Violence Hotlines
			6 (1.012%) General Financial Assistance - Town Welfare/CAP
			6 (1.012%) Public Utility Regulation/Deregulation
			5 (0.843%) Administrative Entities
			5 (0.843%) Caregiver Counseling
			5 (0.843%) Local Electric Utility Companies
			4 (0.675%) 411 Call Not Site Related/business Listing
			4 (0.675%) Disability Related Transportation
			4 (0.675%) Food Stamps/SNAP Applications
			4 (0.675%) General Furniture Provision
			4 (0.675%) Home Help Nh Call Back
			4 (0.675%) Supportive Listening/Info no Referral
			3 (0.506%) Child Care Expense Assistance
			3 (0.506%) Community Mental Health Agencies

3	(0.506%)	Dental Care
3	(0.506%)	Domestic Violence Shelters
3	(0.506%)	Elder/Dependent Adult Abuse Reporting
3	(0.506%)	Low Income/Subsidized Private Rental Housing
3	(0.506%)	Medicaid Applications
3	(0.506%)	Medicare Information/Counseling
3	(0.506%)	Peer Counseling
3	(0.506%)	Prescription Expense Assistance
3	(0.506%)	Public Housing
3	(0.506%)	Red Cross Disaster Service Centers
3	(0.506%)	Senior Ride Programs
3	(0.506%)	Tax Appointment Rescheduling
3	(0.506%)	Welfare Rights Assistance
3	(0.506%)	WIC Applications/Certification
2	(0.337%)	Adult Residential Care Homes
2	(0.337%)	Anger Management
2	(0.337%)	Animal Shelters
2	(0.337%)	Automobile Donation Programs
2	(0.337%)	Building Inspection
2	(0.337%)	Cell Phones
2	(0.337%)	Certificates/Forms Assistance
2	(0.337%)	Chambers of Commerce
2	(0.337%)	Dentures
2	(0.337%)	Drug Abuse Counseling
2	(0.337%)	General Acute Care Hospitals
2	(0.337%)	Group Homes for Dependent Children
2	(0.337%)	Home Health Aide Services
2	(0.337%)	Home Rental Listings
2	(0.337%)	HUD Approved Counseling Agencies
2	(0.337%)	Mental Health Hotlines
2	(0.337%)	Parenting Skills Classes
2	(0.337%)	Post Disaster Damage Reporting Hotlines
2	(0.337%)	Private Guardianship/Conservatorship Programs
2	(0.337%)	Public Guardianship/Conservatorship Programs
2	(0.337%)	Section 8 Housing Choice Vouchers
2	(0.337%)	State Trial Courts
2	(0.337%)	Student Financial Aid
2	(0.337%)	Weatherization Programs
1	(0.169%)	Agency Update
1	(0.169%)	Alcohol Dependency Support Groups
1	(0.169%)	Alcohol Related Crisis Intervention
1	(0.169%)	Alcoholism Counseling
1	(0.169%)	Alcoholism Hotlines
1	(0.169%)	Animal Rescue
1	(0.169%)	Assisted Living Facilities
1	(0.169%)	Automobile Purchase Loans

1	(0.169%)	Baby Clothing
1	(0.169%)	Baby Furniture
1	(0.169%)	Bed Bug Control
1	(0.169%)	Bullying Prevention
1	(0.169%)	Business Registration/Licensing
1	(0.169%)	Caregiver/Care Receiver Support Groups
1	(0.169%)	Case/Care Management
1	(0.169%)	Centers for Independent Living
1	(0.169%)	Child Care Provider Referrals
1	(0.169%)	Children's Clothing
1	(0.169%)	Community Action Agencies
1	(0.169%)	Community Clinics
1	(0.169%)	Community Meals
1	(0.169%)	Comprehensive Outpatient Alcoholism Treatment
1	(0.169%)	Constitutional/Civil Rights Groups
1	(0.169%)	Consumer Product Safety Complaints
1	(0.169%)	County Correctional Facilities
1	(0.169%)	Credit Counseling
1	(0.169%)	Cruelty to Animals Investigation
1	(0.169%)	Debt Consolidation Services
1	(0.169%)	Developmental Assessment
1	(0.169%)	Developmental Disabilities Day Habilitation Programs
1	(0.169%)	Disability Rights Groups
1	(0.169%)	Disaster Donations Coordination
1	(0.169%)	Disaster Loans
1	(0.169%)	Disaster Relief/Recovery Organizations
1	(0.169%)	Discounted Utility Services
1	(0.169%)	Domestic Violence Support Groups
1	(0.169%)	Dropped Call
1	(0.169%)	Drug Abuse Education/Prevention
1	(0.169%)	Emergency Communications
1	(0.169%)	Eye Care
1	(0.169%)	Eye Care Expense Assistance
1	(0.169%)	Family Law Courts
1	(0.169%)	Federal Income Tax Information
1	(0.169%)	Furniture/Home Furnishings Donation Programs
1	(0.169%)	Gas Money
1	(0.169%)	Gas Service Payment Assistance
1	(0.169%)	Glasses/Contact Lenses
1	(0.169%)	Group Residences for Adults with Disabilities
1	(0.169%)	Health Insurance Premium Assistance
1	(0.169%)	Home Maintenance and Minor Repair Services
1	(0.169%)	Home Maintenance and Minor Repair Services for
Clutterers/Hoarders		
1	(0.169%)	HomeHelpNH repeat call
1	(0.169%)	Independent Living Skills Instruction

1 (0.169%) Inpatient Drug Detoxification  
1 (0.169%) Job Banks  
1 (0.169%) Job Search Resource Centers  
1 (0.169%) Lawyer Referral Services  
1 (0.169%) Low Cost For Sale Homes/Housing Units  
1 (0.169%) Medical Care Expense Assistance  
1 (0.169%) Medical Equipment Expense Assistance  
1 (0.169%) Medicare Enrollment  
1 (0.169%) Mental Health Drop In Centers  
1 (0.169%) Nurse Complaints  
1 (0.169%) Occasional Medical Equipment/Supplies  
1 (0.169%) Online Tax Preparation/E-Filing Sites  
1 (0.169%) Parenting Helplines  
1 (0.169%) Psychiatric Associations  
1 (0.169%) Psychological Associations  
1 (0.169%) Public Defender  
1 (0.169%) Public Health Permits  
1 (0.169%) Realtor Complaints  
1 (0.169%) Recreation Centers  
1 (0.169%) Residential Alcoholism Treatment Facilities  
1 (0.169%) Returning Call from overnight/weekend  
1 (0.169%) RSVP Program  
1 (0.169%) Section 8/Rental Assistance Program Rental Listings  
1 (0.169%) Senior Centers  
1 (0.169%) Smoking Cessation  
1 (0.169%) Social Security Disability Insurance Applications  
1 (0.169%) Social Security Numbers  
1 (0.169%) Spouse/Intimate Partner Abuse Counseling  
1 (0.169%) Spouse/Intimate Partner Abuse Prevention  
1 (0.169%) State Attorneys General  
1 (0.169%) State Police  
1 (0.169%) Supported Living Services for Adults with Disabilities  
1 (0.169%) Talklines/Warmlines  
1 (0.169%) Telephone Solicitation Complaints  
1 (0.169%) USDA Rural Home Purchase Loan Programs  
1 (0.169%) Veteran Benefits Assistance  
1 (0.169%) Volunteer Opportunities  
1 (0.169%) Volunteer Recruitment/Placement  
1 (0.169%) Winter Clothing  
1 (0.169%) Workers Compensation