



Carroll County Responds to Substance Use Disorder



CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Minutes – February 7, 2023

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

8:55 Login to Zoom Meeting <https://us02web.zoom.us/j/88061869440>

Attendance:

Krystal Chase (guest speaker), BIANH; Ann Crawford, NH DHHS/BDAS; Chuck Henderson, Sen. Shaheen's Office; David Dube, Huggins Hospital; Heather Clogston, NH DOE OSEW; Anika Hastings, SAU 49 – KRHS/KRMS; Lauren Orsini, Children Unlimited; Kim Ip, New Futures; Eric Moran, White Horse BHAS; Sara Sacco, Southern NH Service, WIOA Adult program; Janet Hunt, New Futures; Lisa Ransom, Interlakes SD; Jen Doris, NH DOE OSEW; Rose Normandin, MWVSR

Jen Thomas, C3PH; Catalina Kirsch, C3PH (meeting fac.); Damian Santana, GUW/C3PH; Caleb Gilbert, C3PH

9:05 Guest: Krystal Chase, Brain Injury Association of NH

Planning a Lunch and Learn on Brain Injury and SUD.

Krystal shared a power point and a quick overview of the Brain Injury/SUD connection (see slides from Krystal FMI).

Contact Info: www.bianh.org, 603-225-8400, krystal@bianh.org

Focus on Prevention:

- Welcome Jennifer Thomas, SMP!

Jen started with C3PH in January. Will focus on meeting partners in the coming months. Contact info:

jennifer.thomas@graniteuw.org

- Youth Prevention Subcommittee update –
 - Youth Prevention subcommittee meetings will be held on the third Tuesday of Sept, Nov, Jan, Mar, May, (summer off) **1:30-3:00pm**, (NEW TIME) by zoom, <https://us02web.zoom.us/j/89220970878> or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878

Jen will take on leadership and facilitation of this group once she is ready to take it on!

- Nicotine / Tobacco – Quit Kits, Vaping Unveiled, Restorative Justice
- share data – Still waiting on YRBS data for the county.
- Legislative Updates – New Futures <https://new-futures.org/issues/2022-bills-were-following>
 - Community Engagement – The NH Alcohol Fund: Looking for input and stories from the community level related to work/initiatives that are funded by the alcohol fund. See New Futures’ 1-pager on the Alcohol Fund [HERE](#). Contact Info: jhunt@new-futures.org
 - Medicaid Expansion: there is now a bill associated with this effort: Senate Bill 263. More info on Medicaid Expansion initiative [HERE](#).
- Overdose Prevention Kits - contact Catalina for OD Prevention needs: catalina.kirsch@graniteuw.org
- Magnify Voices Expressive Arts contest http://www.c3ph.org/assets/pdf/Magnify_Voices_PSU_2023_Flyer.pdf. C3PH will be working to recruit participants for this – students grade 5 to 12. The event will be held in Plymouth this year (a little closer to Carroll County).
- Other Prevention Updates from around the table?
Governor's office will be coming out with “No Safe Experience Campaign.” Materials focused on student populations will be disseminated soon (hopefully with the help of the NH National Guard).

9:30 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)

- SUD Expansion Project Update – Damian Santana

Project runs through June 30, 2023 (likely will be carryover), so reach out to Damian for training and resource needs: damian.santana@graniteuw.org

- Rapid Response Access Point - any update from regional Mobile Crisis Unit or Northern Human Services?
 - RRAP is available for response to mental health and/or substance use related crisis. Deploys Mobile Crisis Unit when indicated. [Flyer here](#). FMI <https://www.nh988.com/> 988 is operational
- Updates from the Field.
 - Early Identification/ Intervention –

See comprehensive resource guides from C3PH here: <http://www.c3ph.org/resource-center/resource-guides>

- Treatment –
 - Updates from Treatment Providers?
- Recovery – Updates?
 - White Horse Recovery? From Eric: I carry a Recovery Coach Phone where I can be reached after hours and weekends 603-733-8571. This can be a person looking for recovery or family and friends who just has questions. Meeting with Karen at CCHOC to discuss starting a Smart Recovery Program in the jail.
 - MWV Supports Recovery? Soups and Songs Fundraiser at the United Methodist Church in Center Conway. FMI: <https://www.mwvsupportsrecovery.org/fundraisers>
- Harm Reduction

- Facts about Fentanyl Flyer

https://www.cdc.gov/stopoverdose/fentanyl/pdf/fentanyl_fact_sheet_508c.pdf

10:25 Other updates? Announcements?

10:30 Adjourn.

Happy Winter Season! Healthcare systems are seeing high incidence of RSV, Flu and Covid-19 still is circulating the community. Remember to get a COVID19 Booster and a Flu Shot and take precautions to protect yourself and especially the vulnerable. Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Catalina Kirsch, continuum@c3ph.org

Carroll County Responds to SUD

You are invited to a Zoom meeting.

When: April 4, 2023 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/join/zoom/register/tZwtceigqDluHtRorTn80ou-lizThDOxggR8>

After registering, you will receive a confirmation email containing information about joining the meeting.

Source: NH Health And Human Services Data Portal 5/31/22 www.wisdom.dhhs.nh.gov

Resources on next page(s)

New Futures Advocacy Training Series. Community Engagement and the Alcohol Fund

The calendar of trainings can be found here where you can also register: <https://www.new-futures.org/trainings/calendar>

I want to share information with you about important work we are doing regarding the state's alcohol fund.

Read our one-pager here:

<https://www.new-futures.org/sites/default/files/2022-12/Alcohol%20Fund%20Fact%20Sheet%20%281%29.pdf>

Have you or a partner or your agency benefited already from a prevention program because of the alcohol fund?

If you are ready to share your story, simply follow the link and check off Alcohol Fund / Governor's Commission: <https://www.new-futures.org/take-action/share-your-story>

Please feel free to write to me with any questions or if you need any help at all in crafting your story.

Stay safe and be well!



Janet Hunt

Community Engagement Coordinator

[New Futures](#)

100 North Main Street, 4th Floor | Concord, NH

Office: (603) 225-9540 Ext. 127

[NewFuturesNH](#) | [@NewFuturesNH](#) | [Make a Gift](#)

Resources from Jan 24 Alcohol Fund Webinar! Below are some links:

- [Recording of the webinar](#)
- [Shared drive folder](#) with Powerpoint and a flyer about the Alcohol Fund
- New Futures' [Alcohol Fund Homepage](#)

Additional Links mentioned during the webinar:

- [Governor's Commission on Alcohol & Other Drugs](#)
- [List of Funded Programs](#) can be found under August 26th 2022 meeting minutes
- [State Action Plan](#)
- [Stakeholder Input/Data Analysis](#) that informed the Action Plan

Take action right away!

- [Share how the Alcohol Fund impacts you](#) What happens if a program you're involved with loses Alcohol Fund funding? Let us know, and we'll share with lawmakers!

New Date!

In Our Own Voice

Your Story of Recovery with Mental Illness

Would you like to help reduce stigma, change people's view of mental illness and inspire others by sharing your story of recovery?

NAMI NH is looking for individuals between ages 18 and 26 to share their personal story of recovery and resilience.



The free training under the GLS Grant consists of 8 hours of self-paced online training and 8 hours of facilitated virtual (Zoom) training 5/20/2023

Please complete the application here:

<https://naminh.wufoo.com/forms/m254dqq07zjvzz/>

In Our Own Voice presenters offer insight to recovery by sharing their story

The IOOV presentations are held to broaden people's knowledge of mental illness. It replaces misunderstanding, fear and judgment with insight, awareness and acceptance of mental illness.

The training provides insight on:

- How to write your story
- How to prepare for a presentation
- How to modify your story for specific audiences

For more information, please contact

Michelle Wagner, IOOV Coordinator: mwagner@naminh.org

Receive \$40 upon successful completion of the training!

Training made possible with Funding and Support from the US Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) with Support from NAMI NH.



New Hampshire

85 N. State Street, Concord, NH 03301 • (603) 225-5359 • www.NAMINH.org

MAGNIFY VOICES



2023

FIFTH ANNUAL

EXPRESSIVE ARTS CONTEST

GRANITE STATE STUDENTS in grades 5-12 are invited to submit a creative piece about their experience and connections to mental health. Winners will be awarded cash prizes at the celebration event on May 24, 2023, held at Silver Hall, Plymouth State University!

HOW? CHOOSE THE FOLLOWING:

- ✓ CREATE A SHORT FILM, SING A SONG, PRODUCE A PERFORMANCE, SUCH AS A SPOKEN WORD PIECE, OR INTERPRETIVE DANCE (MAXIMUM OF 2 MINUTES).
- ✓ WRITE AN ESSAY OR POEM (1000 WORDS OR LESS).
- ✓ DESIGN EXPRESSION USING A MEDIUM, SUCH AS SCULPTURE, PHOTOGRAPHY, PAINTING, OR DIORAMA, ETC.

ENTRIES DUE MONDAY, APRIL 3, 2023



VISIT US AT: [NHCSOC.ORG/MAGNIFY-VOICES](https://nhcsoc.org/magnify-voices) OR SCAN QR CODE

FOR QUESTIONS AND INQUIRIES, CONTACT [MAGNIFYVOICES@GMAIL.COM](mailto:magnifyvoices@gmail.com)

New Hampshire Alcohol & Drug Abuse Counselors Association Training Events

Mar 8	<u>Successful Supervision</u>
Mar 9	<u>Successful Supervision: A Deeper Dive</u>
Mar 10	<u>A Question of Care: Clinician Wellbeing</u>
Mar 16	<u>The Seven Challenges - Brief Intervention</u> (UNH/IOD Contracted Providers)
Mar 22	<u>Sex Addiction vs. Sexual Dysfunction vs. Paraphilias</u>
Mar 23	<u>The Impact of Substance Use on Sexual Development</u>
Mar 24	<u>De-escalation: Tools for a Person-Centered Response</u>
Mar 31	<u>Enhancing Ethical Decision Making While Working with Clients Experiencing Mental Health and Substance Use Concerns</u>

NH Harm Reduction Coalition - Training for Your Organization

NHHRC proudly offers the following training for any organization:

- **Harm Reduction 101 (1-hour session)**
- **Overdose Response/Narcan Training (1-hour session)**
- **General Harm Reduction – Training Tailored to the Needs of Your Organization (1-hour session)**

Harm reduction training benefits everyone and is especially helpful for those who work with the public. Training can be geared to staff who work in healthcare and non-healthcare-related fields. Fmi <https://www.nhhrc.org/training-for-all> or info@nhhrc.org to discuss your needs and schedule your training.

From NH Department of Education Bureau of Student Wellness & Nutrition



Listen to a Podcast from New Hampshire Family NOW: A Stance of Curiosity

For their Season 2 Finale, Dr. Cassie Yackley uncovers pathways rather than pathologies and turning emotional responses into positive choices. Also, co-hosts Joelyn Drennan and Nathan Fink reminisce and later do a little in-office caroling.

[Listen Here](#)



School Mental Health Virtual Series

The National Center for School Mental Health is offering a school mental health webinar series.

See dates and topics below.

February 14: Organizational Well-Being

March 14: Individual Well-Being: School Staff Wellness and Self-Care

April 11: Promoting Family and Community Empowerment to Strengthen Positive School Climate

May 9: Collaboration Between School and Community Settings

[Information and Registration](#)