## Be the 1 Carroll County, Youth Suicide Prevention Team

Minutes from 03.15.23 1:00 –1:30pm

Host: C3PH – Jen Thomas

## Attendees:

Jen Thomas	jennifer.thomas@graniteuw.org
Anika Hastings	ahastings@govwentworth.k12.nh.us
Brittini Cusson	b_cusson@sau9.org
Richard Melillo	rmelillo@nhs.org
Tamara Roberge	troberge@ccsnh.edu
Jaime-Rose Kelly	jkelly@northernhs.org

## Updates:

Anika	1) April 14 <sup>th</sup> – Kingswood HS is doing the youth suicide training offered by
	NAMI with approx 30 kids
	2) KMS will be doing a live CONNECT suicide training
	3) Impact on team-staff help
Brittini	1) Discussed need for SAP
	2) Desires more student engagement activities
	3) May 11 <sup>th</sup> is the upcoming wellness fair
	4) Looking for more partners to put up tables
	<ul> <li>Richard M. might be interested</li> </ul>
Richard	1) Looking for people for the peer specialist team for crisis unit
	<ul> <li>Need to cover between 1700 -2200 hrs and overnight people</li> </ul>
	<ul> <li>Training consists of 21 hours of educational content and field</li> </ul>
	practice
	IPS certification
	2) Certification process for peer specialist team in the works
Tamara	1) Quiet week
	2) Several people leaving
	3) She is retiring
	4) Need to rebuild a team
Jaimie-Rose	1) Access point info and data
	2) Deferment to ER data
	3) Letters from Access point to schools
	<ul> <li>Anika asked if 988 is best number of all emergency numbers to call</li> </ul>
	and the answer was yes
	4) Access Point 1.833.710.6477
Jen	1) Connection to Youth Success Project - <u>Home   Youth Success Project</u>
	(nhyouthsuccess.com)
	2) ASIST training in June - <a href="https://www.livingworks.net/asist">https://www.livingworks.net/asist</a>
	3) New YRBS data for 2021 is out - YRBSS   DASH   CDC
	4) Looking for ideas for fun community mental health awareness activities
Catalina (by proxy)	1) Mental health first aid trainings -

- a. MHFA Jackson Mar 24 <a href="http://www.c3ph.org/assets/pdf/Jackson\_Adult\_MHFA\_Flyer\_2">http://www.c3ph.org/assets/pdf/Jackson\_Adult\_MHFA\_Flyer\_2</a> 023\_03\_25.pdf
- b. MHFA May 11 Chocorua <a href="http://www.c3ph.org/assets/pdf/AHEC\_SUDPreventionSeriesM">http://www.c3ph.org/assets/pdf/AHEC\_SUDPreventionSeriesM</a> HFA 2023 05 11.pdf YOUTH MHFA
- c. Chocorua May 12 Chocorua <a href="http://www.c3ph.org/assets/pdf/AHEC\_SUDPreventionSeriesYouthMHFA\_2023\_05\_12.pdf">http://www.c3ph.org/assets/pdf/AHEC\_SUDPreventionSeriesYouthMHFA\_2023\_05\_12.pdf</a>
- 2) Connect training still available <a href="http://www.c3ph.org/assets/pdf/Carroll\_County\_CONNECT\_eLearning">http://www.c3ph.org/assets/pdf/Carroll\_County\_CONNECT\_eLearning</a> thru 2023 01 15.pdf
- 3) Drug take back day April 22 10:00 –2:00 http://www.c3ph.org/assets/pdf/DEA\_TakeBack\_Poster\_8.5x11\_Carroll \_County\_2023\_04\_22\_.pdf

## Close:

Jen – Thank you everyone. Please feel free to email me with any questions or additions.

Next meeting:

April 19th 1300 -1430 hrs