

## CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

### Agenda – Feb 6, 2024

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI: (603)301-1252

Jennifer Thomas, [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)

Catalina Kirsch, [catalina.kirsch@graniteuw.org](mailto:catalina.kirsch@graniteuw.org)



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

[https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV\\_wr?usp=sharing](https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing)

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDIuHtRorTn80ou-lizThDOxqgR8>

#### Attendance:

Jen Thomas	Substance Misuse Prevention Coordinator at C3PH
Catalina Kirsch	Continuum of Care Facilitator at C3PH
Emily McArdle	Young Adult Outreach at C3PH
Raetha Stoddard	Starting Point, <a href="mailto:raetha@startingpointnh.org">raetha@startingpointnh.org</a>
Jennifer Smith	Primary Care and Addiction Medicine Provider at Memorial Hospital
Angelic Macut	Medical Assistant at Memorial Hospital
Chelsea Endres	WIOA- (Workforce Innovation Opportunity Act) Career Navigator, Southern New Hampshire Services- Littleton, Conway, and Berlin Employment Security Offices
Mitchell Henderson	White Horse Recovery
Mark Dorman	Doorway Coordinator at Laconia Doorway, <a href="mailto:mdorman@crhc.org">mdorman@crhc.org</a>

#### Guest Speaker:

Raetha Stoddard – Starting Point

- Teen Dating Violence Awareness/Prevention Month discussion
  - [Teen Dating Violence Awareness and Prevention Month | Youth.gov](#)
  - [Teen Dating Violence Awareness Month- Love Is Respect](#)
  - Associations between substance use and dating violence.
  - Starting Point: <https://www.startingpointnh.org/>
    - Conway Office: 603-447-2494
    - 24/7 Crisis Line: 800-336-3795- Available to those in crisis, friends and family, providers who need resources, etc.
  - Discussion: Large increase in services needed since COVID-19, use of language, lagging social-emotional growth in children since COVID-19, impact of social media on children, trafficking in Carroll County and its associations with substance use, and prevalence of stalking in youth culture.

- Upcoming bill about social and emotional learning in schools: <https://new-futures.org/Keeping-SEL-in-Schools>
- Starting Point provides Healthy Relationship Curriculum in schools- Covers all types of healthy relationships, self-care, stress management, dating and relationships, and how to find resources. Having a presence in schools also creates more opportunities for disclosure.
  - Periodically does forums and trainings/presentations for stakeholders, would like to do more trainings for parents if they had the capacity.
  - [Vermont Network](#) and [Washington State Coalition Against Domestic Violence](#) have resources available online.
- Starting Point would like to talk more about screening with White Horse and the Way Station, discuss support groups where there are perpetrators and victims present, would like to be connected with the Memorial Hospital Behavioral Health group meeting for education (could connect pediatrics as well), and could create a screening tool for Memorial Hospital or White Horse Recovery.
  - Memorial Hospital has an MOU in place if patients present with signs, Memorial calls Starting Point and an advocate is dispatched.
- Raetha will send Catalina updated [map of NH with domestic violence programs](#) available for each county, info can also be found at [NH Coalition Against Domestic Violence](#)  
[See map here](#)

#### Focus on Prevention: Jennifer Thomas

- Carroll County Youth Substance Misuse Prevention Subcommittee
  - Youth Peer to Peer Groups as prevention, treatment, and recovery support
    - [Alternative Peer Groups | Creating Connections NH \(unh.edu\)](#)
    - Interested in bringing these groups to the area- No clinician needed but need a facilitator and a location. Contact Jen if you're interested in setting up a meeting with Creating Connections NH.
  - Updates from New Futures on salient bills
    - Legislation about Substance Use:
      - <https://new-futures.org/issues/substance-use>
      - <https://new-futures.org/alcohol-other-drugs>
    - Legislation about social and emotional Learning in schools: <https://new-futures.org/Keeping-SEL-in-Schools>
  - Information on Big Brothers Big Sisters: <https://bbbsnh.org/>
- Be the 1 Youth Suicide Prevention meeting. <https://www.c3ph.org/initiatives/youth-suicide-prevention>
- DHHS/BDAS YRBS workgroups
  - Working on assessing current knowledge/barriers with administrators in schools/districts
- Carroll County Veterans Coalition

- Summit in Spring. Planning is underway.
- Veteran Friendly Businesses
  - <https://www.dmav.s.nh.gov/nh-businesses-currently-recognized-veteran-friendly-practices>
  - Supportive practices reduce risk and provide protective factors.
- Military families and youth are high risk groups for substance misuse.
  - Gathering information stage on level of knowledge and current practices for youth at youth servicing organizations
- Medical and behavioral health provider engagement
  - Determining level of knowledge of veteran and military needs and resources
- [2023 Veterans Resource Guide](#)
- NH DHHS Bureau of Drug and Alcohol Services BDAS – no update
- SAU 49 – District Community Leadership Team 2023-2024 – no update
- SAU 9 – District Student Behavioral Health Collaborative 2023-2024 – no update
- NH Dept of Ed – no update
- Upper Elementary School / Middle School strategies update – no update

Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery) – Catalina Kirsch

- Assets: What areas of strength right now?
  - [Press release from NH DHHS. New opioid reversal drug.](#) Will keep partners updated with more information.
- Gaps: Where are the most critical areas of need right now? No discussion.
- Data – [NH DMI Drug Environment Report - November 2023 - UNCLASSIFIED 2023-06072](#)
- Increased communication among providers – no discussion.
- Increased capacity and delivery of services
  - [Harm Reduction Supplies. Order here](#)
  - Harm Reduction – Planning for 24 NaloxBox community installations & harm reduction supplies distribution. Please email [catalina.kirsch@graniteuw.org](mailto:catalina.kirsch@graniteuw.org) with input:
    - NaloxBox Installation. Seeking locations to install Naloxbox across Carroll County. What are public locations across Carroll County where a wall mounted emergency naloxone (NaloxBox) will have the greatest chance of helping to respond to overdose?
    - Discussion about Naloxbox installation at Memorial Hospital- Jennifer/Angelic will put Catalina in touch with decision-maker at Memorial.
      - Mark has found that ER's can be a tough sell for NaloxBoxes but has found that community buildings in town and manufacturing businesses have been open to NaloxBox installations.

- Mitchell- All RCO's have Naloxboxes.
  - Fmi <https://naloxbox.org/>
- [NH DHHS Announces Availability of New Opioid Reversal Medication](#) NH DHHS 2024 01 24
- Updates from the Field.
  - Early Identification/Intervention –
  - Treatment/Recovery –
    - Mitchell Henderson/White Horse Recovery- Recovery centers in Ossipee, North Conway, Berlin, and Littleton. Offers peer support, recovery coaching, mutual aid groups, has Narcan available, counselling department out of Ossipee and Conway, IOP in Ossipee and individual counseling otherwise. Currently have a month-long wait list for counseling, are hiring LADCs or mental health counselors. Started Crystal Meth Anonymous meetings in North Conway on Wednesdays at 6pm and SMART Recovery meetings at Memorial Hospital on Thursdays at 3pm, can send out schedule to everyone.
    - Jennifer Smith/Memorial Hospital- Jennifer will be switching from primary care to addiction medicine full time in May (will also provide primary care for that population)- will be opening to new intakes. Enjoying working with White Horse and having SMART Recovery on campus at Memorial. Had Maine Health steering committee meeting- working on outpatient alcohol withdrawal plan (will be rolling out to offices) and contingency management program for substance use (trialing at one site). Also had a meeting with a counselor in Bridgton about providing counseling through telehealth and onsite. Angelic has been making connections with harm reduction programs and has lots of supplies for harm reduction and wound care.
      - Question about xylazine in the community- Memorial is seeing a large presence of xylazine in the community and has been giving out more xylazine test strips than fentanyl test strips. Hasn't received much data back because it's new.
    - Mark Dorman/Laconia Doorway: I want to let everyone know that we're here to help get people into treatment. We do provide transport to our hospital to sit down with anyone and help them get into treatment. Once treatment is done, we can help with sober living expenses (with stipulations) and some transportation expenses. We also hand out NARCAN and other items that people may need.
  - Other updates:
    - Chelsea/WIOA- Doing enrollments regularly, refer anyone that is interested to her. Has support services available to those who are doing trainings- up to \$1,500 for rent, car payments, electrical bills, etc. Looking for fentanyl test strips to have in her office. [See flyer here.](#)

- Catalina/C3PH ensure that Chelsea receives harm reduction supplies (Littleton Doorway should be able to provide supplies, Mark has test strips as well).
- Advocacy
  - [Alcohol Fund Fact Sheet](#)
  - [New Futures 2024 Campaign Priorities](#)

10:25 Other updates? Announcements?

**Do you have event flyers to share? Please upload them here:** [CC Responds to SUD Flyers to Share](#)

**What's posted there now?**

- [Magnify Voices Expressive Arts Contest NH Students Gr 5-12](#)
- [2024 Art & Poetry Challenge. NH Racial Unity Team](#)
- [NH DMI Drug Environment Report - November 2023 - UNCLASSIFIED 2023-06072](#)
- [NH DHHS Announces Availability of New Opioid Reversal Medication NH DHHS 2024 01 24](#)
- [VITA Free Tax Preparation Assistance](#)
- [AARP Tax Help in Carroll County NH](#)
- [Project ECHO Aging Community and Equity: Honoring an Individual's End of Life Preferences](#)
- [Managing Pediatric Depression ECHO Feb – Sep 2024](#)
- [Mental Health Care for LGBTQ+ Youth ECHO Feb – July 2024](#)
- [WIOA Adults Tuition Assistance and Career Counseling](#)
- [Work Ready NH Live and Interactive Course Schedule Jan – Mar 2024](#)
- [2023 Veterans Resource Guide](#)
- [Principles for Cannabis Policy & Regulation](#)
- [UNH Living Well with Chronic Pain](#)
- [Emerging High Risk Alcohol Products](#)
- [Talking to Kids About Alcohol and Other Drugs: 5 Conversation Goals](#)

Do you have other information you would like to share? Please add it to a shared doc here: [CC Responds to SUD Updates to Share](#)

10:30 Adjourn.

Happy Groundhog Day! Happy Valentine's Day! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says "unsubscribe" to [continuum@c3ph.org](mailto:continuum@c3ph.org).

Jennifer Thomas, [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

Next meeting:

You are invited to a Zoom meeting.

When: Apr 2, 2024 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting. Resources on next page(s) (Information Dissemination)



**Solve Health**

# **Mobile Dental Clinics**

**NH Smiles Adult Dental Medicaid**

**Call 877-248-6684  
to schedule an appointment**

**February 23 - February 24**  
**Friday & Saturday**

**We're proud to be at:**  
**Tri-County Community Action**  
**448-A White Mountain Highway**  
**Tamworth, NH 03886**







inclusive minds llc  
therapy, consultation, and professional development



# MENTAL HEALTH CARE FOR LGBTQ+ YOUTH IN NH

Biweekly ECHO learning community  
sessions at no cost

Every other Tuesday 9-10am  
February 6 - July 9

## LEARN ABOUT...

- Language
- Identity Development Models
- Best Practice Guidelines
- Assessment for medical intervention
- Tools and resources for clients and caregivers

## AUDIENCE

Behavioral health clinicians  
who work with NH youth

[CLICK HERE TO REGISTER](#)

Questions? Email Maya Gelting at [maya.gelting@unh.edu](mailto:maya.gelting@unh.edu)







# Managing Pediatric Depression ECHO

## Learn about...

- **Assessment:**
  - differential diagnosis
  - suicide risk
  - co-morbid conditions
- **Strategies and workflows to:**
  - monitor treatment effectiveness
  - step treatment as clinically indicated
  - support families



## What & When

Monthly ECHO learning sessions

2nd Thursday of the month  
12-1 pm from Feb. to Sept.



## Audience

Primary care providers and teams who serve NH kids and teens



[CLICK HERE TO REGISTER](#)

Questions? Contact Maya Gelting at  
[maya.gelting@unh.edu](mailto:maya.gelting@unh.edu)



Institute for Health  
Policy and Practice



NH DIVISION OF  
Public Health Services  
improving health, preventing disease, reducing costs for all  
Department of Health and Human Services



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# Project ECHO® Aging, Community, and Equity: Honoring an Individual's End-of-Life Preferences

**CLICK HERE  
TO REGISTER**



Join a learning community of medical, social, community & facility-based long-term care providers to explore culture and identify tools to navigate individuals' care preferences



**FEBRUARY - APRIL 2024**

**Every other Wednesday  
12:30-1:30 PM EST on Zoom**

*Priority given to rural sites in ME,  
NH, VT, and Northern NY*

## TOPICS INCLUDE

- Cultural influences on our perceptions of death and dying
- Use of person-centered tools and the importance of documenting decisions
- Special considerations for honoring end-of-life preferences



QUESTIONS? [CARE2.ECHO@UNH.EDU](mailto:CARE2.ECHO@UNH.EDU)



NEW TO ECHO? LEARN MORE [HERE](#)



Institute for Health  
Policy and Practice



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Jan 16 - Feb 1	M - Th	9am - 2pm
* Jan 23 - Feb 9	Tu - F	9am - 2pm*
Jan 22 - Feb 22	M, Tu, W	5pm - 9pm
Feb 5 - 22	M - Th	9am - 2pm
Feb 12 - 29	M - Th	9am - 2pm
* Feb 20 - Mar 6	M - F	9am - 2pm*
March 4 - 21	M - Th	9am - 2pm
* March 12 - 29	Tu - F	9am - 2pm*
March 18 - 29	M - F	9am - 3pm

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- Communication
- Decision-making
- Teamwork
- Conflict resolution
- Resume
- Interview
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- 93% of employers say **SOFT SKILLS** are critical in hiring
- 90% of recruiters use LinkedIn to find candidates
- 85% of openings are filled through networking
- 80% of job searches are done online
- 75% of resumes are never read by a human

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# ARE YOU LOOKING FOR A CAREER, NOT JUST A JOB?

WORKFORCE INNOVATION AND OPPORTUNITY ACT (WIOA)

Healthcare/Manufacturing/Technology/Construction/Hospitality

**THE WIOA ADULT PROGRAM IS OFFERING UP TO \$6,500 OF TUITION ASSISTANCE AND PROFESSIONAL CAREER COUNSELING.**



**YOU MAY BE ELIGIBLE, IF YOU CAN ANSWER “YES” TO ANY OF THE FOLLOWING QUESTIONS:**

- Single parent
- Individual with disabilities
- Limited or no post-secondary training (beyond high school)
- Unemployed for 12+ months
- Ex-offender
- Veteran
- Have received TANF, SNAP, or other form of public assistance.
- Older individuals that are 55+
- Directly or indirectly impacted by Substance use disorder
- Low income
- English language learner

**FOR MORE INFORMATION OR TO SCHEDULE AN APPOINTMENT WITH ONE OF OUR CAREER NAVIGATORS, PLEASE CONTACT US AT:**

**(603) 647-4470 EXT. 8047  
OR  
TRAININGOPPORTUNITIES@SNHS.ORG**

We are here to open  
**DOORS OF OPPORTUNITY**  
for you to achieve your goals



**[www.snhs.org](http://www.snhs.org) | (603) 668-8010**

The WIOA Adult Program is supported by the U.S. Department of Labor. For program funding details in compliance with the Stevens Amendment, please visit: <https://www.nheconomy.com/office-of-workforce-opportunity/about-us/transparency>

Southern New Hampshire Services is a proud member of the American Jobs Centers Network, an equal opportunity employer/program and complies with the Americans with Disabilities Act. Auxiliary aids and services are available upon request. TDD ACCESS: RELAY NH 1-800-735-2964.

# FREE TAX PREPARATION

EASY. FREE. TAX HELP YOU CAN TRUST.

Volunteer Income Tax Assistance is a **FREE** tax preparation program designed for low-to-moderate income households with an income of **\$64,000 or less**.

## 2 EASY WAYS TO FILE



Visit [NHTaxHelp.org](https://NHTaxHelp.org) or call 211 to get connected with an IRS certified tax preparer. Toll-free outside of NH: 1-866-444-4211

OR



Visit [MyFreeTaxes.com](https://MyFreeTaxes.com) to prepare your own return, for free online, with guidance from a toll-free helpline.

FIND VITA SITE  
LOCATIONS:  
[NHTaxHelp.org](https://NHTaxHelp.org)



In partnership with  
**Citizens™**



[myfree  
taxes.com](https://myfreetaxes.com)

CASH Coalition  
of New Hampshire

# SAVE THE FEE. FILE FOR FREE!

### WHAT TO BRING:

- ☐ Original Social Security or ITIN cards for everyone on your tax return
- ☐ Picture ID for taxpayer and spouse
- ☐ All W-2's for all places worked in 2023
- ☐ Prior year tax return
- ☐ Bank routing # and checking and/or savings account # if direct deposit is desired (for up to 3 accounts)
- ☐ Copies of any 1099's issued
- ☐ Bank account interest year-end statements
- ☐ Student loan interest statement
- ☐ Proof of child care expenses paid (statement from provider with EIN# or Social Security #)
- ☐ Social Security year-end statements
- ☐ Forms 1095-A, -B or -C if you had healthcare coverage in 2023

### IF ITEMIZING:

- ☐ Copies of 2023 mortgage interest statements
- ☐ Real estate taxes statement
- ☐ Auto registration
- ☐ Statement of mortgage points paid
- ☐ Proof of charitable contributions



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CASH Coalition  
of New Hampshire



## 55th New England School of Addiction and Prevention Studies – June 10 - 13, 2024

*Worcester State University, Worcester, MA and Virtual*

2nd Annual Hybrid Summer School, with 2 Ways to Attend:

Face-to-Face: - Join us in person in Worcester! or Virtual Live Program - Join us virtually!

**2024 Course Proposals: Proposal Deadline: January 25, 2024**

[Click here to download Presentation Proposal Information sheet.](#)

**Online Course Proposal Link:** [https://www.surveymonkey.com/r/nesas24\\_proposals](https://www.surveymonkey.com/r/nesas24_proposals)

### About the Summer School

The New England School of Addiction and Prevention Studies, commonly called Summer School, is an intensive 4-day learning experience to further knowledge, skills, and experience in the field of substance use disorder services. For over 55 years, participants from many disciplines have come together to form a unique, diverse learning community. This year will be our second hybrid year, with options to attend the program in person in Worcester or to attend the program virtually!

We are delighted to return to Worcester State University for a face-to-face program.

Due to the continued strong demand for intensive Summer School programming online, we are happy to also offer a live virtual program.

- Select from many intensive courses from across the continuum of treatment, prevention, and recovery.
- Virtual courses will take place live by videoconference, allowing for course group work and interaction.
- In addition to courses: plenary sessions, community, and more!
- Options are available to attend the full program, or any number of days.
- Earn 26 Contact Hours during the week.

Courses are designed for the extensive demands of today's professionals and organizations:

- Certification, licensing, and re-credentialing;
- Evidence-based practices;
- Addressing health disparities and equity issues;
- Behavioral healthcare and primary care integration;
- Recovery oriented care across the continuum;
- Addressing the opioid crisis, stimulants, and other current drug trends;
- And many other current and emerging topics!

New England summer programs have been developed to respond to specific needs in our regional workforce. Participants may attend offerings specifically for treatment, prevention, or recovery support, or select courses of interest to all.

The Summer School provides wonderful combined learning opportunities for participants working in different areas of the behavioral health services continuum.

Please join us for new knowledge, skills, virtual networking and continuing education contact hours in June!

**Partial New England State Scholarships are available from most New England states.**

The Summer School is appropriate for all who recognize the impact of alcohol, tobacco and other drugs on individuals, families, and communities. **We hope to see you either in person or virtually at this year's Summer School!**

**Complete course information, registration, and scholarship information will be posted to this website in March. [Click here to sign up for the Email List.](#)** Please contact us with any questions at [neias@neias.org](mailto:neias@neias.org) or 207-621-2549.





NH ALCOHOL & DRUG  
ABUSE COUNSELORS  
ASSOCIATION

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**Newly Posted Trainings**

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## Join us for our 2024 North Country Trainings!

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**Psychological First Aid with Sarah Gaer**  
**February 23, 2024**  
8:30am-4:30pm  
Fairfield Inn & Suites  
165 Skimobile Rd, North Conway, NH, 03860

Psychological First Aid (PFA) is an evidenced informed, modular approach to assisting individuals to reduce distress after a potentially traumatic event such as natural disasters, terrorism, a public health emergency or a personal crisis. PFA is a set of 8 core action steps that operate on the assumptions of human resilience and a recognition that strong reactions to potentially traumatic events are common and normal. PFA is based on the evidence informed principles of safety, calming, connectedness, hope and Self/Community efficacy. PFA is intended to be able to be used by non-clinically trained individuals to assist in supporting their community after a potentially traumatic event. PFA is culturally informed and able to be provided to all age groups. The PFA training is a 6+ hour training and trainees will be provided a certificate of completion

[Register Today!](#)

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**Harm Reduction 101 with Josh Burns & Eileen Doyle**

**March 15, 2024**  
**8:30am-1pm**  
**Fairfield Inn & Suites**  
**165 Skimobile Rd, North Conway, NH, 03860**

This training will introduce the history and guiding principles of Harm Reduction. We will discuss various examples of harm reduction strategies and overdose prevention and how we can integrate Harm Reduction across the spectrum of drug use. This will be an interactive training to create a safe space to explore our individual biases and how stigma and bias can impact access to services and the delivery of services in our communities. We will explore the intersections of race and ethnicity along with social determinants of health and the importance of culturally responsive systems of care. This class will also discuss harm reduction effort that are occurring locally, regionally and nationally and how participants of the training can integrate these approaches into their work to support people in our communities.

[Register Today!](#)

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### **Ethics & Clinical Practice with Joseph Zannella**

**May 8, 2024**  
**8:30-4pm**  
**@ Littleton Community Center**  
**102 Main Street, Littleton, NH 03561**

This training is designed for both administrative and clinical staff members interested in ethical problem solving and legal risk management strategies. During this training, participants will learn techniques for analyzing and resolving ethical dilemmas. Special emphasis will be placed on the application of ethics to the treatment of individuals with co-occurring substance abuse and mental health problems.

[Register Today!](#)

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**Dealing with Loss from Overdose and Suicide: Ethical and Self-Care Implications with Jacqui Abikoff**

**May 10, 2024**

**8:30-4pm**

**@ Littleton Community Center  
102 Main Street, Littleton, NH 03561**

**Scholarships available! Apply below!**

This workshop will deal with the impact on friends, family members and treatment providers from the death of a client/participant from overdoses and/or suicide. It will examine the impact on treatment providers, recovery support providers and other care-givers as well as on the ethical and clinical issues to consider in providing postvention support and response.

[Apply for Scholarship](#)

[Register Today!](#)

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**Is Exercise Part of the Solution to Substance Use Disorders?**

**with Corey Gately**

**May 24, 2024**

**9am-1:30pm**

**Fairfield Inn & Suites  
165 Skimobile Rd, North Conway, NH, 03860**

This course will explore the symptoms and diagnostic criteria of Substance Use Disorder (SUD), as well as the impact that substances can have on mental health. In addition, we will explore how SUD impacts a person's ability to regain healthy habits, including exercise and nutrition. There is a lot of evidence to suggest that exercise can have a positive impact on a person in recovery, including helping them to maintain recovery. However, there are many factors that impact a person's ability to connect to exercise, maintain healthy habits, and manage recovery and exercise simultaneously. This course will discuss how we can utilize exercise at several levels of treatment, how we can motivate clients to utilize this modality, and how exercise can positively impact both the client and potentially the family and/or recovery community.

[Register Today!](#)

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## **Neurodivergence and Recovery: Considerations for the ADHD Brain**

**with Christina Jones**

**May 30, 2024**

**9am-12:15pm**

**Lincoln Town Hall**

**148 Main Street, Lincoln, NH 03251**

No one would argue that recovery from a substance use disorder is a difficult process. Often what is not addressed is the level of difficulty for someone who is neurodivergent: that is for someone whose brain is wired differently than their neurotypical counterparts. This presentation will explore the many ways in which the ADHD brain struggles with executive functioning such as task initiation/completion, motivation, and time management; and offer strategies to those in early recovery for managing their ADHD symptoms. Participants will also learn about the concept of PAWS and how these “ADHD like” symptoms can be managed effectively with a set of skills and techniques that are aimed at getting the most efficiency from the recovering brain.

**[Register Today!](#)**

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## **CRSW Administrative Rules Overview**

**with Erin Masury**

**June 18, 2024**

**10am-12pm**

**Lincoln Town Hall**

**148 Main Street, Lincoln, NH 03251**

This 2-hour workshop will provide an overview of the Alc 300 rules adopted by the NH Board of Licensing for Alcohol & Other Drug Use Professionals in January 2023 as well as the Alc 400 rules adopted July 2018. The 300 rules describe the requirements for initial certification as a certified recovery support worker and the 400 rules describe the recertification and supervision requirements. We will examine the certification requirements for the CRSW credential as well as the scope of service and requirements described in State statute (RSA 330:C).

**[Register Today!](#)**

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## LADC/MLADC Administrative Rules Overview with Heather Smith

June 18, 2024

1pm-3pm  
Lincoln Town Hall  
148 Main Street, Lincoln, NH 03251

This 2-hour workshop will provide an overview of the Alc 300 rules adopted by the NH Board of Licensing for Alcohol & Other Drug Use Professionals in January 2023 as well as the Alc400 rules adopted in July 2018. New 400 rules have been proposed but are not yet adopted in final form. The 300 rules describe the initial licensure requirements for LADCs and MLADCs and the 400 rules described the re-licensure and supervisor/supervision requirements. Initial and re-licensure requirements will be examined for both credentials.

**Register Today!**



Our website is updated regularly and contains all of our training offerings. Be sure to check it out!

If you have any questions, concerns or issues, please email us at [training@nhadaca.org](mailto:training@nhadaca.org)

*NHADACA is a 501c3 nonprofit organization and all donations are tax-deductible. Help ensure a healthy workforce and **give today.***

## UPCOMING

### [Amplifying Black Voices: Overcoming Institutionalized Racial Discrimination in Integrated Care](#)

**Thursday, February 15 from 12:00pm - 1:00pm**

This empowering panel discussion celebrates Black excellence through resilience, resistance and triumph over institutionalized racial discrimination, particularly in the context of health equity and leadership in integrated care settings. We will honor the complexities of being a prominent leader who identifies as Black or African American while experiencing various forms of discrimination, including racism, and its impact on mental health and career possibilities in the field. By amplifying the voices of those with lived experience, we hope to inspire and empower individuals, especially in Black and African American communities, to continue working towards equity and inclusion in health care leadership and beyond.

### [The Collective Power of Black Voices in Healing and Providing Hope to African American Communities](#)

**Thursday, February 15 from 1:30pm - 2:30pm**

The African American Behavioral Health Center of Excellence will celebrate Black History Month with a panel of African American men sharing their stories of resiliency and strength to overcome adverse and traumatic experiences. Through these collective stories, you will find the power needed to heal and have hope.

### [Designing Infographics for Public Health Professionals](#)

**Thursday, February 15 starting at 2:00pm**

Join us for the second part of our webinar series, "Designing Infographics for Public Health." Part two will focus on how to design effective and accessible infographics for all audiences.

### [Zero Suicide: Taking a Systems Approach to Suicide Prevention in Health Care](#)

**Thursday, February 15 from 3:00pm - 4:00pm**

The Zero Suicide framework is an evidence-informed comprehensive set of practices and tools that aims to improve care and outcomes for patients at risk of suicide within health and behavioral health care delivery systems. It represents a commitment to patient safety, the most fundamental responsibility of health care, and to the safety and support of health system staff who do the demanding work of treating and supporting suicidal patients. Implementing a bundle of evidence-based interventions together is a challenging mission, but one that leads to health systems transformations that can achieve the bold goal of zero suicides. This session will provide an overview of the Zero Suicide framework and describe its core elements. This includes the key clinical, organizational, and continuous quality improvement components that comprise the Zero Suicide framework.

### [Finding Power in Prevention Storytelling](#)

**Thursday, February 15 from 3:00pm - 4:00pm**

This webinar will showcase real-world, innovative initiatives in communities across the United States and highlight what motivates "preventioners" to do such amazing work. Tune in to hear these stories and to learn more about National Prevention Week and the broadening of their new, year-round approach to prevention.

### [LGBT\(QIA+\) Overview & Practice Skills \(with a focus on T\)](#)

**Friday, February 16 from 1:00pm - 3:00pm**

Participants will increase awareness about sexual orientation, gender identity, and how personal biases impede care and ultimately identify how to develop an environment that is LGBT user effective.

### [Leveraging Telehealth for use in Tobacco and Nicotine Cessation](#)

**Monday, February 19 starting at 1:00pm**

Recent studies have indicated that telehealth can serve as a critical tool in providing nicotine and tobacco-use cessation counseling. However, organizations often struggle to promote, market and provide these resources in an efficient manner. Fortunately, there are frameworks, research and protocols available that can help us to



leverage and promote our telehealth resources while maximally supporting our patients and taking full advantage of staff resources.

### **Burnout Recovery: Applying Holistic Leadership to Support the Mountain Plains Behavioral Health Workforce**

**Tuesday, February 20 from 1:00pm - 2:00pm**

This training is designed to help leaders prevent and address burnout in the behavioral health workforce. Participants will learn about holistic integration of their physical, mental, and spiritual well-being to help improve engagement and presence in their leadership. By providing a space for facilitated group learning, reflection, and support, the goal is to identify opportunities for self-management and personal development and improve performance outcomes.

### **Changing Minds & Advancing Lines: Why We Must Keep Pushing for Mental Health Equity**

**Tuesday, February 20 from 2:00pm - 3:00pm**

During this lecture, Daniel E. Dawes, J.D. , will explore the crucial link between mental health and systemic health through the lens of equity and discuss how we can learn from and repair past issues to achieve mental health equity moving forward. As David Satcher, M.D., Ph.D., the 16th Surgeon General of the United States, concluded, “there is no health without mental health.” And there is no health equity without mental health equity. Inspired by Dr. Martin Luther King, Jr.'s approach to tackling the root causes of societal issues, Dr. Dawes will focus on looking upstream at the fundamental determinants of mental health inequities. This presentation will delve into the complex historical and contemporary reasons behind rising mental health problems and racial disparities in mental health and explore ways to ensure mental health equity for everyone in the U.S.

### **Addressing Spirituality in the Clinic & Community: Strategies for Expanding a Continuum of Mental Health Care and Sustained Recovery**

**Wednesday, February 21 from 12:00pm - 1:00pm**

Presenters will share ways that spirituality/religion (S/R) can promote strengths and struggles in the context of mental health challenges as well as discuss the process for offering spiritually competent care within mental health service organizations. Attendees will discover ways to collaborate with faith-based organizations in order to provide more holistic and long-term care as well as assess one's own clinical competence at attending to a client's spirituality/religion.

### **Catching Crisis: How Affect Infusions Affect Us**

**Wednesday, February 21 from 12:00pm - 1:00pm**

Social referencing and emotional contagion are natural responses to the emotionally charged work we do with clients, especially in times of crisis. They are also phenomena that can negatively impact judgement and decision-making in the moment and eventually contribute to burnout and vicarious trauma. As providers, we're taught mindful self-care techniques for before and after crisis -- but little is discussed on how to recognize and regulate during difficult interactions. This webinar explores these types of affect infusions, how they differ from balanced, compassionate reactions, and provides ways to build capacity in managing responses when working with clients in crisis.

### **Pathways to Health Equity: Expanding Community-Clinical Linkages to Improve Health Outcomes Among Low-Income Populations Nationwide (4 Part Series)**

Wednesday, February 21, 2024 from 1:00pm - 2:30pm (Part 2)

Wednesday, March 13, 2024 from 1:00pm - 2:30pm (Part 3)

Wednesday, April 10, 2024 from 1:00pm - 2:30pm (Part 4)

Noted in a Journal of the American Medical Association JAMA article “To reduce cancer disparities, it is imperative to understand the degree to which multiple environmental, clinical, and behavioral factors may serve as mediators of the association between county income and cancer mortality. This is important in part because a better understanding of the possible mediators of high death rates among low-income counties is needed to inform future efforts to lessen disparities.” This webinar series will address social determinants of health that impact cancer and tobacco-related health disparities.

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### **Communicating Your Superpowers**

**Wednesday, February 21 from 2:00pm - 3:30pm**

When we equip families to take a person-centered approach to communications it creates opportunity for each person to determine for themselves what their core values are, what their own communications style might be, but most importantly it equips the family member to assist their loved one to evoke their own ideas and strengthen the relationship in the process.

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### **Treating Tobacco & Nicotine Dependence: What You Need to Know to Help People Quit (Part 1 of 2)**

**Thursday, February 22 from 9:30am - 12:30pm ([register](#))**

**OR**

**Tuesday, March 5 from 9:30am - 12:30pm ([register](#))**

This two-part virtual training opportunity is offered by the [New Hampshire Tobacco Prevention and Cessation Program](#) from [CODAC Behavioral Healthcare](#). This training will help you gain confidence in having the tobacco treatment conversation and creating effective referrals to treatment. You will learn how nicotine addiction affects the brain and how you can use evidence-based practices to assist patients struggling with tobacco dependence to quit for good.

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### **Perceptions of Substance Use and Older Adults**

**Thursday, February 22 from 10:00am - 11:00am**

Stigma of substance use can impede appropriate and preventive care that is critical for older adults and their wellness. Biased perceptions of substance use can often dismiss health related impacts of substance use and impede prevention efforts with the aging community. The webinar will explore how stigma of substance use with older adults underscores the lack of screening and tailored prevention. Content will further inform and educate on age-related challenges that increase substance misuse, medication adherence, and person-centered brief intervention approaches.

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### **Eating Disorders for the Non-Specialist: Core Competencies**

**Thursday, February 22 from 10:00am - 11:30am**

Eating disorders affect millions of Americans every year, and yet relatively few mental health professionals are prepared to work with this population. This webinar will provide a foundation of core competencies that all mental health professionals need in order to recognize disordered eating in their clients, make appropriate treatment recommendations, and provide direct support, when appropriate. Led from a weight-inclusive, Health At Every Size(R) perspective, this training emphasizes basic skills and awareness every clinician should have for navigating mild or past disordered eating, as well as how to know when to refer a client for more specialized care.

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### **Ethical Recovery Support Service Guidelines**

**Thursday, February 22 from 2:00pm - 3:00pm**

We will be exploring topics such as morals, values, healthy boundaries, and governing behaviors which are pertinent to work as a recovery support service provider. This engaging conversation will allow you to begin to understand how federal, state, and local laws along with your personal core values, impact your organization as well as your community.

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### **Who Let the Dogs (and Miniature Horses) In? Service Animals in Health Care**

**Thursday, February 22 starting at 2:30pm**

According to the Bureau of Global Public Affairs within the U.S. Department of State, approximately 500,000 service dogs assist people with disabilities across the country. As a general rule, under the Americans with Disabilities Act (ADA), service animals must be given access to places their human handlers go, including health care facilities. As service animals become more common, health care professionals are more likely to come in contact with them in doctor's offices, hospitals, and other medical settings. During this webinar, we will address the definition of a service animal, places a service animal can and cannot visit with his/her handler, the

questions that can be asked of the person with a disability, and how to interact with a service animal. We will also review a sample service animal policy for health care facilities. As a health care provider, this webinar will help you understand the ADA, service animals, and the implantation of procedures that will enhance your ability to provide comprehensive, patient-centered care.

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#### **Harm Risk in Early Psychosis: Psychotherapy Strategies and Case Discussion**

**Friday, February 23 from 11:30am - 1:00pm**

This presentation will provide a brief overview of how harm risk (suicidality and self-injury) can present in young people experiencing early psychosis. We will then review a selection of psychotherapy strategies that can be helpful in targeting these concerns, highlighting functional analysis, distress tolerance skills, and the CAMS (Collaborative Assessment and Management of Suicidality). We will discuss these strategies in the context of disguised client examples, and encourage suggestions and case consultation from the audience.

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#### **Zeroing in on Xylazine**

**Monday, February 26 from 11:30am - 12:30pm**

This training will provide knowledge regarding xylazine, a CNS depressant, which has been linked to an increasing number of overdose deaths in the US. This training will discuss the physiologic effects of xylazine, manifestations of xylazine intoxication, overdose, communicable infections associated with xylazine use, and wound care for persons injecting xylazine. NOTE: This training is 60 minutes long. There will be an optional 30-minute Q&A session following the training, which will not count for credit.

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#### **Linking Patients to WIC and Other Food Safety Net Programs: Perspectives from Health Care**

**Monday, February 26 starting at 2:00pm**

Momentum to integrate food and nutrition insecurity interventions into health care is poised to continue in 2024, with more providers screening for health-related social needs and connecting patients to produce vouchers, medically-tailored meals, and other Food is Medicine interventions. Health care systems are also increasingly experimenting with new ways to engage patients about government benefit programs such as WIC and SNAP, leveraging these programs as part of a Food is Medicine framework, and embracing the role that health care can play in boosting participation among eligible individuals.

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#### **Know Your Child's Neuro: Positive Empowerment for Elementary Parents**

**Tuesday, February 27 from 1:00pm - 2:30pm**

Dr. Crystal Collier joins Operation Parent again to educate parents, clinicians, and educators on the principles of modifying behavior. In this webinar, Dr. Collier provides practical advice for nurturing optimal brain development and enhancing preventive skills in children from Kindergarten through 5th grade. The prevalence of high-risk behavior among kids is occurring at younger ages. Dr. Collier enables parents to be proactive, empowering them to prepare their children for potential exposure to social media, gaming, and substances. The session will address strategies for promoting positive behavior and reducing negative tendencies. Feel free to bring your questions! ALL registrants will receive a recording of the webinar, so attend live or watch on your own time!

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#### **Alcohol, Equity, and Social Justice: Breaking the Silence**

**Tuesday, February 27 from 3:30pm - 5:30pm**

This webinar will draw from both historical perspectives and recent events, along with research findings, to unveil the alcohol industry's role in creating and perpetuating social, economic, and health inequities. Additionally, it will examine evidence-based alcohol policies aimed at alleviating inequities and addressing social justice issues. The session is designed for community coalition coordinators and members who are prepared to engage in policy and social change, ultimately transforming the community's relationship with alcohol and those who profit from its production and sale.

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#### **Vaping and Tobacco Education for Parents and Caregivers**

**Tuesday, February 27 from 6:00pm - 7:00pm**

Join us for a complimentary webinar to learn about the risks of vaping and tobacco, topics will include:

- What is vaping, and how does it work?
- Current trends around vaping
- The dangers of vaping
- Examples of what the products look like
- Brief cannabis information
- How to support youth who vape or who are at high risk of vaping/ quit resources
- Evidence based conversation starters for talking to youth around substance misuse

If you have any questions, please email Deryn, at [Deryn.P.Smith@hitchcock.org](mailto:Deryn.P.Smith@hitchcock.org).

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### **Examining the Use of Braided Funding for Substance Use Disorder Services**

**Thursday, February 29 from 3:30pm - 4:30pm**

Are you interested in learning about innovative ways to fund substance use disorder (SUD) services? Braided funding is a method of using one or more funding sources in a coordinated fashion to support a single individual or program. Using braided funding for SUD services can help optimize resources, improve patient outcomes, promote funding sustainability, and address service gaps. This webinar will explore the use of braided funding to support SUD services and features a panel of speakers currently using braided funding in their agency or organization. This webinar will coincide with the release of a new report, [Examining the Use of Braided Funding for Substance Use Disorder Services](#).

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### **Nicotine Dependence Practicum: What You Need to Know to Help People Quit (Part 2 of 2)**

**Thursday, March 14 from 9:30am - 12:30pm**

YOU MUST HAVE ATTENDED THE PART 1 TRAINING TO REGISTER FOR PART 2

This two-part virtual training opportunity is offered by the [New Hampshire Tobacco Prevention and Cessation Program](#) from [CODAC Behavioral Healthcare](#). This training will include discussion and practice exercises in using Motivational Interviewing for rapid engagement and collaborative behavior change.

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### **Amplifying Voices and Building Bridges: Toward a More Inclusive Future**

**Monday, March 18 from 8:30am - 5:00pm**

As part of its yearlong 75th Anniversary celebration, the National Institute of Mental Health (NIMH) is hosting its second symposium, “Amplifying Voices and Building Bridges: Toward a More Inclusive Future” (view the preliminary agenda). The symposium will focus on NIMH's role in society and feature presentations from health equity, sociology, psychiatry, and public health experts. It will bring together people living with mental illness, clinicians, and communities to reflect on past and present challenges in mental health research and chart a more inclusive path forward. Key themes include:

- Inclusion in research
- Disparities in health and access to care
- Diversity in the mental health workforce

This symposium is free, and registration is required for both virtual and in-person attendance. You can join the symposium virtually if you cannot attend in person. A recording of the event will also be posted on the NIMH website.

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### **Anxiety and OCD in Kids and Teens: A Course for Professionals**

**Thursday, March 21 – VIRTUAL & FREE to attend**

During this unique course, developed for not only health care professionals but also parents and educators, you will learn from McLean Hospital and Harvard Medical School faculty about how best to support the young people in your care and in your lives. We will:

- Delve into the many symptoms experienced by children and teenagers struggling with OCD, ADHD, and anxiety disorders, including perfectionism and school phobia.
- Explore anxiety and OCD in the classroom: the roles of parents, schools, and health care professionals
- Examine effective methods of recognizing and diagnosing various conditions affecting this population
- Help you identify what effective, modern treatment looks like for those who require it.

*Please Note: It's free to attend for everyone, and a certificate of completion will be available to live attendees. For those interested, 4 continuing medical education credits are available for only \$39.95.*

## RECORDINGS

### **Assessment of Substance Use Disorder Stigma and Strategies for Addressing Stigma in Rural Areas**

This UVM CORA Community Rounds Workshop Series webinar is entitled “Assessment of Substance Use Disorder Stigma and Strategies for Addressing Stigma in Rural Areas.” Our speakers are Valerie Harder, PhD, MHS, Associate Professor in the Departments of Pediatrics and Psychiatry and Director of CORA's Surveillance and Evaluation Core at the University of Vermont, and Peter Jackson, MD, Assistant Professor of Psychiatry and Medical Director of the University of Vermont Medical Center Addiction Treatment Center. There are also guest speakers, Dr. Madison Ashworth and Dr. Lisham Ashrafioun, from other Rural Centers of Excellence. This presentation will share results from the National Report on Rural Substance Use Disorder Stigma and Treatment Needs and discuss strategies for addressing stigma in rural areas. Access presentation slides [here](#).

### **NIH Policy on Sex as a Biological Variable**

Women now account for roughly half of all participants in NIH-supported clinical research, which is subject to NIH's Policy on the Inclusion of Women in Clinical Research. However, more often than not, basic and preclinical biomedical research has focused on male animals and cells. An over-reliance on male animals and cells may obscure understanding of key sex influences on health processes and outcomes. Accounting for sex as a biological variable begins with the development of research questions and study design. It also includes data collection and analysis of results, as well as reporting of findings. Consideration of sex may be critical to the interpretation, validation, and generalizability of research findings. Adequate consideration of both sexes in experiments and disaggregation of data by sex allows for sex-based comparisons and may inform clinical interventions. Appropriate analysis and transparent reporting of data by sex may therefore enhance the rigor and applicability of preclinical biomedical research.

## RESOURCES

### **Annual Child Fatality Review Committee (CFRC) Report for New Hampshire**

After each review, the Committee identifies risk factors related to the death and makes recommendations aimed at improving systematic responses in an effort to prevent similar deaths in the future. The Committee publishes the recommendation and the agency responses to those recommendations in an Annual Report. The Child Fatality Review is grounded in the belief that a child's preventable death is a community's responsibility. A sentinel (unanticipated) event should raise a call to action. The primary goal is to learn what happened and prevent harm to other children in New Hampshire. Learn more about the Child Fatality Review [here](#).

### **FDA Creates 3 New English-language Kahoot!**

These online learning quizzes are designed to accompany the lesson plans and activity sheets located in their resource center. These quizzes can be completed by students in the classroom or at home and will provide an additional way for educators to assess students' comprehension of the lesson plan content. Spanish-language Kahoot! quizzes are also in development, with anticipated completion in the near future.

### **FDA Launches Spanish-Language Vaping Prevention and Education Resource Center**

This resource center is an online hub with free science-based, standards-mapped lesson plans and materials teachers can use to help students understand the dangers associated with e-cigarette use and nicotine addiction. All content on the resource center is free, easy to navigate, and optimized for different audiences. Teachers can use these tools to promote learning and initiate open conversations with youth about the risks of e-cigarette use. Additionally, there are also materials for parents and teens, including blogs, videos, and fact sheets.

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### **Guideline to Address Rising Stimulant Use Disorders**

Developed by ASAM and AAAP, this guideline focuses on the identification, diagnosis, treatment, and promotion of recovery for patients with stimulant use disorder, stimulant intoxication, and stimulant withdrawal. Download the guideline [here](#). Elevate your skills and gain the expertise to navigate the complexities of treating stimulant disorders through the webinar series, focusing on the ASAM/AAAP Clinical Practice Guideline for Stimulant Use Disorder Management. Participants will develop practical ways to integrate current best practices into their daily clinical routines, fostering improved patient outcomes and advancing addiction treatment practices. Access the webinar series [here](#).

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### **Medicaid Coverage of Medications to Reverse Opioid Overdose and Treat Alcohol and Opioid Use Disorders**

This report provides an update on the present state of coverage, availability of, and access to, medications for treating ongoing alcohol use disorder (AUD) and opioid use disorder (OUD) and reversing an opioid overdose within state Medicaid plans. It also includes examples of innovative efforts to increase access to medications for the treatment of SUDs. View recorded webinar [here](#) and the webinar presentation slides [here](#).

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### **How Can a Peer Specialist Support My Recovery From Problematic Substance Use? A SAMHSA Consumer Guide For People Seeking Recovery**

This new consumer guide offers people with past or current problematic substance use a straightforward exploration of the roles, values, and work environments of professional peer specialists. This guide is a comprehensive resource that will help readers understand who professional peer specialists are, what they do in various work settings, and how to access and pay for their services. Through visual aids illustrating the integration of peer specialists into the treatment and recovery landscape and practical forms readers can fill out, this consumer guide will help facilitate a strong start toward collaboration with a peer specialist.

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### **Roadmap to Black Mental Health**

[The Mental Health Coalition](#) has released the Roadmap to Black Mental Health, a comprehensive guide to understanding the specific mental health strengths, challenges, methods of healing, and resources for those in the Black community.

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### **American Foundation for Suicide (AFSP)'s L.E.T.S. Save Lives**

L.E.T.S. Save Lives: An Introduction to Suicide Prevention for Black and African American Communities is a presentation created by and for Black people, designed to reduce cultural stigma, foster conversations about mental health, and raise awareness of suicide prevention for individuals who identify as Black or African American. The program is grounded in research and delivered by trained presenters from the Black and African American communities. Participants will:

- Learn the scope of suicide among the Black and African American population
- Understand the racial and systemic factors that impact suicide in the Black and African American communities
- Identify suicide risk and protective factors for Black and African American communities
- Recognize warning signs of suicide
- Gain confidence in talking to someone in suicidal distress
- Learn how to connect someone with help



Participants will receive education on mental health and suicide prevention through activity-based learning, and take-home materials to use if needed in the future. The goal of this new program is to create conversations in Black communities around mental health and encourage help-seeking to prevent suicide and suicide attempts. AFSP is committed to the equitable practice of ensuring programs are developed by the communities in which to serve. Therefore, this program was created by an Advisory Committee of experts in Black and African American mental health and suicide prevention, researchers, clinicians, survivors of suicide loss as well as those with lived experience. The visual design was developed in partnership with Joy Collective, a Black and woman-owned cultural marketing agency.

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### **MHTTC: The Positionality Project**

The Positionality Project at the South Southwest MHTTC aims to provide resources for the mental health workforce in Region 6 to understand positionality and how it shapes their work. For mental health providers, it is the hope that such understanding can translate to improved quality of care by identifying social positions impacting relationships, impacts of systems and culture, and providing culturally-responsive care. For researchers and advocates, positionality can help identify limitations of our work and expand representation and inclusion within it. Positionality statements may allow for improved community partnership and solidarity across social positions, as individuals build understanding of their biases, privileges, and insider or outsider status.

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### **NH Tobacco Prevention & Cessation Program (TPCP) Strategic Planning Survey**

Help shape New Hampshire's five-year strategic plan! If you're involved in tobacco/vaping prevention or treatment, your feedback on our short survey (less than 5 minutes) is crucial. Your insights will guide future strategic direction and priorities. Survey link will remain open until February 23, 2024. Post-survey, we'll discuss our findings and plan actions in a virtual meeting. Your participation is voluntary and highly valued, please share this survey with others who might be interested! If you have any questions, please send email to [TPCP@dhhs.nh.gov](mailto:TPCP@dhhs.nh.gov).

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### **Biden-Harris Administration Marks Two Years of Advancements in HHS' Overdose Prevention Strategy with New Actions to Treat Addiction and Save Lives**

### **Biden-Harris Administration Announces \$28 Million in Funding Opportunities for Grants Expanding Treatment Services for Substance Use Disorder**

### **HHS Finalizes New Provisions to Enhance Integrated Care and Confidentiality for Patients with Substance Use Conditions**

### **MMWR: Characteristics of Alcohol, Marijuana, and Other Drug Use Among Persons Aged 13–18 Years Being Assessed for Substance Use Disorder Treatment - United States, 2014–2022**

### **CDC: 2024 Tips From Former Smokers Campaign Launch**

### **NIAAA: Recently launched a new teens webpage "Facts About Teen Drinking"**

### **NIDA: Residential addiction treatment for adolescents is scarce and expensive**

### **NIDA: Reported drug use among adolescents continued to hold below pre-pandemic levels in 2023**

### **NIDA: Reduced drug use is a meaningful treatment outcome for people with stimulant use disorders**

### **NIDA: Using Games to Explore the Mind**

[SAMHSA and ONC Launch the Behavioral Health Information Technology Initiative](#)

[As 988 centers struggle to hire, burnout plagues some crisis staff](#)

[Nearly 50,000 veterans used free emergency suicide prevention in first year of program, VA says](#)

[Is Housing Health Care? State Medicaid Programs Increasingly Say 'Yes'](#)

[What is Zyn? Doctors share health concerns of the popular and controversial nicotine pouch](#)

[New and Emerging Products That Can Get Kids Hooked on Nicotine](#)

[AA attendance lower among African American, Hispanic and young populations: Study](#)

[Alcoholics Anonymous more likely to benefit White Americans](#)

[New Drug Shown to Relieve Pain Without Getting Patients Addicted](#)

[To 'meet people where they are,' HHS to allow opioid disorder treatment via telemedicine, at home](#)

[Federally Qualified Health Centers Can Help Address the Opioid Crisis](#)

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