## Youth Suicide Prevention Team – Carroll County – October 19, 2022, 1:00-2:30 pm

Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health Garett Lee Smith Grant – NH Nexus Project 2.0

## Notes

Notes: Caleb Gilbert, C3PH

-Introductions of team: Catalina Kirsch / C3PH,

Attendance: Anika Hastings, SAU49; Lauren Orsini, Children Unlimited; Jillian Dubois, New Futures; Debbie Baird, America American Foundation for Suicide Prevention NH & ME Chapters (guest Speaker); Kera Favorite, Huggins Hospital; William Riley, Huggins Hospital; Eryn Phelps, Brewster Academy; Heahter Nelson, SAU 45; Kassie Eafrati, Northern Human Services; Sarah Fenton, Northern Human Services; Melissa Kanet, Memorial Hospital; Heather Clogston, NH DOE Office of Social and Emotional Wellness

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
Guest: Debbie Baird, AFSP NH & ME dbaird@afsp.org 603-856-1697	American Foundation for Suicide Prevention, NH & ME Chapters. Resources available. https://afsp.org/chapter/new-hampshire See presentation slides attached. More than Sad: https://afsp.org/more- than-sad Talk Saves Lives: https://afsp.org/talk- saves-lives It's Real: https://afsp.org/itsreal All Programs: https://afsp.org/community-programs Get Help: https://afsp.org/get-help K-12 school suicide prevention: https://afsp.org/suicide-prevention-in-k- 12-schools Public Policy: https://afsp.org/public- policy-priorities	<ul> <li>Heather Nelson will follow up with Debbie, re: AFSP resources for SAU 45.</li> <li>Catalina will look into purchasing materials to keep at C3PH office for loan.</li> </ul>

Implementation Fidelity Tool	Group Activity Catalina led group through the tool.	<ul> <li>We will continue the remaining (2 of 4) domains remaining in the tool during the next meeting.</li> </ul>
Strategic Planning - Engage in regional, state and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.	<ul> <li>National, Statewide Initiatives</li> <li>Oct 29 DEA National Prescription Take Back Day 10-2</li> <li>November 3, 2022 – Save the Date, NH Suicide Prevention Council Conference</li> <li>Discuss: November 19 International Survivors of Suicide</li> </ul>	Resource: <u>https://afsp.org/international-</u> <u>survivors-of-suicide-loss-day</u>
Education and Training - NAMI Update – Susan Ward notes	<ul> <li>(9:20 – Susan Ward)</li> <li>Education and Training:</li> <li>NH National Guard</li> <li>Connect Train the Trainer, Capital Area &amp; DBHRT</li> <li>GLS In our Own Voices (IOOV) 1/14/23. Recruit young adults</li> <li>CARE LIAISON Position. Recruiting. See job posting here</li> <li>CALM Training completed</li> <li>Connect Youth Leader Training completed in Sept.</li> <li>Fmi on NAMI NH events: <u>https://www.naminh.org/events/</u></li> </ul>	
Community Awareness	<ul> <li><u>988 and iCare</u></li> <li>Shareable Resources</li> </ul>	https://www.samhsa.gov/find- help/988/partner-toolkit/social-media- shareablesC3PH Folder of 988 Shareables: https://drive.google.com/drive/folders/1EF4t5 4wpglU5akkOGKEIRu4pWmlf6BKZ?usp=sharin g
Tobacco and Nicotine Use Prevention	November 17 – The Great American Smokeout	Toolkit here <u>https://www.cancer.org/healthy/stay-away-</u> <u>from-tobacco/great-american-</u> <u>smokeout/resources.html</u>

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital		

Community Health Need Assessment		
First Responder Updates	National Prescription Take Back Day October 29	Please post and share <u>http://www.c3ph.org/assets/pdf/DEA_TakeBack_Poster</u> <u>8.5x11_Carroll_County_2022_10_29pdf</u>
Social Services, Other	Energy Assistance	
Other	From Jillian, New Futures: Hi all! I work with New Futures here in Concord. We are a non-partisan, non- profit org and work on all different health-related advocacy issues at the State House. I work specifically on early childhood and children's behavioral health. If you are interested in learning more about advocacy and training opportunities, please take a minute to complete this interest survey: <u>https://new-futures.org/advocacy/what- matters-you</u>	
Awareness Campaigns	October - Oct 29 National Prescription Take Back Day - Healthy Lung Month (tobacco/vaping education ) November - Nov 17 The Great American Smokeout - Nov 19 - International Survivors of Suicide Loss Day You can find a current list of registrations here. Event registration is ongoing until October 1 so check back with us if you don't see an event nearby. If you have questions please contact your local AFSP chapter or email <u>survivorday@afsp.org</u> .	Tools from The Truth Initiative (vaping education resources) https://truthinitiative.org/

2:15 Next Steps for the Implementation Team-

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Suicide Prevention Team Time: Mar 16, 2022 01:00 PM Eastern Time (US and Canada) Every month on the Third Wed, until Dec 21, 2022, 12 occurrence(s)

Oct 19, 2022 01:00 PM Nov 16, 2022 01:00 PM Dec 21, 2022 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

https://us02web.zoom.us/meeting/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKu Gvrz4qHd2VshyERpwEBY\_4c-3xmGJBgvpbvx3IFw1fcQ6hNecVHIJSHo-E

Join Zoom Meeting https://us02web.zoom.us/j/87150790253

Meeting ID: 871 5079 0253 One tap mobile +13126266799,,87150790253# US (Chicago) +16465588656,,87150790253# US (New York)

Dial by your location +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) Meeting ID: 871 5079 0253

Thank you! Catalina Kirsch, <u>continuum@c3ph.org</u>

Find our meeting minutes and information about our Be The One Carroll County Youth Suicide Prevention Team at <u>http://www.c3ph.org/initiatives/youth-suicide-prevention</u>

## Carroll County NH

## Online Suicide Prevention Training -

Self-Paced Online CONNECT Suicide Prevention E-Learning Module Slots available - Approximately 200 spots for Carroll County – Be The 1 Carroll County Youth Suicide Prevention team is working to identify priority populations to access these trainings (available trainings include Gatekeeper, Healthcare, School Personnel, Mental Health Provider)



Please let community members know that there are slots available.

Please share with to other organizations, ie DHHS workers, Home Health Agencies, seasonal employers, school support staff, Peer Recovery Coaches - See flyer links below.

Please use these links to

- Share out this opportunity to your contacts in these sectors
- To encourage registration for these trainings
- We encourage organizations to contact us. For example, we would love to hear from an organization to tell us: "we would like to receive (x) training slots for our agency"

Program Description by Sector	Program Registration by Sector	
<u>Connect Online Suicide Prevention Training for</u> <u>SCHOOL PERSONNEL Program Description.</u>	<u>Connect SCHOOL PERSONNEL Registration – Request</u> <u>e-learning slot here</u>	
<u>Connect Online Suicide Prevention Training for</u> <u>HEALTHCARE</u> WORKERS Program <u>Description.</u>	Connect HEALTHCARE WORKER REGISTRATION here.	
<u>Connect Online Suicide Prevention Training for</u> <u>Mental Health Providers – Program Description</u>	Connect MENTAL HEALTH PROVIDERS Registration.	
<u>Connect Online Suicide Prevention Training for</u> <u>GATEKEEPERS – Program Description.</u>	<u>Connect GATEKEEPER Registration.</u> Audience: Community members (gatekeepers), anyone who may have contact with a person at risk of suicide, especially when associated with youth and other vulnerable populations.	