#### CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Agenda – October 3, 2023

Prevention – Continuum of Care Workgroup Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI: (603)301-1252; <a href="mailto:prevention@c3ph.org">prevention@c3ph.org</a>; <a href="mailto:continuum@c3ph.org">continuum@c3ph.org</a>



See Minutes and Agendas here:

http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders

8:55 Login to Zoom Meeting <a href="https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8">https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8</a>

#### Attendance:

Jennifer Thomas	Heather Smith
Catalina Kirsch	Eric Moran
Anika Hastings	Erin White
Guy Torgersen	Mitchell Henderson, White Horse Recovery
Jennifer Smith	Chuck Henderson
Rachel Miller, Better Life Partners	Steven Roche WMCHC
Erin White, CHW, WMCHC	Kelsey Wentworth
Matt Bohannon Live Free Recovery	Heather Clogston Dept of Ed

Guest Speaker: NHADACA Credentialing <a href="mailto:credentialing@nhadaca.org">credentialing@nhadaca.org</a>
Guy L. Torgersen, Program Coordinator/Licensing & Credentialing
Licensed Alcohol and Drug Counselor (LADC)

- Retirement, FT to PT, loss of providers possible
- Funding from Gov office and SAMHSA. Services are free.
- Helping people to see LADC, MLADC. Take burden off CMHC and offer supervision.
- Benefits: help prep for licensing exam (IC&RC). Training scholarships; Clinical Supervision
- Heather Smith: Clinical Supervision. Heather Smith, LCMHC, MLADC, R-DMT, NHADACA Clinical Supervisor, <a href="https://heathersmith@nhadaca.org">heathersmith@nhadaca.org</a>
- Application 2pg app, then interview. On site visit with applicant and organization leadership.
   HIPAA and 42CFR pt2 compliance overview. Rules now require supervisory agreement signed.
   Program offers 2 hrs supervision and 3 hr indirect. Need 300 hrs of supervision.

- OK to call with questions about licensing.
- Can enter LADC program from Assoc, from Bach, from Masters....transition requirements are different depending upon starting point. You can make a case for equivalent degree
- SB 44 Expanded scope of practice for Masters level MLADC to diagnose and treat full scope of MH and SUD. Training for treatment of co-occurring conditions and for special populations ( adolescents, family)
- Wellness Program list of peer collaboration groups for providers. i.e. clinical supervision peer collaboration; grief and loss peer collaboration; leadership peer collaboration; independent practice peer collaboration; fmi Heather McMahon
- Q&A -

#### Focus on Prevention: Jennifer Thomas

- Carroll County Youth Substance Misuse Prevention Subcommittee
  - o Great collaboration; met in September.
  - Information sharing across districts/partners;
  - o Identified areas of high need for information and populations at risk
    - Vaping/tobacco/nicotine use
    - Cannabis/cannabinoid edibles identified as a concern in schools
    - Restorative practices lens speaker coming to next CC Youth Substance Misuse
       Prevention meeting
    - Suicide Ideations, at younger ages
    - Dating violence
    - need for youth peer led support groups. Ala-teen as an example.
  - Involving youth in voicing concerns/barriers/needs
- Be the 1 Youth Suicide Prevention meeting
  - Presentation on Adverse Childhood Experiences and mental health. UNH Ext. Pediatric
     Improvement Partnership <a href="https://www.nhpip.org/">https://www.nhpip.org/</a>
  - Suicide prevention trainings
    - EConnect: <a href="https://www.c3ph.org/initiatives/youth-suicide-prevention/online-training-modules">https://www.c3ph.org/initiatives/youth-suicide-prevention/online-training-modules</a>
    - ASIST recently offered 2 day comprehensive training in Sept.
- Carroll County Veterans Coalition

Commenced this summer; Funded by a grant from Department of Military and Veterans Affairs Services; To reduce veteran suicide and social isolation by increasing mental health supports and social connection; All ages welcome; Assessing needs and gaps in care/socialization; Working to reduce the gaps. Have met 4 times. Fmi jennifer.thomas@graniteuw.org

- NH DHHS Bureau of Drug and Alcohol Services BDAS
  - BDAS has established a statewide YRBS workgroup/subgroups with prevention specialists.
    - Objectives: Provide data driven valid information about the YRBS; Provide a
      unified message about the importance of YRBS to parents/caregivers, students
      and school administration; Work to reduce barriers to participating in survey
    - C3PH would like to collaborate with a handful of partners to analyze the 2023
       YRBS results
  - Department of Health and Human Services Jen has joined the Prevention Community
     of Practice group
  - Strong as Granite Campaign Strong As Granite | New Hampshire Department of Health and Human Services (nh.gov)

     Strong As Granite Toolkit | New Hampshire Department of Health and Human Services (nh.gov)
- <u>National DEA Prescription Take Back Day October 28, 2023</u> Collaboration and networking opportunities. Most Carroll County Police Departments participate. Contact your local PD to ask if they are participating.
- SAU 49 District Community Leadership Team 2023-2024 hiring for 1 yr wellness Coordinator
- SAU 9 District Student Behavioral Health Collaborative 2023-2024
- NH Dept of Ed
- Upper Elementary School / Middle School strategies update
  - Open house attendance
    - Raise awareness
    - Increase resource/material distribution
    - Increase family engagement
  - Continued research for prevention programming that is easy to implement and increases protective factors

- Big Brothers Big Sisters
- Strategies, programs and committees that reduce risk factors associated with social determinates of health
  - Food access NH Hunger Solutions promoting school breakfast with an incentive challenge; Kennett Middle School Health teacher - Carroll County Food Access Network
  - Housing
- My goals
  - Increase connections between partners
  - o Be more involved
  - Get more engagement . Recently tabled at school open house events. Libraries are interested in getting involved.
  - Raise awareness of substance misuse and mental health disorders
  - o Provide valid data driven information and resources
  - Support your needs
- My question to you
  - What would you like to see be done or happen in this group?

Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery) – Catalina Kirsch

Assets: What areas of strength right now?
 White Horse update – North Conway and Berlin
 Harm Reduction Supplies coming – naloxboxes

Heather Clogston, passing MTSSB work to Stephanie King. Getting Promising Futures grant apps scored and award letters out. NH Suicide Prevention Conference in November

- Gaps: Where are the most critical areas of need right now?
- Data –For a copy of the July 2023 NH DMI Report click here. ( NH Drug Monitoring Initiative)
- Data <u>Carroll County NH YRBS</u> CCYSMP Subcommittee could work on this?
   Participant input?

- Raising awareness of and access to services.
  - Transportation Carroll County Regional Coordinating Council Update Bike Tech at CCC House of Corrections Program update
    - C3PH resource guides https://www.c3ph.org/resource-center/resource-guides
- Increased communication among providers
- Increased capacity and delivery of services

The New Hampshire Governor's Commission on Alcohol and other Drugs is providing NH citizens with **two** opportunities to let their voices be heard about the state's plan to address the addiction crisis. Help us prioritize the strategies in the <u>State Action Plan</u> by:

Giving your thoughts online via this short survey, and/or

Attending the public forum on October 6th at NHTI in Concord from 9:30-11:30 am. More information to follow at NH Center for Excellence on Addiction website.

- Updates from the Field.
  - Early Identification/ Intervention –
  - Treatment –

Updates from Treatment Providers -

#### Better Life Partners - Rachel Miller

- 1. Medication Assisted Treatment Suboxone for Opioid Use Disorder and Naltrexone Tablets or Acamprosate for Alcohol Use.
- 2. Supportive Counseling weekly group or 1:1 counseling sessions with our licensed professionals, done virtually for accessible care.
- 3. Virtual Responsive Care- assisting current members with non urgent medical and mental health needs.
- 4. Care Coordination help with all of the other issues that surround opioid and alcohol abuse by our team through strong community partnerships.

Welcome Better Life Partners. Rachel Miller. Update on services. Covering northern NH, including Carroll County. Virtual Opioid Use Disorder Treatment. Same day appts and Saturday appointments. MAT. Group therapy. Individual therapy and recovery coaching.

No insurance? Still call and team will work with you. Want to reach underserved communities.

Rachel Miller, Community Outreach Associate- NH

Better Life Partners Phone: (603) 832-6722

Email: rachel.miller@betterlifepartners.com

Matt Bohannon – Live Free Recovery – Matt Bohannon, CRSW Community Outreach Coordinator 1-207-332-7477. identified need. Lack of Medicaid beds for Detox. They offer detox in Keene. Expanding from 16 to 22 beds. Barriers for Carroll Co – transportation to Keene. Working with Medicaid transportation. Can sometimes provide Uber health where Uber is available. Work with hospitals. Don't necessarily need 4.0, can help at 3.7 level of care. Offer gender specific care. Not prescription specific, can allow co-occurring Rx. 16 sober living beds. IOP 14 beds starting. Women's program in Manchester. Overall about 85 tx beds. Doorway systems collaborate. NH Detox does not offer detox for alcohol or benzodiazepine.

Q: availability of beds – since public health emergency ended, at about 75-80% capacity. Send be

Jennifer Smith – Memorial Hospital – Memorial Hospital building an addiction medicine program, modeling after Stevens hospital in Norway – developing comprehensive addiction medicine program with support of MaineHealth. Goal to create that over the next year. Sharing Counselors. Always taking new patients. Open intakes. Right now working with White Horse and Maine providers for behavioral health support. Have three Psych NPs on staff for Memorial Primary Care/Behavioral Health patients. Two new hires will split with Norway. All getting dually licensed ME & NH. Goal one program with 7 providers.

**Steven Roche – White Mountain Community Health Center –** has 1 Psych NP. + Jim Stoddard, LADC. Program running a couple of months. Have some limited space to take new patients. MAT provided mostly by Deb Cross plus others are also waivered/able. New provider started this week.

- Recovery Updates?
  - Eric Moran White Horse Recovery IOP Ossipee is running. White Horse
    Recovery is expanding to Berlin, to open new recovery support center, grand
    opening Nov 1. Other update: CRSWs will come into the jail for Smart Recovery
     North Conway,
  - Senator Shaheen may visit Berlin location of White Horse Recovery.
- Harm Reduction Planning for 24 NaloxBox community installations & harm reduction supplies distribution. Please email <u>catalina.kirsch@graniteuw.org</u> with input:
  - What are public locations across Carroll County where a wall mounted emergency naloxone (NaloxBox) will have the greatest chance of helping to respond to overdose? Fmi <a href="https://naloxbox.org/">https://naloxbox.org/</a>

10:25 Other updates? Announcements?

10:30 Adjourn.

Happy Back to School Season! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says "unsubscribe" to <a href="mailto:continuum@c3ph.org">continuum@c3ph.org</a>.

Catalina Kirsch, continuum@c3ph.org

Next meeting:

You are invited to a Zoom meeting.

When: Dec 5, 2023 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8

After registering, you will receive a confirmation email containing information about joining the meeting.

Resources on next page(s) (Information Dissemination)

#### TELEMEDICINE LISTENING SESSION



On September 12 and 13, 2023, DEA hosted public listening sessions and received comments from 58 healthcare practitioners, experts, advocates, patients, and other members of the public to inform DEA's regulations on prescribing controlled substances via telemedicine.

The listening sessions were livestreamed with virtual participation available. A transcript of the listening sessions is forthcoming. All comments and presentations will become part of the official record for the purposes of rulemaking.

DEA received more than 180 requests to present at the Telemedicine Listening Sessions scheduled for September 12 and 13, 2023. DEA thanks the applicants and members of the public for their interest in these rules and their willingness to provide comment. Because of time limitations, DEA selected a portion of the applicants to present during the listening sessions, consistent with the criteria set forth in the notice. DEA welcomes all feedback on its proposed rules and will have another comment period this fall for written comments before the telemedicine rules are finalized.

Previously sent out Notice of Proposed Rulemaking on telemedicine:

Notice: Practice of Telemedicine: Listening Sessions (PDF) (August 7, 2023)

<u>Temporary Rule: Temporary Extension of COVID-19 Telemedicine Flexibilities for Prescription of Controlled Medications (PDF)</u> (May 10, 2023)

<u>Proposed Rule: Telemedicine Prescribing of Controlled Substances When the Practitioner and the Patient Have Not Had a Prior In-Person Medical Evaluation (PDF)</u> (March 1, 2023)

FMI https://www.deadiversion.usdoj.gov/Telemedicine listening session.html

From: Olivia Skaltsis < olivia skaltsis@jsi.com>

Sent: Thursday, September 21, 2023 9:24:02 AM

**Subject:** YOUR VOICE MATTERS: Give Your Thoughts on NH Alcohol & Drug Use Priorities

Hello all,

The New Hampshire Governor's Commission on Alcohol and other Drugs is providing NH citizens with **two** opportunities to let their voices be heard about the state's plan to address the addiction crisis. Help us prioritize the strategies in the <u>State Action Plan</u> by:

1. Giving your thoughts online via this short survey, and/or

2. Attending the public forum on October 6th at NHTI in Concord from 9:30-11:30 am. More information to follow at NH Center for Excellence on Addiction website.

Please share these opportunities far and wide through your network of professionals, community members, friends, and family. Anyone can submit a survey or attend the public session!

Thank you for your input and participation in this important work.

--

Olivia Skaltsis, MS (she/her) | Consultant COMMUNITY HEALTH INSTITUTE | JSI RESEARCH & TRAINING INSTITUTE, INC. 501 South St, Bow, NH, 03304



# At a police department near you

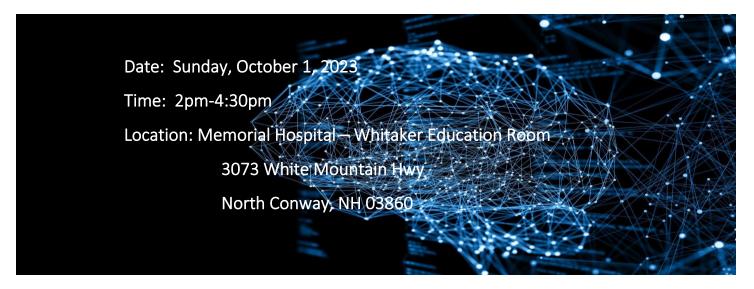
Turn in unneeded medication for safe disposal.

Saturday, October 28 10 a.m.-2 p.m.

Keep them safe. Clean them out. Take them back.

Visit **DEATakeBack.com** for a collection site near you.

## **Responding to Addiction**



#### A Comprehensive Training on Addiction

As the addiction and overdose crisis reaches troubling milestones – 100,000 overdose fatalities last year alone – all leaders and key stakeholders in the community are needed to address the problem.

The Responding to Addiction training is designed to increase knowledge about addiction and develop skills and strategies to help your community.

#### What Participants Learn

- → The Science of Addiction
- → The Signs and Symptoms of Addiction
- → Evidence-Based Treatment Options
- → Medications to Treat Addiction
- → Engagement Strategies

>>Register now by emailing Molly Greenwood at molly.greenwood@mainehealth.org



# **Responding to Addiction**

A Comprehensive Training on Addiction

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The training and participant manual was developed by the Addiction Policy Forum with an Expert Review Panel composed of prominent researchers and physicians in the addiction field.

#### ADDRESSING ADDICTION STIGMA

Addiction is one of the most stigmatized health conditions on earth. Research has found that individuals who experience stigma due to a substance use disorder are more likely to continue engaging in substance use, and manifest greater delayed treatment access and higher rates of dropout. Stigma prevents people who are struggling from reaching out for help and isolates families affected by the disease who fear being judged by their communities.

Responding to Addiction is designed to:

- Reduce addiction stigma, including stereotypes, prejudice and discrimination, and
- Increase knowledge about addiction, as well as helping behaviors.

#### WHAT PARTICIPANTS LEARN

- · The Science of Addiction
- · The Signs and Symptoms of Addiction
- · Evidence-Based Treatment Options
- Medications to Treat Addiction
- Engagement Strategies

#### WHO SHOULD GET TRAINED?

- · Families, Friends, & Caregivers
- Clergy
- · First Responders
- Employers
- Educators
- Health Care Providers
- · Community-Based Service Providers
- · Other Community Members

### TELEPHONE RECOVERY SUPPORT

www.mwvsupportsrecovery.org



MWV SUPPORTS RECOVERY
COALITION

Confidential, free service

Peer staff in recovery

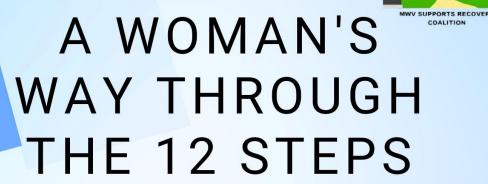
Resources and Support

We provide weekly telephone recovery support calls to those seeking recovery from opiod addiction



603-662-0668





# MONDAYS AT THE CENTER 1620 EAST MAIN ST CENTER CONWAY NH 03813

#### A Woman's recovery group where people can

Speak of their struggles and support one another

Develop healthy relationships

Create safe spaces to share their stories

Create a sense of community

Provide approval, acceptance, respect and empowerment

MEETING TIME: 1 PM OPEN TO THE PUBLIC





#### **CERTIFIED RECOVERY COACH SUPPORT**

#### Monday - Friday from 9:00 am to 5:00 pm

Plan your path to recovery. Recovery coaching is a form of strengths based support for people with addictions or in recovery from alcohol, drugs, codependency, or other addictive behaviors. Our coaches work with those in active addiction and/or those in recovery.

#### HARM REDUCTION SERVICES

#### Monday - Friday from 9:00 am to 5:00 pm

Available during operating hours

Free and Confidential

Syringe access and Naloxone Distribution/2 kits max per person + Rapid Response Fentanyl strips

#### A WOMAN'S WAY THROUGH THE 12 STEPS

#### Mondays from 1 pm to 2 pm

A woman's recovery group where people can speak of their struggles and support one another.

#### **SMART RECOVERY Self Management and Recovery Training**

#### Mondays from 11:00 am to 12:30 pm and Thursdays from 6:00 pm to 7:00 pm

A Science-based addiction recovery support group - where participants learn self-empowering techniques such as cognitive behavioral therapy or motivational interviewing to aid their recovery through mutual help, face-to-face, and online meetings and services.

#### PARENT OF A TEEN SUPPORT MEETING

#### Mondays from 6 pm to 7 pm (1st and 3rd Monday of the month)

Do you have a student in Middle school or High school that's struggling with substance use. We'll discuss how substance abuse treatment works, how family interventions can be the first step to recovery and how to help children in families affected by alcohol and drug abuse.

#### MARA SUPPORT MEETINGS Medically Assisted Recovery Anonymous

#### Tuesdays from 6 pm - 7 pm

A support meeting to help those in medically assisted treatment and/or MAT programs.

#### NA SUPPORT MEETINGS Narcotics Anonymous

#### Wednesdays from 6 pm to 7 pm

NA provides support for those attempting to recover from drugs other than just alcohol. Narcotics Anonymous uses a 12-step model developed for people with varied substance use disorders.

#### \*\*F.A.S.T.E.R. FAMILY SUPPORT Families Advocating Substance Treatment, Education & Recovery

For families, friends, and community members affected by an individual with a substance use disorder. Come hear others share their stories and gain information, support, and resources to answer your questions and address your concerns.

Please contact the facilitator to provide them your email address so you can receive an invite to the meeting Facilitator:

Jane M Gunn: jmgotter1@gmail.com

#### October Awareness Campaigns

#### **Health Literacy Month**

Every October, we celebrate Health Literacy Month to highlight the important role <a href="https://health.literacy">health literacy</a> plays in improving health for people in the United States. Start by exploring Healthy People 2030's <a href="https://health.literacy.literature.summary">Health People 2030's Health Literacy literature.summary</a> to find definitions of health literacy and browse related objectives and evidence-based resources. Our <a href="health.literacy.nealth.literacy.nealth

#### **National Youth Sports Week (October 2-7)**

During the week of October 2–7, we observe <u>National Youth Sports Week</u> to celebrate the positive impact of sports on young people's physical and mental health. Explore the <u>National Youth Sports Strategy (NYSS)</u> and related resources, like the <u>Move Your Way® materials</u> to help parents get their kids active. And if your organization works to promote youth sports, <u>consider becoming an NYSS</u> <u>Champion!</u>

#### From Mental Health Technology Transfer Center Network

https://mhttcnetwork.org/centers/global-mhttc/october-month-awareness

#### Mental Illness Awareness Week: October 2-8

In observance of Mental Illness Awareness Week, we would like to share a few of our Network's resources that raise awareness to mental illness. You may also follow our MHTTC Network on social media as we elevate and unify the messages from Mental Health America (MHA) and the National Association on Mental Illness (NAMI) this week. You may find our resources and each of our Centers on social media by clicking below.

#### MHTTC Resources

- Experiential Ways to Build Up Your Mental Health and Resilience
- Supporting Each Other and Ourselves: Mental Health Awareness and Promotion in the Wake of COVID-19
- Promoting Mental Health Awareness in Schools

#### Other Resources

This year, Mental Health America (MHA) knows that when you live with a mental health condition, the unique challenges that come with that condition intersect with every part of your life. For MIAW this year, MHA is mapping out tips on how to navigate life's intersections. Each day this week, they will focus their efforts on a single category to drive home a consistent message:

- Sunday, October 2: Recognizing MIAW
- Monday, October 3: Navigating friendships and social life
- Tuesday, October 4: Navigating faith
- Wednesday, October 5: Navigating family dynamics
- Thursday, October 6: Navigating barriers to treatment
- Friday, October 7: Navigating the workplace
- Saturday, October 8: Navigating identity

Additionally, join the <u>National Alliance on Mental Illness (NAMI)</u> as they elevate the voices of people with lived experience to talk about the components of their recovery where they learned something that could have helped them sooner. This theme was chosen to focus on the power of lived experience. Each day this week, NAMI will focus their efforts on a single category to drive home a consistent message:

- Monday, October 3: Stigma
- Tuesday, October 4: Medication
- Wednesday, October 5: Therapy
- Thursday, October 6: Disclosing

Friday, October 7: Caregiving

You can also engage online with NAMI by:

- Watch their video series
- Read their <u>blog posts</u>
- Share their social media graphics
- Learn from the Fast Facts

#### National Depression Screening Day: October 6



Depression is a common but serious mood disorder. It causes severe symptoms that affect how someone feels, thinks, and handles daily activities, such as sleeping, eating, or working. For more information on depression, visit the <a href="National Institute of Mental Health (NIMH)">National Institute of Mental Health (NIMH)</a>'s <a href="health-topic page">health topic page</a> or view their available <a href="health-topic page">brochures</a>.

You can also help raise awareness about depression by sharing information, graphics, and materials developed by NIMH found <u>here</u>.

October 10

#### World Mental Health Day



World Mental Health Day occurs every year on October 10. This day is centered around raising awareness of mental health issues around the world and improving mental health care to all populations.

Learn more about World Mental Health Day from the World Federation of Mental Health.

#### Indigenous Peoples Day



On this day, we commemorate Indigenous Peoples Day and offer resources developed by our Network that address the culture, resilience, and the history of indigenous people and their communities.

- Colonialism, Indigenous Trauma and Healing
- Culture is Prevention: Postcards Series
- Engaging Ecuadorian, Peruvian, and Nicaraguan indigenous Populations in Mental Health Treatment
- Engaging Mexican Indigenous Families, Children, and Youth in Mental Health Treatment
- Healing the Returning Warrior
  - Assessment and Treatment: Traditional Beliefs and Healing Practices
  - Healing the Healer
  - Introduction
  - Trauma, Historical Trauma, and PTSD
- Native American & Alaska Native Time Travel: A Look through our History & Resiliency of Our People
- Navigating the New Normal: American Indian and Alaska Native School Communities Reopening in 2021/22
- Northern Triangle Unaccompanied Children and Families Seeking Asylum: <u>Impact of Traumatic Events on Children's Attachment and Reunification</u> Processes
- Self-Help and Self-Care Resources for Native Americans and Alaska Natives
- <u>Strengthening Resilience: Promoting Positive School Mental Health Among Indigenous Youth</u>
- Suicide Prevention in Latino and Indigenous Populations
- <u>Tips to Engage in Mental Health Treatment: The Indigenous Populations from the Northern Triangle</u>

ADHD Awareness Month



Throughout October, our Network is disseminating <u>information</u> and <u>digital</u> <u>shareables</u> from the National Institute of Mental Health and amplifying the messaging from the <u>Attention Deficit Disorder Association (ADDA)</u> for ADHD Awareness Month 2022 to reframe ADHD and discover new perspectives. The ADDA in collaboration with the ADHD Coalition developed the video series, <u>New Perspectives on ADHD</u>.

#### MHTTC Resources

- ADHD in African American Children and Youth
- Adult ADHD in the Black Community
- Assessing and Treating Attention Deficit Hyperactivity Disorder
- Parenting Tips for ADHD: How to Unleash Your Child's Superpowers
- <u>Psychological Treatment of ADHD What Teachers Should Know about ADHD:</u> <u>Supporting Diverse Students & Families (Part 1) | (Part 2)</u>

#### Health Literacy Month





Health Literacy Month is a time of international observance when hospitals, health centers, literacy programs, libraries, social service agencies, businesses, professional associations, government agencies, consumer alliances, and many other groups work collaboratively to integrate and expand the mission of health literacy. Our Network has compiled a <u>list of mental health awareness and promotion resources</u> that have been generated since the start of our grant in 2018.

#### National Bullying Prevention Month

#### MHTTC Resources

- Abordando el acoso escolar en niños y adolescentes hispanos y latinos en la escuela
- Addressing Bullying Among Hispanic and Latino Children and Youth at School Setting
- Bullying Impact and Management Among Hispanic and Latino Students
- Bullying & Native Youth

#### National Disability Employment Awareness Month

#### MHTTC Resources

Assisting Job-Seekers with Accommodations

#### NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH



Every year, over 10 million people experience physical abuse from their intimate partners. Below are some resources our Network has released that discuss domestic violence:

- COVID-19 and the Impact on Intimate Partner Violence for Latinos
- <u>Domestic Violence [Context Clues: Using Social Determinants of Health</u> (SDOH) to Enhance Treatment]
- Gender Violence Booklet
- Intimate Partner Violence, Suicidality, and Disabling Psychiatric Conditions: Unique Risks, Needs, and Strategies
- Let's Talk about Intimate Partner Violence (IPV): Part 1 | Part 2 | Part 3
- Managing the Impact of COVID-19 in Children, Families and Communities through Prevention Strategies
- Mental Health Treatment in the Context of Intimate Partner Violence
- Minimizing Risk for Conflict/Coercion in Families with School-Age Children
- Safe at Home: Domestic Violence Awareness Series Part 1 | Part 2
- Supporting Families of Young Children at Risk for Ongoing Domestic Violence
- Think Trauma and Latinos During the Nation's Pandemic Emergency
- <u>Trauma-Focused Cognitive Behavioral Therapy: A Culturally Adapted Therapy</u>
   <u>To Work With Latino Families</u>
- Working at the Intersection of Intimate Partner Violence and Mental Health: Intimate Partner Violence and Mental Health Amidst the COVID-19 Crisis and Beyond

For more resources on domestic violence, you can visit the websites for the <u>National Domestic Violence Hotline</u>, <u>National Center on Domestic Violence</u>, <u>Trauma</u>, and <u>Mental Health</u> and the <u>National Child Traumatic Stress Network</u>.