



CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Minutes – February 4, 2020

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, (no meeting in Aug), Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

- 9:00 Introductions and attendance
- 9:05 Focus on Prevention: Brief Updates
- Spring Forum, Lance Zack, Doug Wyman
 - June 10th has been confirmed at Sandwich Fairgrounds. 3rd forum will focus on underlying issues that contribute to despair and/or substance use related issues. A planning committee is meeting monthly at white Mountain Restorative Justice in Conway. FMI: Jennifer or Catalina.
 - TEAM (Server Training), Jennifer
 - Alcohol compliance checks conducted in Conway in January. 13 violations occurred. C3PH is working with NH Liquor Commission to coordinate a seller/server training on February 12th at Memorial Hospital.
 - Legislative Breakfast, Jennifer
 - Jennifer is working to coordinate a Carroll County Delegation at a future County Delegation meeting (possibly in March). More info forthcoming from Jennifer.
 - Getting to Y, Jennifer
 - Program that involves youth in analyzing YRBS data – identifying strengths and concerns. An action plan is created and presented to the community to engender community involvement. Jennifer is working with program coordinators in Vermont to try and determine if a regional training may be feasible.
 - Other updates All
 - Children Unlimited: Yoga still being offered for children. CU is also focusing on Self-Care for their employees. A focus on
 - Building Resilience MWV: ACEs training was held in January, with 66 participants. Discussion held about the idea of doing a quick “ACEs 101” for Law Enforcement and other groups. The Next training this group will be offering is at the MWV Business Expo
 - Laurie Chibinette (sp) is confirmed as NH DHHS Commissioner. Executive Councilor Cryans has recommended the new Commissioner make an effort to travel to rural districts.

- 9:30 **Prevention in Carroll County: Listening Session, Jill Burke, Rob O’Hannon, Shannon Quinn, and Julie Yerkes, BDAS & CHI, Jill.Burke@dhhs.nh.gov, (603) 271-6112**
Notes will be provided by BDAS
- 10:30 Networking Break
- 11:00 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)
Guest: Nate, Granite Pathways, nmack@granitepathways.org
Topic: Update of Services, Intensive Outpatient Program from Young Adults, Pathways to Evolve Program (comprehensive evaluation, individual, group and family therapy, case management, family education and support groups, resource & referrals)
- Seven challenges: IOP program being offered for adolescents in Manchester. Offers a chance to allow youth to explore their use without judgement. Uses a peer learning process. Starting to integrate a family component to the program. Can take court ordered youth. More info: <link here> (attach handouts?)
- 11:30 **Guest: Michelle Wagner, Community Educator and Outreach Coordinator, NAMI NH**
mwagner@naminh.org – (603) 568-4496
Topic: First Episode Psychosis (FEP)/Early Serious Mental Illness (ESMI) Project.
- NAMI is working with Dartmouth Hitchcock to coordinate this program. This program has been active in the greater Nashua area and they are trying to pursue a hub and spoke model to serve other areas of the state. Peer support will be integrated into this program and pursuing adding substance use as a component. Conducting the community outreach portion of this project now. There is a stakeholder group that meets and people are able to participate remotely. Contact Michelle Wagner for more information: mwagner@naminh.org – (603) 568-4496
- 12:00 Updates from the Field
- Early ID/Intervention: Marissa, Kennett SAP: Youth Leadership for Adventure is still ongoing. Work with students from all backgrounds, including high risk for SU. Uses a group process to help students think about choices. Exploring ways to work with middle school students on transitioning to the high school. Public presentation on “Vaping Unveiled” by Breathe NH will be held at Conway Public Library in March. Date forthcoming. Marissa’s position will still be funded for the coming year. Would like to see more connections/resources for families, especially related to anxiety. Needs referral sources for youth.
 - Treatment: Farnum: 25 detox beds in Manchester. Added TVs to detox beds which helps limit the amount of patients leaving against medical advice. Open access assessment is still available 700 Lake Avenue, get there early. This is

available in Franklin as well, M-F, 9-3 (hours?). 40 Residential beds in Manchester and 16 stabilization beds. 42 beds for men in franklin and 21 beds for women. Services are 18+.

Groups: <https://www.groupsrecovery.com/> Working with families on issues related to their children. Telehealth is now available. This helps to keep families from slipping through the cracks. Call 888-875-2157 for healthcare navigation.

For more information on presumptive eligibility: see

<https://www.dhhs.nh.gov/dfa/presumptive/index.htm>

Memorial Hospital / MaineHealth: Prescription service navigation is available through Memorial. Also working to bolster care navigation programming.

- Recovery: White Horse Recovery: Just had 2 peer recover support works pass CRSW. Working toward building sober living resources. White Horse was very a very active, instrumental partner in the Point in Time Survey.
- Point in Time Homelessness count: Numbers appear to be much larger this year. Still room for improvement next year (start planning earlier).
- Hepatitis A Clinic: Next clinic is Friday, March 20th at 4pm, White Horse Recovery in Ossipee.

12:30

Adjourned